

Jesenné M-SSO-dlhé trate
Dolný Kubín, 26.9.2026

disciplína 2
26.09.2026

ženy, 400m voľný spôsob

11 roč. a st.
Výsledky

bodovanie: AQUA 2025

Por.	Meno				Roč.	Klub			Čas	RT	Body	Odstup
žiačky "B", 11.ročné												
1.	Gregorová Sofia				2015	PK Martin			5:15.25		389	
	50m:	36.78	36.78	150m:	1:57.33	40.93	250m:	3:18.53	40.92	350m:	4:38.11	39.78
	100m:	1:16.40	39.62	200m:	2:37.61	40.28	300m:	3:58.33	39.80	400m:	5:15.25	37.14
2.	Szabo Sandra				2015	Swim Warriors			5:30.87		336	+ 15.62
	50m:	37.89	37.89	150m:	2:00.05	42.03	250m:	3:25.69	42.85	350m:	4:51.66	43.22
	100m:	1:18.02	40.13	200m:	2:42.84	42.79	300m:	4:08.44	42.75	400m:	5:30.87	39.21
3.	Buvalová Elizabeth				2015	PK Martin			5:40.87		308	+ 25.62
	50m:	38.19	38.19	150m:	2:05.22	44.71	250m:	3:32.94	43.85	350m:	5:00.22	43.60
	100m:	1:20.51	42.32	200m:	2:49.09	43.87	300m:	4:16.62	43.68	400m:	5:40.87	40.65
4.	Bayerova Terezka				2015	PK Martin			5:47.07		291	+ 31.82
	50m:	39.71	39.71	150m:	2:06.49	43.07	250m:	3:36.57	45.79	350m:	5:06.97	45.38
	100m:	1:23.42	43.71	200m:	2:50.78	44.29	300m:	4:21.59	45.02	400m:	5:47.07	40.10
5.	Vrobelová Zara				2015	MPK Tvrdošín			5:48.13		289	+ 32.88
	50m:	37.54	37.54	150m:	2:05.73	45.09	250m:	3:38.32	46.62	350m:	5:07.61	45.00
	100m:	1:20.64	43.10	200m:	2:51.70	45.97	300m:	4:22.61	44.29	400m:	5:48.13	40.52
6.	Gilianová Simona				2015	PK Martin			5:49.05		287	+ 33.80
	50m:	39.55	39.55	150m:	2:06.94	43.60	250m:	3:35.41	44.47	350m:	5:05.62	45.18
	100m:	1:23.34	43.79	200m:	2:50.94	44.00	300m:	4:20.44	45.03	400m:	5:49.05	43.43
7.	Grajciarová Zuzana				2015	PK Martin			6:01.72		257	+ 46.47
	50m:	38.12	38.12	150m:	2:06.12	46.28	250m:	3:40.72	47.13	350m:	5:12.41	44.19
	100m:	1:19.84	41.72	200m:	2:53.59	47.47	300m:	4:28.22	47.50	400m:	6:01.72	49.31
8.	Krnáčová Patrícia				2015	PO UMB Banská Bystrica			6:02.92		255	+ 47.67
	50m:	36.92	36.92	150m:	2:04.77	45.28	250m:	3:39.35	47.72	350m:	5:16.13	49.50
	100m:	1:19.49	42.57	200m:	2:51.63	46.86	300m:	4:26.63	47.28	400m:	6:02.92	46.79
9.	Húsková Dorota				2015	PK Martin			6:18.66		224	+ 1:03.41
	50m:	42.31	42.31	150m:	2:17.78	48.53	250m:	3:56.41	49.40	350m:	5:33.28	48.40
	100m:	1:29.25	46.94	200m:	3:07.01	49.23	300m:	4:44.88	48.47	400m:	6:18.66	45.38
10.	Demeterová Zoja				2015	PK Martin			6:22.31		218	+ 1:07.06
	50m:	41.91	41.91	150m:	2:19.31	49.35	250m:	3:59.57	50.26	350m:	5:39.17	49.39
	100m:	1:29.96	48.05	200m:	3:09.31	50.00	300m:	4:49.78	50.21	400m:	6:22.31	43.14
11.	Rišková Eliška				2015	PK Martin			6:22.53		218	+ 1:07.28
	50m:	43.14	43.14	150m:	2:20.56	49.67	250m:	3:59.78	49.74	350m:	5:37.36	49.08
	100m:	1:30.89	47.75	200m:	3:10.04	49.48	300m:	4:48.28	48.50	400m:	6:22.53	45.17
12.	Džuponová Eliška				2015	Žabka Čadca			6:23.25		216	+ 1:08.00
	50m:	42.03	42.03	150m:	2:18.50	49.25	250m:	3:57.47	49.64	350m:	5:36.40	49.97
	100m:	1:29.25	47.22	200m:	3:07.83	49.33	300m:	4:46.43	48.96	400m:	6:23.25	46.85
13.	Dzuráková Linda				2015	PK Banská Bystrica			6:23.86		215	+ 1:08.61
	50m:	40.65	40.65	150m:	2:15.72	48.75	250m:	3:55.62	50.37	350m:	5:34.05	49.33
	100m:	1:26.97	46.32	200m:	3:05.25	49.53	300m:	4:44.72	49.10	400m:	6:23.86	49.81
14.	Šípecová Karin				2015	PO Ružomberok			6:26.31		211	+ 1:11.06
	50m:	46.64	46.64	150m:	2:15.17	48.28	250m:	3:57.14	51.40	350m:	5:37.81	49.97
	100m:	1:26.89	40.25	200m:	3:05.74	50.57	300m:	4:47.84	50.70	400m:	6:26.31	48.50
15.	Mančíková Ivana				2015	PK Martin			6:29.03		207	+ 1:13.78
	50m:	43.04	43.04	150m:	2:20.81	49.81	250m:	4:00.93	50.12	350m:	5:40.54	47.83
	100m:	1:31.00	47.96	200m:	3:10.81	50.00	300m:	4:52.71	51.78	400m:	6:29.03	48.49
16.	Vantúchová Tereza				2015	PK Martin			6:29.63		206	+ 1:14.38
	50m:	39.91	39.91	150m:	2:18.66	49.85	250m:	3:58.91	50.47	350m:	5:41.81	51.81
	100m:	1:28.81	48.90	200m:	3:08.44	49.78	300m:	4:50.00	51.09	400m:	6:29.63	47.82
17.	Kollárová Linda				2015	PK Martin			6:32.52		201	+ 1:17.27
	50m:	41.92	41.92	150m:	2:20.52	49.92	250m:	4:03.25	50.08	350m:	5:45.27	51.50
	100m:	1:30.60	48.68	200m:	3:13.17	52.65	300m:	4:53.77	50.52	400m:	6:32.52	47.25

