

Event 7 Women, 400m Medley Open
2026-07-14 - 10:38 Results Prelim

Canadian Senior Records	4:23.65	MCINTOSH, Summer	UNCAN	Victoria	2025-06-11
Canadian Age Group Records 15 - 17	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records 13 - 14	4:46.69	BELLIO, Katrina	ESWIM	Toronto	2019-04-04
Canadian Age Group Records 11 - 12	4:50.21	MCINTOSH, Summer	ESWIM	Toronto	2019-04-04
Quebec Provincial Senior Records	4:34.29	HARVEY, Mary-Sophie	CAMO	Canet-En-Roussillon (FRA)	2026-05-28
Quebec Provincial Age Group Records 17	4:36.48	HARVEY, Mary-Sophie	NN	Rome (ITA)	2017-06-24
Quebec Provincial Age Group Records 16	4:47.55	HARVEY, Mary-Sophie	NN	Edmonton	2016-08-05
Quebec Provincial Age Group Records 15	4:45.36	HARVEY, Mary-Sophie	NN	Kihei (USA)	2014-08-28
Quebec Provincial Age Group Records 14	4:50.79	HARVEY, Mary-Sophie	NN	Saskatoon	2014-07-17
Quebec Provincial Age Group Records 13	4:55.58	HARVEY, Mary-Sophie	MEGO	Sherbrooke	2013-08-05
Quebec Provincial Age Group Records - 125:06.41		HARVEY, Mary-Sophie	MEGO	Montreal	2011-07-28

Essais canadiens - 17: 5:05.36; 18 +: 5:00.92 / Omnium canadien 50m: 5:06.78 - 25m: 4:57.84

Points: AQUA 2025

Rank	Age										Time	Pts
13 years and younger												
1.	PERRY, Ella		13	Pointe-Claire Swim Club						5:04.73	653	Q
	50m:	31.10	31.10	150m:	1:48.27	40.09	250m:	3:10.97	43.09	350m:	4:30.75	34.48
	100m:	1:08.18	37.08	200m:	2:27.88	39.61	300m:	3:56.27	45.30	400m:	5:04.73	33.98
2.	NEABLE, Stella		13	Pacific Coast Swimming						5:21.41	556	Q
	50m:	31.26	31.26	150m:	1:50.05	41.39	250m:	3:18.96	46.35	350m:	4:44.92	36.73
	100m:	1:08.66	37.40	200m:	2:32.61	42.56	300m:	4:08.19	49.23	400m:	5:21.41	36.49
3.	ZHOU, Ziva J		13	Canadian Dolphin Swim Club						5:26.34	531	Q
	50m:	32.41	32.41	150m:	1:53.07	43.33	250m:	3:21.80	46.39	350m:	4:49.24	37.86
	100m:	1:09.74	37.33	200m:	2:35.41	42.34	300m:	4:11.38	49.58	400m:	5:26.34	37.10
4.	CHEN, Helena		13	Pointe-Claire Swim Club						5:35.36	489	Q
	50m:	34.04	34.04	150m:	1:59.17	45.21	250m:	3:30.65	46.55	350m:	4:58.29	38.90
	100m:	1:13.96	39.92	200m:	2:44.10	44.93	300m:	4:19.39	48.74	400m:	5:35.36	37.07
5.	TESSIER, Ellyanne		13	Club de natation region de Que						5:38.67	475	Q
	50m:	36.86	36.86	150m:	2:05.98	44.79	250m:	3:34.07	43.81	350m:	4:59.70	38.86
	100m:	1:21.19	44.33	200m:	2:50.26	44.28	300m:	4:20.84	46.77	400m:	5:38.67	38.97
6.	HURSH, Everly J		12	Canadian Dolphin Swim Club						5:39.75	471	Q
	50m:	36.17	36.17	150m:	2:06.02	45.89	250m:	3:35.46	43.96	350m:	5:01.52	40.27
	100m:	1:20.13	43.96	200m:	2:51.50	45.48	300m:	4:21.25	45.79	400m:	5:39.75	38.23
7.	CASSISTA, Anae		13	Les Dauphins de Rimouski						5:42.71	459	Q
	50m:	35.48	35.48	150m:	2:05.22	49.52	250m:	3:37.71	47.09	350m:	5:04.74	42.31
	100m:	1:15.70	40.22	200m:	2:50.62	45.40	300m:	4:22.43	44.72	400m:	5:42.71	37.97
8.	LORTIE, Charlotte		12	Club de natation region de Que						5:46.33	444	Q
	50m:	35.68	35.68	150m:	2:02.67	45.15	250m:	3:35.53	51.04	350m:	5:08.41	39.02
	100m:	1:17.52	41.84	200m:	2:44.49	41.82	300m:	4:29.39	53.86	400m:	5:46.33	37.92
9.	BOUHAREVICH, Olivia		13	C.N. Dollard-des-Ormeaux						5:58.41	401	Q
	50m:	34.78	34.78	150m:	2:05.74	48.39	250m:	3:43.09	50.27	350m:	5:16.88	42.52
	100m:	1:17.35	42.57	200m:	2:52.82	47.08	300m:	4:34.36	51.27	400m:	5:58.41	41.53
10.	DESCHENES, Raphaëlle		13	Club de natation Megophias						5:58.90	399	Q
	50m:	35.19	35.19	150m:	2:04.94	48.62	250m:	3:42.14	50.88	350m:	5:20.24	43.72
	100m:	1:16.32	41.13	200m:	2:51.26	46.32	300m:	4:36.52	54.38	400m:	5:58.90	38.66
11.	CAREAU, Beatrice		13	Les Dauphins de Rimouski						6:00.36	394	R
	50m:	36.80	36.80	150m:	2:10.54	47.79	250m:	3:46.74	47.63	350m:	5:19.82	42.30
	100m:	1:22.75	45.95	200m:	2:59.11	48.57	300m:	4:37.52	50.78	400m:	6:00.36	40.54
DSO	CHEN, Ada		13	Pacific Coast Swimming								

