Event 12 | Men, 400m Freestyle | Open
17.09.2026 - 16:20 | Results

Points: AQUA 2025

Rank		YB		Time	Pts
1.	VOROBEICIKS, Natans	03	Liepajas KSS	**4:32.68**	471
	50m: 29.76 29.76 150m: 1:38.93 35.12 250m: 2:49.83 35.51 350m: 4:01.07 35.56				
	100m: 1:03.81 34.05 200m: 2:14.32 35.39 300m: 3:25.51 35.68 400m: 4:32.68 31.61				
2.	INTENBERGS, Linards	09	Liepajas KSS	**4:44.91**	413
	50m: 31.05 31.05 150m: 1:41.90 35.91 250m: 2:56.82 37.18 350m: 4:10.19 36.41				
	100m: 1:05.99 34.94 200m: 2:19.64 37.74 300m: 3:33.78 36.96 400m: 4:44.91 34.72				
3.	GOLOSOVS, Vladislavs	10	Liepajas KSS	**5:10.03**	320
	50m: 32.62 32.62 150m: 1:51.84 39.72 250m: 3:13.23 40.22 350m: 4:34.88 40.18				
	100m: 1:12.12 39.50 200m: 2:33.01 41.17 300m: 3:54.70 41.47 400m: 5:10.03 35.15				
4.	PANKRATOVS, Kristaps	10	Liepajas KSS	**5:16.79**	300
	50m: 33.25 33.25 150m: 1:53.72 40.93 250m: 3:16.48 41.01 350m: 4:38.19 40.87				
	100m: 1:12.79 39.54 200m: 2:35.47 41.75 300m: 3:57.32 40.84 400m: 5:16.79 38.60				
5.	ANDERSONS, Nauris	10	Liepajas KSS	**5:16.83**	300
	50m: 33.60 33.60 150m: 1:55.11 41.43 250m: 3:18.22 42.08 350m: 4:39.90 39.71				
	100m: 1:13.68 40.08 200m: 2:36.14 41.03 300m: 4:00.19 41.97 400m: 5:16.83 36.93				
6.	GUSAKOVS, Georgijs	12	Liepajas KSS	**5:34.58**	255
	50m: 35.93 35.93 150m: 2:01.36 43.84 250m: 3:29.04 43.76 350m: 4:55.04 42.78				
	100m: 1:17.52 41.59 200m: 2:45.28 43.92 300m: 4:12.26 43.22 400m: 5:34.58 39.54				
7.	CAUNANS, Ernests	12	Liepajas KSS	**5:35.87**	252
	50m: 35.73 35.73 150m: 2:00.78 43.44 250m: 3:30.61 45.63 350m: 4:58.89 43.77				
	100m: 1:17.34 41.61 200m: 2:44.98 44.20 300m: 4:15.12 44.51 400m: 5:35.87 36.98				
8.	MOLCANOVS, Artjoms	13	Liepajas KSS	**5:40.65**	241
	50m: 37.37 37.37 150m: 2:03.58 44.30 250m: 3:35.44 46.40 350m: 5:04.52 44.19				
	100m: 1:19.28 41.91 200m: 2:49.04 45.46 300m: 4:20.33 44.89 400m: 5:40.65 36.13				