

F1RST Pro Swim Series Presented by Speedo
Pathumthani, 28 - 30/8/2026

Event 201	Women, 400m Freestyle	10 years and older
29/08/2026 - 8:00		Startlist
National Record	4:11.23	01/01/1800
Age Group National Record 16 - 18	4:11.23	01/01/1800
Age Group National Record 14 - 15	4:19.13	01/01/1800
Age Group National Record 12 - 13	4:24.62	01/01/1800
Age Group National Record 10 - 11	4:37.83	01/01/1800
Meet Record 16 +	4:23.55	11/08/2025
Meet Record 15	4:38.38	11/08/2025
Meet Record 14	4:46.28	11/08/2025
Meet Record 13	4:39.39	11/08/2025
Meet Record 12	4:45.88	11/08/2025
Meet Record 11	4:55.66 Xinyi Su	11/08/2025
Meet Record 10	5:31.19	11/08/2025

Age

Heat 1 of 12

2	10	Baby Step	NT
3	11		NT
4	10	Baby Step	NT
5	13		NT
6	12		NT
7	11	()	NT

Heat 2 of 12

1	12	()	NT
2	12	()	NT
3	10	Sea Monkeys	7:09.73
4	10	Peak Performance	6:41.56
5	11	Peak Performance	6:45.00
6	11		NT
7	14	Baby Step	NT
8	13	Peak Performance	4:39.84

Heat 3 of 12

0	12		6:27.75
1	11	Peak Performance	6:25.44
2	11		6:18.83
3	11		6:04.66
4	11		6:02.95
5	10	F1RST Swim	6:03.34
6	11	Peak Performance	6:15.45
7	12	BEST	6:19.76
8	10	()	6:25.73
9	11	Jack Swim	6:30.00

Event 201, Women, 400m Freestyle

Heat 4 of 12

0	11	Peak Performance	6:01.01
1 Tsz Yu Giselle Zhai	10	HVA Swim Team	6:00.00
2	13		5:54.13
3	11	()	5:51.06
4 Hei Tung Erin Tong	12	HVA Swim Team	5:50.00
5	12	Rays Riders	5:50.71
6	10		5:52.00
7	12	Sprint Swimming	5:54.55
8 Sau Wai Luna Wong	12	HVA Swim Team	6:00.00
9	11	BEST	6:01.61

Heat 5 of 12

0	13	()	5:50.00
1	12		5:47.94
2	10	Bangkapi Swimming	5:47.16
3	16	Concordian	5:45.00
4	10	F1RST Swim	5:44.66
5 Lilith Lau	10	HVA Swim Team	5:45.00
6	12	My House	5:45.11
7 Jiayi Liu	11	F1RST Swim	5:47.28
8	12		5:49.50
9 Tan Ni Li	10	HVA Swim Team	5:50.00

Heat 6 of 12

0	10	Peak Performance	5:41.36
1	14	Kittiya	5:40.22
2	15		5:36.42
3	11	BEST	5:35.06
4	12	Peak Performance	5:30.00
5	11		5:35.02
6 Lexuan Lin	15	F1RST Swim	5:36.12
7	12		5:38.92
8	13		5:41.34
9	11	()	5:43.00

Heat 7 of 12

0	12	Peak Performance	5:30.00
1	12		5:28.76
2	11	Tow-Tae	5:26.09
3	11	()	5:20.97
4 Luoyi Shan	10	BEST	5:19.15
5 Tsz Tung Wong	13	HVA Swim Team	5:20.00
6	12		5:22.08
7	10	()	5:27.00
8 Pui Shun Ramsey Lam	14	HVA Swim Team	5:30.00
9 Chin Yiu Gloria Tse	13	HVA Swim Team	5:30.00

Event 201, Women, 400m Freestyle

Heat 8 of 12

0	13	BEST	5:17.89
1	13	.	5:15.61
2	10	Peak Performance	5:13.74
3	14	Concordian	5:09.98
4	11	Peak Performance	5:08.92
5	14	.	5:09.66
6	12	BISP Sea Eagles	5:11.88
7	12	Kittiya	5:15.40
8	11		5:16.33
9	11	BEST	5:17.90

Heat 9 of 12

0	14	BISP Sea Eagles	5:08.42
1	16	.	5:07.02
2	16	F1RST Swim	5:05.61
3	14	CENTRAL AIR	5:05.33
4	12	Peak Performance	5:01.96
5	13		5:03.89
6	14	F1RST Swim	5:05.34
7	11	Kittiya	5:05.74
8	12	Peak Performance	5:07.44
9	14		5:08.46

Heat 10 of 12

0	14		5:00.18
1 Sum Yau Tsui	13	HVA Swim Team	5:00.00
2	16	CENTRAL AIR	4:55.00
3	13	Peak Performance	4:52.50
4	15	Tow-Tae	4:51.73
5	14		4:51.76
6	19		4:54.41
7	11		4:59.06
8 Cheuk Yiu Yeung	14	HVA Swim Team	5:00.00
9	12	.	5:00.90

Heat 11 of 12

0	16		4:49.72
1	12	TASA	4:48.21
2	14	BEST	4:45.52
3	13		4:44.13
4	18	.	4:42.71
5	13		4:43.02
6	14	Peak Performance	4:44.31
7	13	Montfort College	4:47.31
8	16	F1RST Swim	4:48.72
9	14		4:50.79



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Heat 12 of 12

0	15	Wellington College	4:40.22
1 Cheuk Ling Maris Lai	15	HVA Swim Team	4:36.55
2	17	.	4:31.67
3	16	Peak Performance	4:29.68
4	18		4:25.34
5	14		4:29.54
6	17		4:31.12
7	20		4:34.56
8	17	F1RST Swim	4:39.40
9	16		4:42.54