

Prova 4
10/10/2026 - 17:14

Femin., 400m Livres

11 anos e mais velhos
Resultados

Nacional 25m Open	4:33.79	LIMA, Yara alexandra	CD1A	Doha (UAE)	05/12/2014
Nacional 25m SEN	4:33.79	LIMA, Yara Alexandra	CD1A	DOHA (UAE)	05/12/2014
Nacional 25m JUN	4:43.51	SOUZA, Catarina Welvitchia	CNIL	Luanda	17/12/2017
Nacional 25m JUV	4:49.65	VIEIRA, Alexia Jimenez	IND	Mijas (ESP)	12/11/2022
Nacional 25m INF	5:31.03	SILVA, Welwitschia	CNIL	Luanda	12/12/2019

Pontos: AQUA 2026

Lugar	Idade	Tempo final	Pts
Infantis			
1. N'TEKA, Kayla Nataniela	12 CNIL	5:40.31	309
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
2. SCOTT, Beatriz Jamesina	12 Ind-Anar	6:30.13	205
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
3. PALHA, Ana Carolina	12 CD1A	6:34.48	198
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
4. MARQUES, Siena Patricia	12 Academia MD	6:44.39	184
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
5. ARAÚJO, Arjane	11 CNIL	7:02.39	161
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
6. COUTO, Otiana	12 CNIL	7:45.98	120
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
7. ANDRADE, Kiese	12 CNIL	7:46.58	120
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
8. VEIGA, Yoenne	11 CNIL	8:02.11	108
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:

Juvenis

1. MORAIS, Wezza Lukenya	14 Ind-Anar	5:07.86	418
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
2. MORAIS, Wendy Lukenya	14 Ind-Anar	5:09.83	410
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
3. GUIMARÃES, Carolina Rocha	14 CNIL	5:10.01	409
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
4. KEMPSON, Savannah	13 CNIL	5:16.19	386
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
5. PEREIRA, Bruna	14 CNIL	5:30.66	337
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
6. FERNANDES, Lueji	13 CNIL	5:38.17	315
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:

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Lugar		Idade			Tempo final	Pts
7.	NASCIMENTO, Rayane Constância	14	CNIL		6:00.22	261
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	6:00.22	
8.	ANTONIO, Iohanna	13	CNIL		6:44.57	184
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	6:44.57	
9.	SIMÃO, Rosa	14	CNIL		8:03.11	108
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	8:03.11	
10.	KISSAMBA, Fernanda	14	CNL		8:46.75	83
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	8:46.75	

Juniors

1.	SANTO, Rhanya Espirito	17	CNIL		4:48.55	508
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	4:48.55	
2.	PARIMBELLI, Maria Teresa	16	CNIL		5:09.25	412
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	5:09.25	
3.	VUNGE, Chelsia Idalina	16	CNIL		5:10.94	406
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	5:10.94	
4.	PALHA, Isis Gabriela	15	Ind-Anar		5:29.90	339
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	5:29.90	
5.	GONCALVES, Naya Margarida	15	CNIL		5:46.97	292
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	5:46.97	
6.	SANTOS, Luana Dias Dos	17	CNIL		5:52.50	278
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	5:52.50	
7.	BREDEL, Jade Freitas	15	CNIL		6:08.07	244
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	6:08.07	
8.	SILVA, Eva Amado	15	Clube Barracudas de Luanda		6:49.31	178
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	6:49.31	
9.	CRUZ, Lundila Manuela	17	CNIL		7:03.82	160
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	7:03.82	
10.	GARCIA, Akira Kamosso	15	Academia MD		7:23.89	139
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	7:23.89	
11.	CARDOSO, Sarah	16	CNIL		7:43.58	122
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	7:43.58	
12.	NGUNGA, Joana Veronica	15	CNL		8:16.63	99
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	8:16.63	
13.	HELENA, Benza	16	CNL		8:43.81	84
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:	8:43.81	

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Seniors

1. MARIA, Beatriz Conduto	18	Clube Barracudas de Luanda	5:51.06	282
50m:	150m:	250m:	350m:	
100m:	200m:	300m:	400m:	5:51.06
2. COSTA, Daudette Soraya	44	CNIL	9:16.97	70
50m:	150m:	250m:	350m:	
100m:	200m:	300m:	400m:	9:16.97