

Championnat du Hainaut Longue Distance petit bassin 2ème session - Mémorial André Claude
MONS, 3-10-2026

Epreuve 22
03-10-26 - 16:40

Dames, 400m 4 nages

13 ans et plus
Liste résultats

13 ans 13: 6:57.46 / 14 ans 14: 6:46.90 / 15 ans 15: 6:34.90 / 16 ans 16: 6:24.92 / 17 ans 17: 6:20.14 / 18 ans 18: 6:11.11 /
19 ans et + 19 +: 6:05.72

Points: AQUA 2026

Rang											Temps	Pts
13 ans												
1.	CHEN, Xuyang			00107			FRA			5:27.38	475	
	50m:	34.76	34.76	150m:	1:56.43	40.32	250m:	3:24.77	48.80	350m:	4:51.20 38.41	
	100m:	1:16.11	41.35	200m:	2:35.97	39.54	300m:	4:12.79	48.02	400m:	5:27.38 36.18	
2.	ZHANG, Shuman			00107			CHN			5:30.71	461	
	50m:	35.61	35.61	150m:	1:59.88	43.46	250m:	3:28.42	46.25	350m:	4:54.31 37.88	
	100m:	1:16.42	40.81	200m:	2:42.17	42.29	300m:	4:16.43	48.01	400m:	5:30.71 36.40	
3.	HOEBEKE, Sofia			DM			BEL			5:33.29	450	
	50m:	37.03	37.03	150m:	2:05.43	41.76	250m:	3:34.15	48.64	350m:	4:59.01 35.94	
	100m:	1:23.67	46.64	200m:	2:45.51	40.08	300m:	4:23.07	48.92	400m:	5:33.29 34.28	
4.	COTAN, Bianca			MHN			BEL			5:33.58	449	
	50m:	36.54	36.54	150m:	2:04.83	43.76	250m:	3:33.66	47.28	350m:	4:59.24 37.51	
	100m:	1:21.07	44.53	200m:	2:46.38	41.55	300m:	4:21.73	48.07	400m:	5:33.58 34.34	
5.	DUBREUCQ, Alexandra			BCSG			BEL			5:43.90	409	
	50m:	34.79	34.79	150m:	2:03.60	45.60	250m:	3:37.03	48.78	350m:	5:07.05 39.03	
	100m:	1:18.00	43.21	200m:	2:48.25	44.65	300m:	4:28.02	50.99	400m:	5:43.90 36.85	
6.	MAGHUE, Laly			ENLN			BEL			5:45.02	406	
	50m:	36.17	36.17	150m:	2:06.65	46.57	250m:	3:40.65	49.14	350m:	5:08.30 38.20	
	100m:	1:20.08	43.91	200m:	2:51.51	44.86	300m:	4:30.10	49.45	400m:	5:45.02 36.72	
7.	ADAM, Emily			MHN			GRE			5:46.76	399	
	50m:	36.73	36.73	150m:	2:05.38	44.72	250m:	3:38.44	49.97	350m:	5:08.15 40.31	
	100m:	1:20.66	43.93	200m:	2:48.47	43.09	300m:	4:27.84	49.40	400m:	5:46.76 38.61	
8.	RUSTIN, Maude			MHN			BEL			5:51.03	385	
	50m:	37.79	37.79	150m:	2:08.35	44.30	250m:	3:42.64	50.40	350m:	5:13.46 39.57	
	100m:	1:24.05	46.26	200m:	2:52.24	43.89	300m:	4:33.89	51.25	400m:	5:51.03 37.57	
9.	VALERIO, Inès			ENLN			BEL			5:56.19	368	
	50m:	37.62	37.62	150m:	2:58.16	1:33.33	250m:	3:47.08		350m:	5:18.61 41.46	
	100m:	1:24.83	47.21	200m:			300m:	4:37.15	50.07	400m:	5:56.19 37.58	
10.	SOMERS, Emma			ENLN			BEL			5:56.41	368	
	50m:	36.53	36.53	150m:	2:08.13	47.38	250m:	3:42.56	48.91	350m:		
	100m:	1:20.75	44.22	200m:	2:53.65	45.52	300m:	4:31.85	49.29	400m:	5:56.41	
11.	GRÉGOIRE, Anna			ENLN			BEL			6:12.03	323	
	50m:	42.40	42.40	150m:	2:16.95	45.04	250m:	3:54.11	52.80	350m:	5:30.02 42.32	
	100m:	1:31.91	49.51	200m:	3:01.31	44.36	300m:	4:47.70	53.59	400m:	6:12.03 42.01	
12.	BOUDRY, Manon			DM			FRA			6:24.07	294	
	50m:	41.63	41.63	150m:	2:21.24	48.29	250m:	4:01.50	53.76	350m:	5:40.19 45.03	
	100m:	1:32.95	51.32	200m:	3:07.74	46.50	300m:	4:55.16	53.66	400m:	6:24.07 43.88	
13.	BRUNO, Juliette			HELIOS			BEL			6:27.26	287	
	50m:	39.29	39.29	150m:	2:21.65	48.66	250m:	4:06.82	57.35	350m:	5:47.37 42.64	
	100m:	1:32.99	53.70	200m:	3:09.47	47.82	300m:	5:04.73	57.91	400m:	6:27.26 39.89	

