

Prova 5

Masc., 400m Estilos

11 anos e mais velhos

10/10/2026 - 18:02

Resultados

Nacional 25m Open	4:10.55	PINOTES, Pedro Miguel	CNIL	Leiria (POR)	04/12/2009
Nacional 25m SEN	4:10.55	PINOTES, Pedro Miguel	CNIL	Leiria (POR)	04/12/2009
Nacional 25m JUN	4:45.02	GORDO, Salvador Vieira	CD1A	Plymouth (GBR)	17/11/2018
Nacional 25m JUV	4:55.36	FREITAS, Filipe Simoes	CD1A	Luanda	13/12/2019
Nacional 25m INF	5:25.01	FREITAS, Filipe Simões	CD1A	(POR)	09/03/2018

Pontos: AQUA 2026

Lugar	Idade	Tempo final	Pts
Infantis			
1. SOUSA, Uami Alberto	12 CNIL	5:34.40	346
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
2. PINTO, David Paz	12 CNIL	6:14.97	245
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
3. LOPES, Miguel Francisco	11 CD1A	6:17.03	241
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
4. PAULO, Kwamy	12 CNIL	6:41.65	199
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
5. TEIXEIRA, Roberto	12 CNIL	7:02.66	171
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
6. ABRIL, Bruno Miguel	11 CNIL	7:29.67	142
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:

Juvenis

1. AZEVEDO, Bruno Miguel	14 CNIL	6:11.28	252
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
2. JESUS, Ondjaki Rafael	13 CNIL	6:19.34	237
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
3. ABRIL, Rui Alberto	14 CNIL	6:26.17	224
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:

Juniors

1. SULLIVAN, Niall Barry	15 CNIL	5:00.77	475
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
2. BAPTISTA, Mario	16 CD1A	5:36.97	338
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
3. DELGADO, Mivaldo Nataniel	15 CNIL	6:35.91	208
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
4. SANTOS, Azael Simoes	15 Academia MD	7:08.87	164
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
5. PIRES, Rafael	15 CNIL	8:15.87	106
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:

Prova 5, Masc., 400m Estilos, Juniors

Lugar	Idade	Tempo final	Pts
DSQ BOAVIDA, Nzolwa Tiago	16 Academia MD	6:30.22	
<i>5.2: O Atleta nao tocou a parede no acto da viragem</i>			
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 6:30.22

Seniors

1. BUNZE, Tiago Kael	18 CNIL	5:48.59	305
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:48.59
2. VIKA, Sebastião José	25 Clube Barracudas de Luanda	5:58.89	280
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:58.89
3. MANUEL, Tiago Ricardo	19 CNIL	6:07.68	260
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 6:07.68
4. LUA, Eder Lukeny	18 CNIL	6:21.04	234
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 6:21.04
5. BRAGANÇA, Wilson Assunção	21 Clube Barracudas de Luanda	6:27.90	221
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 6:27.90
6. FERNANDES, Antoniano Edivânio	21 CNIL	7:09.30	163
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 7:09.30
7. CAMBULO, Osvaldo Domingos	20 Clube Barracudas de Luanda	7:33.54	138
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 7:33.54
DSQ PASCOAL, Carlos	18 CNL	8:18.96	
<i>6.4: Nao saiu da parede na posicao de costas</i>			
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 8:18.96