

Jesenné M-SSO-dlhé trate
Dolný Kubín, 26.9.2026

disciplína 4
26.09.2026

ženy, 1500m voľný spôsob

13 roč. a st.
Výsledky

bodovanie: AQUA 2025

Por.	Meno	Roč.	Klub	Čas	RT	Body	Odstup
žiačky "A", 13.ročné							
1.	Lešňovská Miriama	2013	MPK Dolný Kubín	19:51.92		442	
	50m: 34.81 34.81	450m: 5:48.74 39.90	850m: 11:08.74 40.25	1250m: 16:32.74 40.43			
	100m: 1:13.14 38.33	500m: 6:29.28 40.54	900m: 11:49.31 40.57	1300m: 17:13.59 40.85			
	150m: 1:51.59 38.45	550m: 7:09.17 39.89	950m: 12:29.57 40.26	1350m: 17:54.21 40.62			
	200m: 2:30.67 39.08	600m: 7:48.64 39.47	1000m: 13:10.09 40.52	1400m: 18:34.39 40.18			
	250m: 3:09.81 39.14	650m: 8:28.57 39.93	1050m: 13:50.78 40.69	1450m: 19:14.64 40.25			
	300m: 3:49.57 39.76	700m: 9:08.17 39.60	1100m: 14:30.99 40.21	1500m: 19:51.92 37.28			
	350m: 4:29.17 39.60	750m: 9:48.28 40.11	1150m: 15:11.31 40.32				
	400m: 5:08.84 39.67	800m: 10:28.49 40.21	1200m: 15:52.31 41.00				
2.	Belová Darina	2013	PK Martin	19:58.94		434	+ 7.02
	50m: 35.72 35.72	450m: 5:50.90 39.11	850m: 11:08.96 40.27	1250m: 16:41.50 41.67			
	100m: 1:14.47 38.75	500m: 6:30.97 40.07	900m: 11:50.15 41.19	1300m: 17:21.79 40.29			
	150m: 1:53.75 39.28	550m: 7:09.94 38.97	950m: 12:30.47 40.32	1350m: 18:01.97 40.18			
	200m: 2:33.08 39.33	600m: 7:49.15 39.21	1000m: 13:12.11 41.64	1400m: 18:41.83 39.86			
	250m: 3:12.90 39.82	650m: 8:28.40 39.25	1050m: 13:53.65 41.54	1450m: 19:21.97 40.14			
	300m: 3:52.33 39.43	700m: 9:08.90 40.50	1100m: 14:36.37 42.72	1500m: 19:58.94 36.97			
	350m: 4:32.19 39.86	750m: 9:48.72 39.82	1150m: 15:18.25 41.88				
	400m: 5:11.79 39.60	800m: 10:28.69 39.97	1200m: 15:59.83 41.58				
3.	Hodoňová Kristínka	2013	TT Dolný Kubín	19:59.40		434	+ 7.48
	50m: 34.79 34.79	450m: 5:49.15 40.28	850m: 11:13.72 40.75	1250m: 16:40.54 41.29			
	100m: 1:12.69 37.90	500m: 6:29.29 40.14	900m: 11:54.47 40.75	1300m: 17:21.04 40.50			
	150m: 1:51.37 38.68	550m: 7:09.97 40.68	950m: 12:35.19 40.72	1350m: 18:01.22 40.18			
	200m: 2:30.37 39.00	600m: 7:49.72 39.75	1000m: 13:16.15 40.96	1400m: 18:42.62 41.40			
	250m: 3:09.65 39.28	650m: 8:30.47 40.75	1050m: 13:56.90 40.75	1450m: 19:22.50 39.88			
	300m: 3:49.50 39.85	700m: 9:11.40 40.93	1100m: 14:37.50 40.60	1500m: 19:59.40 36.90			
