



LUX MASTERS OPEN 2026
Luxembourg/Hollerich, 10 - 11/10/2026



Event 1
10/10/2026 - 8:30

Women, 1500m Freestyle

20 years and older
Results

Points: AQUA Master 2025

Rank	YB										Time	Pts
30 - 34 years												
1.	JANSEN Larissa		95	PSV						21:19.53	537	
	50m:	39.48	39.48	450m:	6:24.19	42.85	850m:	12:08.58	42.95	1250m:	17:48.64	42.50
	100m:	1:22.22	42.74	500m:	7:07.36	43.17	900m:	12:50.99	42.41	1300m:	18:31.42	42.78
	150m:	2:05.26	43.04	550m:	7:50.31	42.95	950m:	13:33.46	42.47	1350m:	19:13.48	42.06
	200m:	2:48.80	43.54	600m:	8:33.27	42.96	1000m:	14:16.08	42.62	1400m:	19:56.04	42.56
	250m:	3:31.83	43.03	650m:	9:16.28	43.01	1050m:	14:58.55	42.47	1450m:	20:38.15	42.11
	300m:	4:15.16	43.33	700m:	9:59.72	43.44	1100m:	15:40.97	42.42	1500m:	21:19.53	41.38
	350m:	4:58.18	43.02	750m:	10:42.65	42.93	1150m:	16:23.51	42.54			
	400m:	5:41.34	43.16	800m:	11:25.63	42.98	1200m:	17:06.14	42.63			

35 - 39 years

1.	VAN HETEREN Nanda		89	PSV		23:13.49	412
	50m:	40.73	40.73	450m:	6:51.26	46.79	850m: 13:06.36 46.70 1250m: 19:24.27 47.13
	100m:	1:25.55	44.82	500m:	7:38.17	46.91	900m: 13:53.52 47.16 1300m: 20:10.87 46.60
	150m:	2:11.64	46.09	550m:	8:25.51	47.34	950m: 14:41.15 47.63 1350m: 20:57.40 46.53
	200m:	2:57.67	46.03	600m:	9:12.65	47.14	1000m: 15:29.19 48.04 1400m: 21:43.71 46.31
	250m:	3:43.51	45.84	650m:	9:58.82	46.17	1050m: 16:16.66 47.47 1450m: 22:29.62 45.91
	300m:	4:30.37	46.86	700m:	10:45.29	46.47	1100m: 17:04.17 47.51 1500m: 23:13.49 43.87
	350m:	5:17.56	47.19	750m:	11:32.32	47.03	1150m: 17:50.71 46.54
	400m:	6:04.47	46.91	800m:	12:19.66	47.34	1200m: 18:37.14 46.43

40 - 44 years

1.	BORODAI Oleksandra		86	Wolf Pack		28:38.28	227
	50m:	44.74	44.74	450m:	8:17.29	57.49	850m: 16:05.78 57.12 1250m: 23:57.40 58.36
	100m:	1:35.69	50.95	500m:	9:16.28	58.99	900m: 17:05.29 59.51 1300m: 24:56.66 59.26
	150m:	2:29.52	53.83	550m:	10:14.76	58.48	950m: 18:03.45 58.16 1350m: 25:52.52 55.86
	200m:	3:26.62	57.10	600m:	11:13.79	59.03	1000m: 19:03.64 1:00.19 1400m: 26:50.28 57.76
	250m:	4:23.59	56.97	650m:	12:11.77	57.98	1050m: 20:02.38 58.74 1450m: 27:45.74 55.46
	300m:	5:22.53	58.94	700m:	13:11.76	59.99	1100m: 21:01.66 59.28 1500m: 28:38.28 52.54
	350m:	6:21.38	58.85	750m:	14:09.92	58.16	1150m: 22:00.00 58.34
	400m:	7:19.80	58.42	800m:	15:08.66	58.74	1200m: 22:59.04 59.04

45 - 49 years

1.	VENEMA Jessica		79	Old Dutch		23:08.01	429
	50m:	40.92	40.92	450m:	6:50.71	46.71	850m: 13:04.67 47.16 1250m: 19:17.82 46.97
	100m:	1:26.10	45.18	500m:	7:37.15	46.44	900m: 13:51.55 46.88 1300m: 20:04.32 46.50
	150m:	2:11.79	45.69	550m:	8:23.09	45.94	950m: 14:37.51 45.96 1350m: 20:51.46 47.14
	200m:	2:58.22	46.43	600m:	9:10.46	47.37	1000m: 15:23.97 46.46 1400m: 21:37.64 46.18
	250m:	3:44.68	46.46	650m:	9:56.97	46.51	1050m: 16:10.69 46.72 1450m: 22:23.73 46.09
	300m:	4:31.24	46.56	700m:	10:43.81	46.84	1100m: 16:56.82 46.13 1500m: 23:08.01 44.28
	350m:	5:17.42	46.18	750m:	11:30.62	46.81	1150m: 17:43.88 47.06
	400m:	6:04.00	46.58	800m:	12:17.51	46.89	1200m: 18:30.85 46.97