14 ans

1.	MARTENS-LATTEUR, Tessa			ENLN		BEL			5:30.31	462
	50m:	36.31	36.31	150m:	2:03.48	43.73	250m:	3:31.21	44.42	350m: 5:18.61 41.46
	100m:	1:19.75	43.44	200m:	2:46.79	43.31	300m:	4:16.21	45.00	400m: 5:30.31 36.72
2.	HAVELANGE, Océane			HELIOS		BEL			5:34.51	445
	50m:	35.74	35.74	150m:	2:46.79	1:26.38	250m:	3:33.01		350m: 4:58.32 37.93
	100m:	1:20.41	44.67	200m:			300m:	4:20.39	47.38	400m: 5:34.51 36.19

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Epreuve 22, Filles, 400m 4 nages, 14 ans

Rang									Temps	Pts		
3.	DELROT, Keyla		BCSG				BEL		5:35.17	442		
	50m:	34.56	34.56	150m:	1:58.39	42.24	250m:	3:29.95	49.28	350m:	4:58.20	38.91
	100m:	1:16.15	41.59	200m:	2:40.67	42.28	300m:	4:19.29	49.34	400m:	5:35.17	36.97
4.	BILLET, Soline		DM				BEL		5:36.55	437		
	50m:	36.38	36.38	150m:	2:03.46	42.61	250m:	3:32.34	47.84	350m:	4:59.51	39.19
	100m:	1:20.85	44.47	200m:	2:44.50	41.04	300m:	4:20.32	47.98	400m:	5:36.55	37.04
5.	SALAMONE, Luna		BCSG				BEL		5:40.71	421		
	50m:	33.57	33.57	150m:	2:01.49	45.87	250m:	3:34.34	47.63	350m:	5:03.11	38.78
	100m:	1:15.62	42.05	200m:	2:46.71	45.22	300m:	4:24.33	49.99	400m:	5:40.71	37.60
6.	ROUDOMETKINA, Ksenia		HELIOS				BEL		5:42.43	415		
	50m:	35.16	35.16	150m:	2:03.18	44.41	250m:	3:36.92	49.87	350m:	5:05.24	38.61
	100m:	1:18.77	43.61	200m:	2:47.05	43.87	300m:	4:26.63	49.71	400m:	5:42.43	37.19
7.	VALLEE, Elisa		BCSG				BEL		5:46.80	399		
	50m:	38.22	38.22	150m:	2:07.88	43.37	250m:	3:39.48	46.63	350m:	5:08.72	39.87
	100m:	1:24.51	46.29	200m:	2:52.85	44.97	300m:	4:28.85	49.37	400m:	5:46.80	38.08
8.	D'ALOISIO, Pauline		ENLN				BEL		5:54.18	375		
	50m:	37.28	37.28	150m:	2:06.85	44.98	250m:	3:43.58	53.04	350m:	5:15.94	40.10
	100m:	1:21.87	44.59	200m:	2:50.54	43.69	300m:	4:35.84	52.26	400m:	5:54.18	38.24
9.	FALZONE, Tess		ENLN				BEL		5:57.48	365		
	50m:	37.93	37.93	150m:	2:56.57	1:32.09	250m:	3:46.72		350m:	5:17.52	40.21
	100m:	1:24.48	46.55	200m:			300m:	4:37.31	50.59	400m:	5:57.48	39.96
10.	DELEPLANQUE, Erin		HELIOS				BEL		6:03.41	347		
	50m:	41.69	41.69	150m:	2:16.91	45.54	250m:	3:52.81	50.74	350m:	5:24.38	40.67
	100m:	1:31.37	49.68	200m:	3:02.07	45.16	300m:	4:43.71	50.90	400m:	6:03.41	39.03
disq.	MAENE, Lea		MHN				BEL		6:07.45			
	6.4.b - Virage non initié à la fin du mouvement de bras (une traction continue du bras ou simultanée des deux bras) après avoir quitté la position dorsale											
	50m:	38.42	38.42	150m:	2:11.43	48.54	250m:	3:53.91	54.52	350m:	5:28.20	41.08
	100m:	1:22.89	44.47	200m:	2:59.39	47.96	300m:	4:47.12	53.21	400m:	6:07.45	39.25

