

Grote Prijs Gerard Boets 2026
Mol, 27 - 28/6/2026

Programmanr. 7
27/06/2026 - 11:55

Dames, 400m wisselslag

11 jaar en ouder
Resultaten

Punten: AQUA 2026

Rang	Geb.			Tijd	Pnt	100m	200m	300m	400m
11 - 12 jaar									
1. MELIS, Fee	14	Hozt 15		6:17.46	340	1:35.21	1:33.81	1:41.52	1:26.92
50m: 40.88	40.88	150m: 2:23.13	47.92	250m: 4:00.13		51.11	350m: 5:35.36	44.82	
100m: 1:35.21	54.33	200m: 3:09.02	45.89	300m: 4:50.54		50.41	400m: 6:17.46	42.10	
2. KENIS, Sterre	14	Hozt 15		6:30.81	307	1:42.97	1:35.37	1:49.72	1:22.75
50m: 48.67	48.67	150m: 2:31.66	48.69	250m: 4:13.76		55.42	350m: 5:49.82	41.76	
100m: 1:42.97	54.30	200m: 3:18.34	46.68	300m: 5:08.06		54.30	400m: 6:30.81	40.99	
3. DEMARET, Anaëlle	14	Boust		6:41.21	283	1:36.25	1:42.97	1:51.58	1:30.41
50m: 44.25	44.25	150m: 2:28.86	52.61	250m: 4:14.37		55.15	350m: 5:56.45	45.65	
100m: 1:36.25	52.00	200m: 3:19.22	50.36	300m: 5:10.80		56.43	400m: 6:41.21	44.76	
4. VAN DIJCK, Lotte	14	Hozt 15		6:56.19	254	1:51.38	1:44.71	1:49.15	1:30.95
50m: 51.02	51.02	150m: 2:45.12	53.74	250m: 4:29.34		53.25	350m: 6:10.91	45.67	
100m: 1:51.38	1:00.36	200m: 3:36.09	50.97	300m: 5:25.24		55.90	400m: 6:56.19	45.28	

dis VAN COTTHEM, Nika 15 Arendonkse Zwemvereniging
SW9.4.6.5a - Op het einde van het wedstrijdgedeelte rugslag, heeft de zwemmer bij de aankomst de muur niet aangetikt in rugligging

13 - 14 jaar											
1. MELIS, Vlinder		12	Hozt 15			5:40.71	463	1:24.43	1:28.40	1:34.76	1:13.12
50m:	38.02	38.02	150m:	2:10.54	46.11	250m:	3:39.46	46.63	350m:	5:04.79	37.20
100m:	1:24.43	46.41	200m:	2:52.83	42.29	300m:	4:27.59	48.13	400m:	5:40.71	35.92
2. DAS, Louise		13	Stzc			5:42.54	455	1:18.95	1:27.73	1:40.36	1:15.50
50m:	35.76	35.76	150m:	2:04.14	45.19	250m:	3:37.32	50.64	350m:	5:04.99	37.95
100m:	1:18.95	43.19	200m:	2:46.68	42.54	300m:	4:27.04	49.72	400m:	5:42.54	37.55
3. TALBOOM, Maja		12	Brabo Zwemclub Antwerpen			5:53.15	416	1:23.05	1:30.26	1:36.87	1:22.97
50m:	36.80	36.80	150m:	2:10.42	47.37	250m:	3:41.09	47.78	350m:	5:12.89	42.71
100m:	1:23.05	46.25	200m:	2:53.31	42.89	300m:	4:30.18	49.09	400m:	5:53.15	40.26
4. BOOGERS, Noor		12	Zwemclub Geel			6:00.51	391	1:21.71	1:33.27	1:46.11	1:19.42
50m:	38.75	38.75	150m:	2:09.48	47.77	250m:	3:47.13	52.15	350m:	5:22.46	41.37
100m:	1:21.71	42.96	200m:	2:54.98	45.50	300m:	4:41.09	53.96	400m:	6:00.51	38.05
5. CEULEMANS, Lena		12	MOZKA			6:08.00	367	1:29.01	1:34.73	1:41.91	1:22.35
50m:	39.92	39.92	150m:	2:17.01	48.00	250m:	3:53.40	49.66	350m:	5:27.38	41.73
100m:	1:29.01	49.09	200m:	3:03.74	46.73	300m:	4:45.65	52.25	400m:	6:08.00	40.62
6. SARANCHUK, Milana		13	Boust			6:10.89	359	1:26.96	1:33.99	1:51.47	1:18.47
50m:	38.80	38.80	150m:	2:15.60	48.64	250m:	3:56.65	55.70	350m:	5:32.48	40.06
100m:	1:26.96	48.16	200m:	3:00.95	45.35	300m:	4:52.42	55.77	400m:	6:10.89	38.41
7. ADRIAENSEN, Lena		13	MOZKA			6:10.90	359	1:25.73	1:33.69	1:49.54	1:21.94
50m:	37.21	37.21	150m:	2:12.17	46.44	250m:	3:53.47	54.05	350m:	5:31.48	42.52
100m:	1:25.73	48.52	200m:	2:59.42	47.25	300m:	4:48.96	55.49	400m:	6:10.90	39.42
8. JORIS, Linde		12	Zwemvereniging Lier			6:42.52	281	1:38.12	1:45.15	1:54.63	1:24.62
50m:			150m:			250m:			350m:		
100m:	1:38.12		200m:	3:23.27		300m:	5:17.90		400m:	6:42.52	

