

Epreuve 25

Messieurs, 400m Libre

Cat. générale

2026-07-17 - 9:00

Liste résultats Eliminatoires

Canadian Senior Records	3:43.46	COCHRANE, Ryan	ISC	Glasgow (GBR)	2014-07-24
Canadian Age Group Records 15 - 17	3:49.05	WIGGINTON, Lorne	UCSC	Netanya (ISR)	2023-09-04
Canadian Age Group Records 13 - 14	3:56.79	KIM, Laon	HYACK	Toronto	2023-03-28
Canadian Age Group Records 11 - 12	4:19.04	SAYAO, Chuck	MSSAC	Santa Clara (USA)	1995-08-02
Quebec Provincial Senior Records	3:50.43	BROWN, Eric	PCSC	Victoria	2025-06-07
Quebec Provincial Age Group Records 17	3:54.68	FONSECA FLOREZ, Simon	CAMO	Victoria	2025-06-07
Quebec Provincial Age Group Records 16	3:55.47	FONSECA FLOREZ, Simon	CAMO	Canberra (AUS)	2024-08-23
Quebec Provincial Age Group Records 15	3:57.32	BLANCHARD, Oliver	PCSC	Victoria	2025-06-07
Quebec Provincial Age Group Records 14	4:03.98	BLANCHARD, Oliver	PCSC	Toronto	2024-07-24
Quebec Provincial Age Group Records 13	4:17.25	CHEUNG, Adrian	PCSC	Pointe-Claire	2023-12-09
Quebec Provincial Age Group Records - 124	27.44	BUSTAMANTE, Kevin	CAMO	Montreal	2007-07-20

Essais canadiens - 17: 4:08.73; 18 +: 4:01.69 / Omnium canadien 50m: 4:06.18 - 25m: 3:59.01

