

Grote Prijs Gerard Boets 2026
Mol, 27 - 28/6/2026

Programmanr. 13
27/06/2026 - 15:50

Dames, 400m vrije slag

11 jaar en ouder
Resultaten

Punten: AQUA 2026

Rang	Geb.	Tijd	Pnt	100m	200m	300m	400m
11 - 12 jaar							
1. CORTEN, Elena	14	Brabo Zwemclub Antwerpen	5:36.29 337	1:21.44	1:27.53	1:26.00	1:21.32
50m: 38.99	38.99	150m: 2:05.15	43.71	250m: 3:31.86	42.89	350m: 4:57.27	42.30
100m: 1:21.44	42.45	200m: 2:48.97	43.82	300m: 4:14.97	43.11	400m: 5:36.29	39.02
2. PEETERS, Lena	15	Arendonkse Zwemvereniging	5:41.77 321	1:21.01	1:29.75	1:27.43	1:23.58
50m: 38.56	38.56	150m: 2:06.33	45.32	250m: 3:35.24	44.48	350m: 5:00.96	42.77
100m: 1:21.01	42.45	200m: 2:50.76	44.43	300m: 4:18.19	42.95	400m: 5:41.77	40.81
3. LAURYSEN, Nette	15	Arendonkse Zwemvereniging	5:51.91 294	1:23.51	1:28.32	1:32.66	1:27.42
50m: 38.83	38.83	150m: 2:07.90	44.39	250m: 3:38.48	46.65	350m: 5:10.65	46.16
100m: 1:23.51	44.68	200m: 2:51.83	43.93	300m: 4:24.49	46.01	400m: 5:51.91	41.26
4. MANNAERTS, Rosanne	14	De Lommelse Waterbenge	5:59.78 275	1:24.25	1:33.42	1:34.87	1:27.24
50m: 39.97	39.97	150m: 2:10.90	46.65	250m: 3:44.74	47.07	350m: 5:17.99	45.45
100m: 1:24.25	44.28	200m: 2:57.67	46.77	300m: 4:32.54	47.80	400m: 5:59.78	41.79
5. CLAESSENS, Marie	15	Azk	6:01.72 271	1:26.65	1:33.09		
50m:		150m:	250m:	350m:			
100m: 1:26.65		200m: 2:59.74	300m:	400m: 6:01.72			
6. DEMARET, Anaëlle	14	Boust	6:01.78 271	1:28.78	1:34.54	1:32.89	1:25.57
50m: 42.58	42.58	150m: 2:15.71	46.93	250m: 3:49.01	45.69	350m: 5:21.41	45.20
100m: 1:28.78	46.20	200m: 3:03.32	47.61	300m: 4:36.21	47.20	400m: 6:01.78	40.37
7. BLOCK, Olivia	15	Brabo Zwemclub Antwerpen	6:05.71 262	1:27.54	1:33.97	1:34.28	1:29.92
50m: 42.18	42.18	150m: 2:14.04	46.50	250m: 3:48.26	46.75	350m: 5:22.14	46.35
100m: 1:27.54	45.36	200m: 3:01.51	47.47	300m: 4:35.79	47.53	400m: 6:05.71	43.57
8. OOMS, Célia	15	De Beringse Tuimelaars	6:14.36 244	1:27.07	1:35.98	1:37.61	1:33.70
50m: 40.73	40.73	150m: 2:14.66	47.59	250m: 3:52.20	49.15	350m: 5:28.14	47.48
100m: 1:27.07	46.34	200m: 3:03.05	48.39	300m: 4:40.66	48.46	400m: 6:14.36	46.22
9. VEREECKEN WENTER, F	15	Zwemclub Geel	6:25.79 223	1:33.48	1:41.39	1:40.69	1:30.23
50m: 44.81	44.81	150m: 2:23.74	50.26	250m: 4:07.87	53.00	350m: 5:43.30	47.74