Jesenné M-SSO-dlhé trate
Dolný Kubín, 26.9.2026

disciplína 2, žiačky, 400m voľný spôsob, žiačky "B", 11.ročné

Por.	Meno			Roč.	Klub				Čas	RT	Body	Odstup
18.	Žuffová Liliana			2015	MPK Tvrdošín				6:41.31		188	+ 1:26.06
	50m:	43.53	43.53	150m:	2:26.00	52.25	250m:	4:10.75	52.29	350m:	5:54.71	50.46
	100m:	1:33.75	50.22	200m:	3:18.46	52.46	300m:	5:04.25	53.50	400m:	6:41.31	46.60
19.	Mihaličková Nina			2015	PO UMB Banská Bystrica				6:47.47		180	+ 1:32.22
	50m:	42.36	42.36	150m:	2:27.28	53.75	250m:	4:12.75	53.14	350m:	5:58.72	52.57
	100m:	1:33.53	51.17	200m:	3:19.61	52.33	300m:	5:06.15	53.40	400m:	6:47.47	48.75
20.	Mihaliková Mia			2015	PK Martin				6:52.35		174	+ 1:37.10
	50m:	57.21	57.21	150m:	2:32.78	53.87	250m:	4:19.42	53.59	350m:	6:00.82	49.08
	100m:	1:38.91	41.70	200m:	3:25.83	53.05	300m:	5:11.74	52.32	400m:	6:52.35	51.53
21.	Onuferová Barbora			2015	PK Martin				7:01.00		163	+ 1:45.75
	50m:	46.47	46.47	150m:	2:34.34	54.18	250m:	4:23.97	55.06	350m:	6:12.81	54.37
	100m:	1:40.16	53.69	200m:	3:28.91	54.57	300m:	5:18.44	54.47	400m:	7:01.00	48.19
22.	Jaššová Anna			2015	Tenax Žilina				7:09.82		153	+ 1:54.57
	50m:	42.46	42.46	150m:	2:32.25	56.22	250m:	4:26.86	57.10	350m:	6:17.97	54.84
	100m:	1:36.03	53.57	200m:	3:29.76	57.51	300m:	5:23.13	56.27	400m:	7:09.82	51.85

