

12th International Meeting Briz - Ivan "The Roshav" Stoychev
Burgas, 9. - 11.10.2026

Event 15
10.10.2026 r. - 10:42

Women, 400m Freestyle

13 years and older
Results

Points: AQUA 2026

Rank	Age								Time		Pts	
15 - 17 years												
1.	Lilya MEDNIKAROVA			15	Delfin Varna					4:55.52	472	
	50m:	31.52	31.52	150m:	1:43.52	36.74	250m:	2:59.72	38.35	350m:	4:17.29	38.86
	100m:	1:06.78	35.26	200m:	2:21.37	37.85	300m:	3:38.43	38.71	400m:	4:55.52	38.23
2.	Kayra ERDOGAN			15	Beylikduzu Yuzme Kulubu					4:55.99	470	
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:55.99	
3.	Simona STAYKOVA			17	Briz					5:14.28	393	
	50m:	35.31	35.31	150m:	1:53.66	39.45	250m:	3:14.02	40.48	350m:	4:35.25	40.64
	100m:	1:14.21	38.90	200m:	2:33.54	39.88	300m:	3:54.61	40.59	400m:	5:14.28	39.03
4.	Bozhidara GEORGIEVA			15	Briz					5:18.80	376	
	50m:	35.15	35.15	150m:	1:54.08	40.47	250m:	3:16.79	41.37	350m:	4:41.24	41.93
	100m:	1:13.61	38.46	200m:	2:35.42	41.34	300m:	3:59.31	42.52	400m:	5:18.80	37.56
5.	Nedelina CHELEBIEVA			17	Briz					5:19.04	375	
	50m:	35.58	35.58	150m:	1:55.50	40.76	250m:	3:17.85	41.30	350m:	4:40.28	41.13
	100m:	1:14.74	39.16	200m:	2:36.55	41.05	300m:	3:59.15	41.30	400m:	5:19.04	38.76
6.	Mirela VENKOVA			16	Galata-Varna					5:20.36	371	
	50m:	35.70	35.70	150m:	1:56.40	40.82	250m:	3:17.85	41.08	350m:	4:40.21	41.29
	100m:	1:15.58	39.88	200m:	2:36.77	40.37	300m:	3:58.92	41.07	400m:	5:20.36	40.15
7.	Rada MIHAYLOVA			15	Galata-Varna					5:32.61	331	
	50m:	37.45	37.45	150m:	2:00.67	42.15	250m:	3:25.73	42.57	350m:	4:52.25	43.66
	100m:	1:18.52	41.07	200m:	2:43.16	42.49	300m:	4:08.59	42.86	400m:	5:32.61	40.36
8.	Anna GOLIC			15	Dgets					5:36.20	321	
	50m:	38.60	38.60	150m:	2:02.92	42.31	250m:	3:29.77	43.85	350m:	4:56.65	43.75
	100m:	1:20.61	42.01	200m:	2:45.92	43.00	300m:	4:12.90	43.13	400m:	5:36.20	39.55
9.	Anastasia GANKOVA			16	Zapochni Da Pluvash					5:55.48	271	
	50m:	37.45	37.45	150m:	2:05.06	44.45	250m:	3:37.65	46.82	350m:	5:11.04	47.35
	100m:	1:20.61	43.16	200m:	2:50.83	45.77	300m:	4:23.69	46.04	400m:	5:55.48	44.44
13 - 14 years												
1.	Carina CERNII			13	Dgets					4:45.86	522	
	50m:	31.45	31.45	150m:	1:43.63	36.43	250m:	2:57.23	36.75	350m:	4:11.47	37.21
	100m:	1:07.20	35.75	200m:	2:20.48	36.85	300m:	3:34.26	37.03	400m:	4:45.86	34.39
2.	Sophie CERNOUS			13	Dgets					4:48.08	510	
	50m:	31.62	31.62	150m:	1:44.44	37.14	250m:	2:58.77	37.50	350m:	4:13.83	37.19
	100m:	1:07.30	35.68	200m:	2:21.27	36.83	300m:	3:36.64	37.87	400m:	4:48.08	34.25
3.	Yoana PENEVA			13	Olympic Sandanski					4:57.75	462	
	50m:	32.08	32.08	150m:	1:45.74	37.47	250m:	3:03.21	38.99	350m:	4:22.04	39.64
	100m:	1:08.27	36.19	200m:	2:24.22	38.48	300m:	3:42.40	39.19	400m:	4:57.75	35.71
4.	Valeria BIRCA			14	Dgets					5:06.65	423	
	50m:	34.33	34.33	150m:	1:50.98	39.14	250m:	3:10.64	39.91	350m:	4:29.64	39.53
	100m:	1:11.84	37.51	200m:	2:30.73	39.75	300m:	3:50.11	39.47	400m:	5:06.65	37.01
5.	Beatris KOVACHEVA			14	Iris					5:10.12	409	
	50m:	34.36	34.36	150m:	1:53.64	40.43	250m:	3:13.10	40.10	350m:	4:33.35	40.25
	100m:	1:13.21	38.85	200m:	2:33.00	39.36	300m:	3:53.10	40.00	400m:	5:10.12	36.77
6.	Iulia TRAISTARU			14	Dgets					5:15.58	388	
	50m:	34.86	34.86	150m:	1:55.08	41.13	250m:	3:17.56	41.83	350m:	4:38.39	40.53
	100m:	1:13.95	39.09	200m:	2:35.73	40.65	300m:	3:57.86	40.30	400m:	5:15.58	37.19
7.	Daria GHIRNEAC			13	Dgets					5:16.94	383	
	50m:	35.17	35.17	150m:	1:55.63	40.79	250m:	3:17.79	41.39	350m:	4:40.17	40.88
	100m:	1:14.84	39.67	200m:	2:36.40	40.77	300m:	3:59.29	41.50	400m:	5:16.94	36.77

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Rank	Age										Time	Pts
8.	Aleksandra ATANASOVA				14	Sprint Sofia					5:17.39	381
	50m:	34.32	34.32	150m:	1:53.55	40.48	250m:	3:16.53	41.46	350m:	4:38.80	41.16
	100m:	1:13.07	38.75	200m:	2:35.07	41.52	300m:	3:57.64	41.11	400m:	5:17.39	38.59
9.	Yoana KOSTADINOVA				13	Briz					6:54.79	171
	50m:	43.78	43.78	150m:	2:28.15	53.23	250m:	4:15.72	53.75	350m:	6:03.78	53.30
	100m:	1:34.92	51.14	200m:	3:21.97	53.82	300m:	5:10.48	54.76	400m:	6:54.79	51.01