

Nationale competitie deel 1 eredivisie 2026-2027
Amersfoort, 3-10-2026

Programmanr. 13
3-10-2026 - 15:08

Dames, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Imani de Jong	PSV 1	4:03.04 200200464	4:06.35	
	50m: 27.67	27.67 150m:	250m:	350m:	
	100m: 58.58	30.91 200m: 2:01.00	300m:	400m: 4:06.35	
2.	Nynke Boerefijn	ZPC AMERSFOORT 1	4:11.47 200700114	4:19.18	
	50m: 28.97	28.97 150m:	250m:	350m:	
	100m: 1:00.94	31.97 200m: 2:07.32	300m:	400m: 4:19.18	
3.	Jinth Engelse	Blue Marlins 1	4:26.46 200800204	4:19.83	
	50m: 29.42	29.42 150m:	250m:	350m:	
	100m: 1:02.33	32.91 200m: 2:08.70	300m:	400m: 4:19.83	
4.	Femke Spiering	ZPC AMERSFOORT 1	4:20.22 200204514	4:20.26	
	50m: 29.11	29.11 150m:	250m:	350m:	
	100m: 1:01.45	32.34 200m: 2:07.99	300m:	400m: 4:20.26	
5.	Alinda Dingshoff	De Dolfijn	4:21.85 200000928	4:20.40	
	50m: 30.34	30.34 150m:	250m:	350m:	
	100m: 1:03.59	33.25 200m: 2:10.38	300m:	400m: 4:20.40	
6.	Silke Holkenborg	De Dolfijn	4:06.79 200100292	4:22.58	
	50m: 30.18	30.18 150m:	250m:	350m:	
	100m: 1:02.99	32.81 200m: 2:09.71	300m:	400m: 4:22.58	
7.	Maaïke Ooms	ZPC AMERSFOORT 1	4:27.33 200801580	4:23.29	
	50m: 29.13	29.13 150m:	250m:	350m:	
	100m: 1:01.19	32.06 200m: 2:08.51	300m:	400m: 4:23.29	
8.	Djanilla Brink	De Dolfijn	4:22.63 200600988	4:27.48	
	50m: 29.73	29.73 150m:	250m:	350m:	
	100m: 1:02.11	32.38 200m: 2:09.67	300m:	400m: 4:27.48	
9.	Angelina Rolman	PSV 1	4:16.20 200701972	4:28.56	
	50m: 30.10	30.10 150m:	250m:	350m:	
	100m: 1:03.10	33.00 200m: 2:09.87	300m:	400m: 4:28.56	
10.	Janne Slegers	PSV 1	4:46.09 200404090	4:32.10	
	50m: 30.84	30.84 150m:	250m:	350m:	
	100m: 1:04.83	33.99 200m: 2:14.47	300m:	400m: 4:32.10	
11.	Sterre Hendriks	De Dolfijn	4:40.29 200401288	4:32.31	
	50m: 29.94	29.94 150m:	250m:	350m:	
	100m: 1:03.76	33.82 200m: 2:13.44	300m:	400m: 4:32.31	
12.	Jill Meines	Blue Marlins 1	4:30.18 200704846	4:33.48	
	50m: 30.60	30.60 150m:	250m:	350m:	
	100m: 1:04.67	34.07 200m: 2:14.25	300m:	400m: 4:33.48	
13.	Lynn Blommers	Blue Marlins 1	4:30.27 200105062	4:49.07	
	50m: 31.39	31.39 150m:	250m:	350m:	
	100m: 1:07.03	35.64 200m: 2:21.63	300m:	400m: 4:49.07	