žiačky "B", 12.ročné

1.	Gajanová Dorota			2014	Tenax Žilina			5:03.35		437		
	50m:	34.17	34.17	150m:	1:51.60	39.40	250m:	3:10.52	39.42	350m:	4:28.13	38.00
	100m:	1:12.20	38.03	200m:	2:31.10	39.50	300m:	3:50.13	39.61	400m:	5:03.35	35.22
2.	Šišková Eliška			2014	MPK Dolný Kubín			5:04.48		432		+ 1.13
	50m:	33.67	33.67	150m:	1:49.43	38.17	250m:	3:06.88	38.67	350m:	4:26.39	40.18
	100m:	1:11.26	37.59	200m:	2:28.21	38.78	300m:	3:46.21	39.33	400m:	5:04.48	38.09
3.	Klincková Viktória			2014	PK Rimavská Sobota			5:16.46		385		+ 13.11
	50m:	34.89	34.89	150m:	1:53.43	39.89	250m:	3:14.81	41.19	350m:	4:37.62	41.12
	100m:	1:13.54	38.65	200m:	2:33.62	40.19	300m:	3:56.50	41.69	400m:	5:16.46	38.84
4.	Machavová Nina			2014	PK Banská Bystrica			5:17.25		382		+ 13.90
	50m:	35.94	35.94	150m:	1:54.65	39.93	250m:	3:16.94	41.39	350m:	4:38.75	40.17
	100m:	1:14.72	38.78	200m:	2:35.55	40.90	300m:	3:58.58	41.64	400m:	5:17.25	38.50
5.	Figei Vivien			2014	PK Rimavská Sobota			5:25.76		353		+ 22.41
	50m:	35.43	35.43	150m:	1:55.79	40.81	250m:	3:19.05	41.81	350m:	4:45.13	43.39
	100m:	1:14.98	39.55	200m:	2:37.24	41.45	300m:	4:01.74	42.69	400m:	5:25.76	40.63
6.	Troupová Lea			2014	MPK Dolný Kubín			5:26.39		351		+ 23.04
	50m:	36.46	36.46	150m:	1:57.89	41.75	250m:	3:21.61	41.97	350m:	4:46.03	42.10
	100m:	1:16.14	39.68	200m:	2:39.64	41.75	300m:	4:03.93	42.32	400m:	5:26.39	40.36
7.	Hnilicová Isabella			2014	PK Martin			5:27.00		349		+ 23.65
	50m:	35.47	35.47	150m:	1:58.65	41.86	250m:	3:23.50	42.78	350m:	4:48.97	42.50
	100m:	1:16.79	41.32	200m:	2:40.72	42.07	300m:	4:06.47	42.97	400m:	5:27.00	38.03
8.	Blahušiaková Nelka			2014	PK Martin			5:34.56		325		+ 31.21
	50m:	36.88	36.88	150m:	2:01.02	42.74	250m:	3:29.00	44.15	350m:	4:54.96	42.87
	100m:	1:18.28	41.40	200m:	2:44.85	43.83	300m:	4:12.09	43.09	400m:	5:34.56	39.60
9.	Svitkova Nela			2014	PK Banská Bystrica			5:35.22		324		+ 31.87
	50m:	36.22	36.22	150m:	2:00.56	43.31	250m:	3:26.50	42.00	350m:	4:55.50	44.94
	100m:	1:17.25	41.03	200m:	2:44.50	43.94	300m:	4:10.56	44.06	400m:	5:35.22	39.72
10.	Merková Kristína			2014	PK Banská Bystrica			5:35.50		323		+ 32.15
	50m:	36.00	36.00	150m:	1:58.55	42.36	250m:	3:26.25	43.85	350m:	4:54.55	44.05
	100m:	1:16.19	40.19	200m:	2:42.40	43.85	300m:	4:10.50	44.25	400m:	5:35.50	40.95
11.	Lukáčová Ema			2014	PK Martin			5:37.65		317		+ 34.30
	50m:	37.36	37.36	150m:	2:04.85	44.24	250m:	3:30.62	43.26	350m:	4:56.38	43.38
	100m:	1:20.61	43.25	200m:	2:47.36	42.51	300m:	4:13.00	42.38	400m:	5:37.65	41.27
12.	Vrbická Adela			2014	PK Banská Bystrica			5:38.48		314		+ 35.13
	50m:	35.48	35.48	150m:	1:59.73	43.10	250m:	3:28.48	42.95	350m:	4:57.20	44.42
	100m:	1:16.63	41.15	200m:	2:45.53	45.80	300m:	4:12.78	44.30	400m:	5:38.48	41.28

