

European Road
Plovdiv, 3. - 4.10.2026

Event 7 Women, 400m Freestyle 11 years and older
3.10.2026 r. - 11:00 Results

Points: AQUA 2026

Rank	YB										Time	Pts
A												
1.	JANKOVIK, Sara			08	PK Skopje					4:26.91	641	
	50m:	29.90	29.90	150m:	1:35.68	33.39	250m:	2:43.89	34.24	350m:	3:52.76	34.51
	100m:	1:02.29	32.39	200m:	2:09.65	33.97	300m:	3:18.25	34.36	400m:	4:26.91	34.15
B												
1.	SHARANKOVA, Lora			10	Plovdiv 2019					4:19.53	698	
	50m:	29.78	29.78	150m:	1:35.10	32.77	250m:	2:41.50	33.25	350m:	3:47.22	32.65
	100m:	1:02.33	32.55	200m:	2:08.25	33.15	300m:	3:14.57	33.07	400m:	4:19.53	32.31
2.	IVANOVA, Simona			09	Olimp					4:19.66	697	
	50m:	30.04	30.04	150m:	1:35.60	33.05	250m:	2:42.11	33.22	350m:	3:48.35	32.88
	100m:	1:02.55	32.51	200m:	2:08.89	33.29	300m:	3:15.47	33.36	400m:	4:19.66	31.31
3.	DIMITROVA, Ema			11	Vsi					4:30.96	613	
	50m:	30.66	30.66	150m:	1:37.70	33.78	250m:	2:46.48	34.65	350m:	3:56.89	35.27
	100m:	1:03.92	33.26	200m:	2:11.83	34.13	300m:	3:21.62	35.14	400m:	4:30.96	34.07
4.	MITROVA, Karina			11	Olimp					4:31.58	609	
	50m:	30.00	30.00	150m:	1:36.61	33.69	250m:	2:46.73	35.23	350m:	3:57.44	35.79
	100m:	1:02.92	32.92	200m:	2:11.50	34.89	300m:	3:21.65	34.92	400m:	4:31.58	34.14
5.	HRISTOZOVA, Aneta			11	Vsi					4:38.19	566	
	50m:	30.68	30.68	150m:	1:39.21	34.68	250m:	2:51.12	36.18	350m:	4:03.91	36.40
	100m:	1:04.53	33.85	200m:	2:14.94	35.73	300m:	3:27.51	36.39	400m:	4:38.19	34.28
6.	YONKOVA, Liliya			11	Olimp					4:52.11	489	
	50m:	32.39	32.39	150m:	1:44.86	36.82	250m:	3:00.17	37.93	350m:	4:16.70	38.17
	100m:	1:08.04	35.65	200m:	2:22.24	37.38	300m:	3:38.53	38.36	400m:	4:52.11	35.41
7.	DONEVSKA, Angela			09	PK Skopje					4:54.37	478	
	50m:	31.23	31.23	150m:	1:44.66	37.65	250m:	3:01.72	38.52	350m:	4:17.84	38.12
	100m:	1:07.01	35.78	200m:	2:23.20	38.54	300m:	3:39.72	38.00	400m:	4:54.37	36.53
8.	STOYNEVA, Ekaterina			11	Olimp					5:01.56	445	
	50m:	32.79	32.79	150m:	1:47.34	37.61	250m:	3:04.54	39.03	350m:	4:23.53	39.65
	100m:	1:09.73	36.94	200m:	2:25.51	38.17	300m:	3:43.88	39.34	400m:	5:01.56	38.03
9.	TODOROVA, Karin-Alison			11	Phoenix					5:03.90	434	
	50m:	33.90	33.90	150m:	1:50.99	39.34	250m:	3:08.95	38.86	350m:	4:27.37	39.18
	100m:	1:11.65	37.75	200m:	2:30.09	39.10	300m:	3:48.19	39.24	400m:	5:03.90	36.53
10.	RAICHEVA, Katerina			11	Vsi					5:04.84	430	
	50m:	35.06	35.06	150m:	1:52.38	38.77	250m:	3:10.55	38.73	350m:	4:27.51	38.27
	100m:	1:13.61	38.55	200m:	2:31.82	39.44	300m:	3:49.24	38.69	400m:	5:04.84	37.33
11.	VELEVA, Gabriela			10	Levski					5:07.06	421	
	50m:	32.60	32.60	150m:	1:48.87	39.52	250m:	3:07.03	39.46	350m:	4:28.16	40.91
	100m:	1:09.35	36.75	200m:	2:27.57	38.70	300m:	3:47.25	40.22	400m:	5:07.06	38.90

