

Finale régionale Est-du-Québec_regionaux 21 juin 2026
Gaspé, 21-6-2026

Epreuve 17 400m Libre Cat. générale
2026-06-21 - 17:50 Liste résultats

Points: AQUA 2025

| Rang | Age | | Temps | | | | | | | Pts | | |
|--------------------------------|--------------------|---------|-------|--------------------------------|---------|-------|-------|---------|-------|-------|----------------|-------|
| 12 ans et moins, Filles | | | | | | | | | | | | |
| 1. | LÉVESQUE, Béatrice | | 12 | Club de Natation NATAQUI | | | | | | | 5:21.03 | 368 |
| | 50m: | 36.74 | 36.74 | 150m: | 1:58.86 | 41.15 | 250m: | 3:20.33 | 40.28 | 350m: | 4:41.59 | 40.55 |
| | 100m: | 1:17.71 | 40.97 | 200m: | 2:40.05 | 41.19 | 300m: | 4:01.04 | 40.71 | 400m: | 5:21.03 | 39.44 |
| 2. | LOUBERT, Aurélie | | 12 | Les Saumoneaux de New Richmond | | | | | | | 5:41.70 | 305 |
| | 50m: | 40.38 | 40.38 | 150m: | 2:07.99 | 43.83 | 250m: | 3:35.40 | 43.50 | 350m: | 5:01.74 | 43.14 |
| | 100m: | 1:24.16 | 43.78 | 200m: | 2:51.90 | 43.91 | 300m: | 4:18.60 | 43.20 | 400m: | 5:41.70 | 39.96 |
| 3. | BLOUIN, Victoria | | 11 | Les Dauphins de Rimouski | | | | | | | 5:46.03 | 294 |
| | 50m: | 38.88 | 38.88 | 150m: | 2:07.45 | 44.69 | 250m: | 3:36.82 | 43.97 | 350m: | 5:04.14 | 43.34 |
| | 100m: | 1:22.76 | 43.88 | 200m: | 2:52.85 | 45.40 | 300m: | 4:20.80 | 43.98 | 400m: | 5:46.03 | 41.89 |
| 4. | DUMAIS, Emmeline | | 11 | Les Saumoneaux de New Richmond | | | | | | | 5:48.43 | 288 |
| | 50m: | 38.30 | 38.30 | 150m: | 2:07.13 | 45.40 | 250m: | 3:37.41 | 45.25 | 350m: | 5:06.86 | 44.53 |
| | 100m: | 1:21.73 | 43.43 | 200m: | 2:52.16 | 45.03 | 300m: | 4:22.33 | 44.92 | 400m: | 5:48.43 | 41.57 |
| 5. | CARON, Flora-Élie | | 10 | Club de Natation NATAQUI | | | | | | | 6:08.15 | 244 |
| | 50m: | 40.37 | 40.37 | 150m: | 2:14.64 | 47.00 | 250m: | 3:50.43 | 48.07 | 350m: | 5:24.91 | 47.37 |
| | 100m: | 1:27.64 | 47.27 | 200m: | 3:02.36 | 47.72 | 300m: | 4:37.54 | 47.11 | 400m: | 6:08.15 | 43.24 |
| 6. | L'ECUYER, Flavie | | 10 | Les Dauphins de Rimouski | | | | | | | 6:21.08 | 220 |
| | 50m: | 42.17 | 42.17 | 150m: | 2:17.84 | 48.00 | 250m: | 3:57.18 | 49.37 | 350m: | 5:34.99 | 48.48 |
| | 100m: | 1:29.84 | 47.67 | 200m: | 3:07.81 | 49.97 | 300m: | 4:46.51 | 49.33 | 400m: | 6:21.08 | 46.09 |
| 7. | KENNEY, Emmanuelle | | 10 | Club de Natation NATAQUI | | | | | | | 6:34.51 | 198 |
| | 50m: | 46.50 | 46.50 | 150m: | 2:28.10 | 50.51 | 250m: | 4:08.65 | 50.34 | 350m: | 5:48.21 | 49.72 |
| | 100m: | 1:37.59 | 51.09 | 200m: | 3:18.31 | 50.21 | 300m: | 4:58.49 | 49.84 | 400m: | 6:34.51 | 46.30 |
| 8. | ARSENAULT, Ève | | 11 | Barracudas de Gaspé | | | | | | | 7:25.63 | 137 |
| | 50m: | 49.74 | 49.74 | 150m: | 2:42.32 | 56.37 | 250m: | 4:37.28 | 57.02 | 350m: | 6:31.71 | 57.00 |
| | 100m: | 1:45.95 | 56.21 | 200m: | 3:40.26 | 57.94 | 300m: | 5:34.71 | 57.43 | 400m: | 7:25.63 | 53.92 |