Jesenné M-SSO-dlhé trate
Dolný Kubín, 26.9.2026

disciplína 2, žiačky, 400m voľný spôsob, žiačky "B", 12.ročné

Por.	Meno				Roč.	Klub			Čas	RT	Body	Odstup
13.	Hanusová Jesica				2014	Nereus Žilina			5:39.38		312	+ 36.03
	50m:	36.94	36.94	150m:	2:01.85	43.38	250m:	3:30.02	44.09	350m:	4:57.73	43.39
	100m:	1:18.47	41.53	200m:	2:45.93	44.08	300m:	4:14.34	44.32	400m:	5:39.38	41.65
14.	Puchľová Zuzana				2014	MPK Tvrdošín			5:43.69		300	+ 40.34
	50m:	35.22	35.22	150m:	2:00.02	44.30	250m:	3:29.91	44.72	350m:	5:00.26	44.96
	100m:	1:15.72	40.50	200m:	2:45.19	45.17	300m:	4:15.30	45.39	400m:	5:43.69	43.43
15.	Kňazúrová Nela				2014	MPK Dolný Kubín			5:45.36		296	+ 42.01
	50m:	35.93	35.93	150m:	1:59.22	42.72	250m:	3:28.57	45.32	350m:	5:00.47	45.97
	100m:	1:16.50	40.57	200m:	2:43.25	44.03	300m:	4:14.50	45.93	400m:	5:45.36	44.89
16.	Poláková Kristína				2014	Nereus Žilina			5:55.77		271	+ 52.42
	50m:	36.92	36.92	150m:	2:06.77	45.85	250m:	3:39.25	46.19	350m:	5:12.03	46.43
	100m:	1:20.92	44.00	200m:	2:53.06	46.29	300m:	4:25.60	46.35	400m:	5:55.77	43.74
17.	Záňová Zuzana				2014	MPK Dolný Kubín			6:00.69		260	+ 57.34
	50m:	39.76	39.76	150m:	2:10.44	45.72	250m:	3:43.97	46.53	350m:	5:16.47	45.53
	100m:	1:24.72	44.96	200m:	2:57.44	47.00	300m:	4:30.94	46.97	400m:	6:00.69	44.22
18.	Krajčovičová Alžbeta				2014	Nereus Žilina			6:07.87		245	+ 1:04.52
	50m:	41.81	41.81	150m:	2:13.45	46.26	250m:	3:47.46	46.52	350m:	5:23.33	48.31
	100m:	1:27.19	45.38	200m:	3:00.94	47.49	300m:	4:35.02	47.56	400m:	6:07.87	44.54
19.	Dziurová Ela				2014	PK Martin			6:11.00		239	+ 1:07.65
	50m:	38.36	38.36	150m:	2:09.57	46.46	250m:	3:48.11	49.68	350m:	5:27.97	49.29
	100m:	1:23.11	44.75	200m:	2:58.43	48.86	300m:	4:38.68	50.57	400m:	6:11.00	43.03
20.	Weisová Stela				2014	Nereus Žilina			6:16.93		227	+ 1:13.58
	50m:	42.38	42.38	150m:	2:18.38	48.75	250m:	3:57.10	49.58	350m:	5:33.38	47.03
	100m:	1:29.63	47.25	200m:	3:07.52	49.14	300m:	4:46.35	49.25	400m:	6:16.93	43.55
21.	Rohoňová Tereza				2014	PK Banská Bystrica			6:17.32		227	+ 1:13.97
	50m:	42.49	42.49	150m:	2:19.79	49.30	250m:	3:57.79	49.30	350m:	5:34.39	48.28
	100m:	1:30.49	48.00	200m:	3:08.49	48.70	300m:	4:46.11	48.32	400m:	6:17.32	42.93
22.	Hrúzová Katarina				2014	PK Martin			6:17.96		226	+ 1:14.61
	50m:	41.97	41.97	150m:	2:17.74	47.78	250m:	3:56.78	50.12	350m:	5:34.65	48.99
	100m:	1:29.96	47.99	200m:	3:06.66	48.92	300m:	4:45.66	48.88	400m:	6:17.96	43.31
23.	Lopatko Yelyzaveta				2014	Nereus Žilina			6:23.00		217	+ 1:19.65
	50m:	40.04	40.04	150m:	2:18.75	50.21	250m:	3:58.46	50.43	350m:	5:36.64	48.86
	100m:	1:28.54	48.50	200m:	3:08.03	49.28	300m:	4:47.78	49.32	400m:	6:23.00	46.36
24.	Kazíková Soňa				2014	Tenax Žilina			6:28.42		208	+ 1:25.07
	50m:	39.63	39.63	150m:	2:19.67	50.32	250m:	4:02.13	52.32	350m:	5:44.38	50.08
	100m:	1:29.35	49.72	200m:	3:09.81	50.14	300m:	4:54.30	52.17	400m:	6:28.42	44.04
25.	Dršková Nina				2014	Tenax Žilina			6:29.60		206	+ 1:26.25
	50m:	42.05	42.05	150m:	2:19.92	49.81	250m:	4:01.49	51.32	350m:	5:42.67	49.56
	100m:	1:30.11	48.06	200m:	3:10.17	50.25	300m:	4:53.11	51.62	400m:	6:29.60	46.93
26.	Knapcová Tereza				2014	Nereus Žilina			6:32.39		202	+ 1:29.04
	50m:	43.21	43.21	150m:	2:22.07	50.23	250m:	4:04.81	51.50	350m:	5:45.46	50.54
	100m:	1:31.84	48.63	200m:	3:13.31	51.24	300m:	4:54.92	50.11	400m:	6:32.39	46.93
27.	Pyvovarova Kira				2014	Tenax Žilina			6:34.56		198	+ 1:31.21
	50m:	42.99	42.99	150m:	2:23.85	51.25	250m:	4:06.99	51.61	350m:	5:44.10	45.25
	100m:	1:32.60	49.61	200m:	3:15.38	51.53	300m:	4:58.85	51.86	400m:	6:34.56	50.46
28.	Halušková Anna				2014	PO Ružomberok			6:34.81		198	+ 1:31.46
	50m:	44.03	44.03	150m:	2:22.96	50.50	250m:	4:05.07	51.93	400m:	6:34.81	1:37.78
	100m:	1:32.46	48.43	200m:	3:13.14	50.18	300m:	4:57.03	51.96			

Jesenné M-SSO-dlhé trate
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disciplína 2, ženy, 400m voľný spôsob

