

Epreuve 17

Dames, 400m Libre

Cat. générale

2026-07-16 - 9:00

Liste résultats Eliminatoires

|                                           |         |                     |       |                   |            |
|-------------------------------------------|---------|---------------------|-------|-------------------|------------|
| Canadian Senior Records                   | 3:54.18 | MCINTOSH, Summer    | UNCAN | Victoria          | 2025-06-07 |
| Canadian Age Group Records 15 - 17        | 3:56.08 | MCINTOSH, Summer    | UNCAN | Toronto           | 2023-03-28 |
| Canadian Age Group Records 13 - 14        | 4:02.42 | MCINTOSH, Summer    | ESWIM | Tokyo (JPN)       | 2021-07-26 |
| Canadian Age Group Records 11 - 12        | 4:20.68 | MCINTOSH, Summer    | ESWIM | Winnipeg          | 2019-08-10 |
| Quebec Provincial Senior Records          | 4:05.42 | HARVEY, Mary-Sophie | CAMO  | Saint-Denis (FRA) | 2025-05-10 |
| Quebec Provincial Age Group Records 17    | 4:09.69 | HARVEY, Mary-Sophie | NN    | Austin (USA)      | 2017-01-13 |
| Quebec Provincial Age Group Records 16    | 4:12.82 | JARDIN, Barbara     | CAMO  | Quebec            | 2008-08-02 |
| Quebec Provincial Age Group Records 15    | 4:15.09 | JARDIN, Barbara     | PPO   | Montreal          | 2007-06-30 |
| Quebec Provincial Age Group Records 14    | 4:22.18 | HARVEY, Mary-Sophie | NN    | Winnipeg          | 2014-07-27 |
| Quebec Provincial Age Group Records 13    | 4:31.48 | BIRCHENOUGH, Nancy  | PCSC  | ???               | 1984-08-01 |
| Quebec Provincial Age Group Records - 124 | 38.92   | CHEBARAKA, Majda    | CAMO  | Calgary           | 2012-07-29 |

Essais canadiens - 17: 4:26.87; 18 +: 4:22.57 / Omnium canadien 50m: 4:28.98 - 25m: 4:21.15

