

ZNA Zomerwedstrijd Neptunus Aalst  
Aalst, 27/6/2026

Programmanr. 21  
27/06/2026 - 15:14

Heren, 400m wisselslag

open leeftijdsgroep  
Resultaten

Rang	Geb.						Tijd	
1.	WOJCIULA, Tymon		11	ZNA/11416/11		<b>5:27.56</b>		
	50m:	35.08 35.08	150m:	1:59.05 40.32	250m:	3:26.29 46.66	350m:	4:52.06 36.30
	100m:	1:18.73 43.65	200m:	2:39.63 40.58	300m:	4:15.76 49.47	400m:	5:27.56 35.50
2.	DHAENE, Niels		10	UZKZ/11109/10		<b>5:32.71</b>		
	50m:	34.28 34.28	150m:	2:01.30 43.95	250m:	3:30.56 46.69	350m:	4:57.70 38.67
	100m:	1:17.35 43.07	200m:	2:43.87 42.57	300m:	4:19.03 48.47	400m:	5:32.71 35.01
3.	DE DONDER, Thor		12	ZNA/11376/12		<b>6:03.78</b>		
	50m:	39.27 39.27	150m:	2:15.82 49.50	250m:	3:52.08 47.09	350m:	5:23.03 43.66
	100m:	1:26.32 47.05	200m:	3:04.99 49.17	300m:	4:39.37 47.29	400m:	6:03.78 40.75