Event 7, Women, 400m Medley, Prelim

14 - 15 years

1.	ZENG, Michelle Y	15	Canadian Dolphin Swim Club	4:58.64	693	Q
	50m: 31.09 31.09 150m: 1:44.68 38.13 250m: 3:05.27 42.79 350m: 4:24.43 35.30					
	100m: 1:06.55 35.46 200m: 2:22.48 37.80 300m: 3:49.13 43.86 400m: 4:58.64 34.21					
2.	BACCUS, Bianca	14	Pointe-Claire Swim Club	5:04.89	652	Q
	50m: 31.53 31.53 150m: 1:49.16 40.97 250m: 3:11.83 42.08 350m: 4:30.45 34.97					
	100m: 1:08.19 36.66 200m: 2:29.75 40.59 300m: 3:55.48 43.65 400m: 5:04.89 34.44					
3.	SUTHERLAND, Meghan	15	Univ Of Calgary Swim Club	5:06.95	638	Q
	50m: 34.01 34.01 150m: 1:53.14 41.37 250m: 3:14.52 44.09 350m: 4:34.07 36.68					
	100m: 1:11.77 37.76 200m: 2:30.43 37.29 300m: 3:57.39 42.87 400m: 5:06.95 32.88					
4.	MOFFET, Raphaëlle	14	Club aquatique Montreal	5:09.81	621	Q
	50m: 31.34 31.34 150m: 1:48.83 41.99 250m: 3:13.31 42.39 350m: 4:34.60 36.93					
	100m: 1:06.84 35.50 200m: 2:30.92 42.09 300m: 3:57.67 44.36 400m: 5:09.81 35.21					
5.	FERGUSON, Taylor	15	Pointe-Claire Swim Club	5:10.72	615	Q
	50m: 32.89 32.89 150m: 1:49.22 40.56 250m: 3:15.32 48.60 350m: 4:36.52 36.76					
	100m: 1:08.66 35.77 200m: 2:26.72 37.50 300m: 3:59.76 44.44 400m: 5:10.72 34.20					
6.	FORTIER, Charlie-Rose	14	Club De Natation Sherbrooke	5:16.73	581	Q
	50m: 33.53 33.53 150m: 1:53.52 42.69 250m: 3:18.23 45.02 350m: 4:40.32 39.04					
	100m: 1:10.83 37.30 200m: 2:33.21 39.69 300m: 4:01.28 43.05 400m: 5:16.73 36.41					
7.	GOLINOWSKI, Olivia	14	Kelowna Aquajets	5:17.93	575	Q
	50m: 34.07 34.07 150m: 1:51.40 38.85 250m: 3:16.48 47.88 350m: 4:41.26 36.61					
	100m: 1:12.55 38.48 200m: 2:28.60 37.20 300m: 4:04.65 48.17 400m: 5:17.93 36.67					
8.	DESJARDINS, Katelyn	15	Pointe-Claire Swim Club	5:23.48	545	Q
	50m: 31.65 31.65 150m: 1:53.15 43.12 250m: 3:20.69 44.02 350m: 4:45.63 38.68					
	100m: 1:10.03 38.38 200m: 2:36.67 43.52 300m: 4:06.95 46.26 400m: 5:23.48 37.85					
9.	MCLAREN, Katie	14	Pacific Coast Swimming	5:23.55	545	Q
	50m: 32.95 32.95 150m: 1:58.71 45.16 250m: 3:27.45 43.94 350m: 4:48.64 35.92					
	100m: 1:13.55 40.60 200m: 2:43.51 44.80 300m: 4:12.72 45.27 400m: 5:23.55 34.91					
10.	VERSCHOOR, Rafaela	14	Canadian Dolphin Swim Club	5:23.64	545	Q
	50m: 34.88 34.88 150m: 1:56.42 43.23 250m: 3:26.87 49.82 350m: 4:49.71 36.69					
	100m: 1:13.19 38.31 200m: 2:37.05 40.63 300m: 4:13.02 46.15 400m: 5:23.64 33.93					
11.	ZHANG, Alice	14	Univ Of Calgary Swim Club	5:27.47	526	R
	50m: 33.20 33.20 150m: 1:55.31 41.04 250m: 3:23.56 47.32 350m: 4:50.36 39.42					
	100m: 1:14.27 41.07 200m: 2:36.24 40.93 300m: 4:10.94 47.38 400m: 5:27.47 37.11					
12.	HUANG, Vinciane	15	Club de Natation SAMAK	5:35.45	489	R
	50m: 33.90 33.90 150m: 1:55.63 45.25 250m: 3:28.74 50.13 350m: 4:58.11 41.25					
	100m: 1:10.38 36.48 200m: 2:38.61 42.98 300m: 4:16.86 48.12 400m: 5:35.45 37.34					
13.	MARCHAND, Gabrielle	14	Velox Natation	5:35.81	487	
	50m: 35.44 35.44 150m: 2:01.19 42.24 250m: 3:32.35 48.49 350m: 5:00.37 36.92					
	100m: 1:18.95 43.51 200m: 2:43.86 42.67 300m: 4:23.45 51.10 400m: 5:35.81 35.44					
14.	MADDEN, Addison	15	MB-Canada Games	5:52.36	422	
	50m: 33.46 33.46 150m: 1:59.36 44.03 250m: 3:39.01 58.85 350m: 5:15.25 38.35					
	100m: 1:15.33 41.87 200m: 2:40.16 40.80 300m: 4:36.90 57.89 400m: 5:52.36 37.11					
15.	FUDGE-MCDONALD, Gemma	15	MB-Canada Games	6:02.06	389	
	50m: 34.63 34.63 150m: 2:09.93 51.87 250m: 3:47.98 49.43 350m: 5:20.48 44.47					
	100m: 1:18.06 43.43 200m: 2:58.55 48.62 300m: 4:36.01 48.03 400m: 6:02.06 41.58					
DSQ	CURLEY, Anna M	15	Strathcona County Swim Club			

