Event 39 | Women, 400m Freestyle | Open
25.10.2026 - 11:21 | Results Prelim

Meeting record	4:10.36	Opatril Lena	AUT	Győr (HUN)	03.11.2019
Rekord SR sen.	4:07.02	Moravcová Valko Martina	KUPI	St.Denis (FRA)	28.12.1995

Points: AQUA 2025

Rank				YB					Time	RT	Pts		
1.	Pospisilova Natalie			10	PK Slavia VS Plzen				**4:30.79**	+0,64	614	Q	
	25m:	14.52	14.52	125m:	1:22.12	17.22	225m:	2:31.67	17.42	325m:	3:41.02	17.13	
	50m:	30.77	16.25	150m:	1:39.52	17.40	250m:	2:49.25	17.58	350m:	3:58.17	17.15	
	75m:	47.69	16.92	175m:	1:56.88	17.36	275m:	3:06.64	17.39	375m:	4:15.03	16.86	
	100m:	1:04.90	17.21	200m:	2:14.25	17.37	300m:	3:23.89	17.25	400m:	4:30.79	15.76	
2.	Mikhalevich Anastasiia			09	Slavia Trencin				**4:30.82**	+0,68	614	Q	+ 0.03
	25m:	14.24	14.24	125m:	1:22.89	17.47	225m:	2:32.88	17.49	325m:	3:43.42	17.71	
	50m:	30.99	16.75	150m:	1:40.30	17.41	250m:	2:50.47	17.59	350m:	4:00.53	17.11	
	75m:	48.23	17.24	175m:	1:57.87	17.57	275m:	3:08.12	17.65	375m:	4:15.90	15.37	
	100m:	1:05.42	17.19	200m:	2:15.39	17.52	300m:	3:25.71	17.59	400m:	4:30.82	14.92	
3.	Martisovicova Nella			09	SPORT CLUB Senec				**4:31.21**	+0,63	611	Q	+ 0.42
	25m:	14.46	14.46	125m:	1:21.51	17.04	225m:	2:30.65	17.23	325m:	3:40.57	17.52	
	50m:	30.80	16.34	150m:	1:38.85	17.34	250m:	2:48.17	17.52	350m:	3:58.20	17.63	
	75m:	47.38	16.58	175m:	1:56.04	17.19	275m:	3:05.46	17.29	375m:	4:15.04	16.84	
	100m:	1:04.47	17.09	200m:	2:13.42	17.38	300m:	3:23.05	17.59	400m:	4:31.21	16.17	
4.	Orosz Sara			09	PK Azeta				**4:31.36**	+0,70	610	Q	+ 0.57
	25m:	14.57	14.57	125m:	1:21.78	16.97	225m:	2:30.98	17.32	325m:	3:40.86	17.46	
	50m:	31.10	16.53	150m:	1:39.22	17.44	250m:	2:48.40	17.42	350m:	3:58.20	17.34	
	75m:	47.71	16.61	175m:	1:56.24	17.02	275m:	3:05.75	17.35	375m:	4:15.13	16.93	
	100m:	1:04.81	17.10	200m:	2:13.66	17.42	300m:	3:23.40	17.65	400m:	4:31.36	16.23	
5.	Troegubova Polina			08	SKP Kosice				**4:35.79**	+0,51	581	Q	+ 5.00
	25m:	14.43	14.43	125m:	1:23.57	17.50	225m:	2:33.96	17.72	325m:	3:45.18	17.90	
	50m:	30.91	16.48	150m:	1:40.96	17.39	250m:	2:51.60	17.64	350m:	4:02.96	17.78	
	75m:	48.32	17.41	175m:	1:58.69	17.73	275m:	3:09.14	17.54	375m:	4:19.59	16.63	
	100m:	1:06.07	17.75	200m:	2:16.24	17.55	300m:	3:27.28	18.14	400m:	4:35.79	16.20	
