

Finale régionale Est-du-Québec\_regionaux 21 juin 2026  
Gaspé, 21-6-2026

Epreuve 8  
2026-06-21 - 10:06

400m 4 nages

Cat. générale  
Liste résultats

Points: AQUA 2025

Rang					Age					Temps	Pts	
<b>12 ans et moins, Filles</b>												
1.	DUGUAY, Brillanie				11	Les Otaries Bonaventure				<b>6:17.04</b>	311	
	50m:	39.49	39.49	150m:	2:15.49	46.35	250m:	3:56.46	54.60	350m:	5:36.03	42.78
	100m:	1:29.14	49.65	200m:	3:01.86	46.37	300m:	4:53.25	56.79	400m:	6:17.04	41.01
2.	ST-PIERRE, Élyzabeth				11	Les Dauphins de Rimouski				<b>6:20.81</b>	301	
	50m:	43.48	43.48	150m:	2:26.82	49.82	250m:	4:05.93	49.83	350m:	5:40.95	42.74
	100m:	1:37.00	53.52	200m:	3:16.10	49.28	300m:	4:58.21	52.28	400m:	6:20.81	39.86
3.	BLOUIN, Victoria				11	Les Dauphins de Rimouski				<b>6:45.73</b>	249	
	50m:	46.51	46.51	150m:	2:27.97	49.00	250m:	4:16.01	1:00.53	350m:	6:02.49	45.87
	100m:	1:38.97	52.46	200m:	3:15.48	47.51	300m:	5:16.62	1:00.61	400m:	6:45.73	43.24
4.	FOURNIER, Noémie				12	Barracudas de Gaspé				<b>6:46.16</b>	248	
	50m:	42.39	42.39	150m:	2:26.20	51.79	250m:	4:16.80	1:00.07	350m:	6:01.74	45.66
	100m:	1:34.41	52.02	200m:	3:16.73	50.53	300m:	5:16.08	59.28	400m:	6:46.16	44.42
5.	CAYOUCETTE, Talia-Jeanne				12	Les Otaries Bonaventure				<b>6:58.14</b>	228	
	50m:	47.35	47.35	150m:	2:35.70	51.73	250m:	4:23.05	55.30	350m:	6:09.32	50.40
	100m:	1:43.97	56.62	200m:	3:27.75	52.05	300m:	5:18.92	55.87	400m:	6:58.14	48.82
6.	L'ECUYER, Flavie				10	Les Dauphins de Rimouski				<b>7:03.24</b>	219	
	50m:	50.10	50.10	150m:	2:39.99	50.20	250m:	4:28.28	58.88	350m:	6:17.10	49.12
	100m:	1:49.79	59.69	200m:	3:29.40	49.41	300m:	5:27.98	59.70	400m:	7:03.24	46.14
<b>12 ans et moins, Garçons</b>												
1.	MAUPPIN, Emile				12	Les Dauphins de Rimouski				<b>6:08.92</b>	257	
	50m:	41.66	41.66	150m:	2:15.98	45.28	250m:	3:54.74	53.02	350m:	5:28.94	42.26
	100m:	1:30.70	49.04	200m:	3:01.72	45.74	300m:	4:46.68	51.94	400m:	6:08.92	39.98
2.	GOSSELIN, Nathan				12	Les Dauphins de Rimouski				<b>6:23.54</b>	229	
	50m:	41.36	41.36	150m:	2:24.68	52.19	250m:	4:07.29	52.69	350m:	5:44.04	41.49
	100m:	1:32.49	51.13	200m:	3:14.60	49.92	300m:	5:02.55	55.26	400m:	6:23.54	39.50
3.	POITRAS, Clément				10	Les Saumoneaux de New Richmond				<b>6:55.09</b>	181	
	50m:	46.24	46.24	150m:	2:32.96	48.46	250m:	4:25.42	1:02.10	350m:	6:11.92	43.97
	100m:	1:44.50	58.26	200m:	3:23.32	50.36	300m:	5:27.95	1:02.53	400m:	6:55.09	43.17
<b>13 - 14 ans, Filles</b>												
1.	CASSISTA, Anaé				13	Les Dauphins de Rimouski				<b>5:23.44</b>	492	
	50m:	36.18	36.18	150m:	1:59.41	42.69	250m:	3:25.85	44.14	350m:	4:47.22	38.61
	100m:	1:16.72	40.54	200m:	2:41.71	42.30	300m:	4:08.61	42.76	400m:	5:23.44	36.22
2.	MICHAUD, Aurelie				14	LMRL Rivière-du-Loup				<b>5:42.55</b>	414	
	50m:	37.64	37.64	150m:	2:07.23	45.89	250m:	3:37.27	44.71	350m:	5:04.28	41.20
	100m:	1:21.34	43.70	200m:	2:52.56	45.33	300m:	4:23.08	45.81	400m:	5:42.55	38.27
3.	BUJOLD, Rosalie				13	Les Saumoneaux de New Richmond				<b>6:06.52</b>	338	
	50m:	41.94	41.94	150m:	2:17.98	44.68	250m:	3:56.22	52.91	350m:	5:28.17	39.85
	100m:	1:33.30	51.36	200m:	3:03.31	45.33	300m:	4:48.32	52.10	400m:	6:06.52	38.35
4.	CARON, Myanne				13	Les Saumoneaux de New Richmond				<b>6:13.06</b>	321	
	50m:	39.58	39.58	150m:	2:10.39	45.12	250m:	3:51.59	54.83	350m:	5:32.24	43.34
	100m:	1:25.27	45.69	200m:	2:56.76	46.37	300m:	4:48.90	57.31	400m:	6:13.06	40.82