50 - 54 years

1.	JOLING Liselotte		75	PSV		19:47.68	785
	50m:	36.58	36.58	450m:	5:49.93	39.82	850m: 11:09.34 40.20 1250m: 16:30.51 40.06
	100m:	1:15.04	38.46	500m:	6:29.40	39.47	900m: 11:49.80 40.46 1300m: 17:10.94 40.43
	150m:	1:53.54	38.50	550m:	7:09.04	39.64	950m: 12:30.11 40.31 1350m: 17:51.28 40.34
	200m:	2:32.30	38.76	600m:	7:49.39	40.35	1000m: 13:10.58 40.47 1400m: 18:32.01 40.73
	250m:	3:11.51	39.21	650m:	8:29.35	39.96	1050m: 13:49.77 39.19 1450m: 19:10.88 38.87
	300m:	3:50.60	39.09	700m:	9:09.32	39.97	1100m: 14:30.29 40.52 1500m: 19:47.68 36.80
	350m:	4:30.20	39.60	750m:	9:48.97	39.65	1150m: 15:10.32 40.03
	400m:	5:10.11	39.91	800m:	10:29.14	40.17	1200m: 15:50.45 40.13



Event 1, Women, 1500m Freestyle

55 - 59 years

1.	V. BON-ROSENBRAND Lidia			70	ZPC Amersfoort				21:12.79		674	
	50m:	38.04	38.04	450m:	6:20.42	43.41	850m:	12:01.66	42.82	1250m:	17:42.34	42.64
	100m:	1:20.04	42.00	500m:	7:03.05	42.63	900m:	12:43.93	42.27	1300m:	18:24.73	42.39
	150m:	2:02.93	42.89	550m:	7:45.58	42.53	950m:	13:26.38	42.45	1350m:	19:07.26	42.53
	200m:	2:45.28	42.35	600m:	8:28.23	42.65	1000m:	14:09.38	43.00	1400m:	19:47.78	40.52
	250m:	3:28.04	42.76	650m:	9:11.09	42.86	1050m:	14:51.91	42.53	1450m:	20:31.42	43.64
	300m:	4:11.15	43.11	700m:	9:54.04	42.95	1100m:	15:34.39	42.48	1500m:	21:12.79	41.37
	350m:	4:54.18	43.03	750m:	10:36.60	42.56	1150m:	16:17.14	42.75			
	400m:	5:37.01	42.83	800m:	11:18.84	42.24	1200m:	16:59.70	42.56			

60 - 64 years

1.	FRANCOISE Nathalie			65	Sport Athletique Verdunois Natation				25:14.92	438		
	50m:	43.35	43.35	450m:	7:30.38	50.92	850m:	14:21.26	51.59	1250m:	21:10.71	50.01
	100m:	1:32.56	49.21	500m:	8:21.43	51.05	900m:	15:12.86	51.60	1300m:	22:00.87	50.16
	150m:	2:23.16	50.60	550m:	9:12.67	51.24	950m:	16:04.90	52.04	1350m:	22:50.30	49.43
	200m:	3:13.99	50.83	600m:	10:03.88	51.21	1000m:	16:56.21	51.31	1400m:	23:39.40	49.10
	250m:	4:05.56	51.57	650m:	10:55.00	51.12	1050m:	17:47.59	51.38	1450m:	24:28.03	48.63
	300m:	4:57.07	51.51	700m:	11:46.91	51.91	1100m:	18:38.33	50.74	1500m:	25:14.92	46.89
	350m:	5:48.01	50.94	750m:	12:38.39	51.48	1150m:	19:29.48	51.15			
	400m:	6:39.46	51.45	800m:	13:29.67	51.28	1200m:	20:20.70	51.22			