	350m: 4:29.19 39.69	750m: 9:51.97 40.57	1150m: 15:18.87 41.37				
	400m: 5:08.87 39.68	800m: 10:32.97 41.00	1200m: 15:59.25 40.38				
4.	Dubovská Nikola	2013	MPK Dolný Kubín	20:00.06		433	+ 8.14
	50m: 37.10 37.10	450m: 5:57.92 39.97	850m: 11:18.20 39.78	1250m: 16:41.99 40.89			
	100m: 1:17.62 40.52	500m: 6:38.24 40.32	900m: 11:58.06 39.86	1300m: 17:22.45 40.46			
	150m: 1:57.81 40.19	550m: 7:18.06 39.82	950m: 12:38.06 40.00	1350m: 18:02.87 40.42			
	200m: 2:38.31 40.50	600m: 7:57.77 39.71	1000m: 13:18.10 40.04	1400m: 18:42.31 39.44			
	250m: 3:18.13 39.82	650m: 8:38.17 40.40	1050m: 13:59.13 41.03	1450m: 19:21.67 39.36			
	300m: 3:57.60 39.47	700m: 9:18.37 40.20	1100m: 14:39.62 40.49	1500m: 20:00.06 38.39			
	350m: 4:37.95 40.35	750m: 9:58.62 40.25	1150m: 15:20.35 40.73				
	400m: 5:17.95 40.00	800m: 10:38.42 39.80	1200m: 16:01.10 40.75				
5.	Krebesová Ema	2013	Tenax Žilina	20:25.75		406	+ 33.83
	50m: 38.03 38.03	450m: 6:00.59 40.50	850m: 11:29.38 41.47	1250m: 17:00.56 41.22			
	100m: 1:17.69 39.66	500m: 6:41.38 40.79	900m: 12:10.94 41.56	1300m: 17:41.56 41.00			
	150m: 1:58.06 40.37	550m: 7:22.41 41.03	950m: 12:52.69 41.75	1350m: 18:22.97 41.41			
	200m: 2:38.66 40.60	600m: 8:03.66 41.25	1000m: 13:34.22 41.53	1400m: 19:04.84 41.87			
	250m: 3:19.44 40.78	650m: 8:44.63 40.97	1050m: 14:15.25 41.03	1450m: 19:46.19 41.35			
	300m: 3:59.41 39.97	700m: 9:26.13 41.50	1100m: 14:56.34 41.09	1500m: 20:25.75 39.56			
	350m: 4:39.97 40.56	750m: 10:06.81 40.68	1150m: 15:37.97 41.63				
	400m: 5:20.09 40.12	800m: 10:47.91 41.10	1200m: 16:19.34 41.37				
6.	Laukova Alexis	2013	PK Martin	20:41.04		391	+ 49.12
	50m: 36.50 36.50	450m: 6:08.68 41.75	850m: 11:44.86 42.33	1250m: 17:19.31 41.17			
	100m: 1:17.86 41.36	500m: 6:50.46 41.78	900m: 12:27.46 42.60	1300m: 18:00.50 41.19			
	150m: 1:58.93 41.07	550m: 7:32.28 41.82	950m: 13:09.68 42.22	1350m: 18:41.71 41.21			
	200m: 2:39.86 40.93	600m: 8:14.11 41.83	1000m: 13:50.86 41.18	1400m: 19:22.61 40.90			
	250m: 3:21.31 41.45	650m: 8:56.06 41.95	1050m: 14:34.06 43.20	1450m: 20:01.61 39.00			
	300m: 4:02.86 41.55	700m: 9:37.86 41.80	1100m: 15:15.50 41.44	1500m: 20:41.04 39.43			
	350m: 4:45.18 42.32	750m: 10:20.31 42.45	1150m: 15:56.93 41.43				
	400m: 5:26.93 41.75	800m: 11:02.53 42.22	1200m: 16:38.14 41.21				

