Wettkampf 3 — Herren, 400m Freistil — allg. Kategorie
07.11.2026 - 8:56 — Rangliste

Punkte: AQUA 2026 — provisorische Rangliste

Rang		Jg.		Zeit	Pkt.
1.	WEIGELE, Jaro	11	Schwimmclub Kreuzlingen	**4:12.31**	595
	50m: 28.79 28.79 150m: 1:32.55 32.20 250m: 2:37.34 32.34 350m: 3:42.01 32.08				
	100m: 1:00.35 31.56 200m: 2:05.00 32.45 300m: 3:09.93 32.59 400m: 4:12.31 30.30				
2.	LI, Christian	11	Limmat Sharks Zürich 2	**4:14.97**	576
	50m: 29.16 29.16 150m: 1:33.48 32.49 250m: 2:39.06 32.52 350m: 3:43.68 32.04				
	100m: 1:00.99 31.83 200m: 2:06.54 33.06 300m: 3:11.64 32.58 400m: 4:14.97 31.29				
3.	MIDDELMANN, Julian	11	Schwimmclub Uster 1	**4:19.31**	548
	50m: 29.35 29.35 150m: 1:34.32 32.79 250m: 2:40.30 32.91 350m: 3:47.05 33.55				
	100m: 1:01.53 32.18 200m: 2:07.39 33.07 300m: 3:13.50 33.20 400m: 4:19.31 32.26				
4.	HENSEL, Lasse	11	SV St.Gallen-Wittenbach 1	**4:21.10**	537
	50m: 29.39 29.39 150m: 1:34.91 33.08 250m: 2:41.49 33.24 350m: 3:48.79 33.58				
	100m: 1:01.83 32.44 200m: 2:08.25 33.34 300m: 3:15.21 33.72 400m: 4:21.10 32.31				
5.	BODMER, Nicolas	11	Schwimmclub Thalwil	**4:24.64**	515
	50m: 29.31 29.31 150m: 1:37.78 35.10 250m: 2:46.98 33.98 350m: 3:54.16 33.14				
	100m: 1:02.68 33.37 200m: 2:13.00 35.22 300m: 3:21.02 34.04 400m: 4:24.64 30.48				
6.	OFUTIN, Fedor	11	Schwimmclub Meilen 1	**4:29.19**	490
	50m: 30.59 30.59 150m: 1:37.05 33.77 250m: 2:46.41 35.06 350m: 3:55.89 34.54				
	100m: 1:03.28 32.69 200m: 2:11.35 34.30 300m: 3:21.35 34.94 400m: 4:29.19 33.30				
7.	D'HONDT, Joris	11	SV St.Gallen-Wittenbach 2	**4:36.03**	454
	50m: 30.65 30.65 150m: 1:41.01 35.80 250m: 2:52.13 35.34 350m: 4:02.17 34.79				
	100m: 1:05.21 34.56 200m: 2:16.79 35.78 300m: 3:27.38 35.25 400m: 4:36.03 33.86				
8.	IMSCHWEILER, Henryk	12	Schwimmclub Schaffhausen 1	**4:43.85**	418
	50m: 30.76 30.76 150m: 1:41.55 35.91 250m: 2:54.49 36.58 350m: 4:08.03 36.71				
	100m: 1:05.64 34.88 200m: 2:17.91 36.36 300m: 3:31.32 36.83 400m: 4:43.85 35.82				
9.	SCHWARZER, Lionel	11	Schwimmclub Winterthur 1	**4:51.04**	387
	50m: 31.53 31.53 150m: 1:43.25 36.34 250m: 2:59.44 38.36 350m: 4:15.70 37.78				
	100m: 1:06.91 35.38 200m: 2:21.08 37.83 300m: 3:37.92 38.48 400m: 4:51.04 35.34				
10.	HOFSTÄTTER, Timo	14	Limmat Sharks Zürich 1	**4:54.00**	376
	50m: 33.73 33.73 150m: 1:48.02 37.25 250m: 3:03.15 37.54 350m: 4:18.12 37.35				
	100m: 1:10.77 37.04 200m: 2:25.61 37.59 300m: 3:40.77 37.62 400m: 4:54.00 35.88				
11.	DEMONT, Noah	13	SC Chur	**4:56.02**	368
	50m: 33.47 33.47 150m: 1:48.89 37.75 250m: 3:05.68 38.35 350m: 4:21.27 37.96				
	100m: 1:11.14 37.67 200m: 2:27.33 38.44 300m: 3:43.31 37.63 400m: 4:56.02 34.75				
12.	FLECK, Lenn	14	Schwimmclub Schaffhausen 2	**4:58.12**	360
	50m: 34.47 34.47 150m: 1:51.01 38.23 250m: 3:07.25 38.16 350m: 4:22.78 37.26				
	100m: 1:12.78 38.31 200m: 2:29.09 38.08 300m: 3:45.52 38.27 400m: 4:58.12 35.34				
13.	ERB, Carl	14	Schwimmclub Uster 2	**5:05.59**	335
	50m: 31.07 31.07 150m: 1:45.49 38.17 250m: 3:06.82 40.89 350m: 4:28.23 40.69				
	100m: 1:07.32 36.25 200m: 2:25.93 40.44 300m: 3:47.54 40.72 400m: 5:05.59 37.36				
14.	KASPAR, Emil	13	Schwimmverein Wädenswil 1	**5:06.84**	330
	50m: 36.14 36.14 150m: 1:54.20 39.00 250m: 3:12.04 38.97 350m: 4:29.60 39.06				
	100m: 1:15.20 39.06 200m: 2:33.07 38.87 300m: 3:50.54 38.50 400m: 5:06.84 37.24				
15.	MENEGHISSE SOUZA, Alexander	12	Schwimmclub Meilen 2	**5:19.06**	294
	50m: 34.83 34.83 150m: 1:54.57 40.86 250m: 3:17.20 41.49 350m: 4:40.41 41.69				
	100m: 1:13.71 38.88 200m: 2:35.71 41.14 300m: 3:58.72 41.52 400m: 5:19.06 38.65				
16.	DIMITRIOU, Antonios	13	Schwimmverein Wädenswil 2	**5:21.54**	287
	50m: 36.11 36.11 150m: 1:57.17 41.08 250m: 3:20.05 41.43 350m: 4:41.29 40.84				
	100m: 1:16.09 39.98 200m: 2:38.62 41.45 300m: 4:00.45 40.40 400m: 5:21.54 40.25				
17.	ALTUN, Can Elias	14	SC Bülach	**5:24.74**	279
	50m: 35.38 35.38 150m: 1:55.90 40.89 250m: 3:19.93 42.30 350m: 4:43.86 41.94				
	100m: 1:15.01 39.63 200m: 2:37.63 41.73 300m: 4:01.92 41.99 400m: 5:24.74 40.88				

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Rang		Jg.			Zeit	Pkt.
18.	SISKO, Mateo	15	Schwimmclub Uster 3		**5:28.03**	270

50m:	36.79	36.79	150m:	2:00.02	42.64	250m:	3:24.10	42.19	350m:	4:48.34	41.28
100m:	1:17.38	40.59	200m:	2:41.91	41.89	300m:	4:07.06	42.96	400m:	5:28.03	39.69