Points: AQUA 2025

Rang	Age								Temps		Pts	
13 ans et moins												
1.	VAILLANCOURT, Ludovic			13	Club aquatique Montréal				4:29.60	543	Q	
	50m:	28.84	28.84	150m:	1:36.17	33.82	250m:	2:46.12	34.44	350m:	3:55.30	33.73
	100m:	1:02.35	33.51	200m:	2:11.68	35.51	300m:	3:21.57	35.45	400m:	4:29.60	34.30
2.	CHOWN, Tristan			13	Pointe-Claire Swim Club				4:38.45	493	Q	
	50m:	31.29	31.29	150m:	1:43.16	36.18	250m:	2:54.60	35.41	350m:	4:06.03	35.28
	100m:	1:06.98	35.69	200m:	2:19.19	36.03	300m:	3:30.75	36.15	400m:	4:38.45	32.42
3.	MCMICHAEL, Harvey			13	Pointe-Claire Swim Club				4:38.78	491	Q	
	50m:	30.60	30.60	150m:	1:40.89	34.97	250m:	2:53.28	35.61	350m:	4:04.26	34.61
	100m:	1:05.92	35.32	200m:	2:17.67	36.78	300m:	3:29.65	36.37	400m:	4:38.78	34.52
4.	QI, Tianyu Tevin			13	Natation Gatineau				4:40.07	485	Q	
	50m:	30.66	30.66	150m:	1:38.77	35.86	250m:	2:51.01	37.31	350m:	4:04.86	37.79
	100m:	1:02.91	32.25	200m:	2:13.70	34.93	300m:	3:27.07	36.06	400m:	4:40.07	35.21
5.	FRANCOIS, Derek			13	Pacific Coast Swimming				4:40.16	484	Q	
	50m:	31.09	31.09	150m:	1:41.08	34.99	250m:	2:53.69	35.59	350m:	4:05.87	35.09
	100m:	1:06.09	35.00	200m:	2:18.10	37.02	300m:	3:30.78	37.09	400m:	4:40.16	34.29
6.	MCDERMID, Milo R			13	KISU Swim Club				4:42.09	474	Q	
	50m:	32.29	32.29	150m:	1:44.25	36.77	250m:	2:56.46	36.06	350m:	4:09.03	36.88
	100m:	1:07.48	35.19	200m:	2:20.40	36.15	300m:	3:32.15	35.69	400m:	4:42.09	33.06
7.	ZABOBONIN, Matei C			13	Canadian Dolphin Swim Club				4:42.37	473	Q	
	50m:	29.98	29.98	150m:	1:40.61	35.41	250m:	2:53.86	36.09	350m:	4:06.80	35.90
	100m:	1:05.20	35.22	200m:	2:17.77	37.16	300m:	3:30.90	37.04	400m:	4:42.37	35.57
8.	GENNARELLI, Liam			12	C.N. Dollard-des-Ormeaux				4:45.07	460	Q	
	50m:	32.35	32.35	150m:	1:42.51	35.83	250m:	2:56.08	36.89	350m:	4:10.17	36.71
	100m:	1:06.68	34.33	200m:	2:19.19	36.68	300m:	3:33.46	37.38	400m:	4:45.07	34.90
9.	D'ANJOU, Léonard			13	Club de natation région de Qué				4:45.86	456	Q	
	50m:	31.85	31.85	150m:	1:43.63	36.30	250m:	2:56.71	36.07	350m:	4:10.15	35.96
	100m:	1:07.33	35.48	200m:	2:20.64	37.01	300m:	3:34.19	37.48	400m:	4:45.86	35.71
10.	RINZSCH, Mauricio			13	Pacific Coast Swimming				4:46.00	455	Q	
	50m:	31.36	31.36	150m:	1:41.86	35.46	250m:	2:55.62	36.31	350m:	4:10.20	37.00
	100m:	1:06.40	35.04	200m:	2:19.31	37.45	300m:	3:33.20	37.58	400m:	4:46.00	35.80
11.	ROUCH, Julien			13	Club aquatique Montréal				4:49.04	441	R	
	50m:	32.57	32.57	150m:	1:46.66	38.61	250m:	3:01.47	38.25	350m:	4:15.38	37.59
	100m:	1:08.05	35.48	200m:	2:23.22	36.56	300m:	3:37.79	36.32	400m:	4:49.04	33.66
12.	DI LALLA, Thomas			13	Groupe aquatique Mille-Îles No				4:49.34	440	R	
	50m:	33.77	33.77	150m:	1:46.70	37.60	250m:	3:01.01	37.47	350m:	4:14.92	37.33
	100m:	1:09.10	35.33	200m:	2:23.54	36.84	300m:	3:37.59	36.58	400m:	4:49.34	34.42

Epreuve 25, Garçons, 400m Libre, Eliminatoire, 13 ans et moins

Rang			Age					Temps	Pts
13.	VAN OYEN, Mathieu		13	Club de natation région de Qué				4:51.27	431
	50m: 32.30 32.30	150m: 1:44.70		37.13	250m: 2:59.87	38.16	350m: 4:15.36		37.91
	100m: 1:07.57 35.27	200m: 2:21.71		37.01	300m: 3:37.45	37.58	400m: 4:51.27		35.91
14.	ZNIBER, Kamil		13	Club de Natation SAMAK				4:51.67	429
	50m: 31.11 31.11	150m: 1:44.20		37.00	250m: 2:59.56	37.41	350m: 4:14.85		36.14
	100m: 1:07.20 36.09	200m: 2:22.15		37.95	300m: 3:38.71	39.15	400m: 4:51.67		36.82
15.	RENAUD, Bastien		13	Club Natation Mustang Boucherv				4:53.52	421
	50m: 31.51 31.51	150m: 1:45.25		36.49	250m: 3:00.19	37.06	350m: 4:17.00		37.51
	100m: 1:08.76 37.25	200m: 2:23.13		37.88	300m: 3:39.49	39.30	400m: 4:53.52		36.52
16.	MCKENZIE, Lucas		13	Cote Saint-Luc Aquatics				4:57.75	403
	50m: 30.80 30.80	150m: 1:42.46		36.43	250m: 2:59.25	38.65	350m: 4:18.36		38.98
	100m: 1:06.03 35.23	200m: 2:20.60		38.14	300m: 3:39.38	40.13	400m: 4:57.75		39.39
17.	ST-AUBIN, Eliott		13	Groupe aquatique Mille-Îles No				5:05.74	372
	50m: 32.14 32.14	150m: 1:49.00		38.50	250m: 3:07.87	38.54	350m: 4:26.74		37.42
	100m: 1:10.50 38.36	200m: 2:29.33		40.33	300m: 3:49.32	41.45	400m: 5:05.74		39.00