Jesenné M-SSO-dlhé trate
Dolný Kubín, 26.9.2026

disciplína 4, žiačky, 1500m voľný spôsob, žiačky "A", 13.ročné

Por.	Meno			Roč.	Klub			Čas		RT	Body	Odstup
7.	Langšádlová Tamara			2013	PO Ružomberok			23:37.20			263	+ 3:45.28
	50m:	41.86	41.86	450m:	7:06.01	48.56	850m:	13:30.95	46.22	1250m:	19:49.54	47.34
	100m:	1:28.98	47.12	500m:	7:55.16	49.15	900m:	14:17.80	46.85	1300m:	20:36.73	47.19
	150m:	2:16.09	47.11	550m:	8:43.58	48.42	950m:	15:04.95	47.15	1350m:	21:23.67	46.94
	200m:	3:03.80	47.71	600m:	9:31.41	47.83	1000m:	15:52.64	47.69	1400m:	22:10.36	46.69
	250m:	3:50.98	47.18	650m:	10:19.61	48.20	1050m:	16:39.95	47.31	1450m:	22:55.20	44.84
	300m:	4:39.80	48.82	700m:	11:08.83	49.22	1100m:	17:27.98	48.03	1500m:	23:37.20	42.00
	350m:	5:28.67	48.87	750m:	11:57.89	49.06	1150m:	18:15.09	47.11			
	400m:	6:17.45	48.78	800m:	12:44.73	46.84	1200m:	19:02.20	47.11			
8.	Ďurková Paulína			2013	Tenax Žilina			25:44.56			203	+ 5:52.64
	50m:	42.80	42.80	450m:	7:40.50	52.29	850m:	14:36.46	52.37	1250m:	21:31.05	51.69
	100m:	1:32.25	49.45	500m:	8:32.91	52.41	900m:	15:28.04	51.58	1300m:	22:23.14	52.09
	150m:	2:23.72	51.47	550m:	9:24.01	51.10	950m:	16:19.73	51.69	1350m:	23:14.90	51.76
	200m:	3:16.29	52.57	600m:	10:15.76	51.75	1000m:	17:11.78	52.05	1400m:	24:06.48	51.58
	250m:	4:09.20	52.91	650m:	11:07.28	51.52	1050m:	18:06.35	54.57	1450m:	24:57.90	51.42
	300m:	5:02.28	53.08	700m:	11:59.07	51.79	1100m:	18:55.10	48.75	1500m:	25:44.56	46.66
	350m:	5:54.83	52.55	750m:	12:51.49	52.42	1150m:	19:47.47	52.37			
	400m:	6:48.21	53.38	800m:	13:44.09	52.60	1200m:	20:39.36	51.89			
9.	Hanák Victoria			2013	PO Ružomberok			28:02.34			157	+ 8:10.42
	50m:	45.84	45.84	450m:	8:12.76	56.85	850m:	15:49.94	57.71	1250m:	23:28.13	57.22
	100m:	1:38.09	52.25	500m:	9:09.44	56.68	900m:	16:48.16	58.22	1300m:	24:24.81	56.68
	150m:	2:32.16	54.07	550m:	10:06.76	57.32	950m:	17:45.76	57.60	1350m:	25:21.56	56.75
	200m:	3:28.26	56.10	600m:	11:03.66	56.90	1000m:	18:43.13	57.37	1400m:	26:18.81	57.25
	250m:	4:24.41	56.15	650m:	12:00.51	56.85	1050m:	19:40.38	57.25	1450m:	27:14.81	56.00
	300m:	5:22.09	57.68	700m:	12:57.48	56.97	1100m:	20:36.66	56.28	1500m:	28:02.34	47.53
	350m:	6:18.91	56.82	750m:	13:54.51	57.03	1150m:	21:33.73	57.07			
	400m:	7:15.91	57.00	800m:	14:52.23	57.72	1200m:	22:30.91	57.18			

