

Event 7
 10/07/2026 - 17:41

Women, 400m Medley

Open
 Results

Points: AQUA 2026

Rank	YB										Time	Pts
Open												
1.	COTTA, Lena				11	Olympic Nice Natation				5:25.28	532	
	50m:	32.31	32.31	150m:	1:52.79	42.28	250m:	3:22.41	48.19	350m:	4:49.11	37.35
	100m:	1:10.51	38.20	200m:	2:34.22	41.43	300m:	4:11.76	49.35	400m:	5:25.28	36.17
2.	TJAN, Charlotte Marie				13	Swimming Luxembourg				5:25.90	529	
	<i>Federal Champion</i>											
	50m:	33.94	33.94	150m:	1:56.80	42.97	250m:	3:24.43	45.47	350m:	4:49.59	37.92
	100m:	1:13.83	39.89	200m:	2:38.96	42.16	300m:	4:11.67	47.24	400m:	5:25.90	36.31
3.	OMEROVIC, Ema				13	Luxembourg Sharks Swimming Club				5:38.57	472	
	50m:	37.54	37.54	150m:	2:04.69	42.28	250m:	3:33.93	47.55	350m:	5:01.52	39.03
	100m:	1:22.41	44.87	200m:	2:46.38	41.69	300m:	4:22.49	48.56	400m:	5:38.57	37.05
4.	WERNER, Diana				12	Luxembourg Sharks Swimming Club				5:53.09	416	
	50m:	37.06	37.06	150m:	2:06.15	46.86	250m:	3:41.66	49.92	350m:	5:12.67	41.16
	100m:	1:19.29	42.23	200m:	2:51.74	45.59	300m:	4:31.51	49.85	400m:	5:53.09	40.42
5.	SCHMIDT, Kira				13	Swimming Club Redange				5:57.39	401	
	50m:	37.81	37.81	150m:	2:09.41	45.08	250m:	3:45.32	51.27	350m:	5:19.94	41.75
	100m:	1:24.33	46.52	200m:	2:54.05	44.64	300m:	4:38.19	52.87	400m:	5:57.39	37.45
6.	WU, Chenghao				12	Swimming Luxembourg				6:01.89	386	
	50m:	37.69	37.69	150m:	2:11.37	46.38	250m:	3:46.05	49.74	350m:	5:19.97	42.87
	100m:	1:24.99	47.30	200m:	2:56.31	44.94	300m:	4:37.10	51.05	400m:	6:01.89	41.92
7.	FESQUET, Marie				14	Swimming Club Redange				6:03.89	380	
	50m:	37.23	37.23	150m:	2:13.16	49.00	250m:	3:51.36	51.05	350m:	5:24.69	40.37
	100m:	1:24.16	46.93	200m:	3:00.31	47.15	300m:	4:44.32	52.96	400m:	6:03.89	39.20
8.	SAKOWSKI, Darleen				11	VFL Gladbeck 1921				6:07.58	369	
	50m:	36.47	36.47	150m:	2:09.07	47.29	250m:	3:48.99	53.06	350m:	5:26.22	42.21
	100m:	1:21.78	45.31	200m:	2:55.93	46.86	300m:	4:44.01	55.02	400m:	6:07.58	41.36
9.	ZHAO, Ruqing				13	Luxembourg Sharks Swimming Club				6:07.63	368	
	50m:	36.91	36.91	150m:	2:09.00	47.46	250m:	3:48.51	52.94	350m:	5:26.22	43.80
	100m:	1:21.54	44.63	200m:	2:55.57	46.57	300m:	4:42.42	53.91	400m:	6:07.63	41.41
10.	KOEUNE, Sofia				14	Cercle de Natation Wiltz				6:16.98	342	
	50m:	41.86	41.86	150m:	2:23.12	48.96	250m:	4:00.97	49.87	350m:	5:35.60	42.90
	100m:	1:34.16	52.30	200m:	3:11.10	47.98	300m:	4:52.70	51.73	400m:	6:16.98	41.38
11.	LAFALIZE, Julia				12	Cercle de Natation Wiltz				6:23.19	325	
	50m:	42.72	42.72	150m:	2:21.26	50.29	250m:	4:03.38	52.51	350m:	5:40.96	43.06
	100m:	1:30.97	48.25	200m:	3:10.87	49.61	300m:	4:57.90	54.52	400m:	6:23.19	42.23
DSQ	ABRAHAMAS, Tjorven Ida				13	SG Gelsenkirchen						
	<i>B13 - Touch at the turn or the finish not made with both hands simultaneously and separated (SW 7.6) (Time: 18:13)</i>											
DSQ	PASCUAL, Alec				13	Luxembourg Sharks Swimming Club						
	<i>B10 - Leg movements not simultaneous or alternating (SW 7.4) (Time: 18:12)</i>											
WDR	REINESCH, Leeloo				07	Schwammclub Deifferdang						

