disciplína 10 — ženy, 400m polohové preteky — Open
23.10.2026 - 18:05 — Výsledky finále

Meeting record	4:39.22	Trníková Nikoleta	SVK	Šamorín	21.10.2022
Rekord SR sen.	4:37.69	Trníková Nikoleta	PBPO	Kazan (RUS)	02.11.2021

bodovanie: AQUA 2025

por.					Roč.						čas	RT	body	
1.	Mikhalevich Anastasiia				09	Slávia Trenčín					**4:42.06**	+0,70	743	
	25m:	13.54	13.54	125m:	1:22.15	18.46	225m:	2:33.95	19.75	325m:	3:52.66		17.47	
	50m:	29.64	16.10	150m:	1:39.19	17.04	250m:	2:54.23	20.28	350m:	4:09.44		16.78	
	75m:	46.50	16.86	175m:	1:56.68	17.49	275m:	3:14.45	20.22	375m:	4:26.32		16.88	
	100m:	1:03.69	17.19	200m:	2:14.20	17.52	300m:	3:35.19	20.74	400m:	4:42.06		15.74	
2.	Moldován Mia Mónika				10	Békafütty-Egri Úszó Klub					**4:49.96**	+0,49	684	+ 7.90
	25m:	14.07	14.07	125m:	1:24.41	19.43	225m:	2:40.86	20.46	325m:	4:01.31		17.39	
	50m:	30.37	16.30	150m:	1:42.93	18.52	250m:	3:01.74	20.88	350m:	4:18.18		16.87	
	75m:	47.55	17.18	175m:	2:01.69	18.76	275m:	3:22.75	21.01	375m:	4:34.89		16.71	
	100m:	1:04.98	17.43	200m:	2:20.40	18.71	300m:	3:43.92	21.17	400m:	4:49.96		15.07	
3.	Martišovičová Nella				09	SPORT CLUB Senec					**4:50.57**	+0,62	679	+ 8.51
	25m:	13.75	13.75	125m:	1:24.01	19.03	225m:	2:40.36	21.66	325m:	4:01.59		17.21	
	50m:	30.32	16.57	150m:	1:42.24	18.23	250m:	3:01.57	21.21	350m:	4:18.28		16.69	
	75m:	47.39	17.07	175m:	2:00.63	18.39	275m:	3:23.05	21.48	375m:	4:35.12		16.84	
	100m:	1:04.98	17.59	200m:	2:18.70	18.07	300m:	3:44.38	21.33	400m:	4:50.57		15.45	
4.	Fábián Zsófia				11	Békafütty-Egri Úszó Klub					**4:57.28**		634	+ 15.22
	25m:	14.25	14.25	125m:	1:27.15	20.10	225m:	2:46.78	20.42	325m:	4:08.20		17.23	
	50m:	31.08	16.83	150m:	1:46.91	19.76	250m:	3:08.22	21.44	350m:	4:25.00		16.80	
	75m:	48.92	17.84	175m:	2:06.19	19.28	275m:	3:29.47	21.25	375m:	4:41.56		16.56	
	100m:	1:07.05	18.13	200m:	2:26.36	20.17	300m:	3:50.97	21.50	400m:	4:57.28		15.72	
5.	Fábián Laura				12	Békafütty-Egri Úszó Klub					**5:06.31**		580	+ 24.25
	25m:	15.26	15.26	125m:	1:32.52	20.33	225m:	2:52.45	22.34	325m:	4:15.25		17.86	
	50m:	33.21	17.95	150m:	1:51.89	19.37	250m:	3:14.04	21.59	350m:	4:32.44		17.19	
	75m:	52.60	19.39	175m:	2:11.03	19.14	275m:	3:35.79	21.75	375m:	4:49.84		17.40	
	100m:	1:12.19	19.59	200m:	2:30.11	19.08	300m:	3:57.39	21.60	400m:	5:06.31		16.47	
6.	Roubíčková Ema				10	PK Slávia VŠ Plzeň					**5:06.96**	+0,64	576	+ 24.90
	25m:	13.93	13.93	125m:	1:27.58	19.53	225m:	2:48.36	22.33	325m:	4:15.01		18.63	
	50m:	30.79	16.86	150m:	1:46.90	19.32	250m:	3:10.71	22.35	350m:	4:32.55		17.54	
	75m:	48.87	18.08	175m:	2:06.54	19.64	275m:	3:33.49	22.78	375m:	4:50.26		17.71	
	100m:	1:08.05	19.18	200m:	2:26.03	19.49	300m:	3:56.38	22.89	400m:	5:06.96		16.70	
7.	Ottová Sára				08	PK Slávia VŠ Plzeň					**5:12.94**	+0,58	544	+ 30.88
	25m:	14.86	14.86	125m:	1:29.42	20.92	225m:	2:52.62	22.30	325m:	4:21.06		18.02	
	50m:	32.02	17.16	150m:	1:49.63	20.21	250m:	3:15.98	23.36	350m:	4:38.19		17.13	
	75m:	50.03	18.01	175m:	2:10.03	20.40	275m:	3:39.35	23.37	375m:	4:55.67		17.48	
	100m:	1:08.50	18.47	200m:	2:30.32	20.29	300m:	4:03.04	23.69	400m:	5:12.94		17.27	
8.	Grygarová Pavlína				10	SHARKS Zlín					**5:14.65**		535	+ 32.59
	25m:	14.54	14.54	125m:	1:30.23	20.76	225m:	2:53.36	22.85	325m:	4:21.81		18.74	
	50m:	31.90	17.36	150m:	1:49.96	19.73	250m:	3:16.32	22.96	350m:	4:39.55		17.74	
	75m:	50.23	18.33	175m:	2:10.29	20.33	275m:	3:39.48	23.16	375m:	4:57.57		18.02	
	100m:	1:09.47	19.24	200m:	2:30.51	20.22	300m:	4:03.07	23.59	400m:	5:14.65		17.08	