žiaci "A", 13.ročné

1.	Hodoňová Kristínka	2013	TT Dolný Kubín	4:57.26	464	
	50m: 31.67 31.67	150m: 1:43.38 36.94	250m: 2:59.93 38.84	350m: 4:19.07 39.50		
	100m: 1:06.44 34.77	200m: 2:21.09 37.71	300m: 3:39.57 39.64	400m: 4:57.26 38.19		
2.	Lešňovská Miriama	2013	MPK Dolný Kubín	4:59.59	453	+ 2.33
	50m: 33.63 33.63	150m: 1:48.13 38.00	250m: 3:05.59 38.89	350m: 4:23.16 38.43		
	100m: 1:10.13 36.50	200m: 2:26.70 38.57	300m: 3:44.73 39.14	400m: 4:59.59 36.43		
3.	Dubovská Nikola	2013	MPK Dolný Kubín	5:03.44	436	+ 6.18
	50m: 35.09 35.09	150m: 1:51.75 38.81	250m: 3:10.03 38.90	350m: 4:27.30 38.30		
	100m: 1:12.94 37.85	200m: 2:31.13 39.38	300m: 3:49.00 38.97	400m: 5:03.44 36.14		
4.	Ondrušková Nela	2013	PK Banská Bystrica	5:05.06	429	+ 7.80
	50m: 35.38 35.38	150m: 1:52.84 39.36	250m: 3:10.45 38.65	350m: 4:27.80 38.52		
	100m: 1:13.48 38.10	200m: 2:31.80 38.96	300m: 3:49.28 38.83	400m: 5:05.06 37.26		
5.	Laukova Alexis	2013	PK Martin	5:06.06	425	+ 8.80
	50m: 34.84 34.84	150m: 1:51.72 39.03	250m: 3:10.00 39.31	350m: 4:28.72 39.44		
	100m: 1:12.69 37.85	200m: 2:30.69 38.97	300m: 3:49.28 39.28	400m: 5:06.06 37.34		
6.	Krebesová Ema	2013	Tenax Žilina	5:09.20	412	+ 11.94
	50m: 35.66 35.66	150m: 1:52.41 38.97	250m: 3:11.16 39.29	350m: 4:32.38 41.29		
	100m: 1:13.44 37.78	200m: 2:31.87 39.46	300m: 3:51.09 39.93	400m: 5:09.20 36.82		
7.	Kubincáková Dominika	2013	MPK Tvrdošín	5:09.37	412	+ 12.11
	50m: 34.22 34.22	150m: 1:51.69 39.50	250m: 3:10.69 39.22	350m: 4:30.08 39.61		
	100m: 1:12.19 37.97	200m: 2:31.47 39.78	300m: 3:50.47 39.78	400m: 5:09.37 39.29		
8.	Belová Darina	2013	PK Martin	5:10.00	409	+ 12.74
	50m: 34.09 34.09	150m: 1:51.90 39.58	250m: 3:12.07 40.39	350m: 4:31.50 39.75		
	100m: 1:12.32 38.23	200m: 2:31.68 39.78	300m: 3:51.75 39.68	400m: 5:10.00 38.50		
9.	Krivdová Michaela	2013	MPK Tvrdošín	5:11.31	404	+ 14.05
	50m: 35.88 35.88	150m: 1:56.25 40.75	250m: 3:14.91 38.60	350m: 4:34.44 39.56		
	100m: 1:15.50 39.62	200m: 2:36.31 40.06	300m: 3:54.88 39.97	400m: 5:11.31 36.87		
10.	Žuffová Nela	2013	MPK Tvrdošín	5:15.99	386	+ 18.73
	50m: 35.89 35.89	150m: 1:53.21 39.22	250m: 3:14.14 40.47	350m: 4:37.39 41.47		
	100m: 1:13.99 38.10	200m: 2:33.67 40.46	300m: 3:55.92 41.78	400m: 5:15.99 38.60		
11.	Mat'ošková Barbora	2013	MPK Tvrdošín	5:20.62	370	+ 23.36
	50m: 35.55 35.55	150m: 1:55.25 40.00	250m: 3:17.22 40.89	350m: 4:40.75 42.20		
	100m: 1:15.25 39.70	200m: 2:36.33 41.08	300m: 3:58.55 41.33	400m: 5:20.62 39.87		
12.	Capandová Romana	2013	Nereus Žilina	5:22.09	365	+ 24.83
	50m: 35.31 35.31	150m: 1:56.24 41.43	250m: 3:18.57 41.26	350m: 4:41.84 41.53		
	100m: 1:14.81 39.50	200m: 2:37.31 41.07	300m: 4:00.31 41.74	400m: 5:22.09 40.25		
13.	Langšádlová Tamara	2013	PO Ružomberok	5:35.76	322	+ 38.50
	50m: 36.19 36.19	150m: 1:59.02 42.36	250m: 3:25.19 43.00	350m: 4:54.22 50.03		
	100m: 1:16.66 40.47	200m: 2:42.19 43.17	300m: 4:04.19 39.00	400m: 5:35.76 41.54		
14.	Tašková Timea	2013	Nereus Žilina	5:44.60	298	+ 47.34
	50m: 38.06 38.06	150m: 2:03.67 43.14	250m: 3:33.31 45.25	350m: 5:03.20 45.17		
	100m: 1:20.53 42.47	200m: 2:48.06 44.39	300m: 4:18.03 44.72	400m: 5:44.60 41.40		
15.	Lejová Dorota	2013	PK Martin	5:49.47	286	+ 52.21
	50m: 38.34 38.34	150m: 2:04.37 44.11	250m: 3:34.19 45.17	350m: 5:05.69 45.53		
	100m: 1:20.26 41.92	200m: 2:49.02 44.65	300m: 4:20.16 45.97	400m: 5:49.47 43.78		
16.	Vavrinčíková Michaela	2013	PK Banská Bystrica	5:50.16	284	+ 52.90
	50m: 37.94 37.94	150m: 2:05.69 45.35	250m: 3:37.37 46.03	350m: 5:08.59 45.65		
	100m: 1:20.34 42.40	200m: 2:51.34 45.65	300m: 4:22.94 45.57	400m: 5:50.16 41.57		
17.	Balková Ema	2013	TT Dolný Kubín	5:57.75	266	+ 1:00.49
	50m: 39.55 39.55	150m: 2:05.15 42.21	250m: 3:40.22 46.64	350m: 5:14.55 47.18		
	100m: 1:22.94 43.39	200m: 2:53.58 48.43	300m: 4:27.37 47.15	400m: 5:57.75 43.20		
18.	Marcinekova Hana	2013	Swim Warriors	6:06.75	247	+ 1:09.49
	50m: 40.82 40.82	150m: 2:14.53 47.50	250m: 3:48.68 46.93	350m: 5:23.47 47.32		
	100m: 1:27.03 46.21	200m: 3:01.75 47.22	300m: 4:36.15 47.47	400m: 6:06.75 43.28		