Event 7, Women, 400m Medley

Open LUX

1.	TJAN, Charlotte Marie	13	Swimming Luxembourg	5:25.90	529
	<i>Federal Champion</i>				
	50m: 33.94 33.94	150m: 1:56.80 42.97	250m: 3:24.43 45.47	350m: 4:49.59 37.92	
	100m: 1:13.83 39.89	200m: 2:38.96 42.16	300m: 4:11.67 47.24	400m: 5:25.90 36.31	
2.	OMEROVIC, Ema	13	Luxembourg Sharks Swimming Club	5:38.57	472
	50m: 37.54 37.54	150m: 2:04.69 42.28	250m: 3:33.93 47.55	350m: 5:01.52 39.03	
	100m: 1:22.41 44.87	200m: 2:46.38 41.69	300m: 4:22.49 48.56	400m: 5:38.57 37.05	
3.	WERNER, Diana	12	Luxembourg Sharks Swimming Club	5:53.09	416
	50m: 37.06 37.06	150m: 2:06.15 46.86	250m: 3:41.66 49.92	350m: 5:12.67 41.16	
	100m: 1:19.29 42.23	200m: 2:51.74 45.59	300m: 4:31.51 49.85	400m: 5:53.09 40.42	
4.	SCHMIDT, Kira	13	Swimming Club Redange	5:57.39	401
	50m: 37.81 37.81	150m: 2:09.41 45.08	250m: 3:45.32 51.27	350m: 5:19.94 41.75	
	100m: 1:24.33 46.52	200m: 2:54.05 44.64	300m: 4:38.19 52.87	400m: 5:57.39 37.45	
5.	WU, Chenghao	12	Swimming Luxembourg	6:01.89	386
	50m: 37.69 37.69	150m: 2:11.37 46.38	250m: 3:46.05 49.74	350m: 5:19.97 42.87	
	100m: 1:24.99 47.30	200m: 2:56.31 44.94	300m: 4:37.10 51.05	400m: 6:01.89 41.92	
6.	FESQUET, Marie	14	Swimming Club Redange	6:03.89	380
	50m: 37.23 37.23	150m: 2:13.16 49.00	250m: 3:51.36 51.05	350m: 5:24.69 40.37	
	100m: 1:24.16 46.93	200m: 3:00.31 47.15	300m: 4:44.32 52.96	400m: 6:03.89 39.20	
7.	ZHAO, Ruqing	13	Luxembourg Sharks Swimming Club	6:07.63	368
	50m: 36.91 36.91	150m: 2:09.00 47.46	250m: 3:48.51 52.94	350m: 5:26.22 43.80	
	100m: 1:21.54 44.63	200m: 2:55.57 46.57	300m: 4:42.42 53.91	400m: 6:07.63 41.41	
8.	KOEUNE, Sofia	14	Cercle de Natation Wiltz	6:16.98	342
	50m: 41.86 41.86	150m: 2:23.12 48.96	250m: 4:00.97 49.87	350m: 5:35.60 42.90	
	100m: 1:34.16 52.30	200m: 3:11.10 47.98	300m: 4:52.70 51.73	400m: 6:16.98 41.38	
9.	LAFALIZE, Julia	12	Cercle de Natation Wiltz	6:23.19	325
	50m: 42.72 42.72	150m: 2:21.26 50.29	250m: 4:03.38 52.51	350m: 5:40.96 43.06	
	100m: 1:30.97 48.25	200m: 3:10.87 49.61	300m: 4:57.90 54.52	400m: 6:23.19 42.23	
DSQ	PASCUAL, Alecx	13	Luxembourg Sharks Swimming Club		
	<i>B10 - Leg movements not simultaneous or alternating (SW 7.4) (Time: 18:12)</i>				
WDR	REINESCH, Leeloo	07	Schwammclub Deifferdang		