100m: 1:33.48	48.67	200m: 3:14.87	51.13	300m: 4:55.56	47.69	400m: 6:25.79	42.49
10. DE LAAT, Elena	14	De Lommelse Waterbenge	6:26.14 223	1:30.41	1:39.70	1:39.21	1:36.82
50m: 42.99	42.99	150m: 2:20.54	50.13	250m: 4:01.08	50.97	350m: 5:39.61	50.29
100m: 1:30.41	47.42	200m: 3:10.11	49.57	300m: 4:49.32	48.24	400m: 6:26.14	46.53
11. PEELAERS, Elise	14	MOZKA	6:42.02 197	1:32.84	1:44.12	1:45.35	1:39.71
50m: 44.12	44.12	150m: 2:24.63	51.79	250m: 4:09.74	52.78	350m: 5:52.67	50.36
100m: 1:32.84	48.72	200m: 3:16.96	52.33	300m: 5:02.31	52.57	400m: 6:42.02	49.35
12. SCHEPERS, Lenthe	15	Zwemclub Geel	6:48.69 188	1:38.86	1:48.16	1:46.82	1:34.85
50m: 47.16	47.16	150m: 2:33.44	54.58	250m: 4:20.66	53.64	350m: 6:04.25	50.41
100m: 1:38.86	51.70	200m: 3:27.02	53.58	300m: 5:13.84	53.18	400m: 6:48.69	44.44
13. VERMEERSCH DEGELIN,	14	Kempisch Swimming Team	6:59.54 173	1:37.35	1:49.38	1:49.31	1:43.50
50m: 44.57	44.57	150m: 2:32.27	54.92	250m: 4:21.83	55.10	350m: 6:10.72	54.68
100m: 1:37.35	52.78	200m: 3:26.73	54.46	300m: 5:16.04	54.21	400m: 6:59.54	48.82
13 - 14 jaar							
1. SARANCHUK, Milana	13	Boust	5:14.72 411	1:15.82	1:20.27	1:22.61	1:16.02
50m: 35.68	35.68	150m: 1:55.71	39.89	250m: 3:17.18	41.09	350m: 4:38.36	39.66
100m: 1:15.82	40.14	200m: 2:36.09	40.38	300m: 3:58.70	41.52	400m: 5:14.72	36.36
2. SARMI, Sofia	13	Zwemvereniging Lier	5:25.07 373	1:19.69	1:25.70	1:22.72	1:16.96
50m: 37.87	37.87	150m: 2:01.99	42.30	250m: 3:27.04	41.65	350m: 4:48.25	40.14
100m: 1:19.69	41.82	200m: 2:45.39	43.40	300m: 4:08.11	41.07	400m: 5:25.07	36.82
3. VAN LOOVEREN, Aster	12	Azk	5:25.46 372	1:16.98	1:23.82	1:24.22	1:20.44
50m: 36.08	36.08	150m: 1:59.31	42.33	250m: 3:23.05	42.25	350m: 4:46.47	41.45
100m: 1:16.98	40.90	200m: 2:40.80	41.49	300m: 4:05.02	41.97	400m: 5:25.46	38.99
4. SCHELFAUT, Pippa	12	Brabo Zwemclub Antwerpen	5:27.35 366	1:19.53	1:25.15	1:24.10	1:18.57
50m: 37.46	37.46	150m: 2:02.32	42.79	250m: 3:26.94	42.26	350m: 4:48.94	40.16
100m: 1:19.53	42.07	200m: 2:44.68	42.36	300m: 4:08.78	41.84	400m: 5:27.35	38.41
5. DIRIX, Lily	12	MOZKA	5:46.66 308	1:19.67	1:28.20	1:29.90	1:28.89
50m: 37.74	37.74	150m: 2:04.09	44.42	250m: 3:32.61	44.74	350m: 5:02.28	44.51
100m: 1:19.67	41.93	200m: 2:47.87	43.78	300m: 4:17.77	45.16	400m: 5:46.66	44.38