žiačky "A", 14.ročné

1.	Hlavajová Tea			2012	PK Martin			18:13.94			572	
	50m:	33.47	33.47	450m:	5:23.59	36.34	850m:	10:15.00	36.94	1250m:	15:10.91	37.28
	100m:	1:09.66	36.19	500m:	5:59.56	35.97	900m:	10:52.31	37.31	1300m:	15:48.19	37.28
	150m:	1:46.22	36.56	550m:	6:35.44	35.88	950m:	11:29.81	37.50	1350m:	16:25.19	37.00
	200m:	2:22.16	35.94	600m:	7:12.16	36.72	1000m:	12:06.72	36.91	1400m:	17:01.81	36.62
	250m:	2:58.69	36.53	650m:	7:48.38	36.22	1050m:	12:43.28	36.56	1450m:	17:38.47	36.66
	300m:	3:35.28	36.59	700m:	8:24.94	36.56	1100m:	13:20.22	36.94	1500m:	18:13.94	35.47
	350m:	4:11.34	36.06	750m:	9:01.69	36.75	1150m:	13:56.63	36.41			
	400m:	4:47.25	35.91	800m:	9:38.06	36.37	1200m:	14:33.63	37.00			
2.	Mikulášová Tamara			2012	TT Dolný Kubín			20:36.09			396	+ 2:22.15
	50m:	36.91	36.91	450m:	6:07.45	41.92	850m:	11:38.06	41.18	1250m:	17:10.98	41.28
	100m:	1:17.31	40.40	500m:	6:49.38	41.93	900m:	12:19.56	41.50	1300m:	17:52.45	41.47
	150m:	1:58.48	41.17	550m:	7:31.03	41.65	950m:	13:01.23	41.67	1350m:	18:34.13	41.68
	200m:	2:39.63	41.15	600m:	8:12.13	41.10	1000m:	13:43.63	42.40	1400m:	19:15.48	41.35
	250m:	3:20.88	41.25	650m:	8:53.38	41.25	1050m:	14:25.20	41.57	1450m:	19:56.78	41.30
	300m:	4:02.45	41.57	700m:	9:34.88	41.50	1100m:	15:06.63	41.43	1500m:	20:36.09	39.31
	350m:	4:43.98	41.53	750m:	10:15.48	40.60	1150m:	15:48.53	41.90			
	400m:	5:25.53	41.55	800m:	10:56.88	41.40	1200m:	16:29.70	41.17			
3.	Štrbáková Simona			2012	PK Martin			21:30.67			348	+ 3:16.73
	50m:	37.19	37.19	450m:	6:11.31	42.53	850m:	11:59.02	44.03	1250m:	17:53.27	44.51
	100m:	1:17.45	40.26	500m:	6:54.47	43.16	900m:	12:42.63	43.61	1300m:	18:37.06	43.79
	150m:	1:59.43	41.98	550m:	7:37.46	42.99	950m:	13:26.26	43.63	1350m:	19:20.95	43.89
	200m:	2:41.32	41.89	600m:	8:21.00	43.54	1000m:	14:10.67	44.41	1400m:	20:04.10	43.15
	250m:	3:21.94	40.62	650m:	9:04.09	43.09	1050m:	14:54.86	44.19	1450m:	20:47.34	43.24
	300m:	4:04.63	42.69	700m:	9:47.76	43.67	1100m:	15:39.47	44.61	1500m:	21:30.67	43.33
	350m:	4:46.38	41.75	750m:	10:31.83	44.07	1150m:	16:23.83	44.36			
	400m:	5:28.78	42.40	800m:	11:14.99	43.16	1200m:	17:08.76	44.93			