Jeunes

1.	COTTA, Lena	11	Olympic Nice Natation	5:25.28	532
	50m: 32.31 32.31	150m: 1:52.79 42.28	250m: 3:22.41 48.19	350m: 4:49.11 37.35	
	100m: 1:10.51 38.20	200m: 2:34.22 41.43	300m: 4:11.76 49.35	400m: 5:25.28 36.17	
2.	WERNER, Diana	12	Luxembourg Sharks Swimming Club	5:53.09	416
	50m: 37.06 37.06	150m: 2:06.15 46.86	250m: 3:41.66 49.92	350m: 5:12.67 41.16	
	100m: 1:19.29 42.23	200m: 2:51.74 45.59	300m: 4:31.51 49.85	400m: 5:53.09 40.42	
3.	WU, Chenghao	12	Swimming Luxembourg	6:01.89	386
	50m: 37.69 37.69	150m: 2:11.37 46.38	250m: 3:46.05 49.74	350m: 5:19.97 42.87	
	100m: 1:24.99 47.30	200m: 2:56.31 44.94	300m: 4:37.10 51.05	400m: 6:01.89 41.92	
4.	SAKOWSKI, Darleen	11	VFL Gladbeck 1921	6:07.58	369
	50m: 36.47 36.47	150m: 2:09.07 47.29	250m: 3:48.99 53.06	350m: 5:26.22 42.21	
	100m: 1:21.78 45.31	200m: 2:55.93 46.86	300m: 4:44.01 55.02	400m: 6:07.58 41.36	
5.	LAFALIZE, Julia	12	Cercle de Natation Wiltz	6:23.19	325
	50m: 42.72 42.72	150m: 2:21.26 50.29	250m: 4:03.38 52.51	350m: 5:40.96 43.06	
	100m: 1:30.97 48.25	200m: 3:10.87 49.61	300m: 4:57.90 54.52	400m: 6:23.19 42.23	

Event 7, Women, 400m Medley

Jeunes LUX

1.	WERNER, Diana	12	Luxembourg Sharks Swimming Club	5:53.09	416
	50m: 37.06 37.06	150m: 2:06.15 46.86	250m: 3:41.66 49.92	350m: 5:12.67 41.16	
	100m: 1:19.29 42.23	200m: 2:51.74 45.59	300m: 4:31.51 49.85	400m: 5:53.09 40.42	
2.	WU, Chenghao	12	Swimming Luxembourg	6:01.89	386
	50m: 37.69 37.69	150m: 2:11.37 46.38	250m: 3:46.05 49.74	350m: 5:19.97 42.87	
	100m: 1:24.99 47.30	200m: 2:56.31 44.94	300m: 4:37.10 51.05	400m: 6:01.89 41.92	
3.	LAFALIZE, Julia	12	Cercle de Natation Wiltz	6:23.19	325
	50m: 42.72 42.72	150m: 2:21.26 50.29	250m: 4:03.38 52.51	350m: 5:40.96 43.06	
	100m: 1:30.97 48.25	200m: 3:10.87 49.61	300m: 4:57.90 54.52	400m: 6:23.19 42.23	

