

Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 15

Femin., 400m Livres

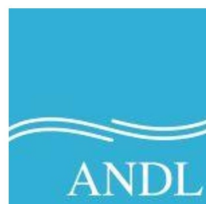
ABSOLUTOS

11/10/2026 - 11:28

Lista inscritos

Conversão tempo inscrição: Conversão com pontos World Aquatics

Lugar	Nome	Ano	Grupo	Lic. FPN	Clube	Tempo	Cód.	Piscina
1	Luana Ferreira, CRAVEIRO	09	JUN	144313	DNMG	4:33.06		50m
2	Constanca Baptista, TOMAS	09	JUN	206496	CNAL	4:32.31		25m
3	Francisca Ramos, NUNES	09	JUN	204735	CNPE	4:42.08		25m
4	Francisca Moreira, FELICIANO	11	JUV A	213295	CNAL	4:46.26		25m
5	Madalena Gracio, PEDROSO	10	JUN	144100	DNMG	4:46.85		25m
6	Leonor Mota, ALVES	11	JUV A	213003	DNMG	4:50.06		25m
7	Maria Joao, VALA	11	JUV A	209706	PIMP	4:56.16		50m
8	Ana Claudia, FERREIRA	90	SEN	10559	CNAL	4:52.63		25m
9	Teresa Maria, LOPES	09	JUN	205663	BSCN	4:52.67		25m
10	Laura Samora, GONCALVES	10	JUN	210844	CNL	4:53.14		25m
11	Anastasiya, PRYMACHENKO	11	JUV A	209931	NDAP	4:53.56		25m
12	Luna Francisco, PEREIRA	12	JUV B	215677	NDAP	4:56.78		25m
13	Carolina Silva, CASTANHEIRA	11	JUV A	210906	CNL	4:58.81		25m
14	Carlota Sa, SANTOS	11	JUV A	211060	NDAP	5:06.82		50m
15	Isabela Lourenco, COSTA	11	JUV A	219180	BSCN	5:02.09		25m
16	Constanca Rolim, PEDRO	10	JUN	219612	ADBA	5:02.12		25m
17	Mafalda Varela, BERNARDINO	12	JUV B	216727	CNAL	5:09.75		50m
18	Cristiana Henriques, ALMEIDA	11	JUV A	219181	BSCN	5:13.49		50m
19	Sofia Roma, BRIZIDA	10	JUN	207308	CNL	5:09.36		25m
20	Zofie, PACHECO	09	JUN	204736	CNPE	5:11.03		25m
21	Margarida Soares, MAIA	11	JUV A	214515	DNMG	5:11.31		25m
22	Beatriz Marques, GASPAR	11	JUV A	214523	DNMG	5:11.43		25m
23	Beatriz Julio, CORREIA	12	JUV B	214808	CNL	5:12.14		25m
24	Alicia Ferreira, OLIVEIRA	13	INF A	217022	ADBA	5:14.34		25m
25	Maria Joao, OLIVEIRA	13	INF A	216912	CNAL	5:19.90		50m
26	Emiliana Arruda, SARAIVA	12	JUV B	213032	IDV	5:15.73		25m
27	Leonor Pereira, SILVA	10	JUN	210858	OC	5:15.82		25m
28	Yaroslava, TABUNSCHYK	12	JUV B	214273	CNL	5:20.16		25m
29	Elisa Rodrigues, SIMOES	13	INF A	217812	BSCN	5:29.04		50m
30	Maria Santos, FONSECA	11	JUV A	214271	CNL	5:25.90		25m
31	Erica Felix, RODRIGUES	11	JUV A	214533	URDJ	5:28.88		25m
32	Margarida Lopes, RODRIGUES	11	JUV A	211356	URDJ	5:28.92		25m
33	Lara Sofia, MARCELINO	13	INF A	220304	IDV	5:33.77		25m
34	Ines Mestre, SANTOS	13	INF A	225691	CNL	5:40.79		50m
35	Rita Alexandra, JORDAO	12	JUV B	210822	CNAL	5:47.36		25m
36	Sara Nunes, HORTA	11	JUV A	218172	CNL	5:49.93		25m
37	Kelly Simao, COSTA	11	JUV A	219017	OC	5:53.47		25m
38	Constanca Sequeira, CARNEIRO	14	INF B	217787	PIMP	6:00.03		25m
39	Erica Maria, FORTUNATO	13	INF A	217029	ADBA	6:03.93		25m
40	Maria Leal, ALVES	13	INF A	214896	CNAL	6:04.27		25m
41	Constanca Alves, FONSECA	14	INF B	222230	CNAL	6:06.53		25m
42	Miriam Amancio, RICARDO	14	INF B	219021	OC	6:08.65		25m
43	Mariana Santos, VALENTIM	13	INF A	219386	PIMP	6:13.57		25m
44	Carolina Pereira, DURAO	14	INF B	219635	CNAL	6:30.27		25m
45	Ines Ferreira, CAPELA	14	INF B	218566	IDV	6:31.25		25m
46	Sara Machado, JANUARIO	13	INF A	216913	CNAL	6:33.00		25m
47	Ines Silva, MARCIANO	14	INF B	219865	PIMP	6:45.87		25m
48	Sofia Pereira, SILVA	14	INF B	219031	OC	6:51.73		25m
49	Eduarda Antunes, BUGALHAO	13	INF A	222535	ADBA	6:52.74		25m



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50	Matilde Santos, PEREIRA	14	INF B	220308	PIMP	6:52.84	25m
51	Leonor Silva, TEOTONIO	14	INF B	220309	OC	6:53.86	25m
52	Eva Victoria, FERREIRA	14	INF B	219864	PIMP	7:02.07	25m
53	Sara Pereira, SILVA	14	INF B	219022	OC	7:02.76	25m
54	Constanca Teopisto, CARVALHO	13	INF A	216905	CNAL	NT	
55	Patricia Cristina, MARIANO	14	INF B	216909	CNAL	NT	
56	Iris Barata, GAMITO	14	INF B	228626	ADBA	NT	
57	Maria Mar, LUIS	14	INF B	219028	OC	NT	
58	Elisa Henriques, SOUTO	10	JUN	219855	OC	NT	
59	Emma Henriques, SOUTO	13	INF A	219858	OC	NT	
60	Maria Joao, ALBUQUERQUE	12	JUV B	222629	PIMP	NT	
61	Nuria Rocha, BOTAS	13	INF A	220912	IDV	NT	