

Programmanr. 11
4-10-2026 - 15:26

Heren, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Koen Koster	HZPC	4:10.56 199900517	4:13.05	
	50m: 26.80 26.80 150m: 32.17 200m: 2:03.15		250m: 350m: 400m: 4:13.05		
2.	Luka Geraerds	Hellas-Glana 2	4:24.33 200502077	4:22.18	
	50m: 28.90 28.90 150m: 31.63 200m: 2:06.22		250m: 350m: 400m: 4:22.18		
3.	Iwan Hobus	Hellas-Glana 2	4:26.24 200104023	4:29.78	
	50m: 29.22 29.22 150m: 32.62 200m: 2:10.84		250m: 350m: 400m: 4:29.78		
4.	Senn Rutten	Hellas-Glana 2	4:29.95 200700629	4:31.45	
	50m: 29.57 29.57 150m: 33.53 200m: 2:49.16		250m: 350m: 400m: 4:31.45		
5.	Alan Smeets	Zwemsport Parkstad	4:32.87 198402089	4:32.69	
	50m: 29.69 29.69 150m: 33.23 200m: 2:10.91		250m: 350m: 400m: 4:32.69		
6.	Stephan Sjeptoera	HZPC	4:35.14 200800871	4:33.14 FJ 1	
	50m: 30.30 30.30 150m: 33.51 200m: 2:13.47		250m: 350m: 400m: 4:33.14		
7.	Jesse Jacobs	HZPC	4:31.49 200700407	4:33.14 FJ 2	
	50m: 30.22 30.22 150m: 33.12 200m: 2:12.71		250m: 350m: 400m: 4:33.14		
8.	Tijn van Kuijk	HZPC	4:32.39 200501087	4:34.00	
	50m: 29.90 29.90 150m: 33.25 200m: 2:12.58		250m: 350m: 400m: 4:34.00		
9.	Olaf Bosscher	Hellas-Glana 2	4:42.38 200200037	4:36.14	
	50m: 28.39 28.39 150m: 31.88 200m: 2:10.67		250m: 350m: 400m: 4:36.14		
10.	Dennis Brouwers	HZPC	4:38.83 197800167	4:40.26	
	50m: 31.65 31.65 150m: 35.30 200m: 2:17.58		250m: 350m: 400m: 4:40.26		
11.	Wiktor Staron	MZ&PC	4:50.76 200902635	4:48.57	
	50m: 31.63 31.63 150m: 35.94 200m: 2:20.98		250m: 350m: 400m: 4:48.57		
12.	Aart Kruis	MZ&PC	4:57.85 197501383	4:53.91	
	50m: 33.58 33.58 150m: 36.49 200m: 2:24.45		250m: 350m: 400m: 4:53.91		
13.	Menno Weustenraad	MZ&PC	4:54.39 199505057	5:00.37	
	50m: 30.99 30.99 150m: 35.27 200m: 2:21.02		250m: 350m: 400m: 5:00.37		
14.	Quirijn Bettenhaussen	MZ&PC	5:13.44 201003337	5:03.24	
	50m: 32.33 32.33 150m: 36.79 200m: 2:26.06		250m: 350m: 400m: 5:03.24		
15.	Freddie Geerlings	Zwemsport Parkstad	4:57.22 197900379	5:04.57	
	50m: 34.46 34.46 150m: 37.35 200m: 2:27.92		250m: 350m: 400m: 5:04.57		
16.	Jesse Brouwers	MZ&PC	5:29.92 199900393	5:10.43	
	50m: 33.34 33.34 150m: 38.07 200m: 2:31.62		250m: 350m: 400m: 5:10.43		
17.	Robert Istrate	Zwemsport Parkstad	4:55.42 198002555	5:14.49	
	50m: 31.41 31.41 150m: 36.79 200m: 2:25.67		250m: 350m: 400m: 5:14.49		
18.	Romain Dubois	MZ&PC	5:35.72 197500215	5:35.31	
	50m: 33.06 33.06 150m: 38.40 200m: 2:35.90		250m: 350m: 400m: 5:35.31		
AFGEM	Hasan Eryilmaz	MZ&PC	5:04.87 200803673		
AFGEM	Saf Houben	MZ&PC	5:39.09 200803951		
AFGEM	Yasin Hjr	Zwemsport Parkstad	5:01.14 200701883		