

Campeonato Regional ABS 2026
Angra do Heroísmo, 3 - 5/7/2026

Prova 1

Masc., 400m Estilos

Absolutos

03/07/2026 - 15:30

Resultados

Infantis B Mas 13: 7:14.20 / Infantis A Masc 14: 6:45.30 / Juvenis B Mas 15: 6:19.20 / Juvenis A Mas 16: 5:57.10 / Jun Mas 17 - 18: 5:39.70 / Sen Masc 19 +: 5:23.30

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
Infantis			
1. PONTES, Guilherme Barcelos	12	Núcleo Sporting	5:32.08
50m: 35.89 35.89 150m: 2:00.95 43.56 250m: 3:28.36 45.19 350m: 4:54.34 39.83			
100m: 1:17.39 41.50 200m: 2:43.17 42.22 300m: 4:14.51 46.15 400m: 5:32.08 37.74			
2. TOSTE, Rodrigo Candido	12	Naval Praia da Vitoria	5:35.14
50m: 36.07 36.07 150m: 2:01.83 41.72 250m: 3:28.22 46.49 350m: 4:55.70 39.32			
100m: 1:20.11 44.04 200m: 2:41.73 39.90 300m: 4:16.38 48.16 400m: 5:35.14 39.44			
3. CABRAL, Julio Filipe	12	Bombeiros de Ponta Delgada	5:51.19
50m: 36.68 36.68 150m: 2:07.35 44.90 250m: 3:42.92 50.83 350m: 5:13.03 38.72			
100m: 1:22.45 45.77 200m: 2:52.09 44.74 300m: 4:34.31 51.39 400m: 5:51.19 38.16			
4. PONTE, Afonso Raposo	12	Clube Desportivo Escolar de Ag	6:04.76
50m: 39.25 39.25 150m: 2:10.80 42.89 250m: 3:45.90 52.90 350m: 5:22.20 42.68			
100m: 1:27.91 48.66 200m: 2:53.00 42.20 300m: 4:39.52 53.62 400m: 6:04.76 42.56			

Absolutos

1. VICENTE, Miguel Chagas	09	Bombeiros de Ponta Delgada	4:51.65
50m: 29.63 29.63 150m: 1:37.89 34.22 250m: 2:57.52 44.73 350m: 4:17.98 34.58			
100m: 1:03.67 34.04 200m: 2:12.79 34.90 300m: 3:43.40 45.88 400m: 4:51.65 33.67			
2. TOSTE, Martim Candido	06	Naval Praia da Vitoria	4:59.71
50m: 29.96 29.96 150m: 1:43.00 38.66 250m: 3:03.36 42.61 350m: 4:24.91 35.89			
100m: 1:04.34 34.38 200m: 2:20.75 37.75 300m: 3:49.02 45.66 400m: 4:59.71 34.80			
3. CABRAL, Santiago Nicolau	10	Clube Desportivo Escolar de Ag	5:10.12
50m: 31.09 31.09 150m: 1:48.09 41.30 250m: 3:12.53 43.59 350m: 4:34.28 37.62			
100m: 1:06.79 35.70 200m: 2:28.94 40.85 300m: 3:56.66 44.13 400m: 5:10.12 35.84			
4. EVANGELHO, David Pereira	10	Núcleo Sporting	5:43.05
50m: 34.53 34.53 150m: 2:00.08 45.14 250m: 3:34.03 49.66 350m: 5:04.37 39.79			
100m: 1:14.94 40.41 200m: 2:44.37 44.29 300m: 4:24.58 50.55 400m: 5:43.05 38.68			

DSQ MENDES, Artur Bettencourt 10 Naval Praia da Vitoria
O nadador perdeu o estilo de bruços ao puxar a touca.