2.	VAN NASSAU-VAN DEN HEUVEL Kari66				Old Dutch				25:42.06		415
50m:	46.51	46.51	450m:	7:36.72	51.54	850m:	14:33.19	53.16	1250m:	21:28.13	52.25
100m:	1:36.67	50.16	500m:	8:28.43	51.71	900m:	15:24.73	51.54	1300m:	22:19.94	51.81
150m:	2:27.52	50.85	550m:	9:20.86	52.43	950m:	16:16.83	52.10	1350m:	23:11.85	51.91
200m:	3:19.37	51.85	600m:	10:12.29	51.43	1000m:	17:09.63	52.80	1400m:	24:02.52	50.67
250m:	4:10.58	51.21	650m:	11:04.27	51.98	1050m:	18:01.46	51.83	1450m:	24:53.48	50.96
300m:	5:02.20	51.62	700m:	11:56.09	51.82	1100m:	18:53.45	51.99	1500m:	25:42.06	48.58
350m:	5:53.55	51.35	750m:	12:48.36	52.27	1150m:	19:44.45	51.00			
400m:	6:45.18	51.63	800m:	13:40.03	51.67	1200m:	20:35.88	51.43			

3.	HEIRENDT Carine			65	Cercle de Natation Dudelange				25:50.79	408		
	50m:	46.99	46.99	450m:	7:44.66	51.86	850m:	14:40.94	51.48	1250m:	21:34.27	51.48
	100m:	1:38.03	51.04	500m:	8:36.66	52.00	900m:	15:32.53	51.59	1300m:	22:26.42	52.15
	150m:	2:30.55	52.52	550m:	9:28.84	52.18	950m:	16:24.40	51.87	1350m:	23:18.50	52.08
	200m:	3:23.68	53.13	600m:	10:21.05	52.21	1000m:	17:15.88	51.48	1400m:	24:10.70	52.20
	250m:	4:16.02	52.34	650m:	11:13.11	52.06	1050m:	18:07.51	51.63	1450m:	25:02.40	51.70
	300m:	5:08.67	52.65	700m:	12:05.28	52.17	1100m:	18:59.47	51.96	1500m:	25:50.79	48.39
	350m:	6:00.60	51.93	750m:	12:57.13	51.85	1150m:	19:51.02	51.55			
	400m:	6:52.80	52.20	800m:	13:49.46	52.33	1200m:	20:42.79	51.77			

65 - 69 years

1.	NEISSER Ursula-Beate			57	Erster Offenbacher SC				27:12.76			439
	50m:	45.31	45.31	450m:	8:01.03	54.93	850m:	15:18.53	54.81	1250m:	22:40.33	55.13
	100m:	1:37.32	52.01	500m:	8:55.34	54.31	900m:	16:13.78	55.25	1300m:	23:35.77	55.44
	150m:	2:31.92	54.60	550m:	9:50.08	54.74	950m:	17:08.72	54.94	1350m:	24:31.34	55.57
	200m:	3:26.87	54.95	600m:	10:44.86	54.78	1000m:	18:03.92	55.20	1400m:	25:26.23	54.89
	250m:	4:21.69	54.82	650m:	11:39.54	54.68	1050m:	18:58.71	54.79	1450m:	26:21.21	54.98
	300m:	5:16.37	54.68	700m:	12:34.56	55.02	1100m:	19:54.06	55.35	1500m:	27:12.76	51.55
	350m:	6:11.20	54.83	750m:	13:29.23	54.67	1150m:	20:49.69	55.63			
	400m:	7:06.10	54.90	800m:	14:23.72	54.49	1200m:	21:45.20	55.51			

2.	CLAUDEL Sophie			59	CNPR Redon				28:30.23	382		
	50m:	51.40	51.40	450m:	8:27.85	57.38	850m:	16:04.54	57.21	1250m:	23:44.52	58.06
	100m:	1:47.60	56.20	500m:	9:24.90	57.05	900m:	17:02.30	57.76	1300m:	24:41.86	57.34
	150m:	2:44.67	57.07	550m:	10:21.99	57.09	950m:	17:59.16	56.86	1350m:	25:39.75	57.89
	200m:	3:41.64	56.97	600m:	11:19.01	57.02	1000m:	18:56.65	57.49	1400m:	26:37.07	57.32
	250m:	4:39.29	57.65	650m:	12:16.29	57.28	1050m:	19:54.18	57.53	1450m:	27:33.97	56.90
	300m:	5:36.27	56.98	700m:	13:13.42	57.13	1100m:	20:51.61	57.43	1500m:	28:30.23	56.26
	350m:	6:33.28	57.01	750m:	14:10.44	57.02	1150m:	21:48.76	57.15			
	400m:	7:30.47	57.19	800m:	15:07.33	56.89	1200m:	22:46.46	57.70			



