Epreuve 204 — Dames, 400m Libre — Cat. générale
07.11.2026 - 15:10 — Liste résultats

Points: AQUA 2026

Rang		AN		Temps	Pts
14 ans et moins					
1.	MOR, Alessia	12	Roll	**4:49.95**	500
	50m: 32.75 32.75 150m: 1:46.58 37.28 250m: 3:00.60 36.76 350m: 4:14.35 36.85				
	100m: 1:09.30 36.55 200m: 2:23.84 37.26 300m: 3:37.50 36.90 400m: 4:49.95 35.60				
2.	OTT, Léa	12	La	**4:54.20**	479
	50m: 34.46 34.46 150m: 1:48.87 37.26 250m: 3:03.30 36.95 350m: 4:17.48 37.20				
	100m: 1:11.61 37.15 200m: 2:26.35 37.48 300m: 3:40.28 36.98 400m: 4:54.20 36.72				
3.	KURTISI, Sema	12	La	**4:59.39**	454
	50m: 34.10 34.10 150m: 1:49.66 37.80 250m: 3:06.09 38.20 350m: 4:22.54 38.18				
	100m: 1:11.86 37.76 200m: 2:27.89 38.23 300m: 3:44.36 38.27 400m: 4:59.39 36.85				
4.	WEIL, Yuki	13	CN Yverdon	**5:12.21**	401
	50m: 35.29 35.29 150m: 1:53.81 39.69 250m: 3:15.29 40.94 350m: 4:35.81 39.94				
	100m: 1:14.12 38.83 200m: 2:34.35 40.54 300m: 3:55.87 40.58 400m: 5:12.21 36.40				
5.	BRAHIMI, Zohra	14	Rn	**5:16.60**	384
	50m: 37.11 37.11 150m: 1:56.96 40.23 250m: 3:17.70 40.44 350m: 4:38.80 40.43				
	100m: 1:16.73 39.62 200m: 2:37.26 40.30 300m: 3:58.37 40.67 400m: 5:16.60 37.80				
6.	ALANDARENKO, Zoia	13	Rn	**5:23.69**	359
	50m: 36.62 36.62 150m: 1:59.90 41.77 250m: 3:22.88 41.61 350m: 4:45.35 41.03				
	100m: 1:18.13 41.51 200m: 2:41.27 41.37 300m: 4:04.32 41.44 400m: 5:23.69 38.34				
7.	PELLA, Amaris	13	La	**5:23.78**	359
	50m: 36.00 36.00 150m: 1:59.09 42.13 250m: 3:22.12 41.17 350m: 4:44.54 40.99				
	100m: 1:16.96 40.96 200m: 2:40.95 41.86 300m: 4:03.55 41.43 400m: 5:23.78 39.24				
8.	DEWARRAT, Lucy	14	La	**5:25.55**	353
	50m: 36.88 36.88 150m: 2:01.29 42.37 250m: 3:25.51 42.12 350m: 4:47.75 40.55				
	100m: 1:18.92 42.04 200m: 2:43.39 42.10 300m: 4:07.20 41.69 400m: 5:25.55 37.80				
9.	FRAGNIÈRE, Jasmine	12	Vn	**5:25.95**	352
	50m: 35.82 35.82 150m: 1:58.59 42.11 250m: 3:22.81 42.24 350m: 4:47.03 41.97				
	100m: 1:16.48 40.66 200m: 2:40.57 41.98 300m: 4:05.06 42.25 400m: 5:25.95 38.92				
10.	BERTHOD, Romane	12	CN Plan-les-Ouates	**5:27.02**	349
	50m: 35.05 35.05 150m: 1:56.10 41.92 250m: 3:21.68 42.70 350m: 4:46.78 42.39				
	100m: 1:14.18 39.13 200m: 2:38.98 42.88 300m: 4:04.39 42.71 400m: 5:27.02 40.24				
11.	BRASEY, Nayla Alyssia	13	La	**5:27.98**	345
	50m: 38.24 38.24 150m: 2:02.72 42.27 250m: 3:26.95 42.17 350m: 4:49.42 40.91				
	100m: 1:20.45 42.21 200m: 2:44.78 42.06 300m: 4:08.51 41.56 400m: 5:27.98 38.56				
12.	FONTANINI, Mayra	14	La	**5:29.28**	341
	50m: 36.70 36.70 150m: 2:01.04 42.27 250m: 3:25.23 41.91 350m: 4:49.50 41.99				
	100m: 1:18.77 42.07 200m: 2:43.32 42.28 300m: 4:07.51 42.28 400m: 5:29.28 39.78				
13.	MATER, Louise	14	La	**5:33.43**	329
	50m: 35.47 35.47 150m: 1:57.27 41.57 250m: 3:24.69 44.12 350m: 4:52.60 44.12				
	100m: 1:15.70 40.23 200m: 2:40.57 43.30 300m: 4:08.48 43.79 400m: 5:33.43 40.83				
14.	GILLES, Soliana	14	CN Yverdon	**5:35.60**	322
	50m: 37.42 37.42 150m: 2:02.37 42.94 250m: 3:29.54 43.86 350m: 4:56.38 43.18				
	100m: 1:19.43 42.01 200m: 2:45.68 43.31 300m: 4:13.20 43.66 400m: 5:35.60 39.22				
15.	ORLIAC, Camille	14	Roll	**5:39.67**	311
	50m: 38.70 38.70 150m: 2:03.88 43.72 250m: 3:30.20 43.35 350m: 4:57.94 43.81				
	100m: 1:20.16 41.46 200m: 2:46.85 42.97 300m: 4:14.13 43.93 400m: 5:39.67 41.73				
16.	DELALIC, Ali	14	La	**5:46.17**	294
	50m: 38.97 38.97 150m: 2:07.05 44.26 250m: 3:36.14 44.62 350m: 5:04.65 44.18				
	100m: 1:22.79 43.82 200m: 2:51.52 44.47 300m: 4:20.47 44.33 400m: 5:46.17 41.52				
17.	WEIL, Umi	14	CN Yverdon	**5:52.76**	278
	50m: 38.46 38.46 150m: 2:07.32 45.47 250m: 3:38.66 46.19 350m: 5:12.48 46.96				
	100m: 1:21.85 43.39 200m: 2:52.47 45.15 300m: 4:25.52 46.86 400m: 5:52.76 40.28				