12 ans et moins, Garçons

| | | | | | | | | | | | | |
|----|----------------------------|---------|-------|--------------------------------|---------|-------|-------|---------|-------|-------|----------------|-------|
| 1. | VIGNEAULT DUBOIS, Benjamin | | 12 | Les Dauphins de Rimouski | | | | | | | 5:12.99 | 311 |
| | 50m: | 35.48 | 35.48 | 150m: | 1:55.26 | 40.23 | 250m: | 3:15.05 | 39.43 | 350m: | 4:35.72 | 40.80 |
| | 100m: | 1:15.03 | 39.55 | 200m: | 2:35.62 | 40.36 | 300m: | 3:54.92 | 39.87 | 400m: | 5:12.99 | 37.27 |
| 2. | MAUPPIN, Emile | | 12 | Les Dauphins de Rimouski | | | | | | | 5:18.97 | 294 |
| | 50m: | 35.92 | 35.92 | 150m: | 1:56.07 | 40.52 | 250m: | 3:17.98 | 40.68 | 350m: | 4:39.55 | 40.72 |
| | 100m: | 1:15.55 | 39.63 | 200m: | 2:37.30 | 41.23 | 300m: | 3:58.83 | 40.85 | 400m: | 5:18.97 | 39.42 |
| 3. | POITRAS, Lambert | | 11 | Les Saumoneaux de New Richmond | | | | | | | 5:38.28 | 247 |
| | 50m: | 38.55 | 38.55 | 150m: | 2:05.52 | 43.86 | 250m: | 3:32.58 | 43.21 | 350m: | 4:58.77 | 42.86 |
| | 100m: | 1:21.66 | 43.11 | 200m: | 2:49.37 | 43.85 | 300m: | 4:15.91 | 43.33 | 400m: | 5:38.28 | 39.51 |
| 4. | POITRAS, Clément | | 10 | Les Saumoneaux de New Richmond | | | | | | | 5:55.52 | 212 |
| | 50m: | 43.09 | 43.09 | 150m: | 2:14.96 | 44.64 | 250m: | 3:44.47 | 45.08 | 350m: | 5:16.05 | 44.98 |
| | 100m: | 1:30.32 | 47.23 | 200m: | 2:59.39 | 44.43 | 300m: | 4:31.07 | 46.60 | 400m: | 5:55.52 | 39.47 |
| 5. | GIONEST, Zack | | 11 | Les Otaries Bonaventure | | | | | | | 6:04.75 | 197 |
| | 50m: | 38.27 | 38.27 | 150m: | 2:10.28 | 47.33 | 250m: | 3:45.95 | 47.96 | 350m: | 5:22.39 | 48.35 |
| | 100m: | 1:22.95 | 44.68 | 200m: | 2:57.99 | 47.71 | 300m: | 4:34.04 | 48.09 | 400m: | 6:04.75 | 42.36 |
| 6. | JUTRAS, Malik | | 12 | Barracudas de Gaspé | | | | | | | 6:06.27 | 194 |
| | 50m: | 42.60 | 42.60 | 150m: | 2:17.28 | 47.48 | 250m: | 3:52.44 | 47.63 | 350m: | 5:25.50 | 45.87 |
| | 100m: | 1:29.80 | 47.20 | 200m: | 3:04.81 | 47.53 | 300m: | 4:39.63 | 47.19 | 400m: | 6:06.27 | 40.77 |

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Epreuve 17, Garçons, 400m Libre, 12 ans et moins

| Rang | | | Age | | | | | Temps | Pts | | |
|------|-----------------|---------------|-------|---------------------|-------|-------|---------|----------------|-------|---------|-------|
| 7. | OUELLET, Arthur | | 11 | Barracudas de Gaspé | | | | 6:30.84 | 160 | | |
| | 50m: | 42.81 42.81 | 150m: | 2:21.53 | 50.31 | 250m: | 4:03.63 | 51.65 | 350m: | 5:43.76 | 49.41 |
| | 100m: | 1:31.22 48.41 | 200m: | 3:11.98 | 50.45 | 300m: | 4:54.35 | 50.72 | 400m: | 6:30.84 | 47.08 |

