

Eesti Karikavõistlused Ujumises
Tallinn, 14. - 15.7.2026

Event 307
15.07.2026 - 17:58

Women, 400m Medley

Open
Results

Eesti rekord	4:38.88	GOLD, Aleksa	KUK	Quebec (CAN)	24.03.2022
Eesti vanuseklassi rekord - 18	4:51.13	GURJANOVA, Violanta	JOHVI	Tallinn	22.12.2022
Eesti vanuseklassi rekord - 16	4:51.13	GURJANOVA, Violanta	JOHVI	Tallinn	22.12.2022
Eesti vanuseklassi rekord - 14	4:54.92	ROMANJUK, Maria	GARANT	Tallinn	04.03.2011

Points: AQUA 2025

Rank	YB				Time				Pts
1. RANDVALI, Maari	09 Kalevi Ujumiskool				4:57.41				633
50m: 30.50 30.50	150m: 1:43.80 37.67	250m: 3:05.17 44.24	350m: 4:24.62 35.06						
100m: 1:06.13 35.63	200m: 2:20.93 37.13	300m: 3:49.56 44.39	400m: 4:57.41 32.79						
2. ROHTLA, Laura	11 TOPi Ujumisklubi				5:04.86				588
50m: 30.56 30.56	150m: 1:46.94 40.01	250m: 3:11.47 44.75	350m: 4:30.66 34.67						
100m: 1:06.93 36.37	200m: 2:26.72 39.78	300m: 3:55.99 44.52	400m: 5:04.86 34.20						
3. ZAIDENTSAL, Alessandra	08 Spordiklubi Garant				5:06.97				576
50m: 31.35 31.35	150m: 1:50.09 41.13	250m: 3:12.63 41.07	350m: 4:30.79 34.53						
100m: 1:08.96 37.61	200m: 2:31.56 41.47	300m: 3:56.26 43.63	400m: 5:06.97 36.18						
4. BOROSKO, Agata	13 Kalevi Ujumiskool				5:13.92				539
50m: 33.65 33.65	150m: 1:55.53 40.43	250m: 3:18.78 43.92	350m: 4:39.67 36.58						
100m: 1:15.10 41.45	200m: 2:34.86 39.33	300m: 4:03.09 44.31	400m: 5:13.92 34.25						
5. FOKINA, Arina	10 Spordiklubi Garant				5:14.19				537
50m: 32.01 32.01	150m: 1:49.74 40.11	250m: 3:14.49 45.76	350m: 4:38.36 37.31						
100m: 1:09.63 37.62	200m: 2:28.73 38.99	300m: 4:01.05 46.56	400m: 5:14.19 35.83						
6. ANSPOKA, Anete	09 Ujumise Spordiklubi				5:18.19				517
50m: 33.32 33.32	150m: 1:56.29 42.06	250m: 3:22.01 44.90	350m: 4:44.50 37.28						
100m: 1:14.23 40.91	200m: 2:37.11 40.82	300m: 4:07.22 45.21	400m: 5:18.19 33.69						
7. MARAN, Meribel	11 Yess				5:20.31				507
50m: 35.16 35.16	150m: 1:58.54 41.34	250m: 3:23.24 43.66	350m: 4:44.72 37.43						
100m: 1:17.20 42.04	200m: 2:39.58 41.04	300m: 4:07.29 44.05	400m: 5:20.31 35.59						
8. PASLANE, Monika	13 Ujumise Spordiklubi				5:24.74				486
50m: 33.71 33.71	150m: 1:55.02 40.83	250m: 3:21.33 46.53	350m: 4:47.86 38.52						
100m: 1:14.19 40.48	200m: 2:34.80 39.78	300m: 4:09.34 48.01	400m: 5:24.74 36.88						
9. TAMMEPOLD, Carolin	11 Audentese Spordiklubi				5:29.24				467
50m: 34.76 34.76	150m: 2:00.60 44.00	250m: 3:30.46 46.99	350m: 4:54.45 38.19						
100m: 1:16.60 41.84	200m: 2:43.47 42.87	300m: 4:16.26 45.80	400m: 5:29.24 34.79						
10. TOOMPERE, Hanna	13 Orca Swim Club				5:32.77				452
50m: 32.85 32.85	150m: 1:54.95 41.91	250m: 3:24.19 48.60	350m: 4:53.51 39.58						
100m: 1:13.04 40.19	200m: 2:35.59 40.64	300m: 4:13.93 49.74	400m: 5:32.77 39.26						
11. SAHAKYAN, Nare	11 Yess				5:34.91				443
50m: 34.26 34.26	150m: 1:59.49 44.35	250m: 3:29.17 47.01	350m: 4:56.51 39.40						
100m: 1:15.14 40.88	200m: 2:42.16 42.67	300m: 4:17.11 47.94	400m: 5:34.91 38.40						
12. ROASTO, Emma	09 Ujumisklubi Briis				5:35.12				443
50m: 34.13 34.13	150m: 1:58.10 41.80	250m: 3:29.20 50.22	350m: 4:57.97 37.89						
100m: 1:16.30 42.17	200m: 2:38.98 40.88	300m: 4:20.08 50.88	400m: 5:35.12 37.15						
13. LANDE, Marleen	12 Orca Swim Club				5:37.03				435
50m: 36.71 36.71	150m: 2:05.34 43.61	250m: 3:32.33 44.51	350m: 4:57.85 40.91						
100m: 1:21.73 45.02	200m: 2:47.82 42.48	300m: 4:16.94 44.61	400m: 5:37.03 39.18						