

ZMC-deel6-2026  
Kampen, 19-9-2026

Programmanr. 6  
19-9-2026 - 15:50

50m vrije slag

20 jaar en ouder  
Resultaten

| rang                      | naam                | vereniging                | intijd | tijd      | RT           |
|---------------------------|---------------------|---------------------------|--------|-----------|--------------|
| <b>Masters 20+, Dames</b> |                     |                           |        |           |              |
| 1.                        | Kyra Wesemann       | MSV-Zeemacht              | 29.90  | 200201440 | <b>30.29</b> |
| 2.                        | Pien Ooijman        | WS Twente                 | 30.45  | 200504500 | <b>30.74</b> |
| 3.                        | Joyce Toonstra      | Neptunia '24              | 31.56  | 200501298 | <b>31.27</b> |
| 4.                        | Inge Kiers          | Deltasteur                | 31.82  | 200505222 | <b>32.44</b> |
| <b>Masters 20+, Heren</b> |                     |                           |        |           |              |
| 1.                        | Dago Hofmeijer      | WS Twente                 | 24.99  | 200600121 | <b>24.73</b> |
| 2.                        | Mees Minneboo       | MSV-Zeemacht              | 24.87  | 200203465 | <b>25.46</b> |
| 3.                        | Finn Ooijman        | WS Twente                 | 26.23  | 200603161 | <b>25.85</b> |
| 4.                        | Ruben Beldman       | De Hokseberg              | 29.16  | 200503575 | <b>28.94</b> |
| <b>Masters 25+, Heren</b> |                     |                           |        |           |              |
| 1.                        | Jard Pronk          | Daw                       | 28.46  | 199905321 | <b>28.07</b> |
| <b>Masters 25+, Dames</b> |                     |                           |        |           |              |
| 1.                        | Marre Zandringa     | Dz&Pc                     | 27.16  | 199701136 | <b>27.27</b> |
| 2.                        | Noël Hettinga       | Neptunia '24              | 29.30  | 200002536 | <b>29.05</b> |
| 3.                        | Milena Vlot         | Z&PC Hatto-Heim           | 29.55  | 200003792 | <b>29.06</b> |
| 4.                        | Marleen Hof         | WS Twente                 | 29.90  | 199802464 | <b>29.18</b> |
| 5.                        | Alies Wagter        | Steenwijk 1934            | 28.68  | 199900840 | <b>29.58</b> |
| 6.                        | Evelien de Jong     | Neptunia '24              | 29.40  | 199805316 | <b>30.13</b> |
| 7.                        | Ageeth de Haan      | Steenwijk 1934            | 29.82  | 199901022 | <b>30.75</b> |
| 8.                        | Sabine Lageweg      | Steenwijk 1934            | 30.23  | 199900926 | <b>31.32</b> |
| AFGEM                     | Maud Heldoorn       | Deltasteur                | 31.28  | 200000564 |              |
| <b>Masters 30+, Dames</b> |                     |                           |        |           |              |
| 1.                        | Tamara Bunnik-Grove | De Dolfijn                | 26.61  | 199601266 | <b>27.50</b> |
| 2.                        | Astrid Wibbelink    | Steenwijk 1934            | 32.43  | 199600006 | <b>31.06</b> |
| 3.                        | Julia Koopman       | SWOL 1894                 | 31.15  | 199606688 | <b>31.37</b> |
| 4.                        | Hilma Buiten        | MZ&PC De Reest            | 32.66  | 199407522 | <b>33.52</b> |
| 5.                        | Martine van Dijk    | MZ&PC De Reest            | 36.41  | 199406686 | <b>34.10</b> |
| 6.                        | Liz van Dongen      | MZ&PC De Reest            | 36.56  | 199504432 | <b>36.07</b> |
| 7.                        | Tessa van Dijk      | ZPC Isis                  | 38.13  | 199401252 | <b>38.88</b> |
| AFGEM                     | Annemiek Meulenbeld | Orca Leeuwarden           | 29.88  | 199506230 |              |
| AFGEM                     | Suzanne Smit        | Enkhuizer Zwem Vereniging | 38.45  | 199600432 |              |
| <b>Masters 30+, Heren</b> |                     |                           |        |           |              |
| 1.                        | Felix Geenen        | Daw                       | 22.50  | 199501085 | <b>22.97</b> |
| 2.                        | Erwin Pras          | Gzvw                      | 27.10  | 199601781 | <b>26.65</b> |
| 3.                        | Roy Schroten        | Zuiderzeezwemmers         | 29.15  | 199506373 | <b>28.90</b> |
| 4.                        | Cars Wiegmann       | WS Twente                 | 28.17  | 199401025 | <b>29.05</b> |
| 5.                        | Raymon Ostendorf    | De Aalscholver            | 29.50  | 199600845 | <b>30.03</b> |
| 6.                        | Arnold Hofman       | Dz&Pc                     | 31.46  | 199406759 | <b>30.20</b> |
| 7.                        | Patrick Graver      | Gzvw                      | 30.99  | 199404735 | <b>30.83</b> |
| 8.                        | Derek Valkenier     | MSV-Zeemacht              | 31.55  | 199207397 | <b>30.88</b> |
| 9.                        | Simon Schippers     | Het Ravijn                | 50.00  | 199205039 | <b>35.07</b> |
| 10.                       | Wietse Velsen       | Dz&Pc                     | 36.04  | 199207445 | <b>37.56</b> |
| <b>Masters 35+, Heren</b> |                     |                           |        |           |              |
| 1.                        | Harry Dijkstra      | ZPC Isis                  | 27.61  | 199100487 | <b>27.56</b> |
| 2.                        | Rolf Kruithof       | ZPC de Kanaalstreek       | 28.88  | 198901823 | <b>28.67</b> |
| 3.                        | Patrick de Jonge    | Deltasteur                | 28.10  | 198906635 | <b>29.44</b> |