Points: AQUA 2025

| Rang            | Age                 |         |       |       |                                |       |       |         |       |         | Temps   | Pts   |
|-----------------|---------------------|---------|-------|-------|--------------------------------|-------|-------|---------|-------|---------|---------|-------|
| 13 ans et moins |                     |         |       |       |                                |       |       |         |       |         |         |       |
| 1.              | PERRY, Ella         |         |       | 13    | Pointe-Claire Swim Club        |       |       |         |       | 4:37.85 | 607     | Q     |
|                 | 50m:                | 31.82   | 31.82 | 150m: | 1:41.63                        | 34.80 | 250m: | 2:52.30 | 35.01 | 350m:   | 4:03.03 | 34.70 |
|                 | 100m:               | 1:06.83 | 35.01 | 200m: | 2:17.29                        | 35.66 | 300m: | 3:28.33 | 36.03 | 400m:   | 4:37.85 | 34.82 |
| 2.              | CHEN, Ada           |         |       | 13    | Pacific Coast Swimming         |       |       |         |       | 4:38.03 | 606     | Q     |
|                 | 50m:                | 30.78   | 30.78 | 150m: | 1:39.68                        | 34.94 | 250m: | 2:50.62 | 35.37 | 350m:   | 4:02.75 | 36.17 |
|                 | 100m:               | 1:04.74 | 33.96 | 200m: | 2:15.25                        | 35.57 | 300m: | 3:26.58 | 35.96 | 400m:   | 4:38.03 | 35.28 |
| 3.              | MCIVER, Emerson     |         |       | 13    | Pointe-Claire Swim Club        |       |       |         |       | 4:41.83 | 582     | Q     |
|                 | 50m:                | 31.68   | 31.68 | 150m: | 1:42.06                        | 35.28 | 250m: | 2:55.06 | 36.73 | 350m:   | 4:07.64 | 36.23 |
|                 | 100m:               | 1:06.78 | 35.10 | 200m: | 2:18.33                        | 36.27 | 300m: | 3:31.41 | 36.35 | 400m:   | 4:41.83 | 34.19 |
| 4.              | ZHOU, Ziva J        |         |       | 13    | Canadian Dolphin Swim Club     |       |       |         |       | 4:47.93 | 546     | Q     |
|                 | 50m:                | 32.62   | 32.62 | 150m: | 1:44.06                        | 37.17 | 250m: | 2:57.46 | 37.57 | 350m:   | 4:12.75 | 38.95 |
|                 | 100m:               | 1:06.89 | 34.27 | 200m: | 2:19.89                        | 35.83 | 300m: | 3:33.80 | 36.34 | 400m:   | 4:47.93 | 35.18 |
| 5.              | COTE, Lili          |         |       | 13    | Elite                          |       |       |         |       | 4:51.15 | 528     | Q     |
|                 | 50m:                | 32.13   | 32.13 | 150m: | 1:44.46                        | 36.16 | 250m: | 2:59.07 | 36.96 | 350m:   | 4:13.91 | 36.89 |
|                 | 100m:               | 1:08.30 | 36.17 | 200m: | 2:22.11                        | 37.65 | 300m: | 3:37.02 | 37.95 | 400m:   | 4:51.15 | 37.24 |
| 6.              | LAMONTAGNE, Emma    |         |       | 13    | Pointe-Claire Swim Club        |       |       |         |       | 4:51.45 | 526     | Q     |
