

ZNA Zomerwedstrijd Neptunus Aalst
Aalst, 27/6/2026

Programmanr. 22
27/06/2026 - 15:20

Dames, 400m vrije slag

open leeftijdsgroep
Resultaten

Rang			Geb.				Tijd			
1.	GAYTANT, Sterre		11	ZORO/21203/11				4:55.70		
	50m:	33.68 33.68	150m:	1:48.50 37.32	250m:	3:03.39 37.56	350m:	4:18.59 37.18		
	100m:	1:11.18 37.50	200m:	2:25.83 37.33	300m:	3:41.41 38.02	400m:	4:55.70 37.11		
2.	DE WOLF, Tine		09	AST/21058/09				5:00.02		
	50m:	33.90 33.90	150m:	1:50.19 38.14	250m:	3:06.73 37.96	350m:	4:23.15 37.89		
	100m:	1:12.05 38.15	200m:	2:28.77 38.58	300m:	3:45.26 38.53	400m:	5:00.02 36.87		
3.	MAES, Noor		11	AST/21062/11				5:01.22		
	50m:	34.11 34.11	150m:	1:52.05 39.33	250m:	3:09.60 38.03	350m:	4:25.76 36.93		
	100m:	1:12.72 38.61	200m:	2:31.57 39.52	300m:	3:48.83 39.23	400m:	5:01.22 35.46		
4.	BAYENS, Nina		12	ZNA/21544/12				5:06.46		
	50m:	34.80 34.80	150m:	1:52.44 39.41	250m:	3:11.24 39.74	350m:	4:30.41 39.41		
	100m:	1:13.03 38.23	200m:	2:31.50 39.06	300m:	3:51.00 39.76	400m:	5:06.46 36.05		
5.	RUYSSINCK, Diede		10	ZNA/21271/10				5:12.09		
	50m:	36.18 36.18	150m:	1:56.84 40.62	250m:	3:16.65 39.16	350m:	4:34.10 38.13		
	100m:	1:16.22 40.04	200m:	2:37.49 40.65	300m:	3:55.97 39.32	400m:	5:12.09 37.99		
6.	BURSSENS, Emma		11	LAQUA/21490/11				5:29.10		
	50m:	36.68 36.68	150m:	1:59.55 42.30	250m:	3:24.31 42.34	350m:	4:48.98 41.72		
	100m:	1:17.25 40.57	200m:	2:41.97 42.42	300m:	4:07.26 42.95	400m:	5:29.10 40.12		
7.	JACOB, Emma		13	ZNA/21412/13				5:41.78		
	50m:	39.41 39.41	150m:	2:06.41 43.42	250m:	3:35.28 44.30	350m:	5:02.89 44.09		
	100m:	1:22.99 43.58	200m:	2:50.98 44.57	300m:	4:18.80 43.52	400m:	5:41.78 38.89		
8.	TYAGI, Yashwini		14	LAQUA/21570/14				5:41.80		
	50m:	37.91 37.91	150m:	2:05.48 44.24	250m:	3:34.81 44.18	350m:	5:02.42 43.62		
	100m:	1:21.24 43.33	200m:	2:50.63 45.15	300m:	4:18.80 43.99	400m:	5:41.80 39.38		
9.	DE RYCK, Hanne		15	LAQUA/21644/15				5:52.29		
	50m:	39.35 39.35	150m:	2:11.06 45.80	250m:	3:42.45 45.34	350m:	5:11.08 43.84		
	100m:	1:25.26 45.91	200m:	2:57.11 46.05	300m:	4:27.24 44.79	400m:	5:52.29 41.21		
10.	BADIDI, Chahd		12	ZNA/21442/12				6:02.15		
	50m:	40.17 40.17	150m:	2:10.60 46.80	250m:	3:44.61 46.57	350m:	5:18.33 46.69		
	100m:	1:23.80 43.63	200m:	2:58.04 47.44	300m:	4:31.64 47.03	400m:	6:02.15 43.82		
11.	BOBEVA, Dara		13	LAQUA/21643/13				6:02.62		
	50m:	39.00 39.00	150m:	2:11.47 46.91	250m:	3:45.66 46.89	350m:	5:18.48 46.07		
	100m:	1:24.56 45.56	200m:	2:58.77 47.30	300m:	4:32.41 46.75	400m:	6:02.62 44.14		