15 ans

1.	VANDAMME, Louna	DM				BEL				5:13.57	540	
	50m:	35.13	35.13	150m:	1:55.62	38.86	250m:	3:18.96	44.93	350m:	4:40.18	35.54
	100m:	1:16.76	41.63	200m:	2:34.03	38.41	300m:	4:04.64	45.68	400m:	5:13.57	33.39
2.	MESMACQUE, Lilou	00107				FRA				5:38.28	430	
	50m:	36.55	36.55	150m:	2:04.11	43.57	250m:	3:33.82	47.13	350m:	5:00.72	39.37
	100m:	1:20.54	43.99	200m:	2:46.69	42.58	300m:	4:21.35	47.53	400m:	5:38.28	37.56
3.	GLEZ, Eléa	00107				FRA				5:40.73	421	
	50m:	35.70	35.70	150m:	2:01.91	43.24	250m:	3:35.94	50.75	350m:	5:03.94	37.73
	100m:	1:18.67	42.97	200m:	2:45.19	43.28	300m:	4:26.21	50.27	400m:	5:40.73	36.79
4.	LECLERCQ, Elin	HELIOS				BEL				5:42.34	415	
	50m:	34.60	34.60	150m:	2:03.88	45.73	250m:	3:34.86	47.94	350m:	5:03.99	40.13
	100m:	1:18.15	43.55	200m:	2:46.92	43.04	300m:	4:23.86	49.00	400m:	5:42.34	38.35
5.	MICHELS, Julie	ENLN				BEL				5:49.70	389	
	50m:	38.08	38.08	150m:	2:10.12	45.36	250m:	3:43.46	49.55	350m:	5:12.98	39.72
	100m:	1:24.76	46.68	200m:	2:53.91	43.79	300m:	4:33.26	49.80	400m:	5:49.70	36.72
disq.	GIARRIZZO, Iliana	ENLN				BEL				6:02.66		
	9.4.c - Ne pas terminer la section en brasse conformément aux règles de cette nage											
	50m:	35.13	35.13	150m:	2:04.39	48.97	250m:	3:44.66	53.85	350m:	5:21.76	41.29
	100m:	1:15.42	40.29	200m:	2:50.81	46.42	300m:	4:40.47	55.81	400m:	6:02.66	40.90

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Epreuve 22, Dames, 400m 4 nages