15 - 16 jaar											
1. POEL, Maren	11	De Beringse Tuimelaars	5:33.62	493	1:18.53	1:27.84	1:32.12	1:15.13			
50m:	34.81	34.81	150m:	2:03.55	45.02	250m:	3:31.58	45.21	350m:	4:56.86	38.37
100m:	1:18.53	43.72	200m:	2:46.37	42.82	300m:	4:18.49	46.91	400m:	5:33.62	36.76
2. VAN REETH, Lieze	11	Zwemvereniging Lier	5:44.28	449	1:19.22	1:27.55	1:38.33	1:19.18			
50m:	35.86	35.86	150m:	2:03.01	43.79	250m:	3:34.98	48.21	350m:	5:04.53	39.43
100m:	1:19.22	43.36	200m:	2:46.77	43.76	300m:	4:25.10	50.12	400m:	5:44.28	39.75
3. SEREY MENDOZA, Maylér	11	Boust	5:44.48	448	1:21.71	1:28.42	1:34.42	1:19.93			
50m:	38.18	38.18	150m:	2:06.45	44.74	250m:	3:36.88	46.75	350m:	5:05.70	41.15
100m:	1:21.71	43.53	200m:	2:50.13	43.68	300m:	4:24.55	47.67	400m:	5:44.48	38.78
4. VAN BOCKSTAL, Yoanna	11	Hozt 15	5:46.90	439	1:17.96	1:28.50	1:43.31	1:17.13			
50m:	35.95	35.95	150m:	2:02.80	44.84	250m:	3:37.15	50.69	350m:	5:08.79	39.02
100m:	1:17.96	42.01	200m:	2:46.46	43.66	300m:	4:29.77	52.62	400m:	5:46.90	38.11