13 - 14 ans, Filles

| | | | | | | | | | | | |
|----|------------------|---------------|-------|--------------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | CARON, Mia-Jade | | 13 | Club de Natation NATAQUI | | | | 4:57.35 | 464 | | |
| | 50m: | 32.60 32.60 | 150m: | 1:47.39 | 37.95 | 250m: | 3:03.79 | 38.38 | 350m: | 4:21.60 | 38.72 |
| | 100m: | 1:09.44 36.84 | 200m: | 2:25.41 | 38.02 | 300m: | 3:42.88 | 39.09 | 400m: | 4:57.35 | 35.75 |
| 2. | CAREAU, Béatrice | | 13 | Les Dauphins de Rimouski | | | | 5:03.13 | 438 | | |
| | 50m: | 32.96 32.96 | 150m: | 1:48.63 | 38.39 | 250m: | 3:07.45 | 39.53 | 350m: | 4:25.62 | 38.81 |
| | 100m: | 1:10.24 37.28 | 200m: | 2:27.92 | 39.29 | 300m: | 3:46.81 | 39.36 | 400m: | 5:03.13 | 37.51 |
| 3. | BROUSSEAU, Emy | | 13 | LMRL Rivière-du-Loup | | | | 5:17.57 | 381 | | |
| | 50m: | 35.94 35.94 | 150m: | 1:55.75 | 40.08 | 250m: | 3:16.44 | 40.37 | 350m: | 4:38.23 | 41.12 |
| | 100m: | 1:15.67 39.73 | 200m: | 2:36.07 | 40.32 | 300m: | 3:57.11 | 40.67 | 400m: | 5:17.57 | 39.34 |
| 4. | BUJOLD, Rosalie | | 13 | Les Saumoneaux de New Richmond | | | | 5:24.78 | 356 | | |
| | 50m: | 36.86 36.86 | 150m: | 1:59.75 | 41.29 | 250m: | 3:23.00 | 41.76 | 350m: | 4:45.64 | 41.13 |
| | 100m: | 1:18.46 41.60 | 200m: | 2:41.24 | 41.49 | 300m: | 4:04.51 | 41.51 | 400m: | 5:24.78 | 39.14 |
| 5. | CARON, Myanne | | 13 | Les Saumoneaux de New Richmond | | | | 5:27.10 | 348 | | |
| | 50m: | 36.77 36.77 | 150m: | 2:00.51 | 42.50 | 250m: | 3:25.44 | 42.46 | 350m: | 4:48.57 | 41.02 |
| | 100m: | 1:18.01 41.24 | 200m: | 2:42.98 | 42.47 | 300m: | 4:07.55 | 42.11 | 400m: | 5:27.10 | 38.53 |
| 6. | SWAN, Emma | | 13 | Barracudas de Gaspé | | | | 5:38.31 | 315 | | |
| | 50m: | 38.07 38.07 | 150m: | 2:03.33 | 43.35 | 250m: | 3:29.62 | 42.76 | 350m: | 4:56.36 | 43.32 |
| | 100m: | 1:19.98 41.91 | 200m: | 2:46.86 | 43.53 | 300m: | 4:13.04 | 43.42 | 400m: | 5:38.31 | 41.95 |
| 7. | LEDUC, Cloé | | 13 | Les Saumoneaux de New Richmond | | | | 5:47.53 | 290 | | |
| | 50m: | 39.91 39.91 | 150m: | 2:09.20 | 44.65 | 250m: | 3:37.91 | 44.33 | 350m: | 5:06.33 | 44.42 |
| | 100m: | 1:24.55 44.64 | 200m: | 2:53.58 | 44.38 | 300m: | 4:21.91 | 44.00 | 400m: | 5:47.53 | 41.20 |

13 - 14 ans, Garçons

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|----|-------------------|---------------|-------|--------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | MORNEAU, Thomas | | 14 | LMRL Rivière-du-Loup | | | | 4:38.55 | 442 | | |
| | 50m: | 31.74 31.74 | 150m: | 1:42.88 | 35.71 | 250m: | 2:54.96 | 36.01 | 350m: | 4:05.40 | 34.36 |
| | 100m: | 1:07.17 35.43 | 200m: | 2:18.95 | 36.07 | 300m: | 3:31.04 | 36.08 | 400m: | 4:38.55 | 33.15 |
| 2. | GAUDREAU, Laurent | | 14 | Les Dauphins de Rimouski | | | | 4:47.37 | 402 | | |
| | 50m: | 31.41 31.41 | 150m: | 1:43.27 | 35.93 | 250m: | 2:56.11 | 35.84 | 350m: | 4:11.11 | 37.80 |
| | 100m: | 1:07.34 35.93 | 200m: | 2:20.27 | 37.00 | 300m: | 3:33.31 | 37.20 | 400m: | 4:47.37 | 36.26 |
| 3. | LEVESQUE, Edouard | | 14 | LMRL Rivière-du-Loup | | | | 4:58.72 | 358 | | |
| | 50m: | 34.12 34.12 | 150m: | 1:50.13 | 38.60 | 250m: | 3:07.08 | 38.02 | 350m: | 4:24.79 | 38.44 |
| | 100m: | 1:11.53 37.41 | 200m: | 2:29.06 | 38.93 | 300m: | 3:46.35 | 39.27 | 400m: | 4:58.72 | 33.93 |
| 4. | REID, Francis | | 13 | Les Dauphins de Rimouski | | | | 4:59.73 | 355 | | |
| | 50m: | 33.15 33.15 | 150m: | 1:48.42 | 38.64 | 250m: | 3:05.61 | 38.85 | 350m: | 4:22.17 | 37.78 |
| | 100m: | 1:09.78 36.63 | 200m: | 2:26.76 | 38.34 | 300m: | 3:44.39 | 38.78 | 400m: | 4:59.73 | 37.56 |