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Epreuve 8, Filles, 400m 4 nages, 13 - 14 ans

Rang			Age					Temps	Pts			
5.	LEDUC, Cloé		13	Les Saumoneaux de New Richmond				<b>6:21.51</b>	300			
	50m:	41.06	41.06	150m:	2:20.77	48.17	250m:	4:00.51	54.74	350m:	5:38.04	42.08
	100m:	1:32.60	51.54	200m:	3:05.77	45.00	300m:	4:55.96	55.45	400m:	6:21.51	43.47

13 - 14 ans, Garçons

1.	LAFRENIERE, Edouard		13	LMRL Rivière-du-Loup				<b>5:22.92</b>	384			
	50m:	36.22	36.22	150m:	1:57.19	40.36	250m:	3:25.73	48.81	350m:	4:49.53	34.80
	100m:	1:16.83	40.61	200m:	2:36.92	39.73	300m:	4:14.73	49.00	400m:	5:22.92	33.39
2.	REID, Francis		13	Les Dauphins de Rimouski				<b>5:46.95</b>	309			
	50m:	37.52	37.52	150m:	2:08.49	45.40	250m:	3:40.94	45.70	350m:	5:09.48	39.28
	100m:	1:23.09	45.57	200m:	2:55.24	46.75	300m:	4:30.20	49.26	400m:	5:46.95	37.47

15 - 16 ans, Filles

1.	VIGNEAULT DUBOIS, Ellana		15	Les Dauphins de Rimouski				<b>5:53.55</b>	377			
	50m:	39.28	39.28	150m:	2:08.83	45.91	250m:	3:46.07	52.58	350m:	5:15.69	38.69
	100m:	1:22.92	43.64	200m:	2:53.49	44.66	300m:	4:37.00	50.93	400m:	5:53.55	37.86
2.	BOROS, Méliane		15	Club Élite De Natation Des Ile				<b>6:05.53</b>	341			
	50m:	38.00	38.00	150m:	2:11.87	48.10	250m:	3:51.16	53.38	350m:	5:28.45	42.64
	100m:	1:23.77	45.77	200m:	2:57.78	45.91	300m:	4:45.81	54.65	400m:	6:05.53	37.08
3.	BOURDAGES, Maëlle		15	Les Otaries Bonaventure				<b>7:33.23</b>	179			
	50m:	50.89	50.89	150m:	2:54.23	57.37	250m:	4:50.74	1:00.07	350m:	6:44.37	52.57
	100m:	1:56.86	1:05.97	200m:	3:50.67	56.44	300m:	5:51.80	1:01.06	400m:	7:33.23	48.86

15 - 16 ans, Garçons

1.	MAUPPIN, Félix		15	Les Dauphins de Rimouski				<b>5:32.25</b>	352			
	50m:	35.72	35.72	150m:	2:00.71	43.62	250m:	3:29.99	44.60	350m:	4:55.03	37.82
	100m:	1:17.09	41.37	200m:	2:45.39	44.68	300m:	4:17.21	47.22	400m:	5:32.25	37.22

17 ans et plus, Dames

1.	CÔTÉ, Virginie		20	Barracudas de Gaspé				<b>5:14.40</b>	536			
	50m:	33.22	33.22	150m:	1:49.58	38.92	250m:	3:15.48	46.65	350m:	4:38.77	36.09
	100m:	1:10.66	37.44	200m:	2:28.83	39.25	300m:	4:02.68	47.20	400m:	5:14.40	35.63