Jesenné M-SSO-dlhé trate
Dolný Kubín, 26.9.2026

disciplína 4, žiačky, 1500m voľný spôsob, žiačky "A", 14.ročné

Por.	Meno			Roč.	Klub			Čas		RT	Body	Odstup
4.	Gyéénová Natalia			2012	PK Martin			21:35.13			344	+ 3:21.19
	50m:	38.60	38.60	450m:	6:20.03	43.36	850m:	12:09.60	43.75	1250m:	18:00.60	43.57
	100m:	1:19.99	41.39	500m:	7:03.27	43.24	900m:	12:53.79	44.19	1300m:	18:43.10	42.50
	150m:	2:03.20	43.21	550m:	7:46.95	43.68	950m:	13:37.56	43.77	1350m:	19:26.85	43.75
	200m:	2:45.70	42.50	600m:	8:30.13	43.18	1000m:	14:21.67	44.11	1400m:	20:10.74	43.89
	250m:	3:28.45	42.75	650m:	9:13.95	43.82	1050m:	15:05.87	44.20	1450m:	20:53.60	42.86
	300m:	4:11.49	43.04	700m:	9:57.45	43.50	1100m:	15:49.70	43.83	1500m:	21:35.13	41.53
	350m:	4:54.13	42.64	750m:	10:41.74	44.29	1150m:	16:33.60	43.90			
	400m:	5:36.67	42.54	800m:	11:25.85	44.11	1200m:	17:17.03	43.43			
5.	Glezzgová Karolína			2012	PO UMB Banská Bystrica			22:27.58			306	+ 4:13.64
	50m:	39.36	39.36	450m:	6:40.32	45.25	850m:	12:44.95	45.47	1250m:	18:47.09	44.77
	100m:	1:23.67	44.31	500m:	7:26.29	45.97	900m:	13:30.80	45.85	1300m:	19:32.54	45.45
	150m:	2:08.36	44.69	550m:	8:11.64	45.35	950m:	14:16.09	45.29	1350m:	20:16.73	44.19
	200m:	2:52.92	44.56	600m:	8:56.58	44.94	1000m:	15:01.22	45.13	1400m:	21:01.77	45.04
	250m:	3:38.51	45.59	650m:	9:41.83	45.25	1050m:	15:47.11	45.89	1450m:	21:46.45	44.68
	300m:	4:24.09	45.58	700m:	10:27.51	45.68	1100m:	16:32.61	45.50	1500m:	22:27.58	41.13
	350m:	5:09.32	45.23	750m:	11:13.58	46.07	1150m:	17:17.41	44.80			
	400m:	5:55.07	45.75	800m:	11:59.48	45.90	1200m:	18:02.32	44.91			
6.	Gilianová Tereza			2012	PK Martin			23:35.00			264	+ 5:21.06
	50m:	40.97	40.97	450m:	6:52.33	46.64	850m:	13:11.05	46.83	1250m:	19:43.22	48.75
	100m:	1:26.44	45.47	500m:	7:39.22	46.89	900m:	13:59.97	48.92	1300m:	20:31.22	48.00
	150m:	2:12.08	45.64	550m:	8:27.05	47.83	950m:	14:48.33	48.36	1350m:	21:18.44	47.22
	200m:	2:58.15	46.07	600m:	9:14.33	47.28	1000m:	15:37.30	48.97	1400m:	22:04.90	46.46
	250m:	3:44.94	46.79	650m:	10:01.47	47.14	1050m:	16:25.44	48.14	1450m:	22:50.72	45.82
	300m:	4:32.22	47.28	700m:	10:49.75	48.28	1100m:	17:16.22	50.78	1500m:	23:35.00	44.28
	350m:	5:18.72	46.50	750m:	11:37.50	47.75	1150m:	18:05.22	49.00			
