

ZMC-deel6-2026
Kampen, 19-9-2026

Programmanr. 3 19-9-2026 - 14:50	100m rugslag	20 jaar en ouder Resultaten
-------------------------------------	--------------	--------------------------------

rang	naam	vereniging	intijd		tijd	RT	50m	100m
Masters 20+, Dames								
1.	Carmen van der Laan	Deltasteur	1:13.24	200600234	1:14.23		36.02	1:14.23
2.	Amber Westerink	De Hokseberg	1:20.48	200401078	1:20.08		38.85	1:20.08
3.	Inge Kiers	Deltasteur	1:22.93	200505222	1:21.80		40.10	1:21.80
Masters 20+, Heren								
1.	Finn Ooijman	WS Twente	1:04.76	200603161	1:05.32		30.94	1:05.32
Masters 25+, Heren								
1.	Marcel Delfstra	Dz&Pc	1:10.00	200100037	1:03.45		30.47	1:03.45
2.	Declan Drost	De Hokseberg	1:14.35	200100203	1:15.84		36.68	1:15.84
Masters 25+, Dames								
1.	Marre Zandringa	Dz&Pc	1:07.73	199701136	1:07.63		32.08	1:07.63
2.	Milena Vlot	Z&PC Hatto-Heim	1:15.64	200003792	1:13.51		35.71	1:13.51
3.	Rosalie Baarda	Orca Leeuwarden	1:14.51	199903460	1:16.17		36.23	1:16.17
4.	Rianne v.	De Hokseberg	1:22.22	199702360	1:26.19		43.26	1:26.19
Masters 30+, Dames								
1.	Getrude Corporaal	Steenwijk 1934	1:23.91	199200380	1:19.70		38.41	1:19.70
Masters 35+, Heren								
1.	Tim Bunnik	Triton	1:05.44	199000505	1:08.70		32.95	1:08.70
2.	Wessel Everloo	WS Twente	1:14.44	198906597	1:14.60	S14 458	36.58	1:14.60
Masters 35+, Dames								
1.	Kim Visser	H2Oldambt	1:29.99	198704350	1:28.49		43.41	1:28.49
Masters 40+, Dames								
1.	Monique Kok	SG Octopus - ZVV	1:34.60	198605398	1:40.01		49.20	1:40.01
Masters 40+, Heren								
1.	Martijn Giezen	Zpc Amersfoort	1:04.35	198500813	1:06.93		32.05	1:06.93
2.	Rick Driezen	Steenwijk 1934	1:08.79	198600713	1:07.07		33.24	1:07.07
Masters 45+, Heren								
1.	Ruud Holswilder	Zpch	1:03.46	197800435	1:08.95		33.56	1:08.95
2.	Erwin Buist	Zpc Amersfoort	1:09.45	197800183	1:10.16		33.03	1:10.16
3.	Casper Hut	HZ&PC Heerenveen	1:19.78	197800471	1:12.97		36.16	1:12.97
4.	Wilco Steenwijk	SG Octopus - ZVV	1:15.87	198002465	1:23.03		40.38	1:23.03
Masters 45+, Dames								
1.	Mireille Nijhuis	SWOL 1894	1:23.56	198102368	1:26.52		42.17	1:26.52
Masters 50+, Heren								
1.	Kees Bakker	Gay Swim Amsterdam	1:10.00	197501055	1:14.79		37.06	1:14.79
2.	Peter de Vries	HZ&PC Heerenveen	1:16.48	197401601	1:17.80		37.45	1:17.80
Masters 55+, Dames								
1.	Esther ten Kate	Avena	1:19.90	197100310	1:21.57		38.96	1:21.57
2.	Peggi Hurenkamp	HZ&PC Heerenveen	1:35.00	196900922	1:32.64		45.07	1:32.64

ZMC-deel6-2026
Kampen, 19-9-2026

Programmanr. 3, 100m rugslag

Masters 60+, Dames

1.	Wilna Heijman	Steenwijk 1934	1:37.10	196400506	1:33.49	46.47	1:33.49
2.	Miranda Keijl	Zignea	1:37.05	196500588	1:43.11	49.37	1:43.11
3.	Riekie Schra	Steenwijk 1934	2:45.82	196400404	2:50.98	1:21.19	2:50.98

Masters 60+, Heren

1.	Arnold de Rover	De Berkelduikers	1:18.00	196400645	1:17.66	37.57	1:17.66
2.	Casper Dollekamp	Steenwijk 1934	1:23.61	196301341	1:28.19	42.06	1:28.19

Masters 65+, Heren

1.	Bart van Calker	WS Twente	1:35.27	196100067	1:37.96	49.60	1:37.96
2.	Pier van der Sluis	De Vikings	2:00.05	195900757	2:02.60	1:00.07	2:02.60

Masters 65+, Dames

1.	Hannie Poletiek	TriVia	1:45.81	195900278	1:49.41	53.14	1:49.41
----	-----------------	--------	---------	-----------	----------------	-------	---------

Masters 70+, Heren

AFGEM	Jaap Vis	TriVia	1:38.00	195600515			
-------	----------	--------	---------	-----------	--	--	--