|                 | 50m:                | 32.68   | 32.68 | 150m: | 1:45.43                        | 36.50 | 250m: | 3:00.08 | 37.21 | 350m:   | 4:15.40 | 37.40 |
|                 | 100m:               | 1:08.93 | 36.25 | 200m: | 2:22.87                        | 37.44 | 300m: | 3:38.00 | 37.92 | 400m:   | 4:51.45 | 36.05 |
| 7.              | BEAUCHAMP, Marie    |         |       | 13    | Natation Gatineau              |       |       |         |       | 4:52.78 | 519     | Q     |
|                 | 50m:                | 33.27   | 33.27 | 150m: | 1:46.73                        | 37.03 | 250m: | 3:01.97 | 37.43 | 350m:   | 4:17.32 | 37.43 |
|                 | 100m:               | 1:09.70 | 36.43 | 200m: | 2:24.54                        | 37.81 | 300m: | 3:39.89 | 37.92 | 400m:   | 4:52.78 | 35.46 |
| 8.              | VACHON, Julianne    |         |       | 12    | Club de Natation Régional de I |       |       |         |       | 4:53.23 | 517     | Q     |
|                 | 50m:                | 33.39   | 33.39 | 150m: | 1:47.47                        | 37.48 | 250m: | 3:03.53 | 37.94 | 350m:   | 4:18.34 | 37.20 |
|                 | 100m:               | 1:09.99 | 36.60 | 200m: | 2:25.59                        | 38.12 | 300m: | 3:41.14 | 37.61 | 400m:   | 4:53.23 | 34.89 |
| 9.              | MORIN, Romy         |         |       | 13    | Club De Natation Sherbrooke    |       |       |         |       | 4:57.86 | 493     | Q     |
|                 | 50m:                | 32.17   | 32.17 | 150m: | 1:46.29                        | 38.16 | 250m: | 3:03.65 | 38.86 | 350m:   | 4:21.34 | 38.92 |
|                 | 100m:               | 1:08.13 | 35.96 | 200m: | 2:24.79                        | 38.50 | 300m: | 3:42.42 | 38.77 | 400m:   | 4:57.86 | 36.52 |
| 10.             | ZENG, Shirley       |         |       | 13    | Club de Natation SAMAK         |       |       |         |       | 5:01.49 | 475     | Q     |
|                 | 50m:                | 32.56   | 32.56 | 150m: | 1:46.85                        | 37.72 | 250m: | 3:04.75 | 39.63 | 350m:   | 4:24.59 | 40.14 |
|                 | 100m:               | 1:09.13 | 36.57 | 200m: | 2:25.12                        | 38.27 | 300m: | 3:44.45 | 39.70 | 400m:   | 5:01.49 | 36.90 |
| 11.             | LORTIE, Charlotte   |         |       | 12    | Club de natation région de Qué |       |       |         |       | 5:04.21 | 463     | R     |
|                 | 50m:                | 33.82   | 33.82 | 150m: | 1:49.94                        | 38.12 | 250m: | 3:07.03 | 37.76 | 350m:   | 4:25.67 | 39.87 |
|                 | 100m:               | 1:11.82 | 38.00 | 200m: | 2:29.27                        | 39.33 | 300m: | 3:45.80 | 38.77 | 400m:   | 5:04.21 | 38.54 |
| 12.             | PELLETIER, Laurence |         |       | 13    | Club de natation Mégophias     |       |       |         |       | 5:08.14 | 445     | R     |
|                 | 50m:                | 33.60   | 33.60 | 150m: | 1:53.08                        | 40.07 | 250m: | 3:13.53 | 39.76 | 350m:   | 4:31.37 | 37.97 |
|                 | 100m:               | 1:13.01 | 39.41 | 200m: | 2:33.77                        | 40.69 | 300m: | 3:53.40 | 39.87 | 400m:   | 5:08.14 | 36.77 |