Event 7, Women, 400m Medley, Prelim

16 - 17 years

1.	DAGSAAN, Jady	17	Pointe-Claire Swim Club	5:12.84	603	Q
	50m: 31.69 31.69	150m: 1:48.29 39.28	250m: 3:36.95 36.25			
	100m: 1:09.01 37.32	200m: 2:28.00 39.71	300m: 4:00.70 40.70	350m: 4:36.95 36.25		
			400m: 5:12.84 35.89			
2.	KRAUSS, Ellie	17	Natation Gatineau	5:14.24	595	Q
	50m: 31.38 31.38	150m: 1:49.46 41.10	250m: 3:15.83 45.58	350m: 4:38.87 36.16		
	100m: 1:08.36 36.98	200m: 2:30.25 40.79	300m: 4:02.71 46.88	400m: 5:14.24 35.37		
3.	BOYER, Mariane	17	Natation Gatineau	5:16.55	582	Q
	50m: 33.28 33.28	150m: 1:55.71 45.29	250m: 3:22.89 45.78	350m: 4:43.51 35.67		
	100m: 1:10.42 37.14	200m: 2:37.11 41.40	300m: 4:07.84 44.95	400m: 5:16.55 33.04		
4.	LACOSTE, Florence	17	Nsh	5:21.93	553	Q
	50m: 35.01 35.01	150m: 1:57.64 43.87	250m: 3:24.90 46.40	350m: 4:47.17 36.99		
	100m: 1:13.77 38.76	200m: 2:38.50 40.86	300m: 4:10.18 45.28	400m: 5:21.93 34.76		
5.	MONETTE, Mathilde	16	Neptune Natation	5:24.52	540	Q
	50m: 32.98 32.98	150m: 1:54.00 41.38	250m: 3:22.40 46.91	350m: 4:47.79 37.91		
	100m: 1:12.62 39.64	200m: 2:35.49 41.49	300m: 4:09.88 47.48	400m: 5:24.52 36.73		
6.	MARTINEAU, Alyssa	16	Natation Gatineau	5:27.36	526	Q
	50m: 32.85 32.85	150m: 1:53.79 42.02	250m: 3:22.27 47.00	350m: 4:49.37 37.82		
	100m: 1:11.77 38.92	200m: 2:35.27 41.48	300m: 4:11.55 49.28	400m: 5:27.36 37.99		
7.	BASSERMANN, Emma	17	Dorval Swim Club	5:27.57	525	Q
	50m: 33.30 33.30	150m: 1:56.29 44.28	250m: 3:23.54 43.80	350m: 4:48.42 40.09		
	100m: 1:12.01 38.71	200m: 2:39.74 43.45	300m: 4:08.33 44.79	400m: 5:27.57 39.15		
8.	BROUILLARD, Camille	16	Club de natation Megophias	5:32.21	504	Q
	50m: 33.19 33.19	150m: 2:01.19 47.83	250m: 3:27.60 42.72	350m: 4:52.87 42.08		
	100m: 1:13.36 40.17	200m: 2:44.88 43.69	300m: 4:10.79 43.19	400m: 5:32.21 39.34		