14 - 15 ans

1.	JASEM RADHE, Kinan		15	Natation Gatineau				4:16.09	634	Q
	50m: 28.80 28.80	150m: 1:32.69		32.49	250m: 2:37.87	32.68	350m: 3:44.30		33.55	
	100m: 1:00.20 31.40	200m: 2:05.19		32.50	300m: 3:10.75	32.88	400m: 4:16.09		31.79	
2.	XIE, Steven		14	Pointe-Claire Swim Club				4:21.25	597	Q
	50m: 30.11 30.11	150m: 1:35.60		33.37	250m: 2:42.44	33.52	350m: 3:49.83		33.62	
	100m: 1:02.23 32.12	200m: 2:08.92		33.32	300m: 3:16.21	33.77	400m: 4:21.25		31.42	
3.	GAUVIN, Max		15	BLAST Swim Club				4:21.84	593	Q
	50m: 29.31 29.31	150m: 1:36.76		33.96	250m: 2:43.49	32.43	350m: 3:50.61		32.57	
	100m: 1:02.80 33.49	200m: 2:11.06		34.30	300m: 3:18.04	34.55	400m: 4:21.84		31.23	
4.	LONGPRÉ, Don Juan		14	Club aquatique Montréal				4:23.10	585	Q
	50m: 29.32 29.32	150m: 1:34.62		33.02	250m: 2:42.42	33.62	350m: 3:50.07		33.41	
	100m: 1:01.60 32.28	200m: 2:08.80		34.18	300m: 3:16.66	34.24	400m: 4:23.10		33.03	
5.	HEUSEL, Sam N		15	Canadian Dolphin Swim Club				4:24.18	578	Q
	50m: 29.66 29.66	150m: 1:37.28		34.42	250m: 2:43.87	32.20	350m: 3:51.11		34.11	
	100m: 1:02.86 33.20	200m: 2:11.67		34.39	300m: 3:17.00	33.13	400m: 4:24.18		33.07	
6.	XU, Ethan Yiheng		15	Canadian Dolphin Swim Club				4:25.06	572	Q
	50m: 31.04 31.04	150m: 1:37.65		34.34	250m: 2:44.85	34.41	350m: 3:52.59		34.74	
	100m: 1:03.31 32.27	200m: 2:10.44		32.79	300m: 3:17.85	33.00	400m: 4:25.06		32.47	
7.	LAMOUREUX, Cedric		14	Club aquatique Montréal				4:25.47	569	Q
	50m: 30.15 30.15	150m: 1:38.22		35.29	250m: 2:46.09	33.81	350m: 3:53.46		33.39	
	100m: 1:02.93 32.78	200m: 2:12.28		34.06	300m: 3:20.07	33.98	400m: 4:25.47		32.01	
8.	THIESSEN, Bennett		14	Cascade Swim Club				4:27.32	557	Q
	50m: 30.25 30.25	150m: 1:37.25		33.62	250m: 2:46.74	34.39	350m: 3:54.37		33.45	
	100m: 1:03.63 33.38	200m: 2:12.35		35.10	300m: 3:20.92	34.18	400m: 4:27.32		32.95	
9.	PIGEON, Arthur		14	Club de Natation des Riverains				4:27.76	555	Q
	50m: 28.04 28.04	150m: 1:35.80		34.15	250m: 2:45.42	34.69	350m: 3:54.33		33.70	
	100m: 1:01.65 33.61	200m: 2:10.73		34.93	300m: 3:20.63	35.21	400m: 4:27.76		33.43	
10.	THIFAUULT, Charles		15	Club aquatique Montréal				4:30.29	539	Q
	50m: 29.46 29.46	150m: 1:36.99		34.23	250m: 2:47.23	34.34	350m: 3:57.96		35.23	
	100m: 1:02.76 33.30	200m: 2:12.89		35.90	300m: 3:22.73	35.50	400m: 4:30.29		32.33	
11.	MCDONALD, Jacob		14	C.N. Dollard-des-Ormeaux				4:31.53	532	R
	50m: 30.60 30.60	150m: 1:38.22		34.65	250m: 2:47.80	34.67	350m: 3:58.60		35.37	
	100m: 1:03.57 32.97	200m: 2:13.13		34.91	300m: 3:23.23	35.43	400m: 4:31.53		32.93	