Epreuve 17, Filles, 400m Libre, Elimatoire, 13 ans et moins

| Rang        |                              |         |       | Age   |                             |       |       | Temps          | Pts   |
|-------------|------------------------------|---------|-------|-------|-----------------------------|-------|-------|----------------|-------|
| 13.         | CAREAU, Béatrice             |         |       | 13    | Les Dauphins de Rimouski    |       |       | <b>5:08.60</b> | 443   |
|             | 50m:                         | 33.89   | 33.89 | 150m: | 1:52.13                     | 39.44 | 250m: | 3:11.78        | 38.68 |
|             | 100m:                        | 1:12.69 | 38.80 | 200m: | 2:32.10                     | 39.97 | 300m: | 3:52.87        | 37.05 |
| 14.         | DESCHÊNES, Raphaëlle         |         |       | 13    | Club de natation Mégophias  |       |       | <b>5:10.45</b> | 435   |
|             | 50m:                         | 33.73   | 33.73 | 150m: | 1:51.75                     | 38.90 | 250m: | 3:11.46        | 38.87 |
|             | 100m:                        | 1:12.85 | 39.12 | 200m: | 2:32.27                     | 40.52 | 300m: | 3:52.60        | 38.98 |
| 14 - 15 ans |                              |         |       |       |                             |       |       |                |       |
| 1.          | SUTHERLAND, Meghan           |         |       | 15    | Univ Of Calgary Swim Club   |       |       | <b>4:31.51</b> | 651 Q |
|             | 50m:                         | 31.92   | 31.92 | 150m: | 1:39.06                     | 34.78 | 250m: | 2:48.03        | 35.70 |
|             | 100m:                        | 1:04.28 | 32.36 | 200m: | 2:12.79                     | 33.73 | 300m: | 3:22.42        | 33.39 |
| 2.          | DOVE, Greta                  |         |       | 14    | Univ Of Calgary Swim Club   |       |       | <b>4:34.80</b> | 628 Q |
|             | 50m:                         | 30.79   | 30.79 | 150m: | 1:39.41                     | 34.19 | 250m: | 2:49.07        | 35.44 |
|             | 100m:                        | 1:05.22 | 34.43 | 200m: | 2:14.22                     | 34.81 | 300m: | 3:24.56        | 35.49 |
| 3.          | PARADIS, Jolianne            |         |       | 15    | Natation Gatineau           |       |       | <b>4:36.53</b> | 616 Q |
|             | 50m:                         | 31.32   | 31.32 | 150m: | 1:41.30                     | 35.05 | 250m: | 2:52.31        | 34.91 |
|             | 100m:                        | 1:06.25 | 34.93 | 200m: | 2:17.40                     | 36.10 | 300m: | 3:27.54        | 35.23 |
| 4.          | MCLAREN, Katie               |         |       | 14    | Pacific Coast Swimming      |       |       | <b>4:38.38</b> | 604 Q |
|             | 50m:                         | 31.14   | 31.14 | 150m: | 1:41.10                     | 35.40 | 250m: | 2:53.14        | 35.58 |
|             | 100m:                        | 1:05.70 | 34.56 | 200m: | 2:17.56                     | 36.46 | 300m: | 3:29.31        | 36.17 |
| 5.          | NICHOLSON-JODOIN, Clementine |         |       | 15    | Pointe-Claire Swim Club     |       |       | <b>4:38.64</b> | 602 Q |
|             | 50m:                         | 30.97   | 30.97 | 150m: | 1:39.42                     | 34.83 | 250m: | 2:49.31        | 35.22 |
|             | 100m:                        | 1:04.59 | 33.62 | 200m: | 2:14.09                     | 34.67 | 300m: | 3:26.00        | 36.69 |
| 6.          | LABRIE, Ève                  |         |       | 15    | Neptune Natation            |       |       | <b>4:40.16</b> | 593 Q |