16 ans

1.	PRIOUX, Maélie			DM			BEL			5:25.19		484
	50m:	37.14	37.14	150m:	2:01.48	41.60	250m:	3:26.01	44.44	350m:	4:49.19	38.99
	100m:	1:19.88	42.74	200m:	2:41.57	40.09	300m:	4:10.20	44.19	400m:	5:25.19	36.00
2.	ROUX, Nina			MHN			BEL			5:26.03		481
	50m:	33.82	33.82	150m:	1:55.08	41.26	250m:	3:24.17	48.81	350m:	4:49.86	37.22
	100m:	1:13.82	40.00	200m:	2:35.36	40.28	300m:	4:12.64	48.47	400m:	5:26.03	36.17
3.	AKYILDIZ, Defne			00107			TUR			5:43.53		411
	50m:	34.12	34.12	150m:	2:00.95	46.08	250m:	3:35.69	50.07	350m:	5:05.71	39.08
	100m:	1:14.87	40.75	200m:	2:45.62	44.67	300m:	4:26.63	50.94	400m:	5:43.53	37.82
4.	BONNIER, Charlène			CMA			BEL			5:45.21		405
	50m:	38.00	38.00	150m:	2:10.48	45.40	250m:	3:39.65	45.96	350m:	5:06.73	40.54
	100m:	1:25.08	47.08	200m:	2:53.69	43.21	300m:	4:26.19	46.54	400m:	5:45.21	38.48
5.	CORBISIER, Morgane			MHN			BEL			6:05.42		341
	50m:	36.34	36.34	150m:	2:08.93	44.43	250m:	3:45.33	52.97	350m:		
	100m:	1:24.50	48.16	200m:	2:52.36	43.43	300m:	4:39.89	54.56	400m:	6:05.42	
6.	PETIT, Louana			MHN			BEL			6:09.55		330
	50m:	38.25	38.25	150m:	2:14.27	47.65	250m:	3:52.62	50.25	350m:	5:27.34	43.27
	100m:	1:26.62	48.37	200m:	3:02.37	48.10	300m:	4:44.07	51.45	400m:	6:09.55	42.21
7.	BUGHIN, Alice			CCM			BEL			6:17.88		309
	50m:	45.37	45.37	150m:	3:14.52	1:37.94	250m:	4:02.78		350m:	5:36.16	44.38
	100m:	1:36.58	51.21	200m:			300m:	4:51.78	49.00	400m:	6:17.88	41.72

17 ans

1.	VACHAUDEZ, Ella				ENLN		BEL				4:58.51	626	
	50m:	32.04	32.04	150m:	2:26.90	1:17.45	250m:	3:52.84	42.84	350m:	4:26.70		
	100m:	1:09.45	37.41	200m:	3:10.00	43.10	300m:			400m:	4:58.51		31.81
2.	VANHOEGAERDEN, Lily-Rose				CCM		BEL				5:39.39	426	
	50m:	35.30	35.30	150m:	2:03.76	45.03	250m:	3:32.51	46.55	350m:	4:59.95		40.29
	100m:	1:18.73	43.43	200m:	2:45.96	42.20	300m:	4:19.66	47.15	400m:	5:39.39		39.44
3.	DUYCKAERTS, Clémentine				CCM		BEL				6:07.45	336	
	50m:	40.44	40.44	150m:	2:18.14	47.97	250m:	3:54.07	50.23	350m:	5:28.17		42.65
	100m:	1:30.17	49.73	200m:	3:03.84	45.70	300m:	4:45.52	51.45	400m:	6:07.45		39.28
4.	GUARINI, Violette				ENLN		BEL				6:13.40	320	
	50m:	41.05	41.05	150m:	2:16.98	46.19	250m:	3:56.03	54.44	350m:	5:32.56		42.07
	100m:	1:30.79	49.74	200m:	3:01.59	44.61	300m:	4:50.49	54.46	400m:	6:13.40		40.84

disq.	BOUTRY, Zoélie				CMA		BEL		5:17.58			
6.4.b - Virage non initié à la fin du mouvement de bras (une traction continue du bras ou simultanée des deux bras) après avoir quitté la position dorsale												
	50m:	34.46	34.46	150m:	1:56.39	42.71	250m:	3:20.50	42.90	350m:	4:41.67	37.74
	100m:	1:13.68	39.22	200m:	2:37.60	41.21	300m:	4:03.93	43.43	400m:	5:17.58	35.91

19 ans et plus

1.	DUREZ, Laure			ENLN			BEL			4:59.02		623
	50m:	32.93	32.93	150m:	1:51.93	39.62	250m:	3:12.57	41.18	350m:	4:28.85	33.64
	100m:	1:12.31	39.38	200m:	2:31.39	39.46	300m:	3:55.21	42.64	400m:	4:59.02	30.17
2.	CORBISIER, Mylene			MHN			BEL			5:24.45		488
	50m:	34.19	34.19	150m:	1:55.10	41.87	250m:	3:22.39	46.96	350m:	4:47.81	37.88
	100m:	1:13.23	39.04	200m:	2:35.43	40.33	300m:	4:09.93	47.54	400m:	5:24.45	36.64