15 - 16 ans, Filles

| | | | | | | | | | | | |
|----|--------------------------|---------------|-------|--------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | VIGNEAULT DUBOIS, Ellana | | 15 | Les Dauphins de Rimouski | | | | 4:57.09 | 465 | | |
| | 50m: | 33.71 33.71 | 150m: | 1:48.49 | 37.62 | 250m: | 3:04.72 | 37.95 | 350m: | 4:21.12 | 37.72 |
| | 100m: | 1:10.87 37.16 | 200m: | 2:26.77 | 38.28 | 300m: | 3:43.40 | 38.68 | 400m: | 4:57.09 | 35.97 |
| 2. | LAFOREST, Jeanne | | 15 | LMRL Rivière-du-Loup | | | | 5:40.45 | 309 | | |
| | 50m: | 38.58 38.58 | 150m: | 2:05.16 | 43.46 | 250m: | 3:31.96 | 42.98 | 350m: | 4:58.26 | 43.06 |
| | 100m: | 1:21.70 43.12 | 200m: | 2:48.98 | 43.82 | 300m: | 4:15.20 | 43.24 | 400m: | 5:40.45 | 42.19 |

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Gaspé, 21-6-2026

Epreuve 17, Filles, 400m Libre, 15 - 16 ans

| Rang | | | | Age | | | | | Temps | Pts | | |
|------|-------------------|---------|-------|-------|-------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 3. | DUGUAY, Millicent | | | 15 | Les Otaries Bonaventure | | | | 6:51.22 | 175 | | |
| | 50m: | 43.95 | 43.95 | 150m: | 2:26.62 | 52.70 | 250m: | 4:13.13 | 52.81 | 350m: | 5:59.82 | 53.41 |
| | 100m: | 1:33.92 | 49.97 | 200m: | 3:20.32 | 53.70 | 300m: | 5:06.41 | 53.28 | 400m: | 6:51.22 | 51.40 |
| 4. | BRISSON, Zoé | | | 15 | Barracudas de Gaspé | | | | 6:53.37 | 172 | | |
| | 50m: | 43.41 | 43.41 | 150m: | 2:25.91 | 52.05 | 250m: | 4:12.89 | 53.97 | 350m: | 6:00.77 | 55.03 |
| | 100m: | 1:33.86 | 50.45 | 200m: | 3:18.92 | 53.01 | 300m: | 5:05.74 | 52.85 | 400m: | 6:53.37 | 52.60 |

17 ans et plus, Dames

| | | | | | | | | | | | | |
|----|------------------|---------|-------|-------|---------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | THIBAUT, Coralie | | | 20 | Barracudas de Gaspé | | | | 5:06.98 | 421 | | |
| | 50m: | 33.18 | 33.18 | 150m: | 1:49.32 | 38.89 | 250m: | 3:08.42 | 39.69 | 350m: | 4:27.90 | 39.82 |
| | 100m: | 1:10.43 | 37.25 | 200m: | 2:28.73 | 39.41 | 300m: | 3:48.08 | 39.66 | 400m: | 5:06.98 | 39.08 |

17 ans et plus, Messieurs

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|----|---------------------|---------|-------|-------|---------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | COURCHESNE, Zachary | | | 18 | Barracudas de Gaspé | | | | 7:03.02 | 126 | | |
| | 50m: | 43.96 | 43.96 | 150m: | 2:30.14 | 54.93 | 250m: | 4:22.79 | 56.62 | 350m: | 6:14.23 | 54.87 |
| | 100m: | 1:35.21 | 51.25 | 200m: | 3:26.17 | 56.03 | 300m: | 5:19.36 | 56.57 | 400m: | 7:03.02 | 48.79 |