|             | 50m:                         | 31.56   | 31.56 | 150m: | 1:40.98                     | 35.05 | 250m: | 2:51.75        | 35.53 |
|             | 100m:                        | 1:05.93 | 34.37 | 200m: | 2:16.22                     | 35.24 | 300m: | 3:27.71        | 35.96 |
| 7.          | BULLOCK, Sophia              |         |       | 15    | Univ Of Calgary Swim Club   |       |       | <b>4:40.81</b> | 588 Q |
|             | 50m:                         | 32.84   | 32.84 | 150m: | 1:43.20                     | 36.52 | 250m: | 2:54.61        | 36.94 |
|             | 100m:                        | 1:06.68 | 33.84 | 200m: | 2:17.67                     | 34.47 | 300m: | 3:29.64        | 35.03 |
| 8.          | MAXIMENCO, Sophia            |         |       | 14    | C.N. Dollard-des-Ormeaux    |       |       | <b>4:41.11</b> | 587 Q |
|             | 50m:                         | 32.08   | 32.08 | 150m: | 1:43.24                     | 36.33 | 250m: | 2:55.57        | 36.30 |
|             | 100m:                        | 1:06.91 | 34.83 | 200m: | 2:19.27                     | 36.03 | 300m: | 3:31.21        | 35.64 |
| 9.          | HEINEMANN, Kaitlin           |         |       | 15    | MB-Canada Games             |       |       | <b>4:41.93</b> | 581 Q |
|             | 50m:                         | 31.36   | 31.36 | 150m: | 1:41.33                     | 35.51 | 250m: | 2:54.28        | 36.37 |
|             | 100m:                        | 1:05.82 | 34.46 | 200m: | 2:17.91                     | 36.58 | 300m: | 3:30.79        | 36.51 |
| 10.         | MARCHAND, Gabrielle          |         |       | 14    | Velox Natation              |       |       | <b>4:42.17</b> | 580 Q |
|             | 50m:                         | 31.99   | 31.99 | 150m: | 1:42.45                     | 35.22 | 250m: | 2:54.41        | 35.71 |
|             | 100m:                        | 1:07.23 | 35.24 | 200m: | 2:18.70                     | 36.25 | 300m: | 3:30.83        | 36.42 |
| 11.         | HARRINGTON, Mya              |         |       | 15    | Univ Of Calgary Swim Club   |       |       | <b>4:43.84</b> | 570 R |
|             | 50m:                         | 31.55   | 31.55 | 150m: | 1:42.21                     | 35.84 | 250m: | 2:54.94        | 36.35 |
|             | 100m:                        | 1:06.37 | 34.82 | 200m: | 2:18.59                     | 36.38 | 300m: | 3:31.80        | 36.86 |
| 12.         | GOLINOWSKI, Olivia           |         |       | 14    | Kelowna Aquajets            |       |       | <b>4:44.42</b> | 566 R |
|             | 50m:                         | 31.94   | 31.94 | 150m: | 1:44.22                     | 36.42 | 250m: | 2:56.51        | 35.93 |
|             | 100m:                        | 1:07.80 | 35.86 | 200m: | 2:20.58                     | 36.36 | 300m: | 3:33.20        | 36.69 |
| 13.         | BROCHU, Aleni                |         |       | 15    | Natation Gatineau           |       |       | <b>4:44.50</b> | 566   |
|             | 50m:                         | 32.23   | 32.23 | 150m: | 1:43.07                     | 35.90 | 250m: | 2:55.62        | 36.20 |
|             | 100m:                        | 1:07.17 | 34.94 | 200m: | 2:19.42                     | 36.35 | 300m: | 3:32.06        | 36.44 |
| 14.         | FORTIER, Charlie-Rose        |         |       | 14    | Club De Natation Sherbrooke |       |       | <b>4:44.64</b> | 565   |
|             | 50m:                         | 31.50   | 31.50 | 150m: | 1:42.67                     | 35.98 | 250m: | 2:55.83        | 36.28 |
|             | 100m:                        | 1:06.69 | 35.19 | 200m: | 2:19.55                     | 36.88 | 300m: | 3:32.98        | 37.15 |