Epreuve 25, Garçons, 400m Libre, Eliminatoire, 14 - 15 ans

Rang			Age					Temps	Pts	
12.	ROSENBLATT, Corbin		14	Groupe aquatique Mille-Îles No				4:32.67	525	R
	50m: 30.66 30.66	150m: 1:39.22		34.58 250m: 2:48.04 34.31	350m: 3:57.85 34.89					
	100m: 1:04.64 33.98	200m: 2:13.73		34.51 300m: 3:22.96 34.92	400m: 4:32.67 34.82					
13.	PAQUETTE, Olivier		14	Pointe-Claire Swim Club				4:32.86	524	
	50m: 29.53 29.53	150m: 1:37.87		34.39 250m: 2:48.01 34.70	350m: 3:58.16 34.38					
	100m: 1:03.48 33.95	200m: 2:13.31		35.44 300m: 3:23.78 35.77	400m: 4:32.86 34.70					
14.	WILDI, Jake		14	Rouge et Or/Université Laval				4:35.64	508	
	50m: 30.80 30.80	150m: 1:39.86		34.63 250m: 2:50.48 35.10	350m: 4:01.30 35.13					
	100m: 1:05.23 34.43	200m: 2:15.38		35.52 300m: 3:26.17 35.69	400m: 4:35.64 34.34					
15.	NIKITIN, Philippe Charles		14	Pointe-Claire Swim Club				4:39.94	485	
	50m: 30.33 30.33	150m: 1:40.86		35.10 250m: 2:52.47 35.45	350m: 4:04.65 35.46					
	100m: 1:05.76 35.43	200m: 2:17.02		36.16 300m: 3:29.19 36.72	400m: 4:39.94 35.29					
16.	ANDERSON, Gage D		14	Strathcona County Swim Club				4:40.21	484	
	50m: 31.41 31.41	150m: 1:42.62		36.14 250m: 2:53.70 35.61	350m: 4:05.56 36.72					
	100m: 1:06.48 35.07	200m: 2:18.09		35.47 300m: 3:28.84 35.14	400m: 4:40.21 34.65					