Event 1, Women, 1500m Freestyle

70 - 74 years

1.	DE MORAIS SALLES Ana Maria			56	Luxembourg Sharks Swimming Club				26:08.94	521		
	50m:	46.52	46.52	450m:	7:45.38	51.98	850m:	14:42.61	52.32	1250m:	21:47.14	53.01
	100m:	1:38.47	51.95	500m:	8:37.38	52.00	900m:	15:35.21	52.60	1300m:	22:39.69	52.55
	150m:	2:31.17	52.70	550m:	9:29.29	51.91	950m:	16:28.23	53.02	1350m:	23:33.04	53.35
	200m:	3:23.51	52.34	600m:	10:21.87	52.58	1000m:	17:21.62	53.39	1400m:	24:26.57	53.53
	250m:	4:15.85	52.34	650m:	11:14.21	52.34	1050m:	18:14.35	52.73	1450m:	25:19.10	52.53
	300m:	5:08.16	52.31	700m:	12:06.17	51.96	1100m:	19:07.34	52.99	1500m:	26:08.94	49.84
	350m:	6:00.79	52.63	750m:	12:58.01	51.84	1150m:	20:00.64	53.30			
	400m:	6:53.40	52.61	800m:	13:50.29	52.28	1200m:	20:54.13	53.49			
2.	HENSEN Carla			53	PSV				29:59.26	345		
	50m:	53.73	53.73	450m:	8:55.65	59.62	850m:	16:59.68	1:01.16	1250m:	25:02.27	59.05
	100m:	1:53.08	59.35	500m:	9:56.09	1:00.44	900m:	17:59.90	1:00.22	1300m:	26:03.29	1:01.02
	150m:	2:53.65	1:00.57	550m:	10:57.22	1:01.13	950m:	18:59.44	59.54	1350m:	27:03.68	1:00.39
	200m:	3:53.69	1:00.04	600m:	11:57.26	1:00.04	1000m:	20:00.97	1:01.53	1400m:	28:03.00	59.32
	250m:	4:54.28	1:00.59	650m:	12:57.02	59.76	1050m:	21:01.82	1:00.85	1450m:	29:01.52	58.52
	300m:	5:54.68	1:00.40	700m:	13:58.27	1:01.25	1100m:	22:02.08	1:00.26	1500m:	29:59.26	57.74
	350m:	6:54.55	59.87	750m:	14:58.55	1:00.28	1150m:	23:02.06	59.98			
	400m:	7:56.03	1:01.48	800m:	15:58.52	59.97	1200m:	24:03.22	1:01.16			

60 - 64 years LUX

1.	HEIRENDT Carine			65	Cercle de Natation Dudelange				25:50.79	408		
	50m:	46.99	46.99	450m:	7:44.66	51.86	850m:	14:40.94	51.48	1250m:	21:34.27	51.48
	100m:	1:38.03	51.04	500m:	8:36.66	52.00	900m:	15:32.53	51.59	1300m:	22:26.42	52.15
	150m:	2:30.55	52.52	550m:	9:28.84	52.18	950m:	16:24.40	51.87	1350m:	23:18.50	52.08
	200m:	3:23.68	53.13	600m:	10:21.05	52.21	1000m:	17:15.88	51.48	1400m:	24:10.70	52.20
	250m:	4:16.02	52.34	650m:	11:13.11	52.06	1050m:	18:07.51	51.63	1450m:	25:02.40	51.70
	300m:	5:08.67	52.65	700m:	12:05.28	52.17	1100m:	18:59.47	51.96	1500m:	25:50.79	48.39
	350m:	6:00.60	51.93	750m:	12:57.13	51.85	1150m:	19:51.02	51.55			
	400m:	6:52.80	52.20	800m:	13:49.46	52.33	1200m:	20:42.79	51.77			

70 - 74 years LUX

1.	DE MORAIS SALLES Ana Maria			56	Luxembourg Sharks Swimming Club				26:08.94	521		
	50m:	46.52	46.52	450m:	7:45.38	51.98	850m:	14:42.61	52.32	1250m:	21:47.14	53.01
	100m:	1:38.47	51.95	500m:	8:37.38	52.00	900m:	15:35.21	52.60	1300m:	22:39.69	52.55
	150m:	2:31.17	52.70	550m:	9:29.29	51.91	950m:	16:28.23	53.02	1350m:	23:33.04	53.35
	200m:	3:23.51	52.34	600m:	10:21.87	52.58	1000m:	17:21.62	53.39	1400m:	24:26.57	53.53
	250m:	4:15.85	52.34	650m:	11:14.21	52.34	1050m:	18:14.35	52.73	1450m:	25:19.10	52.53
	300m:	5:08.16	52.31	700m:	12:06.17	51.96	1100m:	19:07.34	52.99	1500m:	26:08.94	49.84
	350m:	6:00.79	52.63	750m:	12:58.01	51.84	1150m:	20:00.64	53.30			
	400m:	6:53.40	52.61	800m:	13:50.29	52.28	1200m:	20:54.13	53.49			