

Prova 10 Masc., 400m Livres 11 anos e mais velhos
11/10/2026 - 11:17 Resultados

Nacional 25m Open	3:49.54	PINOTES, Pedro Miguel	CNIL	Porto (POR)	20/12/2014
Nacional 25m SEN	3:49.54	PINOTES, Pedro Miguel	CNIL	Porto (POR)	20/12/2014
Nacional 25m JUN	4:12.17	MASCARENHAS, Henrique	CNIL	(GBR)	15/01/2019
Nacional 25m JUV	4:26.78	GORDO, Salvador Vieira	CD1A	Sines (POR)	08/04/2017
Nacional 25m INF	4:48.11	FREITAS, Filipe Simões	CD1A	(POR)	17/06/2018

Pontos: AQUA 2026

Lugar	Idade	Tempo final	Pts
Infantis			
1. SOUSA, Uami Alberto	12 CNIL	4:49.57	393
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
2. PAULO, Kwamy	12 CNIL	5:36.43	251
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
3. PINTO, David Paz	12 CNIL	5:45.49	231
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
4. TEIXEIRA, Roberto	12 CNIL	5:53.66	216
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
5. GARCIA, Zander Kamosso	12 Academia MD	6:19.44	175
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
6. ABRIL, Bruno Miguel	11 CNIL	6:21.13	172
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
7. PARENTE, Tommaso	11 LIS Swim Club	6:23.87	169
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
8. MANUEL, Jose Antonio	12 CD1A	6:42.14	147
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
9. SANTOS, Luaty Dias	12 CNIL	7:02.16	127
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
10. ARAUJO, Luaty Ricardo	12 Academia MD	7:09.28	120
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
11. MOTA, Tiago da Rosa	11 CNIL	7:24.81	108
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
12. GOMES, Marco	11 CNIL	8:50.16	64
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:

Juvenis

1. AZEVEDO, Bruno Miguel	14 CNIL	5:22.31	285
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
2. JESUS, Ondjaki Rafael	13 CNIL	5:41.82	239
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:

Prova 10, Masc., 400m Livres, Juvenis

Lugar			Idade			Tempo final	Pts
3.	ABRIL, Rui Alberto		14	CNIL		5:51.47	220
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	5:51.47	
4.	AMAMOU, Adam		13	CD1A		5:59.87	205
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	5:59.87	
5.	DIOGO, Luati		13	CNIL		7:02.31	126
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	7:02.31	
6.	ALEXANDRE, Julio Cesar		14	Academia MD		7:17.17	114
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	7:17.17	
7.	AMERICANO, Pedro		13	CNIL		7:26.63	107
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	7:26.63	
8.	ANTONIO, Alexandre Rishon		13	CD1A		7:26.69	107
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	7:26.69	
9.	ROQUE, David		13	CNIL		7:53.82	89
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	7:53.82	
10.	NGUNGA, Jovani		13	CNL		9:07.54	58
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	9:07.54	

Juniors

1.	SULLIVAN, Niall Barry		15	CNIL		4:25.84	508
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	4:25.84	
2.	ZHUKOV, Oleksander Mario		17	CD1A		4:33.18	469
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	4:33.18	
3.	BAPTISTA, Mario		16	CD1A		4:40.02	435
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	4:40.02	
4.	FERNANDES, Carlos Daniel		17	CD1A		4:41.62	428
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	4:41.62	
5.	BAPTISTA, Marivino		16	CD1A		5:12.34	313
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	5:12.34	
6.	DAS, Vince Costa		15	Academia MD		5:17.75	298
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	5:17.75	
7.	SEBASTIÃO, Waldemar		15	CNIL		5:22.14	286
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	5:22.14	
8.	LUÍS MONTEIRO, Kenzo		17	CNIL		5:36.33	251
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	5:36.33	
9.	BOAVIDA, Nzolwa Tiago		16	Academia MD		5:45.34	232
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	5:45.34	

Prova 10, Masc., 400m Livres, Juniors

Lugar			Idade			Tempo final	Pts
10.	DELGADO, Mivaldo Nataniel	15	CNIL			6:00.94	203
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	6:00.94	
11.	CHIPALANGA, Aniel Laisio	15	CD1A			6:00.99	203
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	6:00.99	
12.	CONCEICAO, Aquila Angelo	15	Academia MD			6:13.88	182
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	6:13.88	
13.	BRIFFEL, D�lcio Jos�	17	CNIL			6:42.02	147
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	6:42.02	
14.	BRAVO, Gabriel Henrique	15	CNIL			6:57.07	131
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	6:57.07	
15.	GON�ALVES, Ayslan Daniel	16	CNIL			6:57.97	130
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	6:57.97	
16.	ANTONIO, Lazaro Manuel	17	CNL			7:25.68	108
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	7:25.68	
17.	PIRES, Rafael	15	CNIL			7:28.87	105
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	7:28.87	
18.	FELICIANO, Uriel	15	CNIL			8:10.73	80
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	8:10.73	

Seniors

1.	MANUEL, Silverio Fernando	18	CD1A			4:50.87	388
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	4:50.87	
2.	VIKA, Sebasti�o Jos�	25	Clube Barracudas de Luanda			5:11.97	314
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	5:11.97	
3.	BARROSO, Pedro Calei	21	CNIL			5:44.68	233
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	5:44.68	
4.	LUA, Eder Lukeny	18	CNIL			5:50.16	222
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	5:50.16	
5.	PASCOAL, Carlos	18	CNL			6:16.05	179
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	6:16.05	
6.	FERNANDES, Antoniano Ediv�nio	21	CNIL			6:26.62	165
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	6:26.62	
7.	NAUEJI, Euriano	21	CNIL			7:10.80	119
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:	7:10.80	