

Event 13
4-10-2026 - 15:43

Women, 400m Freestyle

Senioren Open
Results

rang	naam	vereniging	intijd	tijd	RT
1.	Janina Beckers	Zwemsport Parkstad	4:42.09 199800574	4:47.50	
	50m: 32.24	32.24 150m:	250m:	350m:	
	100m: 1:07.56	35.32 200m: 2:20.30	300m:	400m: 4:47.50	
2.	Loesha Loos	Hellas-Glana 2 2	5:09.30 200804988	4:51.85	
	50m: 31.35	31.35 150m:	250m:	350m:	
	100m: 1:07.22	35.87 200m: 2:21.43	300m:	400m: 4:51.85	
3.	Meike van de Ree	HZPC	4:52.50 200402646	4:56.02	
	50m: 32.32	32.32 150m:	250m:	350m:	
	100m: 1:08.47	36.15 200m: 2:22.30	300m:	400m: 4:56.02	
4.	Marlinde Beukers	Hellas-Glana 2 2	4:54.89 200101934	4:56.81	
	50m: 32.16	32.16 150m:	250m:	350m:	
	100m: 1:08.66	36.50 200m: 2:23.79	300m:	400m: 4:56.81	
5.	Anna van Kuijk	MZ&PC	5:10.00 200300564	4:58.22	
	50m: 32.19	32.19 150m:	250m:	350m:	
	100m: 1:08.45	36.26 200m: 2:24.73	300m:	400m: 4:58.22	
6.	Romy Verhagen	MZ&PC	5:12.29 199906620	5:09.88	
	50m: 33.29	33.29 150m:	250m:	350m:	
	100m: 1:10.39	37.10 200m: 2:29.95	300m:	400m: 5:09.88	
7.	Quinty Rouschop	Zwemsport Parkstad	NT 200300208	5:10.26	
	50m: 34.41	34.41 150m:	250m:	350m:	
	100m: 1:14.34	39.93 200m: 2:33.76	300m:	400m: 5:10.26	
8.	Zoe Croepelin	Zwemsport Parkstad	NT 200603782	5:10.64	
	50m: 35.37	35.37 150m:	250m:	350m:	
	100m: 1:14.23	38.86 200m: 2:34.30	300m:	400m: 5:10.64	
9.	Floor Weijmans	HZPC	4:58.73 199502522	5:10.87	
	50m: 34.15	34.15 150m:	250m:	350m:	
	100m: 1:10.76	36.61 200m: 2:27.89	300m:	400m: 5:10.87	
10.	Benthe van de Ree	HZPC	5:04.89 200701226	5:16.60	
	50m: 32.59	32.59 150m:	250m:	350m:	
	100m: 1:10.59	38.00 200m: 2:32.26	300m:	400m: 5:16.60	
11.	Rachelle Luimes	Hellas-Glana 2 2	5:08.39 200500654	5:19.03	
	50m: 35.10	35.10 150m:	250m:	350m:	
	100m: 1:14.24	39.14 200m: 2:35.19	300m:	400m: 5:19.03	
12.	Tessa Kierkels	MZ&PC	5:27.17 199101602	5:23.66	
	50m: 34.76	34.76 150m:	250m:	350m:	
	100m: 1:13.87	39.11 200m: 2:35.95	300m:	400m: 5:23.66	
13.	Bente Hoelsgens	Hellas-Glana 2 2	5:06.71 200801470	5:27.40	
	50m: 35.25	35.25 150m:	250m:	350m:	
	100m: 1:16.78	41.53 200m: 2:41.75	300m:	400m: 5:27.40	
14.	Yvonne op den K.	MZ&PC	5:49.04 199008114	5:41.98	
	50m: 37.83	37.83 150m:	250m:	350m:	
	100m: 1:20.52	42.69 200m: 2:48.51	300m:	400m: 5:41.98	
15.	Jennifer Koonen	Zwemsport Parkstad	5:14.17 200500386	5:43.18	
	50m: 36.07	36.07 150m:	250m:	350m:	
	100m: 1:17.66	41.59 200m: 2:45.22	300m:	400m: 5:43.18	