

LAC circuit
Budel, 11/10/2026

Programmanr. 9
11/10/2026 - 16:30

Heren, 1500m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging		intijd		tijd		RT	
1.	Joep van de Moosdijk	Budel		20:51.26		201000061		19:44.83	
	100m:	1:08.64	1:08.64	500m:	6:19.57	1:18.99	900m:	11:40.88	1:20.25
	200m:	2:24.65	1:16.01	600m:	7:39.30	1:19.73	1000m:	13:01.20	1:20.32
	300m:	3:41.77	1:17.12	700m:	9:00.29	1:20.99	1100m:	14:23.03	1:21.83
	400m:	5:00.58	1:18.81	800m:	10:20.63	1:20.34	1200m:	15:45.01	1:21.98
1300m:									
1400m:									
1500m:								19:44.83	
2.	Robin Hermans	Trb/Res		NT		199400987		19:54.26	
	100m:	1:08.63	1:08.63	500m:	6:21.24	1:19.81	900m:	11:44.00	1:21.68
	200m:	2:23.95	1:15.32	600m:	7:41.63	1:20.39	1000m:	13:06.71	1:22.71
	300m:	3:42.22	1:18.27	700m:	9:01.41	1:19.78	1100m:	14:29.57	1:22.86
	400m:	5:01.43	1:19.21	800m:	10:22.32	1:20.91	1200m:	15:52.30	1:22.73
1300m:								17:15.37	1:23.07
1400m:								18:35.88	1:20.51
1500m:								19:54.26	1:18.38
3.	Rick de Greef	Budel		20:09.73		198400749		21:10.95	
	100m:	1:18.88	1:18.88	500m:	7:01.19	1:26.36	900m:	12:40.58	1:24.51
	200m:	2:43.99	1:25.11	600m:	8:26.94	1:25.75	1000m:	14:05.07	1:24.49
	300m:	4:09.32	1:25.33	700m:	9:52.04	1:25.10	1100m:	15:30.19	1:25.12
	400m:	5:34.83	1:25.51	800m:	11:16.07	1:24.03	1200m:	16:55.83	1:25.64
1300m:									
1400m:									
1500m:								21:10.95	
4.	Neel Steensels	Budel		21:11.83		200101185		21:49.39	
	100m:	1:15.90	1:15.90	500m:	6:52.45	1:25.73	900m:	12:47.12	1:30.59
	200m:	2:38.94	1:23.04	600m:	8:19.44	1:26.99	1000m:	14:16.77	1:29.65
	300m:	4:02.50	1:23.56	700m:	9:47.51	1:28.07	1100m:	15:47.09	1:30.32
	400m:	5:26.72	1:24.22	800m:	11:16.53	1:29.02	1200m:		
1300m:									
1400m:									
1500m:								21:49.39	
5.	Dyon de Greef	Budel		21:58.58		198202385		22:14.11	
	100m:	1:17.46	1:17.46	500m:	7:16.67	1:30.44	900m:	13:20.01	1:30.10
	200m:	2:45.32	1:27.86	600m:	8:47.86	1:31.19	1000m:	14:49.67	1:29.66
	300m:	4:15.59	1:30.27	700m:	10:18.78	1:30.92	1100m:	16:19.12	1:29.45
	400m:	5:46.23	1:30.64	800m:	11:49.91	1:31.13	1200m:	17:49.44	1:30.32
1300m:								19:19.38	1:29.94
1400m:								20:48.47	1:29.09
1500m:								22:14.11	1:25.64
6.	Lennart Middel	Oude Veer		22:02.49		198503723		22:37.27	
	100m:	1:13.50	1:13.50	500m:	7:04.17	1:30.65	900m:	13:12.37	1:32.74
	200m:	2:37.40	1:23.90	600m:	8:35.18	1:31.01	1000m:	14:45.90	1:33.53
	300m:	4:04.84	1:27.44	700m:	10:08.03	1:32.85	1100m:	16:19.00	1:33.10
	400m:	5:33.52	1:28.68	800m:	11:39.63	1:31.60	1200m:	17:58.94	1:39.94
1300m:								19:34.42	1:35.48
1400m:								21:08.50	1:34.08
1500m:								22:37.27	1:28.77