Event 23 — Women, 4 x 100m Freestyle — 6 years and older
11/15/2026 - 11:24 — Results

Nacional 25m Open	4:16.11	Clube Náutico da Ilha de Luanda	CNIL	Luanda	12/21/2025
Nacional 25m 18 +	4:16.61	Clube Desportivo 1º de Agosto	CD1A	Luanda	12/20/2018
Nacional 25m Jun	4:16.11	Clube Náutico da Ilha de Luanda	CNIL	Luanda	12/21/2025
Nacional 25m Juv	4:30.87	Clube Náutico da Ilha de Luanda	CNIL	Luanda	11/20/2022
Nacional 25m Inf	4:58.55	Clube Náutico da Ilha de Luanda	CNIL	Luanda	12/12/2019
Nacional 25m Cad	6:01.35	Clube Náutico da Ilha de Luanda	CNIL	Luanda	11/13/2022
APNL-25m Inf	5:26.97	Club Nautico da Ilha de Luanda	CNIL	Luanda	10/23/2022
APNL-25m Cad	6:53.19	Club Nautico da Ilha de Luanda	CNIL	Luanda	10/23/2022

Points: AQUA 2026

Posição		Idade	Clube	Tempo de inscrição	Tempo Final	Pts AQUA

Cadetes

provisional results

1. CNIL 2 — CNIL — 6:15.87 — **6:08.13** — 172

Recorde Provincial - Luanda

Rita Rocha Guimaraes		42.93	1:31.06	Mariana Batista Ramos	+0.46	44.31	2:16.23	
Celina Wavomba Monteiro	+0.43	46.61	1:37.21	Vitoria Goncalves Oliveira	+0.24		43.63	

2. LIS 2 — LIS — NT — **6:35.22** — 139

Islay Rose Biedermann		45.78		Florence Emma Edwards	+0.52	51.27		
Ingrid Roberts				Rosie Joyce Douglas				

3. ADEOA 2 — ADEOA — NT — **7:18.09** — 102

Jael Florentina Rolly	9			Silena Garcia Silva	9			
Shayenne Nkenge Santos	10			Yohanna Clarice Pereira	9			

Infantis

provisional results

1. LIS 3 — LIS — NT — **5:00.75** — 316

Recorde Provincial - Luanda

Amelie Cecile Edwards		36.39	1:17.86	Maggie Charlotte Douglas	+0.41	35.14	1:15.60	
Charlotte Gray Knight	+0.43	37.00	1:17.13	Avery Grace Biedermann	+0.36	33.08	1:10.16	

2. CNIL 3 — CNIL — 5:56.58 — **5:35.82** — 227

Kayla Nataniela N'Teka		35.43	1:15.62	Kiesse Andrade Antonio	+0.36	38.94	1:24.71	
Otiana Margarida Couto	+0.36	44.81	1:32.59	Arjane Natchala Araujo	+0.58	38.44	1:22.90	

Juvenis

provisional results

1. CNIL 4 — CNIL — 4:48.19 — **4:40.18** — 391

Iohanna Costa Antonio		34.49	1:12.37	Carolina Rocha Guimaraes	+0.48	33.13	1:10.41	
Bruna Pinto Pereira	+0.55	33.42	1:11.35	Savannah Kempson	+0.51	31.91	1:06.05	

2. LIS 4 — LIS — NT — **4:55.48** — 333

Avery Cecile Achord		35.59	1:16.27	Riley Bryn Biedermann	+0.73	32.49	1:10.67	
Effie Grace Sullivan	+0.74	36.72	1:18.40	Sarafina Shebani	+0.82	33.20	1:10.14	

3. GOLFINHO 4 — GOLFINHO — NT — **5:16.54** — 271

Ayame Lueje Ferro		40.21	1:26.59	Wendy Larissa Paulo	+0.27	46.56		
Deusa Maria Neto	+0.40	42.66	1:33.25	Zilene Patricia Ferro				

Juniores

provisional results

1. CNIL 5 — CNIL — 4:30.93 — **4:24.35** — 466

Jade Freitas Bredel		31.83	1:05.14	Naya Margarida Goncalves	+0.80	29.67	1:03.17	
Maria Teresa Parimbelli	+0.46	33.09	1:11.03	Rhanya Espirito Santo	+0.80	30.86	1:05.01	

2. CD1A 5 — CD1A — NT — **4:34.29** — 417

Kaila Nahary Santos		31.45	1:06.86	Beatriz Silva Pedro	+0.53	31.93	1:08.97	
Mariana Martins Lima	+0.45	32.20	1:07.31	Nelma Tchiveli Janota	+0.34	33.18	1:11.15	

3. AMD 5 — AMD — NT — **5:34.76** — 229

Diana Amaro Ramos		41.59	1:30.21	Akira Kamosso Garcia	+0.21	46.75	2:11.41	
Siena Patricia Marques	+0.29	33.57	1:10.47		+0.17		42.67	

Event 23, Girls, 4 x 100m Freestyle, Juniores

Posição		Idade	Clube	Tempo de inscrição	Tempo Final	Pts AQUA
4.	GOLFINHO 5		GOLFINHO	NT	**5:44.49**	210
	Alpha Leocadia Alberto	36.02		1:15.16		
	Abelania Miguel Silva	+0.47	39.94	1:30.69		
	Mecia Fabiana Gaspar	+0.48	39.87	1:26.80		
	Andreia Katila Antonio	+0.42	43.69	1:31.84		
5.	LIS 5		LIS	NT	**7:18.08**	102
	Livia Mazzoni	11	41.56	1:33.83		
	Kaylane Pedro	10	51.63			
	Juliana Fae Knight	8				
	Mia Debril Polousova	12	36.21	1:22.04		