Event 16 — Women, 4 x 100m Medley — 6 years and older
11/14/2026 - 18:51 — Results

Nacional 25m Open	4:51.38	Clube Náutico da Ilha de Luanda	CNIL	Luanda	12/20/2025
Nacional 25m 18 +	4:50.81	Selecção Nacional	ANG	Swakopmond (NAM)	7/8/2025
Nacional 25m Jun	4:52.32	Clube Desportivo 1º de Agosto	CD1A	Luanda	12/20/2025
Nacional 25m Juv	5:16.68	Clube Náutico da Ilha de Luanda	CNIL	Luanda	11/19/2022
Nacional 25m Inf	5:47.01	Clube Náutico da Ilha de Luanda	CNIL	Luanda	12/14/2019
Nacional 25m Cad	7:00.22	Clube Náutico da Ilha de Luanda	CNIL	Luanda	11/12/2022
APNL-25m Inf	6:11.01	Clube Desportivo 1º de Agosto	CD1A	Luanda	10/22/2022
APNL-25m Cad	7:18.54	Club Nautico da Ilha de Luanda	CNIL	Luanda	10/22/2022

Points: AQUA 2026

Posição		Idade	Clube	Tempo de inscrição	Tempo Final	Pts AQUA

Cadetes

provisional results

1.	CNIL 2		CNIL	NT	**6:46.69**	159
	Recorde Nacional					
	Celina Wavomba Monteiro	10		Rita Rocha Guimaraes	9	
	Vitoria Goncalves Oliveira	10		Mariana Batista Ramos	10	
2.	LIS 2		LIS	NT	**7:40.97**	109
	Florence Emma Edwards	9		Islay Rose Biedermann	9	
	Rosie Joyce Douglas	10		Ingrid Roberts	9	
3.	ADEOA 2		ADEOA	NT	**9:35.75**	56
	Yohanna Clarice Pereira	9		Silena Garcia Silva	9	
	Jael Florentina Rolly	9		Shayenne Nkenge Santos	10	

Infantis

provisional results

1.	LIS 3				LIS	5:48.79		**5:50.31**	249
	Recorde Provincial - Luanda								
	Effie Grace Sullivan	11	40.64	1:25.36	Avery Grace Biedermann	11	40.62	1:30.20	
	Maggie Charlotte Douglas	11	45.48	1:38.10	Charlotte Gray Knight	12	36.81	1:16.65	
2.	CNIL 3				CNIL	NT		**6:29.39**	181
	Kayla Nataniela N'Teka	12	48.32	1:43.58	Paloma Kavetyiyeque Monteiro	12	46.28	1:48.00	
	Otiana Margarida Couto	12	50.35	1:46.05	Arjane Natchala Araujo	11	31.63	1:11.76	
3.	AMD 3				AMD	NT		**6:52.10**	152
	Rafael Espirito Teixeira	10	51.98	1:47.79	Siena Patricia Marques	12	47.17	1:53.34	
	Diana Amaro Ramos	10	54.54	1:53.17	Teresa Wayela Dias	10	34.99	1:17.80	

Juvenis

provisional results

1.	CNIL 4				CNIL	4:07.66		**5:25.96**	309
	Rayane Constancia Nascimento	14	37.85	1:18.09	Lueji Ihelane Fernandes	13	40.06		
	Bruna Pinto Pereira	14	38.83	1:23.81	Savannah Kempson	13			
2.	LIS 4				LIS	NT		**5:56.67**	235
	Avery Cecile Achord	14	44.26	1:31.29	Amelie Cecile Edwards	11	46.96	2:14.65	
	Sarafina Shebani	13	43.38	1:32.48	Riley Bryn Biedermann	13		38.25	
3.	GOLFINHO 4				GOLFINHO	NT		**6:46.26**	159
	Ayame Lueje Ferro	14	47.61	1:38.14	Zilene Patricia Ferro	13	44.84	1:45.49	
	Wendy Larissa Paulo	12	48.89	1:46.78	Deusa Maria Neto	11	42.81	1:35.85	

Juniores

provisional results

1.	CNIL 5				CNIL	3:55.96		**4:54.79**	417
	Chelsea Idalina Vunge	16	33.74	1:11.71	Maria Teresa Parimbelli	16			
	Naya Margarida Goncalves	15	39.70		Rhanya Espirito Santo	17			
2.	CD1A 5				CD1A	NT		**5:01.44**	390
	Mariana Martins Lima	16	37.51	1:18.70	Beatriz Silva Pedro	16	34.30		
	Kaila Nahary Santos	15	24.70	1:20.27	Nelma Tchiveli Janota	17			

Event 16, Women, 4 x 100m Medley

18 years and older

provisional results

1.	GOLFINHO		GOLFINHO	NT		**6:33.37**	175
	Isabel Bernardo Afonso	19	Alpha Leocadia Alberto		17		
	Mecia Fabiana Gaspar	15	Andreia Katila Antonio		17		