

SCZ Recordpoging
Zwembad De Motte, 14/7/2026

Programmanr. 1
14/07/2026 - 18:00

Heren, 400m vrije slag

11 jaar en ouder
Resultaten

Punten: AQUA 2025

Rang	Inschr.	Tijd	Pnt
Jeugd 1 : 11-12 jaar			
1. Jacquemyns Lewis	DDAT/11175/14 6:15.99	6:00.62	203
50m:	150m:	250m:	350m:
100m: 1:26.62	200m: 3:01.37	300m:	400m: 6:00.62
2. Sigsworth Kaya	LAQUA/11716/156:19.83	6:05.02	196
50m:	150m:	250m:	350m:
100m: 1:26.47	200m: 3:00.86	300m:	400m: 6:05.02

Jeugd 2: 13-14 jaar

1. Maaskant Albin	SCZ/11096/13 5:18.71	5:01.15	350
50m:	150m:	250m:	350m:
100m: 1:11.17	200m: 2:29.03	300m:	400m: 5:01.15
2. Bombaert Louis	ZIOS/11120/12 5:24.36	5:01.66	348
50m:	150m:	250m:	350m:
100m: 1:11.91	200m: 3:32.31	300m:	400m: 5:01.66
3. Stabel Jonathan	KST/11085/13 5:22.04	5:11.84	315
50m:	150m:	250m:	350m:
100m: 1:12.35	200m: 2:32.67	300m:	400m: 5:11.84
4. Feyaerts Jeroen	TRUST/11210/13 5:19.50	5:12.31	313
50m:	150m:	250m:	350m:
100m: 1:11.28	200m: 2:32.52	300m:	400m: 5:12.31
5. Van Den Berghe Vince	ALZV/11147/12 5:28.81	5:13.92	309
50m:	150m:	250m:	350m:
100m: 1:14.31	200m: 2:35.03	300m:	400m: 5:13.92
6. Alderlieste Sem	SCZ/11134/12 5:33.01	5:18.70	295
50m:	150m:	250m:	350m:
100m: 1:16.19	200m: 2:38.59	300m:	400m: 5:18.70
7. Vandepitte Kyan	DDAT/11158/13 5:30.78	5:32.86	259
50m:	150m:	250m:	350m:
100m: 1:19.18	200m: 2:45.40	300m:	400m: 5:32.86

Jeugd 3 : 15-16 jaar

1. Debecker Matheo	DMI/11069/11 4:14.55	4:12.37	594
50m:	150m:	250m:	350m:
100m: 1:00.17	200m: 2:04.03	300m:	400m: 4:12.37
2. Tronckoe Kobe	DDAT/11131/11 4:41.53	4:32.91	470
50m:	150m:	250m:	350m:
100m: 1:03.44	200m: 2:12.84	300m:	400m: 4:32.91
3. Gypen Thomas	KAZS/11209/10 4:54.70	4:44.05	417
50m:	150m:	250m:	350m:
100m: 1:06.64	200m: 2:19.67	300m:	400m: 4:44.05
4. Verhasselt Lars	DDAT/11151/11 5:03.68	4:51.55	385
50m:	150m:	250m:	350m:
100m: 1:09.97	200m: 2:24.55	300m:	400m: 4:51.55

17+

1. Roovers Lucas	KAZS/11085/09 4:29.05	4:26.22	506
50m:	150m:	250m:	350m:
100m: 1:01.69	200m: 2:09.37	300m:	400m: 4:26.22

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Programmanr. 1, Heren, 400m vrije slag, 17+

Rang			Inschr.	Tijd	Pnt
2.	Flores Sébastien		KLSVZ/11115/09 4:45.71	4:37.04	449
	50m:	150m:	250m:	350m:	
	100m: 1:05.22	200m: 2:15.83	300m:	400m: 4:37.04	
3.	Hebbelinck Ruben		ZORO/11166/09 4:55.61	4:41.47	428
	50m:	150m:	250m:	350m:	
	100m: 1:04.42	200m: 2:16.77	300m:	400m: 4:41.47	