

Campeonato Regional de Natação Adaptada / ANC - 2026-2027
Pedrulha - Coimbra, 11/10/2026

Prova 6	Masc., 400m Livres					10 anos e mais velhos
11/10/2026 - 10:25						Resultados
S1 - 25m	59:00.00	start,				01/01/1800
S2 - 25m	59:00.00	start,				01/01/1800
S3 - 25m	59:00.00	start,				01/01/1800
S4 - 25m	59:00.00	start,				01/01/1800
S5 - 25m	6:29.67	Ivo Filipe, Rocha	FVCD	Lousada		06/05/2023
S6 - 25m	5:22.26	Daniel Carlos, Videira	GESL	Guarda		17/02/2019
S7 - 25m	5:04.97	Ricardo Aderneira, Soares	GESL	Guarda		07/12/2024
S8 - 25m	4:46.57	Diogo Luis, Cancela	ALN	Coimbra		22/10/2022
S9 - 25m	4:20.60	David Realista, Grachat	GESL	Vila Franca de Xira		04/02/2018
S21 - 25m	5:25.37	Vicente Barros, Pereira	SCP	Ponte de Sor		10/01/2026
S11 - 25m	4:37.96	Marco Ribeiro, Meneses	CRASTO	Abrantes		02/07/2022
S12 - 25m	6:24.01	Joao Tanica, Cruz	PDEM	Recarei		22/05/2022
S13 - 25m	4:24.15	Vitor Hugo, Encarnacao	CDN	Funchal		05/07/2013
S14 - 25m	4:37.35	Samuel Lima, Duarte	FVCD	Santa Maria da Feira		01/02/2026
S15 - 25m	4:20.31	Tiago Correia, Neves	CFB	Vila Franca de Xira		04/02/2018
S16 - 25m	5:03.78	Andre Camara, Jorge	CEOL	Funchal		01/12/2018
S17 - 25m	4:53.44	Joaquim Eduardo, Carvalho	CNF	Funchal		01/05/2026
S10 - 25m	4:14.68	Tomas Coelho, Cordeiro	ALN	Coimbra		18/10/2025

Pontos: KNZB NED WPS 2025

Lugar	Nome	Ano	Classe	Licença	Clube	Tempo final	Pts
Classe S17-Absolutos							
1.	Miguel Paiva , Branco	97	S17	204251	APPDACoimbra	6:22.43	
	50m: 43.40 43.40	150m: 2:17.58 48.26	250m: 3:56.75 49.97	350m: 5:37.15 50.22			
	100m: 1:29.32 45.92	200m: 3:06.78 49.20	300m: 4:46.93 50.18	400m: 6:22.43 45.28			
Classe S21-Absolutos							
1.	Joel Alexandre, Pereira	92	S21	148272	APC Coimbra	7:39.03	
	50m: 51.13 51.13	150m: 2:48.40 59.42	250m: 4:46.41 58.75	350m: 6:42.81 58.46			
	100m: 1:48.98 57.85	200m: 3:47.66 59.26	300m: 5:44.35 57.94	400m: 7:39.03 56.22			
Classe S17-Seniores							
1.	Miguel Paiva , Branco	97	S17	204251	APPDACoimbra	6:22.43	
	50m: 43.40 43.40	150m: 2:17.58 48.26	250m: 3:56.75 49.97	350m: 5:37.15 50.22			
	100m: 1:29.32 45.92	200m: 3:06.78 49.20	300m: 4:46.93 50.18	400m: 6:22.43 45.28			
Classe S21-Seniores							
1.	Joel Alexandre, Pereira	92	S21	148272	APC Coimbra	7:39.03	
	50m: 51.13 51.13	150m: 2:48.40 59.42	250m: 4:46.41 58.75	350m: 6:42.81 58.46			
	100m: 1:48.98 57.85	200m: 3:47.66 59.26	300m: 5:44.35 57.94	400m: 7:39.03 56.22			
EXH	Samuel Lima, Duarte	04	S14	207426	Feira Viva	4:36.50	715
	50m: 30.77 30.77	150m: 1:40.32 34.56	250m: 2:51.56 35.46	350m: 4:02.52 35.36			
	100m: 1:05.76 34.99	200m: 2:16.10 35.78	300m: 3:27.16 35.60	400m: 4:36.50 33.98			
EXH	Andre Reis, Almeida	00	S21	201716	Sporting	5:44.31	
	50m: 36.53 36.53	150m: 2:02.20 43.68	250m: 3:30.84 44.34	350m: 5:02.16 45.49			
	100m: 1:18.52 41.99	200m: 2:46.50 44.30	300m: 4:16.67 45.83	400m: 5:44.31 42.15			
EXH	Francisco Santos, Pinheiro	02	S7	223321	Feira Viva	5:58.42	442
	50m: 40.81 40.81	150m: 2:09.14 44.74	250m: 3:40.15 45.78	350m: 5:13.14 46.66			
	100m: 1:24.40 43.59	200m: 2:54.37 45.23	300m: 4:26.48 46.33	400m: 5:58.42 45.28			