16 - 17 ans

1.	BLANCHARD, Oliver		16	Pointe-Claire Swim Club				4:07.56	702	Q
	50m: 27.43 27.43	150m: 1:29.09		30.67 250m: 2:32.71 31.40	350m: 3:35.81 31.21					
	100m: 58.42 30.99	200m: 2:01.31		32.22 300m: 3:04.60 31.89	400m: 4:07.56 31.75					
2.	JONES, Emile-Olivier		17	Natation Gatineau				4:14.54	646	Q
	50m: 29.03 29.03	150m: 1:33.04		31.91 250m: 2:38.15 32.49	350m: 3:43.18 32.44					
	100m: 1:01.13 32.10	200m: 2:05.66		32.62 300m: 3:10.74 32.59	400m: 4:14.54 31.36					
3.	NEWMAN, Aiden		16	Pointe-Claire Swim Club				4:17.04	627	Q
	50m: 29.06 29.06	150m: 1:34.36		32.52 250m: 2:39.62 32.14	350m: 3:45.86 33.20					
	100m: 1:01.84 32.78	200m: 2:07.48		33.12 300m: 3:12.66 33.04	400m: 4:17.04 31.18					
4.	GREENWOOD, Nolan		16	Pacific Coast Swimming				4:17.23	626	Q
	50m: 29.90 29.90	150m: 1:33.95		32.85 250m: 2:39.26 33.36	350m: 3:45.59 33.83					
	100m: 1:01.10 31.20	200m: 2:05.90		31.95 300m: 3:11.76 32.50	400m: 4:17.23 31.64					
5.	ZHU, Jimmy C		17	Canadian Dolphin Swim Club				4:18.35	618	Q
	50m: 28.91 28.91	150m: 1:33.75		32.54 250m: 2:40.66 33.29	350m: 3:47.00 32.44					
	100m: 1:01.21 32.30	200m: 2:07.37		33.62 300m: 3:14.56 33.90	400m: 4:18.35 31.35					
6.	JIN, Atom		16	Canadian Dolphin Swim Club				4:19.18	612	Q
	50m: 30.15 30.15	150m: 1:34.98		32.65 250m: 2:40.98 33.13	350m: 3:47.10 32.88					
	100m: 1:02.33 32.18	200m: 2:07.85		32.87 300m: 3:14.22 33.24	400m: 4:19.18 32.08					
7.	ZAHHER, Luca		16	Univ Of Calgary Swim Club				4:20.87	600	Q
	50m: 29.40 29.40	150m: 1:34.41		32.77 250m: 2:41.34 33.48	350m: 3:48.57 33.32					
	100m: 1:01.64 32.24	200m: 2:07.86		33.45 300m: 3:15.25 33.91	400m: 4:20.87 32.30					
8.	DUMAIS, Darius		16	Neptune Natation				4:21.02	599	Q
	50m: 29.39 29.39	150m: 1:35.08		33.22 250m: 2:41.86 33.37	350m: 3:48.66 33.30					
	100m: 1:01.86 32.47	200m: 2:08.49		33.41 300m: 3:15.36 33.50	400m: 4:21.02 32.36					
9.	LI YING PIN, Aidan		16	Club de Natation SAMAK				4:22.02	592	Q
	50m: 29.18 29.18	150m: 1:35.17		33.21 250m: 2:42.05 33.34	350m: 3:49.05 32.65					
	100m: 1:01.96 32.78	200m: 2:08.71		33.54 300m: 3:16.40 34.35	400m: 4:22.02 32.97					
10.	CORTEZ, Matthew		16	Club aquatique Montréal				4:24.37	576	Q
	50m: 29.45 29.45	150m: 1:34.04		32.42 250m: 2:41.36 33.39	350m: 3:49.61 34.58					
	100m: 1:01.62 32.17	200m: 2:07.97		33.93 300m: 3:15.03 33.67	400m: 4:24.37 34.76					