Jesenné M-SSO-dlhé trate
Dolný Kubín, 26.9.2026

disciplína 2, žiačky, 400m voľný spôsob, žiačky "A", 13.ročné

Por.	Meno	Roč.	Klub	Čas	RT	Body	Odstup
19.	Pačesová Ela	2013	MPK Dolný Kubín	6:07.84		245	+ 1:10.58
	50m: 40.31 40.31	150m: 2:15.16 48.00	250m: 3:50.51 47.32	350m: 5:26.31 47.90			
	100m: 1:27.16 46.85	200m: 3:03.19 48.03	300m: 4:38.41 47.90	400m: 6:07.84 41.53			
20.	Kubáňová Rebeka	2013	MPK Dolný Kubín	6:09.99		241	+ 1:12.73
	50m: 39.99 39.99	150m: 2:12.27 46.42	250m: 3:47.85 48.18	350m: 5:24.63 48.03			
	100m: 1:25.85 45.86	200m: 2:59.67 47.40	300m: 4:36.60 48.75	400m: 6:09.99 45.36			
21.	Džuponová Barbora	2013	Žabka Čadca	6:10.83		239	+ 1:13.57
	50m: 38.30 38.30	150m: 2:10.82 47.44	250m: 3:48.56 48.94	350m: 5:26.74 49.05			
	100m: 1:23.38 45.08	200m: 2:59.62 48.80	300m: 4:37.69 49.13	400m: 6:10.83 44.09			
22.	Oravcova Natalia	2013	Swim Warriors	6:12.86		235	+ 1:15.60
	50m: 41.18 41.18	150m: 2:14.46 47.53	250m: 3:49.39 44.93	350m: 5:25.81 48.38			
	100m: 1:26.93 45.75	200m: 3:04.46 50.00	300m: 4:37.43 48.04	400m: 6:12.86 47.05			
23.	Henešová Natália	2013	Swim Warriors	6:20.44		221	+ 1:23.18
	50m: 41.25 41.25	150m: 2:17.94 48.72	250m: 3:58.90 49.50	350m: 5:37.94 49.47			
	100m: 1:29.22 47.97	200m: 3:09.40 51.46	300m: 4:48.47 49.57	400m: 6:20.44 42.50			
24.	Ďurková Paulína	2013	Tenax Žilina	6:21.20		220	+ 1:23.94
	50m: 39.63 39.63	150m: 2:12.63 47.78	250m: 3:52.99 50.36	350m: 5:34.38 51.03			
	100m: 1:24.85 45.22	200m: 3:02.63 50.00	300m: 4:43.35 50.36	400m: 6:21.20 46.82			
25.	Hanák Victoria	2013	PO Ružomberok	6:34.02		199	+ 1:36.76
	50m: 41.69 41.69	150m: 2:18.04 49.60	250m: 4:01.22 52.56	350m: 5:46.94 52.00			
	100m: 1:28.44 46.75	200m: 3:08.66 50.62	300m: 4:54.94 53.72	400m: 6:34.02 47.08			
26.	Majerová Liliana	2013	Swim Warriors	7:27.15		136	+ 2:29.89
	50m: 46.11 46.11	150m: 2:37.71 57.51	250m: 4:34.08 57.86	350m: 6:32.57 58.50			
	100m: 1:40.20 54.09	200m: 3:36.22 58.51	300m: 5:34.07 59.99	400m: 7:27.15 54.58			

žiačky "A", 14.ročné

1.	Hlavajová Tea	2012	PK Martin	4:36.75		575	
	50m: 31.16 31.16	150m: 1:39.38 34.57	250m: 2:50.34 35.53	350m: 4:01.81 35.59			
	100m: 1:04.81 33.65	200m: 2:14.81 35.43	300m: 3:26.22 35.88	400m: 4:36.75 34.94			
2.	Šrobová Simona	2012	MPK Tvrdošín	4:57.89		461	+ 21.14
	50m: 34.07 34.07	150m: 1:49.53 37.96	250m: 3:06.34 38.27	350m: 4:22.39 38.00			
	100m: 1:11.57 37.50	200m: 2:28.07 38.54	300m: 3:44.39 38.05	400m: 4:57.89 35.50			
3.	Mikulášová Tamara	2012	TT Dolný Kubín	4:59.31		455	+ 22.56
	50m: 33.78 33.78	150m: 1:48.46 37.68	250m: 3:04.49 38.07	350m: 4:22.17 39.10			
	100m: 1:10.78 37.00	200m: 2:26.42 37.96	300m: 3:43.07 38.58	400m: 4:59.31 37.14			
4.	Štrbáková Simona	2012	PK Martin	5:11.19		405	+ 34.44
	50m: 33.81 33.81	150m: 1:50.02 39.04	250m: 3:10.19 40.28	350m: 4:31.41 40.47			
	100m: 1:10.98 37.17	200m: 2:29.91 39.89	300m: 3:50.94 40.75	400m: 5:11.19 39.78			
5.	Gaňová Lucia	2012	Nereus Žilina	5:24.83		356	+ 48.08
	50m: 36.87 36.87	150m: 1:58.33 41.46	250m: 3:21.40 41.90	350m: 4:46.08 42.25			
	100m: 1:16.87 40.00	200m: 2:39.50 41.17	300m: 4:03.83 42.43	400m: 5:24.83 38.75			
6.	Froncová Nela	2012	Swim Warriors	5:28.18		345	+ 51.43
	50m: 35.27 35.27	150m: 1:57.34 42.15	250m: 3:22.95 43.30	350m: 4:48.07 41.88			
	100m: 1:15.19 39.92	200m: 2:39.65 42.31	300m: 4:06.19 43.24	400m: 5:28.18 40.11			
7.	Gyénová Natalia	2012	PK Martin	5:31.73		334	+ 54.98
	50m: 36.81 36.81	150m: 1:58.31 41.62	250m: 3:23.41 42.54	350m: 4:50.02 43.58			
	100m: 1:16.69 39.88	200m: 2:40.87 42.56	300m: 4:06.44 43.03	400m: 5:31.73 41.71			
8.	Súkeniková Ella	2012	Nereus Žilina	5:36.26		321	+ 59.51
	50m: 35.73 35.73	150m: 1:57.41 41.65	250m: 3:25.09 44.53	350m: 4:54.59 45.09			
	100m: 1:15.76 40.03	200m: 2:40.56 43.15	300m: 4:09.50 44.41	400m: 5:36.26 41.67			
9.	Gilianová Tereza	2012	PK Martin	5:38.43		314	+ 1:01.68
	50m: 38.14 38.14	150m: 2:04.14 43.86	250m: 3:31.64 43.25	350m: 4:57.75 42.79			
	100m: 1:20.28 42.14	200m: 2:48.39 44.25	300m: 4:14.96 43.32	400m: 5:38.43 40.68			