18 years and older

1.	LELIEVRE, Karelle	18	Club de Natation SAMAK	5:02.68	666	Q
	50m: 30.04 30.04	150m: 1:44.48 39.50	250m: 3:07.53 44.91	350m: 4:28.73 34.49		
	100m: 1:04.98 34.94	200m: 2:22.62 38.14	300m: 3:54.24 46.71	400m: 5:02.68 33.95		
2.	KARAGIANNIS, Maria-Theoni	18	Club de Natation SAMAK	5:07.40	636	Q
	50m: 31.58 31.58	150m: 1:48.04 40.75	250m: 3:10.93 43.94	350m: 4:32.07 36.28		
	100m: 1:07.29 35.71	200m: 2:26.99 38.95	300m: 3:55.79 44.86	400m: 5:07.40 35.33		
3.	LAPIERRE, Justine	18	Pointe-Claire Swim Club	5:10.67	616	Q
	50m: 32.79 32.79	150m: 1:51.21 39.98	250m: 3:13.76 42.63	350m: 4:34.85 35.73		
	100m: 1:11.23 38.44	200m: 2:31.13 39.92	300m: 3:59.12 45.36	400m: 5:10.67 35.82		
4.	DREGHICI, Jessica	19	Simon Fraser University	5:11.85	609	Q
	50m: 32.07 32.07	150m: 1:51.13 40.88	250m: 3:14.86 43.94	350m: 4:36.94 35.63		
	100m: 1:10.25 38.18	200m: 2:30.92 39.79	300m: 4:01.31 46.45	400m: 5:11.85 34.91		
5.	BEAUDOIN, Shanelle	19	Club de Natation SAMAK	5:14.12	596	Q
	50m: 31.91 31.91	150m: 1:51.04 40.08	250m: 3:14.21 43.67	350m: 4:37.63 37.55		
	100m: 1:10.96 39.05	200m: 2:30.54 39.50	300m: 4:00.08 45.87	400m: 5:14.12 36.49		
6.	GREENFIELD, Riley	18	Pacific Coast Swimming	5:15.26	589	Q
	50m: 33.18 33.18	150m: 1:52.59 41.06	250m: 3:18.13 46.13	350m: 4:40.42 36.53		
	100m: 1:11.53 38.35	200m: 2:32.00 39.41	300m: 4:03.89 45.76	400m: 5:15.26 34.84		
7.	MALENFANT, Viviane	18	Club de natation region de Que	5:19.00	569	Q
	50m: 34.57 34.57	150m: 1:55.83 42.49	250m: 3:21.99 45.50	350m: 4:45.02 38.34		
	100m: 1:13.34 38.77	200m: 2:36.49 40.66	300m: 4:06.68 44.69	400m: 5:19.00 33.98		

Event 7, Women, 400m Medley, Prelim, 18 years and older

Rank	Age								Time	Pts				
8.	DUCHARME, Emma								18	Les Dauphins de Rimouski		5:21.78	554	Q
	50m:	31.66	31.66	150m:	1:49.35	40.37	250m:	3:18.54	47.35	350m:	4:45.06	37.20		
	100m:	1:08.98	37.32	200m:	2:31.19	41.84	300m:	4:07.86	49.32	400m:	5:21.78	36.72		