	400m:	6:05.69	46.97	800m:	12:24.22	46.72	1200m:	18:54.47	49.25			
7.	Markovič Gallová Sára			2012	PO Ružomberok			28:03.39			157	+ 9:49.45
	50m:	46.34	46.34	450m:	8:03.57	55.26	850m:	15:36.03	55.72	1250m:	23:22.24	58.03
	100m:	1:40.07	53.73	500m:	9:00.17	56.60	900m:	16:34.49	58.46	1300m:	24:21.28	59.04
	150m:	2:34.78	54.71	550m:	9:55.89	55.72	950m:	17:31.81	57.32	1350m:	25:19.07	57.79
	200m:	3:29.53	54.75	600m:	10:51.99	56.10	1000m:	18:29.57	57.76	1400m:	26:17.57	58.50
	250m:	4:24.03	54.50	650m:	11:48.42	56.43	1050m:	19:26.84	57.27	1450m:	27:13.57	56.00
	300m:	5:19.09	55.06	700m:	12:45.21	56.79	1100m:	20:23.42	56.58	1500m:	28:03.39	49.82
	350m:	6:13.81	54.72	750m:	13:43.03	57.82	1150m:	21:24.31	1:00.89			
	400m:	7:08.31	54.50	800m:	14:40.31	57.28	1200m:	22:24.21	59.90			

mladšie juniorky, 15.-16.ročné

1.	Vytykáčová Stela			2011	Tenax Žilina			18:07.33			582	
	50m:	33.03	33.03	450m:	5:22.63	36.72	850m:	10:13.23	36.10	1250m:	15:06.16	40.29
	100m:	1:09.41	36.38	500m:	5:58.87	36.24	900m:	10:49.31	36.08	1300m:	15:42.98	36.82
	150m:	1:45.59	36.18	550m:	6:35.31	36.44	950m:	11:25.41	36.10	1350m:	16:19.51	36.53
	200m:	2:21.45	35.86	600m:	7:11.73	36.42	1000m:	12:02.23	36.82	1400m:	16:56.26	36.75
	250m:	2:57.34	35.89	650m:	7:48.13	36.40	1050m:	12:38.38	36.15	1450m:	17:32.94	36.68
	300m:	3:33.69	36.35	700m:	8:24.41	36.28	1100m:	13:15.06	36.68	1500m:	18:07.33	34.39
	350m:	4:09.94	36.25	750m:	9:00.91	36.50	1150m:	13:52.09	37.03			
	400m:	4:45.91	35.97	800m:	9:37.13	36.22	1200m:	14:25.87	33.78			
2.	Novinská Kristína			2011	PK Martin			18:15.78			569	+ 8.45
	50m:	33.75	33.75	450m:	5:25.46	36.68	850m:	10:19.81	37.38	1250m:	15:13.78	37.00
	100m:	1:09.71	35.96	500m:	6:02.25	36.79	900m:	10:56.53	36.72	1300m:	15:50.89	37.11
	150m:	1:45.93	36.22	550m:	6:38.72	36.47	950m:	11:33.25	36.72	1350m:	16:28.00	37.11
	200m:	2:22.43	36.50	600m:	7:15.43	36.71	1000m:	12:09.96	36.71	1400m:	17:04.71	36.71
	250m:	2:58.81	36.38	650m:	7:52.25	36.82	1050m:	12:46.46	36.50	1450m:	17:40.75	36.04
	300m:	3:35.43	36.62	700m:	8:28.96	36.71	1100m:	13:23.00	36.54	1500m:	18:15.78	35.03
	350m:	4:12.18	36.75	750m:	9:05.46	36.50	1150m:	13:59.81	36.81			
	400m:	4:48.78	36.60	800m:	9:42.43	36.97	1200m:	14:36.78	36.97			