Grote Prijs Gerard Boets 2026
Mol, 27 - 28/6/2026

Programmanr. 7, Meisjes, 400m wisselslag, 15 - 16 jaar

Rang	Geb.			Tijd			Pnt	100m	200m	300m	400m	
5.	LAMBRECHTS, Loes		11	Arendonkse Zwemvereniging			6:09.99	361	1:32.43	1:36.04	1:44.52	1:17.00
	50m:	40.93	40.93	150m:	2:22.20	49.77	250m:	4:00.38	51.91	350m:	5:32.60	39.61
	100m:	1:32.43	51.50	200m:	3:08.47	46.27	300m:	4:52.99	52.61	400m:	6:09.99	37.39
6.	VANHAEREN, Renée		11	Zdkb			6:33.35	301	1:27.13	1:42.66	1:56.41	1:27.15
	50m:	38.69	38.69	150m:	2:20.94	53.81	250m:	4:07.23	57.44	350m:	5:52.23	46.03
	100m:	1:27.13	48.44	200m:	3:09.79	48.85	300m:	5:06.20	58.97	400m:	6:33.35	41.12
7.	WOLFS, Lola		10	Zdkb			7:01.40	244	1:50.00	1:52.01	1:50.94	1:28.45
	50m:	47.91	47.91	150m:	2:48.15	58.15	250m:	4:36.39	54.38	350m:	6:16.69	43.74
	100m:	1:50.00	1:02.09	200m:	3:42.01	53.86	300m:	5:32.95	56.56	400m:	7:01.40	44.71

17 jaar en ouder

1.	DE BONT, Sam	08	Tsz		5:11.13	608		1:11.27	1:22.59	1:28.01	1:09.26	
	50m:	33.11	33.11	150m:	1:53.18	41.91	250m:	3:17.93	44.07	350m:	4:36.91	35.04
	100m:	1:11.27	38.16	200m:	2:33.86	40.68	300m:	4:01.87	43.94	400m:	5:11.13	34.22
2.	VERTESSEN, Fran	09	De Beringse Tuimelaars		5:25.01	533		1:12.01	1:26.93	1:31.21	1:14.86	
	50m:	33.56	33.56	150m:	1:56.03	44.02	250m:	3:24.38	45.44	350m:	4:48.64	38.49
	100m:	1:12.01	38.45	200m:	2:38.94	42.91	300m:	4:10.15	45.77	400m:	5:25.01	36.37
3.	WILLAERT, Ayla	09	Hozt 15		5:29.30	513		1:18.69	1:25.17	1:32.79	1:12.65	
	50m:	36.36	36.36	150m:	2:02.93	44.24	250m:	3:31.01	47.15	350m:	4:53.19	36.54
	100m:	1:18.69	42.33	200m:	2:43.86	40.93	300m:	4:16.65	45.64	400m:	5:29.30	36.11
4.	GRAHAM, Jil	06	Hozt 15		5:29.61	511		1:18.70	1:24.58	1:35.40	1:10.93	
	50m:	36.92	36.92	150m:	2:01.55	42.85	250m:	3:30.97	47.69	350m:	4:54.74	36.06
	100m:	1:18.70	41.78	200m:	2:43.28	41.73	300m:	4:18.68	47.71	400m:	5:29.61	34.87
5.	SPRANGERS, Kato	08	MOZKA		5:30.64	507		1:15.93	1:23.66	1:38.35	1:12.70	
	50m:	35.39	35.39	150m:	1:58.63	42.70	250m:	3:28.49	48.90	350m:	4:55.00	37.06
	100m:	1:15.93	40.54	200m:	2:39.59	40.96	300m:	4:17.94	49.45	400m:	5:30.64	35.64
6.	TRIOEN, Joke	02	De Dolfijnen" Asse-Ternat		5:49.99	427		1:19.67	1:29.36	1:38.09	1:22.87	
	50m:	35.93	35.93	150m:	2:05.03	45.36	250m:	3:37.14	48.11	350m:	5:09.73	42.61
	100m:	1:19.67	43.74	200m:	2:49.03	44.00	300m:	4:27.12	49.98	400m:	5:49.99	40.26
7.	BEYLEMANS, Anne	06	Pzc		7:08.31	233		1:39.91	1:46.27	2:01.04	1:41.09	
	50m:	44.20	44.20	150m:	2:34.90	54.99	250m:	4:26.58	1:00.40	350m:	6:20.05	52.83
	100m:	1:39.91	55.71	200m:	3:26.18	51.28	300m:	5:27.22	1:00.64	400m:	7:08.31	48.26

dis ROMBOUTS, Floor 09 Hozt 15

SW 9.4.7.6 - Op het einde van het wedstrijdgedeelte schoolslag, heeft de zwemmer de muur niet met 2 handen gelijktijdig aangetikt of de handen op elkaar gelegd, HT