Jesenné M-SSO-dlhé trate
Dolný Kubín, 26.9.2026

disciplína 2, žiačky, 400m voľný spôsob, žiačky "A", 14.ročné

Por.	Meno				Roč.	Klub			Čas	RT	Body	Odstup
10.	Krkošková Nela				2012	Žabka Čadca			6:07.63		245	+ 1:30.88
	50m:	40.36	40.36	150m:	2:13.10	47.29	250m:	3:48.27	47.96	350m:	5:23.87	47.74
	100m:	1:25.81	45.45	200m:	3:00.31	47.21	300m:	4:36.13	47.86	400m:	6:07.63	43.76
11.	Glezgová Karolína				2012	PO UMB Banská Bystrica			6:25.05		213	+ 1:48.30
	50m:	42.94	42.94	150m:	2:20.40	48.85	250m:	3:59.12	49.00	350m:	5:38.37	49.90
	100m:	1:31.55	48.61	200m:	3:10.12	49.72	300m:	4:48.47	49.35	400m:	6:25.05	46.68
12.	Janovská Natália				2012	PK Martin			6:34.09		199	+ 1:57.34
	50m:	42.00	42.00	150m:	2:18.15	49.50	250m:	4:01.28	52.31	350m:	5:46.90	52.33
	100m:	1:28.65	46.65	200m:	3:08.97	50.82	300m:	4:54.57	53.29	400m:	6:34.09	47.19
13.	Gucká Diana				2012	Nereus Žilina			6:43.55		185	+ 2:06.80
	50m:	38.22	38.22	150m:	2:19.40	52.61	250m:	4:07.55	53.25	350m:	5:53.08	52.14
	100m:	1:26.79	48.57	200m:	3:14.30	54.90	300m:	5:00.94	53.39	400m:	6:43.55	50.47
14.	Markovič Gallová Sára				2012	PO Ružomberok			6:55.36		170	+ 2:18.61
	50m:	43.11	43.11	150m:	2:27.36	54.03	250m:	4:17.18	55.43	350m:	6:04.43	53.43
	100m:	1:33.33	50.22	200m:	3:21.75	54.39	300m:	5:11.00	53.82	400m:	6:55.36	50.93

mladšie juniorky, 15.-16.ročné

1.	Vytykáčová Stela				2011	Tenax Žilina			4:31.71		608	
	50m:	30.98	30.98	150m:	1:37.38	33.57	250m:	2:46.62	35.00	350m:	3:57.58	35.51
	100m:	1:03.81	32.83	200m:	2:11.62	34.24	300m:	3:22.07	35.45	400m:	4:31.71	34.13
2.	Novinská Kristína				2011	PK Martin			4:47.64		512	+ 15.93
	50m:	32.14	32.14	150m:	1:42.46	35.82	250m:	2:56.24	37.28	350m:	4:10.64	37.50
	100m:	1:06.64	34.50	200m:	2:18.96	36.50	300m:	3:33.14	36.90	400m:	4:47.64	37.00
3.	Benková Sára				2011	Nereus Žilina			5:06.43		424	+ 34.72
	50m:	34.25	34.25	150m:	1:48.79	37.95	250m:	3:06.99	38.79	350m:	4:27.24	39.77
	100m:	1:10.84	36.59	200m:	2:28.20	39.41	300m:	3:47.47	40.48	400m:	5:06.43	39.19
4.	Kvašňovská Karolína				2011	MPK Dolný Kubín			5:08.41		416	+ 36.70
	50m:	35.13	35.13	150m:	1:51.66	38.68	250m:	3:10.31	39.15	350m:	4:29.63	39.72
	100m:	1:12.98	37.85	200m:	2:31.16	39.50	300m:	3:49.91	39.60	400m:	5:08.41	38.78
5.	Martinkovičová Paula				2011	PK Banská Bystrica			5:09.79		410	+ 38.08
	50m:	34.79	34.79	150m:	1:51.97	38.89	250m:	3:11.05	39.40	350m:	4:30.72	39.89
	100m:	1:13.08	38.29	200m:	2:31.65	39.68	300m:	3:50.83	39.78	400m:	5:09.79	39.07
6.	Ivančíková Nina				2011	Nereus Žilina			5:24.75		356	+ 53.04
	50m:	36.03	36.03	150m:	1:58.09	42.18	250m:	3:22.44	42.63	350m:	4:46.16	41.50
	100m:	1:15.91	39.88	200m:	2:39.81	41.72	300m:	4:04.66	42.22	400m:	5:24.75	38.59
7.	Staníková Diana				2011	Tenax Žilina			5:33.20		329	+ 1:01.49
	50m:	36.13	36.13	150m:	1:58.77	42.21	250m:	3:23.74	42.64	350m:	4:50.77	43.52
	100m:	1:16.56	40.43	200m:	2:41.10	42.33	300m:	4:07.25	43.51	400m:	5:33.20	42.43
8.	Jancurová Linda				2010	PK Banská Bystrica			5:37.01		318	+ 1:05.30
	50m:	36.99	36.99	150m:	1:59.73	42.09	250m:	3:27.56	44.16	350m:	4:54.27	42.58
	100m:	1:17.64	40.65	200m:	2:43.40	43.67	300m:	4:11.69	44.13	400m:	5:37.01	42.74
9.	Calíková Karolína				2011	Nereus Žilina			5:42.84		302	+ 1:11.13
	50m:	37.44	37.44	150m:	2:01.87	43.36	250m:	3:30.31	44.22	350m:	4:59.69	43.56
	100m:	1:18.51	41.07	200m:	2:46.09	44.22	300m:	4:16.13	45.82	400m:	5:42.84	43.15
10.	Slovjakova Dominika				2010	Žabka Čadca			5:52.53		278	+ 1:20.82
	50m:	35.89	35.89	150m:	1:58.89	42.61	250m:	3:29.50	45.89	350m:	5:05.93	48.82
	100m:	1:16.28	40.39	200m:	2:43.61	44.72	300m:	4:17.11	47.61	400m:	5:52.53	46.60
11.	Šefranková Lucia				2011	PO Ružomberok			5:54.31		274	+ 1:22.60
	50m:	37.84	37.84	150m:	2:06.44	45.38	250m:	3:39.06	46.58	350m:	5:10.06	45.97
	100m:	1:21.06	43.22	200m:	2:52.48	46.04	300m:	4:24.09	45.03	400m:	5:54.31	44.25
12.	Staníková Lilien				2011	Tenax Žilina			5:55.09		272	+ 1:23.38
	50m:	38.13	38.13	150m:	2:07.00	45.47	250m:	3:40.13	47.25	350m:	5:12.84	45.90
	100m:	1:21.53	43.40	200m:	2:52.88	45.88	300m:	4:26.94	46.81	400m:	5:55.09	42.25