European Road
Plovdiv, 3. - 4.10.2026

Event 7, Women, 400m Freestyle

C

1.	DIMITROVA, Mila	13	Olimp						4:39.24	560
	50m: 30.64	30.64	150m: 1:38.89	34.40	250m: 2:50.12	36.03	350m: 4:03.50	36.85		
	100m: 1:04.49	33.85	200m: 2:14.09	35.20	300m: 3:26.65	36.53	400m: 4:39.24	35.74		
2.	IVANOVA, Albena	12	Vsi						4:45.75	523
	50m: 31.04	31.04	150m: 1:41.39	36.17	250m: 2:55.44	37.15	350m: 4:10.34	37.49		
	100m: 1:05.22	34.18	200m: 2:18.29	36.90	300m: 3:32.85	37.41	400m: 4:45.75	35.41		
3.	MENZILDZHIYAN, Alis	13	Plovdiv 2019						4:52.61	487
	50m: 31.83	31.83	150m: 1:43.54	36.44	250m: 2:58.87	37.98	350m: 4:15.77	38.71		
	100m: 1:07.10	35.27	200m: 2:20.89	37.35	300m: 3:37.06	38.19	400m: 4:52.61	36.84		
4.	PEHLIVANQN, Eva	12	Olimp						4:57.08	465
	50m: 31.90	31.90	150m: 1:45.67	37.77	250m: 3:02.58	38.75	350m: 4:19.99	38.83		
	100m: 1:07.90	36.00	200m: 2:23.83	38.16	300m: 3:41.16	38.58	400m: 4:57.08	37.09		
5.	ASENOVA, Elena	12	Olimp						5:01.55	445
	50m: 33.29	33.29	150m: 1:49.23	38.31	250m: 3:06.40	37.79	350m: 4:24.51	39.36		
	100m: 1:10.92	37.63	200m: 2:28.61	39.38	300m: 3:45.15	38.75	400m: 5:01.55	37.04		
6.	BOICHEVA, Maria	13	Olimp						5:09.93	410
	50m: 34.27	34.27	150m: 1:49.78	38.83	250m: 3:09.97	40.37	350m: 4:31.22	40.28		
	100m: 1:10.95	36.68	200m: 2:29.60	39.82	300m: 3:50.94	40.97	400m: 5:09.93	38.71		
7.	MARINSKA, Ema	13	Plovdiv 2019						5:13.95	394
	50m: 35.46	35.46	150m: 1:54.97	40.02	250m: 3:15.82	40.27	350m: 4:36.27	40.24		
	100m: 1:14.95	39.49	200m: 2:35.55	40.58	300m: 3:56.03	40.21	400m: 5:13.95	37.68		
8.	TSARSKA, Petya	12	Shampion3						5:14.07	394
	50m: 33.37	33.37	150m: 1:47.46	38.10	250m: 3:09.06	41.45	350m: 4:33.80	42.27		
	100m: 1:09.36	35.99	200m: 2:27.61	40.15	300m: 3:51.53	42.47	400m: 5:14.07	40.27		
9.	DIMITROVA, Mariya	13	Olimp						5:16.84	383
	50m: 33.45	33.45	150m: 1:52.48	40.01	250m: 3:15.44	41.64	350m: 4:38.74	42.27		
	100m: 1:12.47	39.02	200m: 2:33.80	41.32	300m: 3:56.47	41.03	400m: 5:16.84	38.10		
10.	GREKOVA, Viliana	13	Chernomorets						5:18.65	377
	50m: 34.33	34.33	150m: 1:53.03	40.19	250m: 3:14.16	40.36	350m: 4:37.04	41.11		
	100m: 1:12.84	38.51	200m: 2:33.80	40.77	300m: 3:55.93	41.77	400m: 5:18.65	41.61		
11.	STAYKOVSKA, Emanuela	12	Sprint						6:01.79	257
	50m: 38.56	38.56	150m: 2:07.73	45.92	250m: 3:41.64	47.05	350m: 5:16.18	47.47		
	100m: 1:21.81	43.25	200m: 2:54.59	46.86	300m: 4:28.71	47.07	400m: 6:01.79	45.61		

D

1.	CHIRIAC, Ioana	14	C.S.M. Pitesti						4:38.00	568
	50m: 32.10	32.10	150m: 1:42.38	35.53	250m: 2:54.31	35.48	350m: 4:05.26	35.66		
	100m: 1:06.85	34.75	200m: 2:18.83	36.45	300m: 3:29.60	35.29	400m: 4:38.00	32.74		
2.	DINKOVA, Reneta	15	Levski						5:00.47	449
	50m: 31.98	31.98	150m: 1:47.09	38.65	250m: 3:04.55	38.41	350m: 4:23.28	39.97		
	100m: 1:08.44	36.46	200m: 2:26.14	39.05	300m: 3:43.31	38.76	400m: 5:00.47	37.19		
3.	VALCEA, Ema Maria	14	C.S.M. Pitesti						5:07.67	419
	50m: 33.71	33.71	150m: 1:49.73	38.83	250m: 3:08.23	39.03	350m: 4:28.38	40.32		
	100m: 1:10.90	37.19	200m: 2:29.20	39.47	300m: 3:48.06	39.83	400m: 5:07.67	39.29		
4.	PETKOVA, Ivaila	15	Plovdiv 2019						5:19.22	375
	50m: 36.16	36.16	150m: 1:55.78	40.27	250m: 3:18.29	41.37	350m: 4:40.53	41.15		
	100m: 1:15.51	39.35	200m: 2:36.92	41.14	300m: 3:59.38	41.09	400m: 5:19.22	38.69		

European Road
Plovdiv, 3. - 4.10.2026

Event 7, Girls, 400m Freestyle, D

Rank	YB								Time	Pts		
5.	DA COSTA, Sofia			14	Olimp				5:41.09	307		
	50m:	34.58	34.58	150m:	1:58.31	42.86	250m:	3:29.67	46.75	350m:	5:00.42	46.42
	100m:	1:15.45	40.87	200m:	2:42.92	44.61	300m:	4:14.00	44.33	400m:	5:41.09	40.67
6.	SHAKLEVA, Dariya			15	Levski				5:55.52	271		
	50m:	38.64	38.64	150m:	2:09.03	45.79	250m:	3:40.59	45.59	350m:	5:10.95	44.82
	100m:	1:23.24	44.60	200m:	2:55.00	45.97	300m:	4:26.13	45.54	400m:	5:55.52	44.57