Prova 5 — Femin., 200m Bruços — Absolutos
24/10/2026 - 10:44 — Resultados

RN 25m Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29/06/2019
RN 25m SEN	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29/06/2019
RN 25m JUN 18	2:23.46	Raquel Gomes, PEREIRA	SAD	Porto	09/12/2017
RN 25m JUN 17	2:26.47	Raquel Gomes, PEREIRA	SAD	Funchal	10/12/2016
RN 25m JUV A	2:26.87	Raquel Gomes, PEREIRA	SAD	Porto	11/12/2015
RN 25m JUV B	2:32.36	Diana Duarte, GOMES	ABVE	Alcobaça	07/02/2004
RN 25m INF A	2:34.51	Diana Duarte, GOMES	ABVE	Reboleira	28/06/2003
RN 25m INF B	2:36.86	Clara Gomes, PEREIRA	SAD	Algés	06/06/2015

Lugar	Nome	Ano	Licença	Clube	TReac	Tempo Final	Pontos	
1.	Cristiana Henriques, ALMEIDA	11	219181	Benedita Sport Club Natação	+0,45	**2:55.93**	17,00	-
	50m: 40.40 (40.40) 100m: 1:24.74 (44.34) 150m: 2:10.04 (45.30) 200m: 2:55.93 (45.89)							
2.	Leonor Teixeira, RODRIGUES	10	213557	Aej	+0,68	**2:57.45**	15,00	-
	50m: 39.95 (39.95) 100m: 1:25.12 (45.17) 150m: 2:11.26 (46.14) 200m: 2:57.45 (46.19)							
3.	Matilde Abelho, VAZ	12	217627	CLAC-Entroncamento	+0,73	**2:58.68**	14,00	-
	50m: 40.06 (40.06) 100m: 1:25.20 (45.14) 150m: 2:12.92 (47.72) 200m: 2:58.68 (45.76)							
4.	Ines Borges, COSTA	12	217859	Ndco	+0,81	**3:02.50**	13,00	-
	50m: 39.88 (39.88) 100m: 1:25.67 (45.79) 150m: 2:13.51 (47.84) 200m: 3:02.50 (48.99)							
5.	Catia Sofia, SILVA	10	141299	Sporting Clube de Aveiro	+0,84	**3:02.84**	12,00	-
	50m: 40.99 (40.99) 100m: 1:27.61 (46.62) 150m: 2:15.40 (47.79) 200m: 3:02.84 (47.44)							
6.	Benedita Fernandes, RAIMUNDO	12	216579	Aquatico Silves	+0,69	**3:04.74**	11,00	-
	50m: 40.65 (40.65) 100m: 1:27.88 (47.23) 150m: 2:16.08 (48.20) 200m: 3:04.74 (48.66)							
7.	Maria Clara, GOUVEIA	09	200999	FC Ferreiras/AlgarExperience	+0,72	**3:05.28**	10,00	-
	50m: 40.95 (40.95) 100m: 1:27.98 (47.03) 150m: 2:16.58 (48.60) 200m: 3:05.28 (48.70)							
8.	Leonor Cardoso, TAVARES	12	220424	CCDSerta		**3:09.88**	9,00	-
	50m: 41.88 (41.88) 100m: 1:30.46 (48.58) 150m: 2:20.41 (49.95) 200m: 3:09.88 (49.47)							
9.	Madalena Vidinha, BARRADAS	11	212848	Zona Azul		**3:10.63**	8,00	-
	50m: 42.32 (42.32) 100m: 1:30.43 (48.11) 150m: 2:20.49 (50.06) 200m: 3:10.63 (50.14)							
10.	Madalena Simoes, PROJECTO	13	221773	Núcleo Sporting		**3:17.23**	7,00	-
11.	Leticia Saldanha, COSTA	13	211833	O Crasto	+0,70	**3:19.37**	6,00	-
	50m: 43.58 (43.58) 100m: 1:35.95 (52.37) 150m: 2:27.79 (51.84) 200m: 3:19.37 (51.58)							
12.	Rita Francisco, SIMOES	12	212997	Vieirense	+0,70	**3:20.37**	5,00	-
	50m: 44.51 (44.51) 100m: 1:35.24 (50.73) 150m: 2:28.01 (52.77) 200m: 3:20.37 (52.36)							
13.	Mariana Morim, GONCALVES	12	217004	Clube Naval Povoense		**3:29.33**	4,00	-
	50m: 47.49 (47.49) 100m: 1:41.32 (53.83) 150m: 2:36.03 (54.71) 200m: 3:29.33 (53.30)							
14.	Vitoria Morao, ALMEIDA	09	206749	AN Albicastrense	+0,68	**3:32.52**	3,00	-
	50m: 45.63 (45.63) 100m: 1:39.07 (53.44) 150m: 2:35.58 (56.51) 200m: 3:32.52 (56.94)							
15.	Paula Alexandra, RODRIGUES	74	215263	Alpha Infiniti Athlete		**3:37.86**	2,00	-
	50m: 46.93 (46.93) 100m: 1:41.44 (54.51) 150m: 2:39.03 (57.59) 200m: 3:37.86 (58.83)							
DSQ	Maria Ines, PINTO	12	211996	Lousada Séc.XXI			-	-
	7.1 - O(a) atleta realizou mais do que uma pernada de mariposa durante a fase subaquatica anterior a pernada de brucos apos a viragem aos 125 metros							