

Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

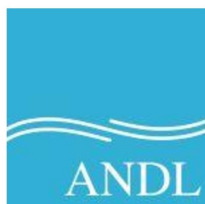
Prova 5	Femin., 200m Estilos				ABSOLUTOS
10/10/2026 - 17:17					Resultados
Recorde Distrital SEN	2:12.75	Victoria, KAMINSKAYA	PIMP/ Cima		21/12/2014
Recorde Distrital 18	2:14.28	Victoria, KAMINSKAYA	PIMP/ Cima		08/12/2012
Recorde Distrital 17	2:16.62	Victoria, KAMINSKAYA	FPN		29/01/2012
Recorde Distrital JUV A	2:19.78	Victoria, KAMINSKAYA	PIMP/ Cima		04/12/2010
Recorde Distrital JUV B	2:22.96	Victoria, KAMINSKAYA	PIMP/ Cima		01/05/2010
Recorde Distrital INF A	2:23.81	Inês, SILVA	SANDL		12/04/2014
Recorde Distrital INF B	2:25.94	Filipa, RUIVO	SANDL		10/04/2010
Recorde Distrital ABS	2:12.75	Victoria, KAMINSKAYA	PIMP/ Cima		21/12/2014
Recordes Nacionais 25m Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Recordes Nacionais 25m SEN	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	12/12/2024
Recordes Nacionais 25m 18	2:13.83	Mariana Pacheco, CUNHA	CNCE	Felgueiras	07/05/2022
Recordes Nacionais 25m 17	2:15.10	Mariana Pacheco, CUNHA	CNCE	Felgueiras	10/04/2021
Recordes Nacionais 25m JUV A	2:14.94	Maria Carolina, ROSA	SCP	S. António Cavaleiros	19/12/2009
Recordes Nacionais 25m JUV B	2:18.13	Mariana Pacheco, CUNHA	CFP	Felgueiras	27/04/2019
Recordes Nacionais 25m INF A	2:19.79	Mariana Pacheco, CUNHA	CFP	Felgueiras	14/04/2018
Recordes Nacionais 25m INF B	2:21.36	Carolina Miranda, FERNANDES	CGA	Felgueiras	10/03/2018

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
Infantil B							
1. Matilde Pereira, SILVA	14	Benedita	3:13.76 247	45.72	50.07	56.55	41.42
2. Carolina Pereira, DURA	14	Alcobaca	3:13.81 247	40.03	49.57	59.77	44.44
3. C., FONSECA	14	Alcobaca	3:15.96 239	42.46	52.82	58.08	42.60
4. M., CARVALHO	14	Naval da Nazaré	3:19.30 227	40.16	52.64	1:00.07	46.43
5. Nadine Sofia, CESARIO	14	Benedita	3:25.77 206	47.38	49.21	1:06.23	42.95
6. Ester Nunes, DIAS	14	CNLeiria - VOID	3:29.19 196	45.58	51.25	1:05.39	46.97
7. P., MARIANO	14	Alcobaca	4:03.41 124	52.22	1:01.54	1:15.53	54.12

Infantil A							
1. Alicia Ferreira, OLIVEIR	13	Ba Leiria / Sk Coffee	2:56.16 329	35.65	44.61	53.75	42.15
2. Francisca Vieira, SILVA	13	Nucleo de Pombal	2:57.45 322	48.25	38.92	50.68	39.60
3. Carminho Jose, LOPES	13	Benedita	2:57.56 321	38.95	47.84	50.56	40.21
4. Elisa Rodrigues, SIMOE	13	Benedita	2:57.72 320	39.18	44.57	53.50	40.47
5. Maria Joao, OLIVEIRA	13	Alcobaca	2:59.29 312	41.04	45.36	53.64	39.25
6. Lara Sofia, MARCELIN	13	Vieirense	3:00.21 307	40.64	45.79	53.25	40.53
7. Maria Leal, ALVES	13	Alcobaca	3:00.90 303	38.53	46.31	53.50	42.56
8. Ines Mestre, SANTOS	13	CNLeiria - VOID	3:03.11 293	38.78	49.33	56.42	38.58
9. Violeta Neves, SILVA	13	Nucleo de Pombal	3:05.35 282	40.70	49.82	52.68	42.15
10. E., BUGALHAO	13	Ba Leiria / Sk Coffee	3:17.71 232	46.21	49.03	57.92	44.55
11. C., RODRIGUES	13	Naval de Peniche	3:18.55 229	42.94	47.53	58.50	49.58
12. Erica Maria, FORTUNAT	13	Ba Leiria / Sk Coffee	3:22.22 217	48.39	49.73	1:00.52	43.58
13. Sara Machado, JANUAR	13	Alcobaca	3:22.55 216	45.48	51.42	1:01.08	44.57
14. C., CARVALHO	13	Alcobaca	3:31.63 189	51.80	53.58	58.96	47.29

Juvenil B							
1. Emiliania Arruda, SARAI	12	Vieirense	2:49.13 371	35.34	44.61	51.20	37.98
2. Maria Ines, GOMES	12	Nucleo de Pombal	3:06.37 277	40.58	49.79		
3. Carolina Matos, CORRE	12	Nucleo de Pombal	3:11.70 255	44.70	46.36	57.68	42.96
4. D., FERREIRA	12	Nucleo de Pombal	3:14.74 243	43.92	49.54	57.11	44.17



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Prova 5, Femin., 200m Estilos

Juvenil A

1. C., ALMEIDA	11	Benedita	2:42.03 422	35.18	42.11	47.02	37.72
2. A., PRYMACHENKO	11	Nucleo de Pombal	2:46.11 392	34.31	43.40	49.68	38.72
3. Isabela Lourenco, COS	11	Benedita	2:48.50 376	35.46	44.60	50.62	37.82
4. Maria Santos, FONSEC	11	CNLeiria - VOID	2:51.25 358	38.00	45.65	47.28	40.32
5. Beatriz Morgado, SILV	11	Benedita	3:05.12 283	44.40	45.82	54.11	40.79

Junior

1. Francisca Ramos, NUN	09	Naval de Peniche	2:32.42 508	31.81	39.50	45.50	35.61
2. L., GONCALVES	10	CNLeiria - VOID	2:39.84 440	34.88	40.71	48.14	36.11
3. Teresa Maria, LOPES	09	Benedita	2:39.96 439	33.21	41.57	47.65	37.53
4. Zofie, PACHECO	09	Naval de Peniche	2:45.65 395	35.97	43.86	47.64	38.18