6.	Jadudova Sophia			10	J&T Sportteam				**4:36.55**		577	Q	+ 5.76
	25m:	15.06	15.06	125m:	1:24.44	17.59	225m:	2:35.10	17.65	325m:	3:45.81	17.35	
	50m:	32.11	17.05	150m:	1:41.96	17.52	250m:	2:52.81	17.71	350m:	4:03.57	17.76	
	75m:	49.31	17.20	175m:	1:59.68	17.72	275m:	3:10.70	17.89	375m:	4:20.82	17.25	
	100m:	1:06.85	17.54	200m:	2:17.45	17.77	300m:	3:28.46	17.76	400m:	4:36.55	15.73	
7.	Klepacova Karolina			11	PK Slavia VS Plzen				**4:40.40**	+0,49	553	Q	+ 9.61
	25m:	14.58	14.58	125m:	1:24.40	17.89	225m:	2:37.12	18.07	325m:	3:48.66	17.65	
	50m:	31.56	16.98	150m:	1:42.55	18.15	250m:	2:55.15	18.03	350m:	4:06.35	17.69	
	75m:	48.93	17.37	175m:	2:00.81	18.26	275m:	3:13.12	17.97	375m:	4:23.83	17.48	
	100m:	1:06.51	17.58	200m:	2:19.05	18.24	300m:	3:31.01	17.89	400m:	4:40.40	16.57	
8.	Bonk Lara			13	SKP Kosice				**4:43.09**	+0,59	538	Q	+ 12.30
	25m:	15.34	15.34	125m:	1:25.30	17.80	225m:	2:37.63	18.16	325m:	3:50.48	18.18	
	50m:	32.06	16.72	150m:	1:43.36	18.06	250m:	2:55.72	18.09	350m:	4:08.53	18.05	
	75m:	49.40	17.34	175m:	2:01.49	18.13	275m:	3:13.93	18.21	375m:	4:26.54	18.01	
	100m:	1:07.50	18.10	200m:	2:19.47	17.98	300m:	3:32.30	18.37	400m:	4:43.09	16.55	
9.	Baslova Eliska			11	PK Slavia VS Plzen				**4:44.40**		530	R	+ 13.61
	25m:	14.80	14.80	125m:	1:25.13	18.17	225m:	2:38.34	18.20	325m:	3:52.17	18.40	
	50m:	31.37	16.57	150m:	1:43.71	18.58	250m:	2:56.72	18.38	350m:	4:10.15	17.98	
	75m:	49.01	17.64	175m:	2:02.00	18.29	275m:	3:15.05	18.33	375m:	4:27.58	17.43	
	100m:	1:06.96	17.95	200m:	2:20.14	18.14	300m:	3:33.77	18.72	400m:	4:44.40	16.82	
10.	Vaczyova Vilma			10	SKP Kosice				**4:46.19**		520	R	+ 15.40
	25m:	14.88	14.88	125m:	1:24.03	18.14	225m:	2:38.44	18.48	325m:	3:52.60	18.67	
	50m:	31.19	16.31	150m:	1:42.11	18.08	250m:	2:56.69	18.25	350m:	4:11.06	18.46	
	75m:	48.23	17.04	175m:	2:00.49	18.38	275m:	3:15.31	18.62	375m:	4:28.93	17.87	
	100m:	1:05.89	17.66	200m:	2:19.96	19.47	300m:	3:33.93	18.62	400m:	4:46.19	17.26	
11.	Kuralova Monika			09	SC PA Pardubuce				**4:46.66**	+0,70	518	R	+ 15.87
	25m:	15.27	15.27	125m:	1:24.97	17.92	225m:	2:37.55	18.33	325m:	3:51.24	18.54	
	50m:	31.97	16.70	150m:	1:42.92	17.95	250m:	2:55.99	18.44	350m:	4:09.84	18.60	
	75m:	49.30	17.33	175m:	2:00.99	18.07	275m:	3:14.34	18.35	375m:	4:28.66	18.82	