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Masters 35+, Dames

|    |               |           |       |           |              |
|----|---------------|-----------|-------|-----------|--------------|
| 1. | Janneke Wynia | WS Twente | 37.87 | 199005500 | <b>38.68</b> |
|----|---------------|-----------|-------|-----------|--------------|

Masters 40+, Dames

|    |                 |                   |       |           |              |     |
|----|-----------------|-------------------|-------|-----------|--------------|-----|
| 1. | Monique Kok     | SG Octopus - ZVV  | 36.03 | 198605398 | <b>35.70</b> |     |
| 2. | Marloes Rebel   | WS Twente         | 40.70 | 198403474 | <b>43.74</b> |     |
| 3. | Annemieke Visch | Zuiderzeezwemmers | 50.95 | 198302762 | <b>55.06</b> | 114 |

Masters 40+, Heren

|       |                     |                |       |           |              |     |
|-------|---------------------|----------------|-------|-----------|--------------|-----|
| 1.    | Rick Driezen        | Steenwijk 1934 | 26.70 | 198600713 | <b>26.65</b> |     |
| 2.    | René van Dijk       | ZPC Isis       | 29.01 | 198400489 | <b>29.15</b> |     |
| 3.    | Edward van Dootingh | Deltasteur     | 29.94 | 198403341 | <b>32.09</b> |     |
| 4.    | Sebastiaan de Vos   | De Duinkickers | 42.71 | 198402481 | <b>46.51</b> | 189 |
| AFGEM | Kazuaki Nagao       | De Dolfijn     | 24.16 | 198604875 |              |     |

Masters 45+, Heren

|    |                   |                   |       |           |              |
|----|-------------------|-------------------|-------|-----------|--------------|
| 1. | Erwin Buist       | Zpc Amersfoort    | 25.65 | 197800183 | <b>27.08</b> |
| 2. | Harm Jan Otter    | Het Ravijn        | 27.46 | 198101283 | <b>28.11</b> |
| 3. | Rubert Boer       | Aqualero          | 28.27 | 197902011 | <b>29.18</b> |
| 4. | Dennis Tolhoek    | De Aalscholver    | 27.50 | 197901233 | <b>29.22</b> |
| 5. | Mathieu Kreukniet | Zuiderzeezwemmers | 32.91 | 197902165 | <b>33.05</b> |
| 6. | Robin Roskam      | De Duinkickers    | 31.99 | 197801831 | <b>33.08</b> |
| 7. | Marco Broenink    | Batavia Swim      | 33.68 | 197801987 | <b>35.84</b> |
| 8. | Jaap Rosier       | Zuiderzeezwemmers | 40.00 | 198102677 | <b>39.38</b> |

