Wettkampf 4 — Damen, 400m Freistil — allg. Kategorie
07.11.2026 - 9:19 — Rangliste

Punkte: AQUA 2026 — provisorische Rangliste

Rang		Jg.		Zeit	Pkt.
1.	HIRSCH, Frida	11	Schwimmclub Kreuzlingen	**4:33.37**	597
	50m: 31.11 31.11 150m: 1:39.84 34.78 250m: 2:49.36 34.91 350m: 3:59.51 35.18				
	100m: 1:05.06 33.95 200m: 2:14.45 34.61 300m: 3:24.33 34.97 400m: 4:33.37 33.86				
2.	LUKAC, Emily	12	Schwimmclub Uster 1	**4:37.45**	571
	50m: 31.86 31.86 150m: 1:41.53 35.03 250m: 2:52.16 35.36 350m: 4:03.22 35.51				
	100m: 1:06.50 34.64 200m: 2:16.80 35.27 300m: 3:27.71 35.55 400m: 4:37.45 34.23				
3.	VERTUDES, Elin	13	Limmat Sharks Zürich 2	**4:45.15**	526
	50m: 32.49 32.49 150m: 1:44.20 36.02 250m: 2:57.65 36.94 350m: 4:10.34 35.89				
	100m: 1:08.18 35.69 200m: 2:20.71 36.51 300m: 3:34.45 36.80 400m: 4:45.15 34.81				
4.	NOTHELFER, Jule	13	Limmat Sharks Zürich 3	**4:45.38**	525
	50m: 32.46 32.46 150m: 1:45.83 37.02 250m: 2:59.24 36.31 350m: 4:11.14 35.74				
	100m: 1:08.81 36.35 200m: 2:22.93 37.10 300m: 3:35.40 36.16 400m: 4:45.38 34.24				
5.	MILJANOVIC, Josephina	13	SV St.Gallen-Wittenbach 2	**4:46.93**	516
	50m: 31.57 31.57 150m: 1:42.93 36.29 250m: 2:57.39 37.38 350m: 4:11.09 36.62				
	100m: 1:06.64 35.07 200m: 2:20.01 37.08 300m: 3:34.47 37.08 400m: 4:46.93 35.84				
6.	WALKER, Sophia	14	Limmat Sharks Zürich 1	**4:49.65**	502
	50m: 33.26 33.26 150m: 1:44.27 36.06 250m: 2:58.57 37.19 350m: 4:13.61 37.43				
	100m: 1:08.21 34.95 200m: 2:21.38 37.11 300m: 3:36.18 37.61 400m: 4:49.65 36.04				
7.	MÜLLER, Mia	12	SV St.Gallen-Wittenbach 1	**4:51.16**	494
	50m: 32.08 32.08 150m: 1:44.80 36.78 250m: 2:59.54 37.09 350m: 4:14.85 37.72				
	100m: 1:08.02 35.94 200m: 2:22.45 37.65 300m: 3:37.13 37.59 400m: 4:51.16 36.31				
8.	ZINI, Nora	12	Schwimmclub Meilen 1	**4:57.23**	464
	50m: 32.67 32.67 150m: 1:46.75 37.55 250m: 3:02.62 38.27 350m: 4:19.49 38.78				
	100m: 1:09.20 36.53 200m: 2:24.35 37.60 300m: 3:40.71 38.09 400m: 4:57.23 37.74				
9.	NÄF-DA CUNHA, Leah	12	SC Bülach	**4:57.51**	463
	50m: 32.83 32.83 150m: 1:46.69 37.39 250m: 3:03.16 38.63 350m: 4:20.05 38.96				
	100m: 1:09.30 36.47 200m: 2:24.53 37.84 300m: 3:41.09 37.93 400m: 4:57.51 37.46				
10.	PORTULEZ, Beatriz Oliveira	11	SC Chur	**4:57.61**	463
	50m: 32.79 32.79 150m: 1:46.83 37.40 250m: 3:02.39 37.69 350m: 4:19.67 38.48				
