

ZMC-deel6-2026
Kampen, 19-9-2026

Programmanr. 1 19-9-2026 - 14:00	200m vrije slag	20 jaar en ouder Resultaten
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rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Masters 20+, Dames								
1. Mandy Hagting	Zuiderzeezwemmers	2:34.83 200500608	2:29.92		34.32	1:12.46	1:51.95	2:29.92
2. Pien Ooijman	WS Twente	2:28.05 200504500	2:30.65		34.03	1:12.22	1:52.20	2:30.65
3. Fien Groot	Enkhuizer Zwem Veren	2:27.85 200205936	2:34.01		35.12	1:13.91	1:54.28	2:34.01
4. Alex van der Meij	Gay Swim Amsterdam	2:50.00 200206366	2:45.71		37.28	1:19.37	2:02.99	2:45.71
5. Ruth Hofstede	Deltasteur	2:50.48 200505220	2:52.29		37.58	1:19.63	2:05.60	2:52.29
6. Nynke Jansen	Batavia Swim	2:27.26 200404914	2:55.01		38.78	1:23.60		2:55.01
Masters 20+, Heren								
1. Rik Stahlie	TriVia	2:08.13 200201915	2:10.57		30.29	1:03.10	1:36.36	2:10.57
Masters 25+, Heren								
1. Mathieu Boers	WS Twente	2:07.84 199800187	2:06.57		27.55	1:00.22	1:33.99	2:06.57
2. Declan Drost	De Hokseberg	2:22.61 200100203	2:24.60		32.64	1:09.45	1:47.35	2:24.60
Masters 25+, Dames								
1. Marleen Hof	WS Twente	2:25.34 199802464	2:27.53		32.87	1:09.76	1:48.05	2:27.53
2. Noël Hettinga	Neptunia '24	2:28.09 200002536	2:27.78		33.85	1:12.04	1:50.74	2:27.78
3. Rianne v.	De Hokseberg	2:30.30 199702360	2:34.39		35.41	1:14.11	1:54.57	2:34.39
4. Ageeth de Haan	Steenwijk 1934	2:40.16 199901022	2:40.57		35.04	1:15.13	1:57.62	2:40.57
Masters 30+, Dames								
1. Naomi Hofsink	TriVia	2:24.51 199402508	2:25.50		31.95	1:07.90	1:46.16	2:25.50
2. Nienke Smidt	WS Twente	2:29.38 199407596	2:29.48		33.83	1:11.65	1:51.88	2:29.48
3. Welmoed van Dijk	ZPC Isis	3:57.26 199606918	3:52.00		48.16	1:46.18	2:49.52	3:52.00
AFGEM Annemiek M.	Orca Leeuwarden	2:24.74 199506230						
Masters 30+, Heren								
1. Niels Bent	WS Twente	2:13.58 199400465	2:19.91		30.86	1:04.77	1:41.39	2:19.91
2. Cars Wiegmann	WS Twente	2:37.00 199401025	2:33.51		35.04	1:14.73	1:54.42	2:33.51
Masters 35+, Heren								
1. Harry Dijkma	ZPC Isis	2:24.40 199100487	2:19.37		32.10	1:08.07	1:44.02	2:19.37
2. Wessel Everloo	WS Twente	2:20.21 198906597 S14	2:23.25	476	33.14	1:10.68	1:47.68	2:23.25
3. Bob Tjaarda	Zuiderzeezwemmers	2:24.68 198903159	2:23.81		32.45	1:08.56	1:46.21	2:23.81
4. Patrick de Jonge	Deltasteur	2:36.27 198906635	2:41.67		34.65	1:14.51	1:57.05	2:41.67
Masters 35+, Dames								
1. Jacyntha Plat	Steenwijk 1934	2:34.56 199002956	2:29.76		33.93	1:12.23	1:51.68	2:29.76
2. Kim Visser	H2Oldambt	2:55.55 198704350	2:54.41		39.28	1:22.89	2:08.80	2:54.41
Masters 40+, Dames								
1. Annemieke Visch	Zuiderzeezwemmers	4:09.11 198302762 S14	4:14.07	114	55.34	1:59.09	3:06.99	4:14.07
Masters 40+, Heren								
1. Robert Braad	Steenwijk 1934	2:12.10 198600407	2:09.92		28.39	1:01.86	1:36.02	2:09.92
2. René van Dijk	ZPC Isis	2:25.38 198400489	2:27.53		34.20	1:11.86	1:51.19	2:27.53
3. Edward van D.	Deltasteur	2:32.14 198403341	2:35.44		34.20	1:12.47	1:53.81	2:35.44

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Masters 45+, Heren

1. Martijn Butter	Oeza	2:07.31	197900231	2:13.87	31.20	1:04.69	1:38.95	2:13.87
2. Marcel Reefhuis	WS Twente	2:16.33	198101381	2:16.35	31.50	1:06.15	1:40.87	2:16.35
3. Casper Hut	HZ&PC Heerenveen	2:20.78	197800471	2:17.60	31.64	1:07.13	1:41.92	2:17.60
4. Arjen Nieveen	Dz&Pc	2:16.27	198002545	2:20.39	31.67	1:07.06	1:43.06	2:20.39
5. Harm Jan Otter	Het Ravijn	2:24.08	198101283	2:23.71	32.90	1:09.30	1:46.61	2:23.71
6. Rubert Boer	Aqualero	2:24.02	197902011	2:27.01	33.58	1:11.22	1:49.30	2:27.01
7. Peter Lommert	SWOL 1894	2:38.79	197900787	2:35.97	35.52	1:14.84	1:56.05	2:35.97