	100m:	1:07.05	17.75	200m:	2:19.22	18.23	300m:	3:32.70	18.36	400m:	4:46.66	18.00	

Event 39, Women, 400m Freestyle, Prelim, Open

Rank			YB			Time	RT	Pts		
12.	Dubovska Nikola		13	MPK Dolny Kubin		**4:52.10**	+0,74	489	R	+ 21.31
	25m: 15.73	15.73	125m: 1:29.63	18.97	225m: 2:44.54	18.79	325m: 3:58.83		18.25	
	50m: 33.74	18.01	150m: 1:48.13	18.50	250m: 3:03.17	18.63	350m: 4:17.24		18.41	
	75m: 52.22	18.48	175m: 2:07.10	18.97	275m: 3:21.85	18.68	375m: 4:34.93		17.69	
	100m: 1:10.66	18.44	200m: 2:25.75	18.65	300m: 3:40.58	18.73	400m: 4:52.10		17.17	
13.	Lydikova Kiara		12	Delfin Nitra		**4:52.15**		489		+ 21.36
	25m: 15.01	15.01	125m: 1:27.68	18.69	225m: 2:42.19	18.49	325m: 3:57.66		18.98	
	50m: 32.70	17.69	150m: 1:46.38	18.70	250m: 3:01.08	18.89	350m: 4:16.21		18.55	
	75m: 50.76	18.06	175m: 2:04.95	18.57	275m: 3:19.89	18.81	375m: 4:34.96		18.75	
	100m: 1:08.99	18.23	200m: 2:23.70	18.75	300m: 3:38.68	18.79	400m: 4:52.15		17.19	
14.	Benkova Sara		11	KPS Nereus Zilina		**4:53.14**		484		+ 22.35
	25m: 15.48	15.48	125m: 1:27.12	18.42	225m: 2:42.29	19.22	325m: 3:58.14		19.18	
	50m: 32.76	17.28	150m: 1:45.91	18.79	250m: 3:01.16	18.87	350m: 4:17.14		19.00	
	75m: 50.85	18.09	175m: 2:04.31	18.40	275m: 3:20.00	18.84	375m: 4:35.55		18.41	
	100m: 1:08.70	17.85	200m: 2:23.07	18.76	300m: 3:38.96	18.96	400m: 4:53.14		17.59	
15.	Takacs Emma Boroka		13	Budaorsi SC		**4:55.89**		471		+ 25.10
	25m: 15.26	15.26	125m: 1:27.08	18.38	225m: 2:42.57	18.86	325m: 3:59.73		19.18	
	50m: 32.53	17.27	150m: 1:45.74	18.66	250m: 3:01.80	19.23	350m: 4:18.99		19.26	
	75m: 50.46	17.93	175m: 2:04.55	18.81	275m: 3:21.24	19.44	375m: 4:37.83		18.84	
	100m: 1:08.70	18.24	200m: 2:23.71	19.16	300m: 3:40.55	19.31	400m: 4:55.89		18.06	
16.	Balisova Sabina		10	STU Trnava		**4:56.35**		469		+ 25.56
	25m: 15.56	15.56	125m: 1:27.53	18.90	225m: 2:43.95	19.20	325m: 4:00.55		19.14	
	50m: 32.60	17.04	150m: 1:46.49	18.96	250m: 3:02.99	19.04	350m: 4:19.62		19.07	
	75m: 50.28	17.68	175m: 2:05.60	19.11	275m: 3:22.13	19.14	375m: 4:38.30		18.68	
	100m: 1:08.63	18.35	200m: 2:24.75	19.15	300m: 3:41.41	19.28	400m: 4:56.35		18.05	
17.	Siskova Eliska		14	MPK Dolny Kubin		**4:56.71**		467		+ 25.92