Epreuve 17, Filles, 400m Libre, Elimatoire, 14 - 15 ans

| Rang        |                       |         |       | Age   |                                |       |       |         |       | Temps | Pts            |       |   |
|-------------|-----------------------|---------|-------|-------|--------------------------------|-------|-------|---------|-------|-------|----------------|-------|---|
| 15.         | OUELLET, Laurence     |         |       | 14    | Nsh                            |       |       |         |       |       | <b>4:47.53</b> | 548   |   |
|             | 50m:                  | 31.78   | 31.78 | 150m: | 1:44.48                        | 36.22 | 250m: | 2:58.98 | 36.43 | 350m: | 4:12.24        | 35.87 |   |
|             | 100m:                 | 1:08.26 | 36.48 | 200m: | 2:22.55                        | 38.07 | 300m: | 3:36.37 | 37.39 | 400m: | 4:47.53        | 35.29 |   |
| 16.         | MARIN, Elizabeth      |         |       | 14    | Groupe aquatique Mille-Îles No |       |       |         |       |       | <b>4:51.59</b> | 526   |   |
|             | 50m:                  | 31.69   | 31.69 | 150m: | 1:44.57                        | 36.81 | 250m: | 2:59.94 | 38.04 | 350m: | 4:15.56        | 38.05 |   |
|             | 100m:                 | 1:07.76 | 36.07 | 200m: | 2:21.90                        | 37.33 | 300m: | 3:37.51 | 37.57 | 400m: | 4:51.59        | 36.03 |   |
| 17.         | BRASSARD, Alixia      |         |       | 15    | Club de natation Mégophias     |       |       |         |       |       | <b>4:53.61</b> | 515   |   |
|             | 50m:                  | 32.25   | 32.25 | 150m: | 1:44.90                        | 36.51 | 250m: | 2:59.59 | 37.30 | 350m: | 4:16.16        | 38.27 |   |
|             | 100m:                 | 1:08.39 | 36.14 | 200m: | 2:22.29                        | 37.39 | 300m: | 3:37.89 | 38.30 | 400m: | 4:53.61        | 37.45 |   |
| 18.         | RIOPEL-DOIRON, Olivia |         |       | 14    | Joliette Équipe Triathlon 1    |       |       |         |       |       | <b>5:02.06</b> | 473   |   |
|             | 50m:                  | 33.30   | 33.30 | 150m: | 1:48.66                        | 38.97 | 250m: | 3:06.12 | 40.09 | 350m: | 4:25.06        | 40.46 |   |
|             | 100m:                 | 1:09.69 | 36.39 | 200m: | 2:26.03                        | 37.37 | 300m: | 3:44.60 | 38.48 | 400m: | 5:02.06        | 37.00 |   |
| forf.nd.    | MOFFET, Raphaëlle     |         |       | 14    | Club aquatique Montréal        |       |       |         |       |       |                |       |   |
| 16 - 17 ans |                       |         |       |       |                                |       |       |         |       |       |                |       |   |
| 1.          | WISE, Elleigh         |         |       | 16    | Cascade Swim Club              |       |       |         |       |       | <b>4:26.54</b> | 688   | Q |
|             | 50m:                  | 32.05   | 32.05 | 150m: | 1:41.28                        | 34.19 | 250m: | 2:49.12 | 33.24 | 350m: | 3:55.08        | 32.13 |   |
|             | 100m:                 | 1:07.09 | 35.04 | 200m: | 2:15.88                        | 34.60 | 300m: | 3:22.95 | 33.83 | 400m: | 4:26.54        | 31.46 |   |
| 2.          | KRAUSS, Ellie         |         |       | 17    | Natation Gatineau              |       |       |         |       |       | <b>4:33.36</b> | 638   | Q |
|             | 50m:                  | 31.37   | 31.37 | 150m: | 1:40.86                        | 35.02 | 250m: | 2:50.58 | 34.77 | 350m: | 3:59.62        | 34.64 |   |
|             | 100m:                 | 1:05.84 | 34.47 | 200m: | 2:15.81                        | 34.95 | 300m: | 3:24.98 | 34.40 | 400m: | 4:33.36        | 33.74 |   |
| 3.          | BOYER, Mariane        |         |       | 17    | Natation Gatineau              |       |       |         |       |       | <b>4:35.12</b> | 626   | Q |
|             | 50m:                  | 31.54   | 31.54 | 150m: | 1:40.44                        | 35.25 | 250m: | 2:50.88 | 35.01 | 350m: | 4:01.09        | 35.30 |   |
