



F1RST Pro Swim Series Presented by Speedo
Pathumthani, 28 - 30/8/2026

Event 311 Men, 400m Freestyle 10 years and older
30/08/2026 - 15:04 Startlist

National Record	3:53.61		Bangkok	01/01/1800
Age Group National Record 16 - 18	3:55.84			01/01/1800
Age Group National Record 14 - 15	3:57.79			01/01/1800
Age Group National Record 12 - 13	4:09.45			01/01/1800
Age Group National Record 10 - 11	4:28.04	KMSE	Samutprakarn	09/12/2023
Meet Record 16 +	4:05.49	THA	Nonthaburi	10/08/2025
Meet Record 15	4:14.79	THA	Nonthaburi	10/08/2025
Meet Record 14	4:18.91	THA	Nonthaburi	10/08/2025
Meet Record 13	4:30.22	THA	Nonthaburi	10/08/2025
Meet Record 12	4:42.43	THA	Nonthaburi	10/08/2025
Meet Record 11	5:01.83	THA	Nonthaburi	10/08/2025
Meet Record 10	5:06.76	THA	Nonthaburi	10/08/2025

Age

Heat 1 of 19

3	11	Baby Step		NT
4	11		()	NT
5	10	Jack Swim		NT

Heat 2 of 19

0	11	Jack Swim		NT
1	13			NT
2	10	Baby Step		NT
3	12		()	NT
4	10	Baby Step		NT
5	12			NT
6	11	Alex Swim		NT
7	10			NT
8	13			NT

Heat 3 of 19

0	12	Sea Monkeys		NT
1	10	Jack Swim		NT
2	10			NT
3	11			NT
4	10			NT
5	10			NT
6	11			NT
7	15			NT
8	13	Jack Swim		NT
9	10			NT

Event 311, Men, 400m Freestyle

Heat 4 of 19

0	10	Jack Swim	7:06.11
1 Noah Kargaard Rathe	11	BEST	6:53.33
2	11		6:48.19
3	10	Sea Monkeys	6:42.27
4	10	.	6:21.18
5	12		6:32.89
6	11	.	6:46.59
7	10		6:48.87
8	12	Peak Performance	6:55.28
9	10	Sea Monkeys	7:08.63

Heat 5 of 19

0	11	Jack Swim	6:19.12
1	11		6:11.26
2	10		6:05.38
3	10	Peak Performance	6:00.00
4	11	Peak Performance	6:00.00
5 Teddeo Ho Chun Yiu	10	HVA Swim Team	6:00.00
6	11	Concordian	6:00.98
7	11	.	6:07.19
8	13	Black Bear	6:15.00
9	12		6:20.00

Heat 6 of 19

0 Wang Hin Tse	10	HVA Swim Team	6:00.00
1	10	TASA	5:50.90
2 Bruce Wang	13	Concordian	5:50.00
3	11	Peak Performance	5:45.00
4	11	Alex Swim	5:43.94
5	12	Rays Riders	5:44.07
6	11		5:46.82
7	15	Rays Riders	5:50.32
8	12		5:55.56
9	11	.	6:00.00

Heat 7 of 19

0	11	.	5:43.78
1 Qingyu Du	12	BEST	5:42.29
2	11		5:42.27
3	13	Jack Swim	5:41.42
4	12		5:37.85
5	10		5:38.49
6	12	.	5:41.76
7	11	Alex Swim	5:42.29
8	13		5:42.71
9	12	.	5:43.87

Event 311, Men, 400m Freestyle

Heat 8 of 19

0	11	My House	5:36.10
1	13	Tow-Tae	5:34.96
2	11	Peak Performance	5:33.54
3	11	F1RST Swim	5:31.38
4 Sze Hon Chen	12	HVA Swim Team	5:30.00
5 Yat Yin Clayton Tsang	11	HVA Swim Team	5:30.00
6	12		5:31.38
7	12	Bangkapi Swimming	5:34.82
8	12	My House	5:35.00
9	10	Peak Performance	5:37.16