Grote Prijs Gerard Boets 2026
Mol, 27 - 28/6/2026

Programmanr. 13, Meisjes, 400m vrije slag, 13 - 14 jaar

Rang	Geb.		Tijd	Pnt	100m	200m	300m	400m
6.	BEERTEN, Florence	13	De Beringse Tuimelaars	5:49.85 299	1:21.15	1:28.68	1:30.43	1:29.59
	50m:	37.69	37.69	150m:	2:05.44	44.29	250m:	3:34.38
	100m:	1:21.15	43.46	200m:	2:49.83	44.39	300m:	4:20.26
7.	ABAS, Nour	12	De Lommelse Waterbenge	6:17.91 237	1:26.04	1:36.53	1:38.37	1:36.97
	50m:	40.80	40.80	150m:	2:14.66	48.62	250m:	3:51.97
	100m:	1:26.04	45.24	200m:	3:02.57	47.91	300m:	4:40.94
8.	FRANSSEN, Katrijn	13	Lizv	6:50.10 186	1:35.77	1:47.61	1:48.52	1:38.20
	50m:	45.55	45.55	150m:	2:27.79	52.02	250m:	4:16.48
	100m:	1:35.77	50.22	200m:	3:23.38	55.59	300m:	5:11.90

15 - 16 jaar

1.	VANDEVENNE, Liah	11	De Beringse Tuimelaars	4:38.63 593	1:06.11	1:12.64	1:11.61	1:08.27
	50m:	30.89	30.89	150m:	1:42.48	36.37	250m:	2:54.75
	100m:	1:06.11	35.22	200m:	2:18.75	36.27	300m:	3:30.36
2.	VERDOOD, Pip	11	Zwemvereniging Lier	4:58.86 481	1:10.86	1:17.78	1:17.72	1:12.50
	50m:	33.49	33.49	150m:	1:49.40	38.54	250m:	3:07.66
	100m:	1:10.86	37.37	200m:	2:28.64	39.24	300m:	3:46.36
3.	POEL, Maren	11	De Beringse Tuimelaars	5:05.32 451	1:13.97	1:18.50	1:17.83	1:15.02
	50m:	35.23	35.23	150m:	1:53.09	39.12	250m:	3:11.41
	100m:	1:13.97	38.74	200m:	2:32.47	39.38	300m:	3:50.30
4.	SEREY MENDOZA, Maylér	11	Boust	5:11.08 426	1:16.59	1:20.36	1:18.92	1:15.21
	50m:	36.34	36.34	150m:	1:57.04	40.45	250m:	3:16.63
	100m:	1:16.59	40.25	200m:	2:36.95	39.91	300m:	3:55.87
5.	LAMBRECHTS, Loes	11	Arendonkse Zwemvereniging	5:11.29 425	1:14.69	1:21.48	1:19.30	1:15.82
	50m:	35.08	35.08	150m:	1:55.06	40.37	250m:	3:16.35
	100m:	1:14.69	39.61	200m:	2:36.17	41.11	300m:	3:55.47
6.	LAUREYS, Xante	10	Westerlo Swimming Team	5:14.54 412	1:15.65	1:21.69	1:22.01	1:15.19
	50m:	35.68	35.68	150m:	1:56.81	41.16	250m:	3:18.61
	100m:	1:15.65	39.97	200m:	2:37.34	40.53	300m:	3:59.35
7.	PHILIPPRON, Carolina	11	Boust	5:14.98 410	1:14.15	1:20.60	1:21.01	1:19.22
	50m:	35.01	35.01	150m:	1:54.11	39.96	250m:	3:14.75
	100m:	1:14.15	39.14	200m:	2:34.75	40.64	300m:	3:55.76
8.	VAN AERSCHOT, Nel	11	Westerlo Swimming Team	5:23.36 379	1:16.92	1:23.28	1:23.23	1:19.93
	50m:	36.52	36.52	150m:	1:58.47	41.55	250m:	3:21.83
	100m:	1:16.92	40.40	200m:	2:40.20	41.73	300m:	4:03.43
9.	JANSEN, Nina	11	De Lommelse Waterbenge	5:24.73 375	1:18.55	1:23.88	1:23.65	1:18.65
	50m:	36.62	36.62	150m:	2:00.63	42.08	250m:	3:24.36
	100m:	1:18.55	41.93	200m:	2:42.43	41.80	300m:	4:06.08
10.	FIQI, Alexia	10	Westerlo Swimming Team	5:26.61 368	1:16.70	1:25.32	1:24.42	1:20.17
	50m:	36.53	36.53	150m:	1:58.86	42.16	250m:	3:24.40
	100m:	1:16.70	40.17	200m:	2:42.02	43.16	300m:	4:06.44
11.	VANDE SOMPELE, Jits	11	Zola	5:29.76 358	1:19.06	1:25.64	1:24.58	1:20.48
	50m:	36.66	36.66	150m:	2:01.86	42.80	250m:	3:27.53
	100m:	1:19.06	42.40	200m:	2:44.70	42.84	300m:	4:09.28
12.	VANHAEREN, Renée	11	Zdkb	5:32.48 349	1:16.88	1:27.26	1:28.42	1:19.92
	50m:	36.48	36.48	150m:	2:00.37	43.49	250m:	3:28.79
	100m:	1:16.88	40.40	200m:	2:44.14	43.77	300m:	4:12.56
13.	MOONEN, Karlijn	10	Brabo Zwemclub Antwerpen	5:35.22 340	1:17.30	1:25.42	1:27.50	1:25.00
	50m:	36.28	36.28	150m:	1:59.68	42.38	250m:	3:26.21
	100m:	1:17.30	41.02	200m:	2:42.72	43.04	300m:	4:10.22
14.	COOLS, Yelena	11	Zwemclub Geel	5:43.20 317	1:18.57	1:26.08	1:28.58	1:29.97
	50m:	37.10	37.10	150m:	2:01.06	42.49	250m:	3:28.46
	100m:	1:18.57	41.47	200m:	2:44.65	43.59	300m:	4:13.23
15.	WOLFS, Lola	10	Zdkb	5:52.80 292	1:21.23	1:31.55	1:31.10	1:28.92
	50m:	37.74	37.74	150m:	2:06.38	45.15	250m:	3:38.10
	100m:	1:21.23	43.49	200m:	2:52.78	46.40	300m:	4:23.88
16.	VALKENBORGH, Yanne	10	Zwemclub Geel	6:16.18 241	1:30.19	1:36.28	1:36.44	1:33.27
	50m:	42.70	42.70	150m:	2:17.72	47.53	250m:	3:54.18
	100m:	1:30.19	47.49	200m:	3:06.47	48.75	300m:	4:42.91