Minimes

1.	TJAN, Charlotte Marie <i>Federal Champion</i>	13	Swimming Luxembourg	5:25.90	529
	50m: 33.94 33.94	150m: 1:56.80 42.97	250m: 3:24.43 45.47	350m: 4:49.59 37.92	
	100m: 1:13.83 39.89	200m: 2:38.96 42.16	300m: 4:11.67 47.24	400m: 5:25.90 36.31	
2.	OMEROVIC, Ema	13	Luxembourg Sharks Swimming Club	5:38.57	472
	50m: 37.54 37.54	150m: 2:04.69 42.28	250m: 3:33.93 47.55	350m: 5:01.52 39.03	
	100m: 1:22.41 44.87	200m: 2:46.38 41.69	300m: 4:22.49 48.56	400m: 5:38.57 37.05	
3.	SCHMIDT, Kira	13	Swimming Club Redange	5:57.39	401
	50m: 37.81 37.81	150m: 2:09.41 45.08	250m: 3:45.32 51.27	350m: 5:19.94 41.75	
	100m: 1:24.33 46.52	200m: 2:54.05 44.64	300m: 4:38.19 52.87	400m: 5:57.39 37.45	
4.	FESQUET, Marie	14	Swimming Club Redange	6:03.89	380
	50m: 37.23 37.23	150m: 2:13.16 49.00	250m: 3:51.36 51.05	350m: 5:24.69 40.37	
	100m: 1:24.16 46.93	200m: 3:00.31 47.15	300m: 4:44.32 52.96	400m: 6:03.89 39.20	
5.	ZHAO, Ruqing	13	Luxembourg Sharks Swimming Club	6:07.63	368
	50m: 36.91 36.91	150m: 2:09.00 47.46	250m: 3:48.51 52.94	350m: 5:26.22 43.80	
	100m: 1:21.54 44.63	200m: 2:55.57 46.57	300m: 4:42.42 53.91	400m: 6:07.63 41.41	
6.	KOEUNE, Sofia	14	Cercle de Natation Wiltz	6:16.98	342
	50m: 41.86 41.86	150m: 2:23.12 48.96	250m: 4:00.97 49.87	350m: 5:35.60 42.90	
	100m: 1:34.16 52.30	200m: 3:11.10 47.98	300m: 4:52.70 51.73	400m: 6:16.98 41.38	

DSQ ABRAHAMAS, Tjorven Ida 13 SG Gelsenkirchen
B13 - Touch at the turn or the finish not made with both hands simultaneously and separated (SW 7.6) (Time: 18:13)

DSQ PASCUAL, Alecx 13 Luxembourg Sharks Swimming Club
B10 - Leg movements not simultaneous or alternating (SW 7.4) (Time: 18:12)

Minimes LUX

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	50m: 33.94 33.94	150m: 1:56.80 42.97	250m: 3:24.43 45.47	350m: 4:49.59 37.92	
	100m: 1:13.83 39.89	200m: 2:38.96 42.16	300m: 4:11.67 47.24	400m: 5:25.90 36.31	
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	50m: 37.54 37.54	150m: 2:04.69 42.28	250m: 3:33.93 47.55	350m: 5:01.52 39.03	
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	100m: 1:24.33 46.52	200m: 2:54.05 44.64	300m: 4:38.19 52.87	400m: 5:57.39 37.45	

Event 7, Girls, 400m Medley, Minimes LUX

Rank	YB										Time	Pts
4.	FESQUET, Marie										6:03.89	380
	50m:	37.23	37.23	150m:	2:13.16	49.00	250m:	3:51.36	51.05	350m:	5:24.69	40.37
	100m:	1:24.16	46.93	200m:	3:00.31	47.15	300m:	4:44.32	52.96	400m:	6:03.89	39.20
5.	ZHAO, Ruqing										6:07.63	368
	50m:	36.91	36.91	150m:	2:09.00	47.46	250m:	3:48.51	52.94	350m:	5:26.22	43.80
	100m:	1:21.54	44.63	200m:	2:55.57	46.57	300m:	4:42.42	53.91	400m:	6:07.63	41.41
6.	KOEUNE, Sofia										6:16.98	342
	50m:	41.86	41.86	150m:	2:23.12	48.96	250m:	4:00.97	49.87	350m:	5:35.60	42.90
	100m:	1:34.16	52.30	200m:	3:11.10	47.98	300m:	4:52.70	51.73	400m:	6:16.98	41.38
DSQ	PASCUAL, Alec											
	13 Luxembourg Sharks Swimming Club											
	<i>B10 - Leg movements not simultaneous or alternating (SW 7.4) (Time: 18:12)</i>											