

LTK Prog2
ZIB Brugge, 20/9/2026

Programmanr. 10
20/9/2026 - 15:40

Heren, 400m wisselslag

15 - 25 jaar
Resultaten

Punten: AQUA 2025

Rang	Geb.										Tijd	Pnt
15 - 16 jaar												
1.	BERTREM, Leon			11	Bzv						6:14.93	245
	50m:	38.03	38.03	150m:	2:15.43	50.36	250m:	3:54.70	52.10	350m:	5:34.58	45.74
	100m:	1:25.07	47.04	200m:	3:02.60	47.17	300m:	4:48.84	54.14	400m:	6:14.93	40.35
2.	VYLDERS, Bram			10	Vzn						6:45.04	194
	50m:	44.28	44.28	150m:	2:27.25	48.98	250m:	4:16.43	58.30	350m:	6:01.88	44.18
	100m:	1:38.27	53.99	200m:	3:18.13	50.88	300m:	5:17.70	1:01.27	400m:	6:45.04	43.16
17 - 18 jaar												
1.	DUMON, Tiebert			08	ZIB						5:11.03	430
	50m:	30.47	30.47	150m:	1:49.81	42.02	250m:	3:16.65	44.26	350m:	4:36.89	35.55
	100m:	1:07.79	37.32	200m:	2:32.39	42.58	300m:	4:01.34	44.69	400m:	5:11.03	34.14
2.	VAN REYBROUCK, Thore			08	ZIB						5:27.67	367
	50m:	33.94	33.94	150m:	1:55.11	41.00	250m:	3:24.94	49.27	350m:	4:52.11	36.99
	100m:	1:14.11	40.17	200m:	2:35.67	40.56	300m:	4:15.12	50.18	400m:	5:27.67	35.56
3.	VAN HECKE, Mathis			09	Vzo						5:47.95	307
	50m:	36.58	36.58	150m:	2:05.84	47.46	250m:	3:40.34	47.71	350m:	5:10.03	40.94
	100m:	1:18.38	41.80	200m:	2:52.63	46.79	300m:	4:29.09	48.75	400m:	5:47.95	37.92
4.	DAELE, Liam			08	Vzo						6:38.51	204
	50m:	39.42	39.42	150m:	3:07.07	1:38.10	250m:	5:06.38	1:00.22	350m:	6:35.57	43.48
	100m:	1:28.97	49.55	200m:	4:06.16	59.09	300m:	5:52.09	45.71	400m:	6:38.51	2.94
19 - 25 jaar												
1.	MASYN, Jasper			06	ZIB						5:24.17	380
	50m:	33.57	33.57	150m:	1:54.06	41.04	250m:	3:23.69	48.82	350m:	4:50.30	36.49
	100m:	1:13.02	39.45	200m:	2:34.87	40.81	300m:	4:13.81	50.12	400m:	5:24.17	33.87
2.	VANDAELE, Hannes			02	Vzo						5:33.19	350
	50m:	36.09	36.09	150m:	2:03.99	45.45	250m:	3:33.88	46.16	350m:	4:58.48	37.57
	100m:	1:18.54	42.45	200m:	2:47.72	43.73	300m:	4:20.91	47.03	400m:	5:33.19	34.71