Grote Prijs Gerard Boets 2026
Mol, 27 - 28/6/2026

Programmanr. 13, Meisjes, 400m vrije slag, 15 - 16 jaar

Rang	Geb.	Tijd	Pnt	100m	200m	300m	400m
17. WANTEN, Laura	11	Stzc	6:21.94 230	1:26.48	1:37.79		
50m: 1:26.48	1:26.48	150m:	250m:	350m:			
100m: 1:26.48		200m: 3:04.27	300m:	400m: 6:21.94			
18. WOUTERS, Mit	10	Zwemclub Geel	7:02.68 170	1:38.27	1:48.60		
50m:		150m:	250m:	350m:			
100m: 1:38.27		200m: 3:26.87	300m:	400m: 7:02.68			

17 jaar en ouder

1. VAN DEN WYNGAERT, E. 09	Brabo Zwemclub Antwerpen	4:50.31 524	1:08.31	1:14.54	1:14.79	1:12.67	
50m: 32.27	32.27	150m: 1:45.27	36.96	250m: 2:59.92	37.07	350m: 4:14.75	37.11
100m: 1:08.31	36.04	200m: 2:22.85	37.58	300m: 3:37.64	37.72	400m: 4:50.31	35.56
2. VINGERHOETS, Madelief 09	Westerlo Swimming Team	4:51.44 518	1:08.03	1:14.50			
50m:		150m:		250m:		350m:	
100m: 1:08.03		200m: 2:22.53		300m:		400m: 4:51.44	
3. VAN BAELEN, Yenthe 09	MOZKA	4:58.62 482	1:11.34	1:16.88	1:13.38	1:17.02	
50m: 33.84	33.84	150m: 1:49.70	38.36	250m: 3:06.71	38.49	350m: 4:22.72	41.12
100m: 1:11.34	37.50	200m: 2:28.22	38.52	300m: 3:41.60	34.89	400m: 4:58.62	35.90
4. CAMPFORTS, Fien 09	Kempisch Swimming Team	5:18.11 398	1:15.07	1:21.47	1:22.70	1:18.87	
50m: 35.84	35.84	150m: 1:55.72	40.65	250m: 3:17.95	41.41	350m: 4:40.31	41.07
100m: 1:15.07	39.23	200m: 2:36.54	40.82	300m: 3:59.24	41.29	400m: 5:18.11	37.80
5. VAN WAELDEREN, Hanne 09	Westerlo Swimming Team	5:20.20 391	1:15.96	1:22.83	1:21.94	1:19.47	
50m: 35.80	35.80	150m: 1:57.49	41.53	250m: 3:20.09	41.30	350m: 4:41.99	41.26
100m: 1:15.96	40.16	200m: 2:38.79	41.30	300m: 4:00.73	40.64	400m: 5:20.20	38.21
6. BEYLEMANS, Katho 08	Pzc	5:58.85 277	1:25.48	1:31.84	1:32.86	1:28.67	
50m: 40.60	40.60	150m: 2:11.33	45.85	250m: 3:43.91	46.59	350m: 5:15.81	45.63
100m: 1:25.48	44.88	200m: 2:57.32	45.99	300m: 4:30.18	46.27	400m: 5:58.85	43.04
7. PAULUSSEN, Sabine 01	Lizv	6:11.79 249	1:28.10	1:33.42	1:35.85	1:34.42	
50m: 42.54	42.54	150m: 2:14.55	46.45	250m: 3:51.03	49.51	350m: 5:26.10	48.73
100m: 1:28.10	45.56	200m: 3:01.52	46.97	300m: 4:37.37	46.34	400m: 6:11.79	45.69