Jesenné M-SSO-dlhé trate
Dolný Kubín, 26.9.2026

disciplína 2, žiačky, 400m voľný spôsob, mladšie juniorky, 15.-16.ročné

Por.	Meno			Roč.	Klub			Čas	RT	Body	Odstup
13.	Slovjaková Diana			2011	Žabka Čadca			5:56.78		268	+ 1:25.07
	50m:	36.93	36.93	150m:	2:03.28	45.00	250m:	3:36.28	47.00	350m:	5:11.28 47.78
	100m:	1:18.28	41.35	200m:	2:49.28	46.00	300m:	4:23.50	47.22	400m:	5:56.78 45.50
14.	Lemešová Alexandra			2010	Swim Warriors			5:57.46		267	+ 1:25.75
	50m:	38.77	38.77	150m:	2:06.31	44.89	250m:	3:39.10	46.72	350m:	5:13.67 47.32
	100m:	1:21.42	42.65	200m:	2:52.38	46.07	300m:	4:26.35	47.25	400m:	5:57.46 43.79
15.	Došeková Sofia			2011	Nereus Žilina			6:00.56		260	+ 1:28.85
	50m:	36.67	36.67	150m:	2:04.38	45.18	250m:	3:38.85	47.93	350m:	5:15.06 48.07
	100m:	1:19.20	42.53	200m:	2:50.92	46.54	300m:	4:26.99	48.14	400m:	6:00.56 45.50
16.	Poloncová Zuzana			2011	PK Martin			6:32.90		201	+ 2:01.19
	50m:	43.11	43.11	150m:	2:21.25	49.78	250m:	4:01.75	49.97	350m:	5:43.57 50.75
	100m:	1:31.47	48.36	200m:	3:11.78	50.53	300m:	4:52.82	51.07	400m:	6:32.90 49.33

staršie juniorky, 17.-18.ročné

1.	Peknušová Sophia			2008	Tenax Žilina			4:37.00		574	
	50m:	31.50	31.50	150m:	1:39.07	34.00	250m:	2:49.28	35.42	350m:	4:01.93 36.40
	100m:	1:05.07	33.57	200m:	2:13.86	34.79	300m:	3:25.53	36.25	400m:	4:37.00 35.07
2.	Tureková Rebeka			2008	Nereus Žilina			4:53.15		484	+ 16.15
	50m:	33.75	33.75	150m:	1:48.22	37.86	250m:	3:03.50	37.28	350m:	4:17.36 36.46
	100m:	1:10.36	36.61	200m:	2:26.22	38.00	300m:	3:40.90	37.40	400m:	4:53.15 35.79
3.	Legemzová Sofia			2008	MPK Dolný Kubín			5:27.60		347	+ 50.60
	50m:	35.75	35.75	150m:	1:55.93	40.79	250m:	3:19.56	42.17	350m:	4:46.21 43.40
	100m:	1:15.14	39.39	200m:	2:37.39	41.46	300m:	4:02.81	43.25	400m:	5:27.60 41.39
4.	Šedíková Dorota			2009	ŠK UMB Banská Bystrica			5:38.16		315	+ 1:01.16
	50m:	37.31	37.31	150m:	1:58.95	41.57	250m:	3:25.23	43.20	350m:	4:54.34 45.06
	100m:	1:17.38	40.07	200m:	2:42.03	43.08	300m:	4:09.28	44.05	400m:	5:38.16 43.82
5.	Smoleková Ella			2008	PO Ružomberok			5:56.43		269	+ 1:19.43
	50m:	37.75	37.75	150m:	2:02.53	43.13	250m:	3:34.25	46.39	350m:	5:09.00 47.57
	100m:	1:19.40	41.65	200m:	2:47.86	45.33	300m:	4:21.43	47.18	400m:	5:56.43 47.43