|             | 100m:                 | 1:05.19 | 33.65 | 200m: | 2:15.87                        | 35.43 | 300m: | 3:25.79 | 34.91 | 400m: | 4:35.12        | 34.03 |   |
| 4.          | CHERNENKOFF, Mila     |         |       | 16    | Pacific Coast Swimming         |       |       |         |       |       | <b>4:35.83</b> | 621   | Q |
|             | 50m:                  | 31.14   | 31.14 | 150m: | 1:39.81                        | 34.16 | 250m: | 2:49.37 | 34.59 | 350m: | 4:00.00        | 35.54 |   |
|             | 100m:                 | 1:05.65 | 34.51 | 200m: | 2:14.78                        | 34.97 | 300m: | 3:24.46 | 35.09 | 400m: | 4:35.83        | 35.83 |   |
| 5.          | ROBITAILLE, Florence  |         |       | 17    | Elite                          |       |       |         |       |       | <b>4:37.59</b> | 609   | Q |
|             | 50m:                  | 31.51   | 31.51 | 150m: | 1:41.21                        | 34.71 | 250m: | 2:51.77 | 34.98 | 350m: | 4:02.23        | 35.09 |   |
|             | 100m:                 | 1:06.50 | 34.99 | 200m: | 2:16.79                        | 35.58 | 300m: | 3:27.14 | 35.37 | 400m: | 4:37.59        | 35.36 |   |
| 6.          | DAY, Lauren C         |         |       | 17    | Canadian Dolphin Swim Club     |       |       |         |       |       | <b>4:37.83</b> | 608   | Q |
|             | 50m:                  | 31.26   | 31.26 | 150m: | 1:40.92                        | 34.80 | 250m: | 2:51.48 | 34.61 | 350m: | 4:02.90        | 35.40 |   |
|             | 100m:                 | 1:06.12 | 34.86 | 200m: | 2:16.87                        | 35.95 | 300m: | 3:27.50 | 36.02 | 400m: | 4:37.83        | 34.93 |   |
| 7.          | BOILY, Claudia        |         |       | 16    | Pointe-Claire Swim Club        |       |       |         |       |       | <b>4:39.76</b> | 595   | Q |
|             | 50m:                  | 32.33   | 32.33 | 150m: | 1:42.20                        | 36.05 | 250m: | 2:53.26 | 36.32 | 350m: | 4:05.49        | 36.68 |   |
|             | 100m:                 | 1:06.15 | 33.82 | 200m: | 2:16.94                        | 34.74 | 300m: | 3:28.81 | 35.55 | 400m: | 4:39.76        | 34.27 |   |
| 8.          | GORDON, Erika         |         |       | 17    | Pointe-Claire Swim Club        |       |       |         |       |       | <b>4:39.82</b> | 595   | Q |
|             | 50m:                  | 32.25   | 32.25 | 150m: | 1:41.92                        | 35.13 | 250m: | 2:53.82 | 35.88 | 350m: | 4:05.16        | 35.64 |   |
|             | 100m:                 | 1:06.79 | 34.54 | 200m: | 2:17.94                        | 36.02 | 300m: | 3:29.52 | 35.70 | 400m: | 4:39.82        | 34.66 |   |
| 9.          | POMERLEAU, Mikaelle   |         |       | 16    | Pointe-Claire Swim Club        |       |       |         |       |       | <b>4:41.18</b> | 586   | Q |
|             | 50m:                  | 31.54   | 31.54 | 150m: | 1:41.40                        | 35.54 | 250m: | 2:53.47 | 36.09 | 350m: | 4:06.04        | 36.23 |   |
|             | 100m:                 | 1:05.86 | 34.32 | 200m: | 2:17.38                        | 35.98 | 300m: | 3:29.81 | 36.34 | 400m: | 4:41.18        | 35.14 |   |
| 10.         | TESSIER, Sophia       |         |       | 17    | Natation Gatineau              |       |       |         |       |       | <b>4:42.31</b> | 579   | Q |
|             | 50m:                  | 32.05   | 32.05 | 150m: | 1:42.01                        | 35.32 | 250m: | 2:54.69 | 36.40 | 350m: | 4:06.77        | 35.96 |   |
|             | 100m:                 | 1:06.69 | 34.64 | 200m: | 2:18.29                        | 36.28 | 300m: | 3:30.81 | 36.12 | 400m: | 4:42.31        | 35.54 |   |
| 11.         | MASSICOTTE, Anabelle  |         |       | 16    | Club de natation Mégophias     |       |       |         |       |       | <b>4:50.69</b> | 530   | R |
|             | 50m:                  | 31.27   | 31.27 | 150m: | 1:43.19                        | 36.93 | 250m: | 2:58.18 | 37.49 | 350m: | 4:14.42        | 37.99 |   |
|             | 100m:                 | 1:06.26 | 34.99 | 200m: | 2:20.69                        | 37.50 | 300m: | 3:36.43 | 38.25 | 400m: | 4:50.69        | 36.27 |   |