Jesenné M-SSO-dlhé trate
Dolný Kubín, 26.9.2026

disciplína 4, žiačky, 1500m voľný spôsob, mladšie juniorky, 15.-16.ročné

Por.	Meno			Roč.	Klub			Čas		RT	Body	Odstup
3.	Kvašňovská Karolína			2011	MPK Dolný Kubín			20:17.28			415	+ 2:09.95
	50m:	35.64	35.64	450m:	5:54.50	40.29	850m:	11:21.39	41.43	1250m:	16:52.64	40.86
	100m:	1:14.50	38.86	500m:	6:35.14	40.64	900m:	12:02.86	41.47	1300m:	17:33.86	41.22
	150m:	1:54.43	39.93	550m:	7:16.06	40.92	950m:	12:44.43	41.57	1350m:	18:14.93	41.07
	200m:	2:34.64	40.21	600m:	7:56.96	40.90	1000m:	13:26.03	41.60	1400m:	18:56.28	41.35
	250m:	3:14.28	39.64	650m:	8:37.14	40.18	1050m:	14:07.43	41.40	1450m:	19:37.53	41.25
	300m:	3:53.93	39.65	700m:	9:18.28	41.14	1100m:	14:48.78	41.35	1500m:	20:17.28	39.75
	350m:	4:34.11	40.18	750m:	9:59.00	40.72	1150m:	15:30.43	41.65			
	400m:	5:14.21	40.10	800m:	10:39.96	40.96	1200m:	16:11.78	41.35			
4.	Janušeková Nina			2010	PK Banská Bystrica			21:25.99			352	+ 3:18.66
	50m:	35.10	35.10	450m:	6:10.10	43.18	850m:	12:00.25	44.12	1250m:	17:51.17	43.43
	100m:	1:13.74	38.64	500m:	6:53.10	43.00	900m:	12:44.31	44.06	1300m:	18:34.87	43.70
	150m:	1:54.10	40.36	550m:	7:37.10	44.00	950m:	13:27.67	43.36	1350m:	19:18.10	43.23
	200m:	2:35.45	41.35	600m:	8:20.85	43.75	1000m:	14:11.27	43.60	1400m:	20:02.13	44.03
	250m:	3:17.27	41.82	650m:	9:04.35	43.50	1050m:	14:55.20	43.93	1450m:	20:45.35	43.22
	300m:	3:59.02	41.75	700m:	9:47.92	43.57	1100m:	15:39.70	44.50	1500m:	21:25.99	40.64
	350m:	4:43.45	44.43	750m:	10:32.35	44.43	1150m:	16:23.95	44.25			
	400m:	5:26.92	43.47	800m:	11:16.13	43.78	1200m:	17:07.74	43.79			
5.	Staníková Diana			2011	Tenax Žilina			22:08.05			319	+ 4:00.72
	50m:	39.26	39.26	450m:	6:26.76	44.54	850m:	12:24.55	45.11	1250m:	18:24.97	44.78
	100m:	1:21.44	42.18	500m:	7:11.37	44.61	900m:	13:09.55	45.00	1300m:	19:10.41	45.44
	150m:	2:04.66	43.22	550m:	7:55.72	44.35	950m:	13:54.84	45.29	1350m:	19:55.19	44.78
	200m:	2:48.37	43.71	600m:	8:40.20	44.48	1000m:	14:40.12	45.28	1400m:	20:40.41	45.22
	250m:	3:31.69	43.32	650m:	9:24.55	44.35	1050m:	15:24.41	44.29	1450m:	21:24.16	43.75
	300m:	4:14.94	43.25	700m:	10:09.76	45.21	1100m:	16:08.84	44.43	1500m:	22:08.05	43.89
	350m:	4:58.79	43.85	750m:	10:54.72	44.96	1150m:	16:54.87	46.03			
	400m:	5:42.22	43.43	800m:	11:39.44	44.72	1200m:	17:40.19	45.32			
6.	Šefranková Lucia			2011	PO Ružomberok			23:36.81			263	+ 5:29.48
	50m:	41.60	41.60	450m:	7:06.60	49.08	850m:	13:29.77	46.03	1250m:	19:49.60	47.35
	100m:	1:29.03	47.43	500m:	7:55.42	48.82	900m:	14:16.25	46.48	1300m:	20:36.81	47.21
	150m:	2:16.25	47.22	550m:	8:43.60	48.18	950m:	15:05.74	49.49	1350m:	21:23.92	47.11
	200m:	3:03.85	47.60	600m:	9:31.49	47.89	1000m:	15:53.13	47.39	1400m:	22:11.42	47.50
	250m:	3:51.52	47.67	650m:	10:20.63	49.14	1050m:	16:40.77	47.64	1450m:	22:55.85	44.43
	300m:	4:40.25	48.73	700m:	11:09.56	48.93	1100m:	17:28.06	47.29	1500m:	23:36.81	40.96
	350m:	5:29.06	48.81	750m:	11:57.92	48.36	1150m:	18:15.38	47.32			
	400m:	6:17.52	48.46	800m:	12:43.74	45.82	1200m:	19:02.25	46.87			
7.	Staníková Lilien			2011	Tenax Žilina			24:12.52			244	+ 6:05.19
	50m:	39.95	39.95	450m:	7:02.13	48.21	850m:	13:37.81	50.04	1250m:	20:13.87	48.81
	100m:	1:24.87	44.92	500m:	7:51.03	48.90	900m:	14:28.27	50.46	1300m:	21:02.85	48.98
	150m:	2:12.74	47.87	550m:	8:39.85	48.82	950m:	15:17.60	49.33	1350m:	21:51.49	48.64
	200m:	2:59.99	47.25	600m:	9:29.13	49.28	1000m:	16:07.03	49.43	1400m:	22:39.99	48.50
	250m:	3:47.67	47.68	650m:	10:18.35	49.22	1050m:	16:56.70	49.67	1450m:	23:27.42	47.43
	300m:	4:36.10	48.43	700m:	11:08.35	50.00	1100m:	17:46.42	49.72	1500m:	24:12.52	45.10
	350m:	5:24.56	48.46	750m:	11:57.49	49.14	1150m:	18:35.77	49.35			
	400m:	6:13.92	49.36	800m:	12:47.77	50.28	1200m:	19:25.06	49.29			
8.	Maceková Viktória			2010	MPK Dolný Kubín			24:41.00			230	+ 6:33.67
	50m:	39.31	39.31	450m:	7:06.16	49.78	850m:	13:47.59	50.56	1250m:	20:33.28	51.00
	100m:	1:23.63	44.32	500m:	7:56.34	50.18	900m:	14:37.69	50.10	1300m:	21:24.19	50.91
	150m:	2:11.09	47.46	550m:	8:45.47	49.13	950m:	15:28.31	50.62	1350m:	22:14.22	50.03
	200m:	2:59.88	48.79	600m:	9:35.53	50.06	1000m:	16:18.50	50.19	1400m:	23:05.06	50.84
	250m:	3:49.50	49.62	650m:	10:25.00	49.47	1050m:	17:09.28	50.78	1450m:	23:53.72	48.66
	300m:	4:38.69	49.19	700m:	11:15.63	50.63	1100m:	18:00.19	50.91	1500m:	24:41.00	47.28
	350m:	5:27.50	48.81	750m:	12:06.03	50.40	1150m:	18:51.19	51.00			
	400m:	6:16.38	48.88	800m:	12:57.03	51.00	1200m:	19:42.28	51.09			