Epreuve 204, Filles, 400m Libre, 14 ans et moins

Rang		AN		Temps	Pts
18.	LIPPMANN, Olivia	15	Natation Sportive Genève	**5:55.16**	272
	50m: 40.00 40.00 150m: 2:11.02 45.98 250m: 3:42.96 45.76 350m: 5:14.54 45.47				
	100m: 1:25.04 45.04 200m: 2:57.20 46.18 300m: 4:29.07 46.11 400m: 5:55.16 40.62				
19.	MORALES, Yara	14	Rn	**5:55.41**	271
	50m: 41.09 41.09 150m: 2:12.05 45.44 250m: 3:42.84 45.77 350m: 5:13.20 44.55				
	100m: 1:26.61 45.52 200m: 2:57.07 45.02 300m: 4:28.65 45.81 400m: 5:55.41 42.21				
20.	ZURKIRCHEN, Lea Sophia	12	ow88	**5:57.18**	267
	50m: 39.59 39.59 150m: 2:09.64 45.47 250m: 3:41.95 46.06 350m: 5:14.16 45.74				
	100m: 1:24.17 44.58 200m: 2:55.89 46.25 300m: 4:28.42 46.47 400m: 5:57.18 43.02				
21.	BEER, Clara	14	Rn	**5:58.89**	264
	50m: 40.85 40.85 150m: 2:12.14 45.74 250m: 3:43.63 46.01 350m: 5:15.43 45.34				
	100m: 1:26.40 45.55 200m: 2:57.62 45.48 300m: 4:30.09 46.46 400m: 5:58.89 43.46				
22.	FRANCO DE ASSIS, Laïs	13	Meyrin-Natation	**5:59.20**	263
	50m: 39.55 39.55 150m: 2:09.57 45.59 250m: 3:42.16 46.43 350m: 5:15.61 46.46				
	100m: 1:23.98 44.43 200m: 2:55.73 46.16 300m: 4:29.15 46.99 400m: 5:59.20 43.59				
23.	BOUCHER, Lilia	13	CN Yverdon	**6:16.13**	229
	50m: 39.74 39.74 150m: 2:13.54 48.10 250m: 3:52.24 49.60 350m: 5:31.28 49.35				
	100m: 1:25.44 45.70 200m: 3:02.64 49.10 300m: 4:41.93 49.69 400m: 6:16.13 44.85				

15 - 16 ans

1.	SPÄNI, Marie	10	Rn	**5:15.27**	389
	50m: 34.98 34.98 150m: 1:53.24 39.80 250m: 3:14.27 40.83 350m: 4:35.58 40.89				
	100m: 1:13.44 38.46 200m: 2:33.44 40.20 300m: 3:54.69 40.42 400m: 5:15.27 39.69				
2.	NOVY, Juliette	11	Vn	**5:36.97**	319
	50m: 37.44 37.44 150m: 2:02.99 43.36 250m: 3:29.86 43.04 350m: 4:56.03 42.72				
	100m: 1:19.63 42.19 200m: 2:46.82 43.83 300m: 4:13.31 43.45 400m: 5:36.97 40.94				