	25m: 15.73	15.73	125m: 1:28.75	18.58	225m: 2:44.50	18.90	325m: 4:00.65		19.18	
	50m: 33.29	17.56	150m: 1:47.58	18.83	250m: 3:03.51	19.01	350m: 4:19.76		19.11	
	75m: 51.57	18.28	175m: 2:06.47	18.89	275m: 3:22.44	18.93	375m: 4:38.60		18.84	
	100m: 1:10.17	18.60	200m: 2:25.60	19.13	300m: 3:41.47	19.03	400m: 4:56.71		18.11	
18.	Lesnovska Miriama		13	MPK Dolny Kubin		**4:59.01**		456		+ 28.22
	25m: 15.44	15.44	125m: 1:28.25	18.59	225m: 2:45.07	19.52	325m: 4:03.05		19.12	
	50m: 32.90	17.46	150m: 1:47.64	19.39	250m: 3:04.69	19.62	350m: 4:22.62		19.57	
	75m: 51.09	18.19	175m: 2:06.70	19.06	275m: 3:24.15	19.46	375m: 4:41.64		19.02	
	100m: 1:09.66	18.57	200m: 2:25.55	18.85	300m: 3:43.93	19.78	400m: 4:59.01		17.37	
19.	Toth Linda		13	Budaorsi SC		**4:59.22**		455		+ 28.43
	25m: 16.03	16.03	125m: 1:29.76	18.96	225m: 2:45.69	19.06	325m: 4:02.40		19.23	
	50m: 33.87	17.84	150m: 1:48.57	18.81	250m: 3:04.66	18.97	350m: 4:21.74		19.34	
	75m: 52.23	18.36	175m: 2:07.71	19.14	275m: 3:23.80	19.14	375m: 4:40.97		19.23	
	100m: 1:10.80	18.57	200m: 2:26.63	18.92	300m: 3:43.17	19.37	400m: 4:59.22		18.25	
20.	Greslova Elen		11	SHARKS Zlin		**5:01.74**		444		+ 30.95
	25m: 15.74	15.74	125m: 1:30.92	19.55	225m: 2:49.03	19.19	325m: 4:06.60		19.29	
	50m: 33.38	17.64	150m: 1:50.23	19.31	250m: 3:08.32	19.29	350m: 4:25.66		19.06	
	75m: 52.02	18.64	175m: 2:10.32	20.09	275m: 3:27.93	19.61	375m: 4:44.19		18.53	
	100m: 1:11.37	19.35	200m: 2:29.84	19.52	300m: 3:47.31	19.38	400m: 5:01.74		17.55	
21.	Gensiniakova Dorota		11	Slavia Trencin		**5:02.55**		440		+ 31.76
	25m: 16.11	16.11	125m: 1:32.85	19.61	225m: 2:49.73	19.32	325m: 4:06.72		18.98	
	50m: 34.56	18.45	150m: 1:52.04	19.19	250m: 3:08.95	19.22	350m: 4:25.69		18.97	
	75m: 53.63	19.07	175m: 2:11.27	19.23	275m: 3:28.22	19.27	375m: 4:44.51		18.82	
	100m: 1:13.24	19.61	200m: 2:30.41	19.14	300m: 3:47.74	19.52	400m: 5:02.55		18.04	
22.	Pircova Nina		08	PK Orca Michalovce		**5:05.66**	+0,70	427		+ 34.87
	25m: 14.92	14.92	125m: 1:27.29	18.88	225m: 2:44.85	19.64	325m: 4:05.08		20.35	
	50m: 32.14	17.22	150m: 1:46.37	19.08	250m: 3:04.61	19.76	350m: 4:25.50		20.42	
	75m: 50.00	17.86	175m: 2:05.70	19.33	275m: 3:24.81	20.20	375m: 4:46.14		20.64	
	100m: 1:08.41	18.41	200m: 2:25.21	19.51	300m: 3:44.73	19.92	400m: 5:05.66		19.52	