Heat 9 of 19

0	14		5:28.71
1	13	Concordian	5:27.89
2	12		5:25.29
3	12	Sea Monkeys	5:20.06
4	12	.	5:20.00
5	12	.	5:20.00
6	11		5:22.05
7	10	Peak Performance	5:27.37
8	13	.	5:27.90
9	12		5:29.18

Heat 10 of 19

0	15		5:17.87
1	13		5:15.86
2	14	()	5:15.00
3	11		5:12.89
4	11		5:12.08
5	12	CENTRAL AIR	5:12.54
6 Clifton Ho Ching Yiu	12	HVA Swim Team	5:15.00
7	16		5:15.73
8	11	Peak Performance	5:17.70
9	12	.	5:19.27

Heat 11 of 19

0	10	Peak Performance	5:11.92
1	16	My House	5:10.81
2 Chi Shun Leung	11	HVA Swim Team	5:10.00
3	16	Concordian	5:08.19
4	13		5:06.65
5	14		5:08.06
6	14	Peak Performance	5:08.48
7	12	ANS Titans	5:10.57
8	12		5:11.12
9	12		5:12.06

Event 311, Men, 400m Freestyle

Heat 12 of 19

0	14		5:04.64
1	11	Alex Swim	5:01.82
2	19	HVA Swim Team	5:00.55
3	10	HVA Swim Team	5:00.00
4	12	HVA Swim Team	5:00.00
5	12	HVA Swim Team	5:00.00
6	14	Peak Performance	5:00.41
7	12	Traill	5:00.96
8	12		5:02.41
9	13	Bangkapi Swimming	5:05.46

Heat 13 of 19

0	12	F1RST Swim	4:58.10
1	12	Kittiya	4:56.86
2	17	.	4:55.00
3	15		4:54.30
4	15	Rays Riders	4:53.38
5	13		4:53.92
6	16	My House	4:55.00
7	15	.	4:55.00
8	14	Peak Performance	4:57.33
9	16		4:58.61

Heat 14 of 19

0	16	.	4:52.32
1	14	.	4:50.00
2	14	J-Fin	4:48.72
3	14		4:47.59
4	13	Stingray	4:45.08
5	15	F1RST Swim	4:45.12
6	14	Bangkok Prep	4:48.47
7	16	My House	4:49.68
8	14	.	4:51.87
9	11	TASA	4:53.33

Heat 15 of 19

0	12	.	4:45.00
1	11	.	4:45.00
2	16		4:43.30
3	15	HVA Swim Team	4:40.55
4	14	J-Fin	4:39.70
5	17	BEST	4:40.00
6	15	Peak Performance	4:41.54
7	14	Wellington College	4:44.39
8	13	.	4:45.00
9	15		4:45.01



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Heat 16 of 19

0	14		4:37.30
1	17		4:36.75
2	15	Peak Performance	4:36.11
3 Lai Man Poon	16	HVA Swim Team	4:35.55
4	18		4:35.06
5	14	Peak Performance	4:35.15
6	15		4:36.03
7	16		4:36.67
8 Alexander Traill Bowley	15	Traill	4:36.95
9	19		4:37.82

Heat 17 of 19

0	14	.	4:34.76
1	13		4:32.45
2	15		4:30.75
3	14	Peak Performance	4:30.22
4 Aleksandr Fedorov	37	BEST	4:28.47
5	16		4:28.69
6	13	F1RST Swim	4:30.43
7	16	Montfort College	4:32.35
8	14		4:34.44
9	14	My House	4:35.00

Heat 18 of 19

0	15		4:25.55
1	14	F1RST Swim	4:24.63
2	17		4:23.01
3	15	F1RST Swim	4:22.69
4	14		4:17.17
5	14	BEST	4:19.69
6	15		4:22.80
7	14		4:23.25
8	20	.	4:24.83
9 Chartier Fornesa-Liu	16	Traill	4:27.88

Heat 19 of 19

0	19	Peak Performance	4:13.20
1	15	F1RST Swim	4:11.69
2	16		4:10.96
3	16	Peak Performance	4:08.05
4	17		4:03.61
5	20		4:05.46
6	18	F1RST Swim	4:09.62
7	18		4:11.30
8	16		4:11.70
9	18	.	4:16.76