Masters 45+, Dames

|    |                      |                           |       |           |              |
|----|----------------------|---------------------------|-------|-----------|--------------|
| 1. | Mireille Nijhuis     | SWOL 1894                 | 31.09 | 198102368 | <b>31.97</b> |
| 2. | Gea van der Schaaf   | Deltasteur                | 31.94 | 197901558 | <b>32.51</b> |
| 3. | Marina van der Wal   | SWOL 1894                 | 33.47 | 198101634 | <b>34.76</b> |
| 4. | Kristel Lips         | Enkhuizer Zwem Vereniging | 34.98 | 197900562 | <b>35.51</b> |
| 5. | Marije Roskam-Satter | Zuiderzeezwemmers         | 37.75 | 197801448 | <b>38.60</b> |
| 6. | Inge Geel            | Batavia Swim              | 48.26 | 197701208 | <b>53.21</b> |

Masters 50+, Heren

|    |                   |                  |       |           |              |
|----|-------------------|------------------|-------|-----------|--------------|
| 1. | Peter de Vries    | HZ&PC Heerenveen | 28.25 | 197401601 | <b>28.82</b> |
| 2. | Sebastiaan N.     | MZ&PC De Reest   | 31.50 | 197401625 | <b>30.25</b> |
| 3. | Maarten Husselman | MZ&PC De Reest   | 35.50 | 197201215 | <b>34.43</b> |

Masters 55+, Heren

|    |                   |                   |       |           |              |
|----|-------------------|-------------------|-------|-----------|--------------|
| 1. | René Beetsma      | HZ&PC Heerenveen  | 29.69 | 196900069 | <b>28.67</b> |
| 2. | Gerko Versluis    | Zuiderzeezwemmers | 28.24 | 196901439 | <b>29.05</b> |
| 3. | Guido Keutgen     | Steenwijk 1934    | 29.55 | 196801551 | <b>29.41</b> |
| 4. | Marcel Brittijn   | De Duinkickers    | 30.81 | 196900159 | <b>31.50</b> |
| 5. | Korstiaan de Boer | Steenwijk 1934    | 31.78 | 197101629 | <b>32.80</b> |

Masters 55+, Dames

|    |                    |           |       |           |              |
|----|--------------------|-----------|-------|-----------|--------------|
| 1. | Irna van der Molen | WS Twente | 37.92 | 196900938 | <b>37.99</b> |
|----|--------------------|-----------|-------|-----------|--------------|

Masters 60+, Dames

|    |                    |                |         |           |                |
|----|--------------------|----------------|---------|-----------|----------------|
| 1. | Jenny Westervarder | H2Oldambt      | 42.22   | 196200424 | <b>41.83</b>   |
| 2. | Riekie Schra       | Steenwijk 1934 | 1:05.63 | 196400404 | <b>1:09.09</b> |

Masters 60+, Heren

|    |                  |          |       |           |              |
|----|------------------|----------|-------|-----------|--------------|
| 1. | Harald Versteegh | Aqualero | 45.12 | 196601719 | <b>45.89</b> |
|----|------------------|----------|-------|-----------|--------------|

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Masters 65+, Heren

|    |                 |                  |       |           |              |
|----|-----------------|------------------|-------|-----------|--------------|
| 1. | Otto Zeijpveld  | De Berkelduikers | 33.00 | 195800497 | <b>32.94</b> |
| 2. | Bart van Calker | WS Twente        | 39.88 | 196100067 | <b>40.24</b> |

Masters 65+, Dames

|    |                |                  |       |           |              |
|----|----------------|------------------|-------|-----------|--------------|
| 1. | Katinka Elders | HZ&PC Heerenveen | 43.96 | 196000292 | <b>42.90</b> |
| 2. | Willy S.       | Dwk              | 48.31 | 195900254 | <b>46.87</b> |

Masters 75+, Dames

|    |                 |           |       |           |              |
|----|-----------------|-----------|-------|-----------|--------------|
| 1. | Bea Swijnenberg | SWOL 1894 | 42.30 | 194900010 | <b>43.31</b> |
|----|-----------------|-----------|-------|-----------|--------------|

Masters 80+, Dames

|    |          |                |       |           |              |
|----|----------|----------------|-------|-----------|--------------|
| 1. | Annet V. | De Duinkickers | 49.11 | 194600024 | <b>53.07</b> |
|----|----------|----------------|-------|-----------|--------------|