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Prova 6, Masc., 400m Livres

Lugar	Nome	Ano	Classe	Licença	Clube	Tempo final		Pts
EXH	Francisco Pessanha, Montes	02	S21	133450	ADADA Porto	6:13.91		
	50m: 41.82 41.82	150m: 2:16.50	48.71	250m: 3:51.95	47.51	350m: 5:27.60	47.56	
	100m: 1:27.79 45.97	200m: 3:04.44	47.94	300m: 4:40.04	48.09	400m: 6:13.91	46.31	
EXH	Marco Alexandre, Miranda	07	S17	221068	Alhandra	6:44.37		
	50m: 42.59 42.59	150m: 2:25.86	53.11	250m: 4:12.02	53.59	350m: 5:56.68	51.94	
	100m: 1:32.75 50.16	200m: 3:18.43	52.57	300m: 5:04.74	52.72	400m: 6:44.37	47.69	
EXH	Tomas Aniceto, Santos	99	S21	147091	Feira Viva	6:50.95		
	50m: 43.78 43.78	150m: 2:27.45	53.15	250m: 4:14.79	53.06	350m: 5:58.86	53.58	
	100m: 1:34.30 50.52	200m: 3:21.73	54.28	300m: 5:05.28	50.49	400m: 6:50.95	52.09	
EXH	Andre Suru, Fernandes	12	S17	220165	Alhandra	6:51.40		
	50m: 42.69 42.69	150m: 2:26.61	52.82	250m: 4:16.27	53.76	350m: 6:03.83	53.63	
	100m: 1:33.79 51.10	200m: 3:22.51	55.90	300m: 5:10.20	53.93	400m: 6:51.40	47.57	
EXH	Welisson Goncalo, Silva	05	S14	210914	Alhandra	7:03.94		198
	50m: 41.63 41.63	150m: 2:21.40	52.04	250m: 4:11.69	55.80	350m: 6:08.90	59.13	
	100m: 1:29.36 47.73	200m: 3:15.89	54.49	300m: 5:09.77	58.08	400m: 7:03.94	55.04	
EXH	Afonso Miguel, Manquinho	13	S14	222936	Alhandra	7:17.09		181
	50m: 43.32 43.32	150m: 2:25.25	53.33	250m: 4:24.18	59.39	350m: 6:21.44	58.40	
	100m: 1:31.92 48.60	200m: 3:24.79	59.54	300m: 5:23.04	58.86	400m: 7:17.09	55.65	
EXH	Joao Barge, Andrade	06	S21	214789	Feira Viva	7:17.38		
	50m: 44.60 44.60	150m: 2:33.13	55.36	250m: 4:23.75	55.47	350m: 6:16.62	53.60	
	100m: 1:37.77 53.17	200m: 3:28.28	55.15	300m: 5:23.02	59.27	400m: 7:17.38	1:00.76	
EXH	Rodrigo Oliveira, Silva	08	S8	214788	Feira Viva	7:57.34		168
	50m: 53.32 53.32	150m: 2:52.92	1:00.64	250m: 4:56.36	1:02.46	350m: 6:59.36	1:00.56	
	100m: 1:52.28 58.96	200m: 3:53.90	1:00.98	300m: 5:58.80	1:02.44	400m: 7:57.34	57.98	
EXH	Joao Paulo, Farrim	72	S6	215863	Alhandra	12:25.52		58
	50m: 1:23.15 1:23.15	150m: 4:29.54	1:35.87	250m: 7:42.54	1:36.30	350m: 10:53.93	1:34.81	
	100m: 2:53.67 1:30.52	200m: 6:06.24	1:36.70	300m: 9:19.12	1:36.58	400m: 12:25.52	1:31.59	