	100m: 1:09.43 36.64 200m: 2:24.70 37.87 300m: 3:41.19 38.80 400m: 4:57.61 37.94				
11.	HUTTER, Julienne	13	Schwimmverein Wädenswil 1	**4:59.28**	455
	50m: 32.92 32.92 150m: 1:49.79 38.99 250m: 3:07.14 38.14 350m: 4:24.01 38.78				
	100m: 1:10.80 37.88 200m: 2:29.00 39.21 300m: 3:45.23 38.09 400m: 4:59.28 35.27				
12.	LANG, Johanna	11	Schwimmclub Winterthur 1	**5:05.61**	427
	50m: 34.45 34.45 150m: 1:51.40 38.85 250m: 3:10.08 39.42 350m: 4:28.07 38.80				
	100m: 1:12.55 38.10 200m: 2:30.66 39.26 300m: 3:49.27 39.19 400m: 5:05.61 37.54				
13.	TRACHSEL, Liz	13	Schwimmclub Schaffhausen 1	**5:06.71**	423
	50m: 34.44 34.44 150m: 1:52.22 39.00 250m: 3:11.50 39.48 350m: 4:30.89 39.56				
	100m: 1:13.22 38.78 200m: 2:32.02 39.80 300m: 3:51.33 39.83 400m: 5:06.71 35.82				
14.	SCHULER, Sveja Maria	12	Flos	**5:07.72**	418
	50m: 34.09 34.09 150m: 1:52.50 39.68 250m: 3:10.80 39.09 350m: 4:29.49 39.11				
	100m: 1:12.82 38.73 200m: 2:31.71 39.21 300m: 3:50.38 39.58 400m: 5:07.72 38.23				
15.	SPÖRRI, Zoe	11	Schwimmclub Uster 2	**5:08.07**	417
	50m: 34.59 34.59 150m: 1:51.72 39.12 250m: 3:10.73 39.57 350m: 4:29.44 39.26				
	100m: 1:12.60 38.01 200m: 2:31.16 39.44 300m: 3:50.18 39.45 400m: 5:08.07 38.63				
16.	LJUBIJANKIC, Adna	12	Schwimmclub Winterthur 2	**5:22.69**	363
	50m: 35.23 35.23 150m: 1:52.93 39.52 250m: 3:16.91 42.91 350m: 4:41.82 42.11				
	100m: 1:13.41 38.18 200m: 2:34.00 41.07 300m: 3:59.71 42.80 400m: 5:22.69 40.87				
17.	MERENYI, Szonja	11	SC Region Bremgarten	**5:23.93**	359
	50m: 33.84 33.84 150m: 1:54.99 41.59 250m: 3:19.86 42.56 350m: 4:44.68 42.83				
	100m: 1:13.40 39.56 200m: 2:37.30 42.31 300m: 4:01.85 41.99 400m: 5:23.93 39.25				

Wettkampf 4, Damen, 400m Freistil, allg. Kategorie

Rang		Jg.			Zeit	Pkt.
18.	DEMSITZ, Elena	13	Schwimmclub Thalwil		**5:32.94**	330
	50m: 35.01 35.01	150m: 1:58.36 42.25	250m: 3:24.75 42.90	350m:	4:51.70	43.29
	100m: 1:16.11 41.10	200m: 2:41.85 43.49	300m: 4:08.41 43.66	400m:	5:32.94	41.24
19.	O'BRIEN, Lina	14	Schwimmclub Uster 3		**5:39.62**	311
	50m: 37.57 37.57	150m: 2:03.51 43.78	250m: 3:32.04 44.49	350m:	4:59.43	43.78
	100m: 1:19.73 42.16	200m: 2:47.55 44.04	300m: 4:15.65 43.61	400m:	5:39.62	40.19
20.	BISCHOF, Svea	13	Schwimmclub Meilen 2		**5:55.35**	272
	50m: 36.45 36.45	150m: 2:04.91 45.62	250m: 3:36.47 45.64	350m:	5:12.07	47.78
	100m: 1:19.29 42.84	200m: 2:50.83 45.92	300m: 4:24.29 47.82	400m:	5:55.35	43.28