

| Prova 4                      |         | Femin., 100m Mariposa       |        |                       | Absolutos  |
|------------------------------|---------|-----------------------------|--------|-----------------------|------------|
| 25/07/2026 - 10:00           |         |                             |        |                       | Resultados |
| Recordes Nacionais 25m Open  | 57.93   | Mariana Pacheco, CUNHA      | OE     | Leiria                | 16/12/2025 |
| Recordes Nacionais 25m Sen   | 57.93   | Mariana Pacheco, CUNHA      | OE     | Leiria                | 16/12/2025 |
| Recordes Nacionais 25m Juv A | 1:00.66 | Carolina Miranda, FERNANDES | CGA    | Gafanha de Nazaré     | 25/04/2021 |
| Recordes Nacionais 25m Inf A | 1:02.36 | Mariana Pacheco, CUNHA      | CFP    | Felgueiras            | 14/04/2018 |
| Recordes Nacionais 25m Inf B | 1:02.30 | Carolina Miranda, FERNANDES | CGA    | Felgueiras            | 11/03/2018 |
| Recordes Regionais Open      | 1:00.49 | Sara Alexandra, MADEIRA     | LDC    | S. Antonio Cavaleiros | 20/12/2009 |
| Recordes Regionais Sen       | 1:00.49 | Sara Alexandra, MADEIRA     | LDC    | S. Antonio Cavaleiros | 20/12/2009 |
| Recordes Regionais Juv A     | 1:03.83 | Ana Sebastião, MENDES       | CNL    | Felgueiras            | 21/12/2019 |
| Recordes Regionais Inf A     | 1:06.94 | Mariana Canarias, JESUS     | LAGAC  | Lagos                 | 03/05/2026 |
| Recordes Regionais Inf B     | 1:09.81 | Ines Sofia, ALVES           | PORTIN | Sines                 | 09/04/2017 |

Pontos: AQUA 2025

| Lugar | Nome                         | Ano                 | Licen  a | Clube                        | Tempo Final    | AQUA | Pts   |
|-------|------------------------------|---------------------|----------|------------------------------|----------------|------|-------|
| 1.    | Daniela, MART  NEZ RESMELLA  | 12                  |          | Club Nataci  n Plasencia     | <b>1:08.12</b> | 463  | 17,00 |
|       | 50m: 32.64 32.64             | 100m: 1:08.12 35.48 |          |                              |                |      |       |
| 2.    | Cecilia Emma, GAVIRIA MART   | 03                  |          | Club Nataci  n Plasencia     | <b>1:09.93</b> | 428  | 15,00 |
|       | 50m: 32.35 32.35             | 100m: 1:09.93 37.58 |          |                              |                |      |       |
| 3.    | Irene, PALOMO FERN  NDEZ     | 12                  |          | Club Nataci  n Plasencia     | <b>1:13.03</b> | 375  | 14,00 |
|       | 50m: 34.68 34.68             | 100m: 1:13.03 38.35 |          |                              |                |      |       |
| 4.    | Ines Patricio, FELIX         | 10                  | 215706   | Portinado                    | <b>1:14.11</b> | 359  | 13,00 |
|       | 50m: 34.40 34.40             | 100m: 1:14.11 39.71 |          |                              |                |      |       |
| 5.    | Beatriz Lopes, SILVA         | 12                  | 217430   | Portinado                    | <b>1:17.72</b> | 311  | 12,00 |
|       | 50m: 36.29 36.29             | 100m: 1:17.72 41.43 |          |                              |                |      |       |
| 6.    | Rafaela Rodrigues, MARTINS   | 12                  | 216621   | Aquatico Silves              | <b>1:20.95</b> | 276  | 11,00 |
|       | 50m: 37.11 37.11             | 100m: 1:20.95 43.84 |          |                              |                |      |       |
| 7.    | Andresa Beatriz, MARTINS     | 12                  | 216622   | Aquatico Silves              | <b>1:22.66</b> | 259  | 10,00 |
|       | 50m: 37.38 37.38             | 100m: 1:22.66 45.28 |          |                              |                |      |       |
| 8.    | Laura Cristovao, SOUSA       | 13                  | 214392   | FC Ferreiras/AlgarExperience | <b>1:23.69</b> | 249  | 9,00  |
|       | 50m: 38.92 38.92             | 100m: 1:23.69 44.77 |          |                              |                |      |       |
| 9.    | Lucinda Maria, GONCALVES     | 13                  | 224193   | Aquatico Silves              | <b>1:31.49</b> | 191  | 8,00  |
|       | 50m: 39.94 39.94             | 100m: 1:31.49 51.55 |          |                              |                |      |       |
| 10.   | Benedita Fernandes, RAIMUNDO | 12                  | 216579   | Aquatico Silves              | <b>1:32.53</b> | 184  | 7,00  |
|       | 50m: 39.23 39.23             | 100m: 1:32.53 53.30 |          |                              |                |      |       |