Epreuve 17, Filles, 400m Libre, Elimatoire, 16 - 17 ans

| Rang | Age                 |         |       |       |                            |       |       |         | Temps          |       | Pts     |       |
|------|---------------------|---------|-------|-------|----------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 12.  | BROUILLARD, Camille |         |       | 16    | Club de natation Mégophias |       |       |         | <b>4:55.39</b> | 505   | R       |       |
|      | 50m:                | 32.11   | 32.11 | 150m: | 1:44.41                    | 37.09 | 250m: | 3:00.45 | 38.42          | 350m: | 4:17.70 | 38.93 |
|      | 100m:               | 1:07.32 | 35.21 | 200m: | 2:22.03                    | 37.62 | 300m: | 3:38.77 | 38.32          | 400m: | 4:55.39 | 37.69 |

18 ans et plus

|    |                      |         |       |       |                                |       |       |         |       |                |         |       |
|----|----------------------|---------|-------|-------|--------------------------------|-------|-------|---------|-------|----------------|---------|-------|
| 1. | MICHAUD, Maélie      |         |       | 19    | Pointe-Claire Swim Club        |       |       |         |       | <b>4:27.18</b> | 683     | Q     |
|    | 50m:                 | 29.98   | 29.98 | 150m: | 1:36.70                        | 33.78 | 250m: | 2:45.44 | 34.65 | 350m:          | 3:54.92 | 34.80 |
|    | 100m:                | 1:02.92 | 32.94 | 200m: | 2:10.79                        | 34.09 | 300m: | 3:20.12 | 34.68 | 400m:          | 4:27.18 | 32.26 |
| 2. | BROUSSEAU, Charlotte |         |       | 18    | Club aquatique Montréal        |       |       |         |       | <b>4:28.35</b> | 674     | Q     |
|    | 50m:                 | 31.53   | 31.53 | 150m: | 1:40.12                        | 34.70 | 250m: | 2:48.46 | 33.43 | 350m:          | 3:56.07 | 33.66 |
|    | 100m:                | 1:05.42 | 33.89 | 200m: | 2:15.03                        | 34.91 | 300m: | 3:22.41 | 33.95 | 400m:          | 4:28.35 | 32.28 |
| 3. | MICHAUD, Laurence    |         |       | 19    | Club de natation région de Qué |       |       |         |       | <b>4:31.44</b> | 652     | Q     |
|    | 50m:                 | 31.11   | 31.11 | 150m: | 1:39.20                        | 34.14 | 250m: | 2:48.43 | 34.82 | 350m:          | 3:57.40 | 34.42 |
|    | 100m:                | 1:05.06 | 33.95 | 200m: | 2:13.61                        | 34.41 | 300m: | 3:22.98 | 34.55 | 400m:          | 4:31.44 | 34.04 |
| 4. | KENNEDY, Keira       |         |       | 19    | Simon Fraser University        |       |       |         |       | <b>4:32.15</b> | 646     | Q     |
|    | 50m:                 | 31.66   | 31.66 | 150m: | 1:40.20                        | 34.30 | 250m: | 2:49.17 | 34.29 | 350m:          | 3:58.39 | 34.50 |
|    | 100m:                | 1:05.90 | 34.24 | 200m: | 2:14.88                        | 34.68 | 300m: | 3:23.89 | 34.72 | 400m:          | 4:32.15 | 33.76 |
| 5. | ANDREWS, Abigail     |         |       | 21    | Simon Fraser University        |       |       |         |       | <b>4:34.13</b> | 633     | Q     |
|    | 50m:                 | 32.54   | 32.54 | 150m: | 1:41.86                        | 35.34 | 250m: | 2:51.23 | 35.09 | 350m:          | 4:00.51 | 34.74 |
|    | 100m:                | 1:06.52 | 33.98 | 200m: | 2:16.14                        | 34.28 | 300m: | 3:25.77 | 34.54 | 400m:          | 4:34.13 | 33.62 |
| 6. | LAPIERRE, Justine    |         |       | 18    | Pointe-Claire Swim Club        |       |       |         |       | <b>4:41.31</b> | 585     | Q     |
|    | 50m:                 | 31.39   | 31.39 | 150m: | 1:41.55                        | 35.30 | 250m: | 2:53.14 | 35.99 | 350m:          | 4:05.86 | 36.27 |
|    | 100m:                | 1:06.25 | 34.86 | 200m: | 2:17.15                        | 35.60 | 300m: | 3:29.59 | 36.45 | 400m:          | 4:41.31 | 35.45 |
| 7. | CONNELL, Madilyn     |         |       | 19    | Simon Fraser University        |       |       |         |       | <b>4:46.71</b> | 553     | Q     |
|    | 50m:                 | 32.36   | 32.36 | 150m: | 1:44.52                        | 35.96 | 250m: | 2:56.28 | 35.68 | 350m:          | 4:09.45 | 36.74 |
|    | 100m:                | 1:08.56 | 36.20 | 200m: | 2:20.60                        | 36.08 | 300m: | 3:32.71 | 36.43 | 400m:          | 4:46.71 | 37.26 |