Masters 45+, Dames

1. Anuschka G.	TriVia	2:47.40	197701166	2:39.65	37.34	1:17.80	1:59.30	2:39.65
2. Sandra Bos-Kuijer	TriVia	2:39.00	198101812	2:49.86	36.18	1:18.05	2:03.65	2:49.86
3. Bianca Oudendijk	Daw	3:02.53	197901122	2:53.90	38.90	1:23.93	2:09.87	2:53.90
4. Beverly Chong	Gay Swim Amsterdam	2:53.00	198102388	2:53.91	40.41	1:23.85	2:09.31	2:53.91
5. Kristel Lips	Enkhuizer Zwem Veren	3:00.00	197900562	2:55.30	38.60	1:23.52	2:09.82	2:55.30
6. Inge Roskam	De Duinkikkers	3:03.42	197801296	3:06.11	41.77	1:28.86	2:17.64	3:06.11
7. Marije R.	Zuiderzeewemmers	3:05.57	197801448	3:09.41	41.23	1:28.77	2:18.72	3:09.41

Masters 50+, Dames

1. Martine Stahlie-Bos	TriVia	3:35.29	197401054	3:22.72	47.48	1:39.05	2:31.21	3:22.72
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Masters 50+, Heren

1. Kees Bakker	Gay Swim Amsterdam	2:22.00	197501055	2:23.29	33.11	1:09.56	1:46.97	2:23.29
2. Marcel v.	Gay Swim Amsterdam	2:50.00	197501425	2:41.42	36.26	1:17.70	2:00.16	2:41.42
3. Michiel IJskes	SWOL 1894	2:46.00	197301505	2:44.88	37.37	1:19.93	2:02.98	2:44.88
AFGEM Jasper van Heijst	Zpc Amersfoort	2:14.68	197601699					

Masters 55+, Heren

1. Marcel van Winssen	De Gelenberg	2:27.00	197101477	2:22.54	32.95	1:09.32	1:46.20	2:22.54
2. Gerko Versluis	Zuiderzeewemmers	2:22.75	196901439	2:25.38	32.84	1:08.62	1:47.14	2:25.38
3. Guido Keutgen	Steenwijk 1934	2:29.64	196801551	2:30.29	33.16	1:11.64	1:51.36	2:30.29
4. Korstiaan de Boer	Steenwijk 1934	2:55.34	197101629	2:42.86	37.00	1:18.04	2:00.51	2:42.86
5. Marcel Brittijn	De Duinkikkers	2:56.43	196900159	2:52.57	38.25	1:23.93	2:09.47	2:52.57
6. Luuk Hagting	Zuiderzeewemmers	2:56.33	197101709	2:52.80	40.01	1:22.71	2:07.77	2:52.80

Masters 55+, Dames

1. Bianca Groot	MSV-Zeemacht	2:41.60	197000652	2:32.13	35.82	1:14.57	1:53.67	2:32.13
2. Annette van Dok	MSV-Zeemacht	3:25.62	196800742	3:26.23	47.42	1:40.07	2:33.82	3:26.23

Masters 60+, Dames

1. Wilna Heijman	Steenwijk 1934	2:43.47	196400506	2:46.57	38.46	1:20.33	2:03.60	2:46.57
2. Miranda Keijl	Zignea	3:23.39	196500588	3:21.75	45.73	1:38.54	2:32.20	3:21.75

Masters 60+, Heren

1. Frits van den Bos	Gay Swim Amsterdam	3:25.00	196301497	3:24.28	44.64	1:35.44	2:25.60	3:24.28
2. Harald Versteegh	Aqualero	4:04.00	196601719	3:51.80	47.38	1:45.22	2:48.07	3:51.80

Masters 65+, Heren

1. Otto Zeijpveld	De Berkelduikers	2:45.00	195800497	2:41.16	37.48	1:20.02	2:02.45	2:41.16
2. Pier van der Sluis	De Vikings	2:56.39	195900757	3:09.76	42.23	1:30.92	2:21.45	3:09.76

Masters 65+, Dames

1. Marijke K.	SWOL 1894	3:03.23	196000240	2:55.84	40.84	1:25.47	2:10.44	2:55.84
2. Hannie Poletiek	TriVia	3:14.42	195900278	3:12.57	44.73	1:33.53	2:23.71	3:12.57
3. Willy S.	Dwk	3:58.23	195900254	3:56.12	48.99	1:47.91	2:51.24	3:56.12

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Masters 70+, Heren

1. Henk Slomp	Z&PC de Inktvis	2:37.23	195500359	2:39.21	36.41	1:17.23	1:59.33	2:39.21
2. Paul Bunnik	Triton	2:39.08	195600413	2:43.63	36.29	1:16.88	1:59.85	2:43.63

Masters 75+, Heren

1. Jos Kamps	Zwemvereniging Hoogland	3:04.56	195100085	3:12.28	42.15	1:30.52	2:22.08	3:12.28
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Masters 75+, Dames

1. Christine N.	SWOL 1894	3:03.40	195100022	3:03.74	41.33	1:27.70	2:15.69	3:03.74
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