staršie juniorky, 17.-18.ročné

Jesenné M-SSO-dlhé trate
Dolný Kubín, 26.9.2026

disciplína 4, žiačky, 1500m voľný spôsob, staršie juniorky, 17.-18.ročné

Por.	Meno			Roč.	Klub			Čas	RT	Body	Odstup	
1.	Peknušová Sophia			2008	Tenax Žilina			18:08.82		580		
	50m:	33.61	33.61	450m:	5:22.29	36.43	850m:	10:14.89	36.63	1250m:	15:06.70	36.16
	100m:	1:09.22	35.61	500m:	5:59.07	36.78	900m:	10:51.51	36.62	1300m:	15:42.61	35.91
	150m:	1:45.26	36.04	550m:	6:35.57	36.50	950m:	11:28.13	36.62	1350m:	16:19.29	36.68
	200m:	2:21.09	35.83	600m:	7:12.22	36.65	1000m:	12:04.80	36.67	1400m:	16:55.98	36.69
	250m:	2:57.01	35.92	650m:	7:48.54	36.32	1050m:	12:41.13	36.33	1450m:	17:32.82	36.84
	300m:	3:33.26	36.25	700m:	8:25.22	36.68	1100m:	13:17.82	36.69	1500m:	18:08.82	36.00
	350m:	4:09.45	36.19	750m:	9:01.89	36.67	1150m:	13:54.09	36.27			
	400m:	4:45.86	36.41	800m:	9:38.26	36.37	1200m:	14:30.54	36.45			
2.	Legemzová Sofia			2008	MPK Dolný Kubín			22:08.06		319	+ 3:59.24	
	50m:	37.14	37.14	450m:	6:29.04	45.01	850m:	12:28.78	45.97	1250m:	18:29.31	44.17
	100m:	1:17.78	40.64	500m:	7:14.14	45.10	900m:	13:13.61	44.83	1300m:	19:14.64	45.33
	150m:	1:59.28	41.50	550m:	7:59.21	45.07	950m:	13:58.53	44.92	1350m:	19:59.78	45.14
	200m:	2:43.53	44.25	600m:	8:43.06	43.85	1000m:	14:43.28	44.75	1400m:	20:44.03	44.25
	250m:	3:28.71	45.18	650m:	9:27.00	43.94	1050m:	15:28.00	44.72	1450m:	21:28.06	44.03
	300m:	4:13.61	44.90	700m:	10:13.96	46.96	1100m:	16:14.18	46.18	1500m:	22:08.06	40.00
	350m:	4:58.21	44.60	750m:	10:59.03	45.07	1150m:	16:59.31	45.13			
	400m:	5:44.03	45.82	800m:	11:42.81	43.78	1200m:	17:45.14	45.83			
3.	Garajová Katarína			2008	TT Dolný Kubín			22:54.61		288	+ 4:45.79	
	50m:	36.75	36.75	450m:	6:33.25	46.50	850m:	12:49.25	47.25	1250m:	19:05.08	47.11
	100m:	1:18.22	41.47	500m:	7:20.33	47.08	900m:	13:36.93	47.68	1300m:	19:51.83	46.75
	150m:	2:00.90	42.68	550m:	8:06.93	46.60	950m:	14:24.25	47.32	1350m:	20:38.28	46.45
	200m:	2:44.22	43.32	600m:	8:54.11	47.18	1000m:	15:11.11	46.86	1400m:	21:24.83	46.55
	250m:	3:28.86	44.64	650m:	9:41.03	46.92	1050m:	15:57.16	46.05	1450m:	22:10.90	46.07
	300m:	4:13.68	44.82	700m:	10:28.00	46.97	1100m:	16:44.40	47.24	1500m:	22:54.61	43.71
	350m:	5:00.53	46.85	750m:	11:15.18	47.18	1150m:	17:31.36	46.96			
	400m:	5:46.75	46.22	800m:	12:02.00	46.82	1200m:	18:17.97	46.61			
4.	Juríková Radka			2008	MPK Prievidza			22:57.83		286	+ 4:49.01	
	50m:	39.15	39.15	450m:	6:43.25	46.39	850m:	12:54.17	46.90	1250m:	19:09.02	46.53
	100m:	1:22.38	43.23	500m:	7:28.95	45.70	900m:	13:41.01	46.84	1300m:	19:56.31	47.29
	150m:	2:07.16	44.78	550m:	8:15.16	46.21	950m:	14:27.25	46.24	1350m:	20:42.51	46.20
	200m:	2:52.06	44.90	600m:	9:01.76	46.60	1000m:	15:13.90	46.65	1400m:	21:29.22	46.71
	250m:	3:38.06	46.00	650m:	9:48.01	46.25	1050m:	16:01.00	47.10	1450m:	22:15.06	45.84
	300m:	4:24.54	46.48	700m:	10:34.61	46.60	1100m:	16:48.29	47.29	1500m:	22:57.83	42.77
	350m:	5:10.31	45.77	750m:	11:20.94	46.33	1150m:	17:35.06	46.77			
	400m:	5:56.86	46.55	800m:	12:07.27	46.33	1200m:	18:22.49	47.43			