

Campeonato Regional ABS 2026
Angra do Heroísmo, 3 - 5/7/2026

Prova 12
03/07/2026 - 18:00

Femin., 1500m Livres

Absolutos
Resultados

Infantis B Fem 13: 25:43.70 / Infantis A Fem 14: 24:27.70 / Juvenis B Fem 15: 22:05.30 / Juvenis A Fem 16: 21:30.90 / Jun Fem 17 - 18: 21:08.20 / Sen Fem 19 +: 20:31.60

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
Infantis			
1. PONTE, Matilde Almeida	13	Clube Desportivo Escolar de Ag	20:13.32
100m: 1:16.33 1:16.33	500m: 6:38.65 1:20.25	900m: 12:04.82 1:22.45	1300m: 17:33.23 1:22.47
200m: 2:38.08 1:21.75	600m: 7:57.97 1:19.32	1000m: 13:24.72 1:19.90	1400m: 18:55.43 1:22.20
300m: 3:58.32 1:20.24	700m: 9:20.84 1:22.87	1100m: 14:48.17 1:23.45	1500m: 20:13.32 1:17.89
400m: 5:18.40 1:20.08	800m: 10:42.37 1:21.53	1200m: 16:10.76 1:22.59	
2. PONTE, Mariana Almeida	12	Clube Desportivo Escolar de Ag	21:17.68
100m: 1:18.46 1:18.46	500m: 7:01.87 1:27.39	900m: 12:45.02 1:24.34	1300m: 18:30.54 1:26.24
200m: 2:43.70 1:25.24	600m: 8:27.51 1:25.64	1000m: 14:11.48 1:26.46	1400m: 19:59.52 1:28.98
300m: 4:08.91 1:25.21	700m: 9:53.69 1:26.18	1100m: 15:37.43 1:25.95	1500m: 21:17.68 1:18.16
400m: 5:34.48 1:25.57	800m: 11:20.68 1:26.99	1200m: 17:04.30 1:26.87	
3. GARCIA, Beatriz Mare	12	Clube Naval de Ponta Delgada	22:35.51
100m: 1:19.33 1:19.33	500m: 7:19.73 1:31.68	900m: 13:28.68 1:32.81	1300m: 19:35.93 1:31.75
200m: 2:47.52 1:28.19	600m: 8:51.42 1:31.69	1000m: 15:00.73 1:32.05	1400m: 21:08.25 1:32.32
300m: 4:17.37 1:29.85	700m: 10:22.89 1:31.47	1100m: 16:32.21 1:31.48	1500m: 22:35.51 1:27.26
400m: 5:48.05 1:30.68	800m: 11:55.87 1:32.98	1200m: 18:04.18 1:31.97	
4. SOUSA, Rita Quadros	12	Bombeiros de Ponta Delgada	23:10.08
100m: 1:27.25 1:27.25	500m: 7:35.68 1:33.10	900m: 13:52.58 1:35.48	1300m: 20:07.02 1:34.07
200m: 2:58.10 1:30.85	600m: 9:09.52 1:33.84	1000m: 15:26.77 1:34.19	1400m: 21:39.27 1:32.25
300m: 4:29.68 1:31.58	700m: 10:42.55 1:33.03	1100m: 17:01.34 1:34.57	1500m: 23:10.08 1:30.81
400m: 6:02.58 1:32.90	800m: 12:17.10 1:34.55	1200m: 18:32.95 1:31.61	

Absolutos

1. VIEIRA, Sara Goncalves	10	Naval Praia da Vitoria	19:28.13
100m: 1:08.86 1:08.86	500m: 6:12.46 1:16.33	900m: 11:25.55 1:18.83	1300m: 16:47.38 1:20.51
200m: 2:25.01 1:16.15	600m: 7:29.36 1:16.90	1000m: 12:45.54 1:19.99	1400m: 18:08.60 1:21.22
300m: 3:40.77 1:15.76	700m: 8:47.90 1:18.54	1100m: 14:06.19 1:20.65	1500m: 19:28.13 1:19.53
400m: 4:56.13 1:15.36	800m: 10:06.72 1:18.82	1200m: 15:26.87 1:20.68	
2. SOUSA, Margarida Carreiro	08	Clube Desportivo Escolar de Ag	19:49.74
100m: 1:11.91 1:11.91	500m: 6:29.68 1:20.70	900m: 11:44.51 1:18.63	1300m: 17:08.59 1:21.30
200m: 2:29.74 1:17.83	600m: 7:49.66 1:19.98	1000m: 13:03.58 1:19.07	1400m: 18:31.05 1:22.46
300m: 3:49.39 1:19.65	700m: 9:07.44 1:17.78	1100m: 14:25.05 1:21.47	1500m: 19:49.74 1:18.69
400m: 5:08.98 1:19.59	800m: 10:25.88 1:18.44	1200m: 15:47.29 1:22.24	
3. SILVA, Isabel Lourenco	11	Bombeiros de Ponta Delgada	20:37.59
100m: 1:13.46 1:13.46	500m: 6:44.00 1:22.80	900m: 12:15.13 1:22.29	1300m: 17:50.70 1:24.73
200m: 2:36.57 1:23.11	600m: 8:06.97 1:22.97	1000m: 13:38.20 1:23.07	1400m: 19:14.80 1:24.10
300m: 3:58.81 1:22.24	700m: 9:29.41 1:22.44	1100m: 15:01.87 1:23.67	1500m: 20:37.59 1:22.79
400m: 5:21.20 1:22.39	800m: 10:52.84 1:23.43	1200m: 16:25.97 1:24.10	