Epreuve 25, Messieurs, 400m Libre, Eliminatoire

18 ans et plus

1.	NICHOLSON, Owen	21	Simon Fraser University	4:07.17	705	Q
	50m: 28.19 28.19	150m: 1:30.58 30.98	250m: 2:33.19 30.96	350m: 3:36.16 31.17		
	100m: 59.60 31.41	200m: 2:02.23 31.65	300m: 3:04.99 31.80	400m: 4:07.17 31.01		
2.	QUEVEDO, Zergio	20	Elite	4:08.65	693	Q
	50m: 28.29 28.29	150m: 1:31.66 31.62	250m: 2:35.55 31.15	350m: 3:37.82 30.58		
	100m: 1:00.04 31.75	200m: 2:04.40 32.74	300m: 3:07.24 31.69	400m: 4:08.65 30.83		
3.	PURDY, Nicholas	20	Natation Gatineau	4:08.70	692	Q
	50m: 28.47 28.47	150m: 1:30.94 31.30	250m: 2:34.07 31.36	350m: 3:37.69 31.79		
	100m: 59.64 31.17	200m: 2:02.71 31.77	300m: 3:05.90 31.83	400m: 4:08.70 31.01		
4.	HADDALLAH, Mohamed Malik	19	Club de Natation SAMAK	4:09.73	684	Q
	50m: 29.27 29.27	150m: 1:31.65 31.59	250m: 2:35.04 31.79	350m: 3:38.69 32.07		
	100m: 1:00.06 30.79	200m: 2:03.25 31.60	300m: 3:06.62 31.58	400m: 4:09.73 31.04		
5.	OUELLETTE, Spencer	23	Club De Natation Sherbrooke	4:13.39	655	Q
	50m: 27.31 27.31	150m: 1:29.21 30.92	250m: 2:33.22 31.62	350m: 3:39.42 33.28		
	100m: 58.29 30.98	200m: 2:01.60 32.39	300m: 3:06.14 32.92	400m: 4:13.39 33.97		
6.	D'AMOUR, Louis-Thomas	20	Club aquatique Montréal	4:15.73	637	Q
	50m: 29.35 29.35	150m: 1:33.92 32.43	250m: 2:39.22 32.55	350m: 3:44.51 32.56		
	100m: 1:01.49 32.14	200m: 2:06.67 32.75	300m: 3:11.95 32.73	400m: 4:15.73 31.22		
7.	SAYED, Ali	20	Club aquatique Montréal	4:16.54	631	Q
	50m: 28.99 28.99	150m: 1:33.20 32.87	250m: 2:37.84 32.37	350m: 3:43.09 32.69		
	100m: 1:00.33 31.34	200m: 2:05.47 32.27	300m: 3:10.40 32.56	400m: 4:16.54 33.45		
8.	MYLONAS, Demetrios	20	Pacific Coast Swimming	4:17.65	623	Q
	50m: 28.33 28.33	150m: 1:32.12 31.70	250m: 2:37.41 32.15	350m: 3:44.32 33.08		
	100m: 1:00.42 32.09	200m: 2:05.26 33.14	300m: 3:11.24 33.83	400m: 4:17.65 33.33		
9.	MCNEIL, Cuyler	23	Cascade Swim Club	4:19.27	611	Q
	50m: 30.20 30.20	150m: 1:36.79 33.12	250m: 2:43.00 32.77	350m: 3:48.11 32.30		
	100m: 1:03.67 33.47	200m: 2:10.23 33.44	300m: 3:15.81 32.81	400m: 4:19.27 31.16		
10.	CASTONGUAY, Clovis	18	Elite	4:20.59	602	Q
	50m: 29.98 29.98	150m: 1:34.01 32.76	250m: 2:40.85 33.85	350m: 3:47.66 33.96		
	100m: 1:01.25 31.27	200m: 2:07.00 32.99	300m: 3:13.70 32.85	400m: 4:20.59 32.93		
11.	LAVOIE, Xavier	18	Natation Gatineau	4:21.00	599	R
	50m: 30.24 30.24	150m: 1:36.04 33.90	250m: 2:42.82 34.16	350m: 3:49.25 34.01		
	100m: 1:02.14 31.90	200m: 2:08.66 32.62	300m: 3:15.24 32.42	400m: 4:21.00 31.75		
12.	TREMBLAY, Alexis	18	Club de natation Mégophias	4:30.05	541	R
	50m: 29.76 29.76	150m: 1:36.41 33.85	250m: 2:45.94 35.08	350m: 3:55.81 34.86		
	100m: 1:02.56 32.80	200m: 2:10.86 34.45	300m: 3:20.95 35.01	400m: 4:30.05 34.24		
forf.nd.	ISSAKOV, Eitan	18	É.N. St Lambert			