

BC Masters 2026
Kortrijk, 20 - 21/6/2026

Event 10
21/06/2026 - 9:00

1500m Freestyle

20 - 94 years
Results

Points: AQUA 2025

Rank			YB					Time	Pts
25 - 29 years, Men									
1.	Huys Stijn		98	BEL	Zik			20:57.11	332
	100m:	1:13.89	1:13.89	500m:	6:44.91	1:24.87	900m:	12:24.22	1:25.36
	200m:	2:34.97	1:21.08	600m:	8:10.50	1:25.59	1000m:	13:49.38	1:25.16
	300m:	3:57.53	1:22.56	700m:	9:34.03	1:23.53	1100m:	15:15.52	1:26.14
	400m:	5:20.04	1:22.51	800m:	10:58.86	1:24.83	1200m:	16:42.05	1:26.53
1300m:				1300m:				18:08.91	1:26.86
1400m:				1400m:				19:33.40	1:24.49
1500m:				1500m:				20:57.11	1:23.71
2.	Vanhoenacker Egon		99	BEL	FIRST			22:05.85	283
	100m:	1:22.37	1:22.37	500m:	7:17.41	1:28.55	900m:	13:14.35	1:29.65
	200m:	2:50.19	1:27.82	600m:	8:46.49	1:29.08	1000m:	14:43.94	1:29.59
	300m:	4:19.38	1:29.19	700m:	10:15.27	1:28.78	1100m:	16:12.42	1:28.48
	400m:	5:48.86	1:29.48	800m:	11:44.70	1:29.43	1200m:	17:41.46	1:29.04
1300m:				1300m:				19:11.07	1:29.61
1400m:				1400m:				20:39.50	1:28.43
1500m:				1500m:				22:05.85	1:26.35
30 - 34 years, Men									
1.	Put Dieter		96	BEL	ZORO			19:50.08	391
	100m:	1:09.99	1:09.99	500m:	6:28.68	1:21.18	900m:	11:52.14	1:19.98
	200m:	2:26.91	1:16.92	600m:	7:49.72	1:21.04	1000m:	13:12.35	1:20.21
	300m:	3:46.85	1:19.94	700m:	9:10.90	1:21.18	1100m:	14:33.29	1:20.94
	400m:	5:07.50	1:20.65	800m:	10:32.16	1:21.26	1200m:	15:54.06	1:20.77
1300m:				1300m:				17:14.46	1:20.40
1400m:				1400m:				18:33.30	1:18.84
1500m:				1500m:				19:50.08	1:16.78
2.	Clijmans Gert		94	BEL	KST			21:36.86	302
	100m:	1:18.90	1:18.90	500m:	7:05.65	1:28.54	900m:	12:55.40	1:27.85
	200m:	2:43.81	1:24.91	600m:	8:33.59	1:27.94	1000m:	14:23.08	1:27.68
	300m:	4:09.76	1:25.95	700m:	10:00.34	1:26.75	1100m:	15:50.33	1:27.25
	400m:	5:37.11	1:27.35	800m:	11:27.55	1:27.21	1200m:	17:19.07	1:28.74
1300m:				1300m:				18:46.67	1:27.60
1400m:				1400m:				20:13.82	1:27.15
1500m:				1500m:				21:36.86	1:23.04
30 - 34 years, Women									
1.	Polleunis Daphne		96	BEL	Stzc			19:57.11	454
	100m:	1:13.98	1:13.98	500m:	6:34.47	1:20.43	900m:	11:55.26	1:20.04
	200m:	2:33.42	1:19.44	600m:	7:55.10	1:20.63	1000m:	13:15.48	1:20.22
	300m:	3:53.32	1:19.90	700m:	9:15.68	1:20.58	1100m:	14:36.49	1:21.01
	400m:	5:14.04	1:20.72	800m:	10:35.22	1:19.54	1200m:	15:57.58	1:21.09
1300m:				1300m:				17:18.66	1:21.08
1400m:				1400m:				18:39.73	1:21.07
1500m:				1500m:				19:57.11	1:17.38
2.	Halsberghe Gaelle		94	BEL	EC			21:14.04	377
	100m:	1:18.67	1:18.67	500m:	6:59.38	1:26.03	900m:	12:42.60	1:25.88
	200m:	2:42.52	1:23.85	600m:	8:25.32	1:25.94	1000m:	14:08.52	1:25.92
	300m:	4:07.46	1:24.94	700m:	9:51.38	1:26.06	1100m:	15:34.66	1:26.14
	400m:	5:33.35	1:25.89	800m:	11:16.72	1:25.34	1200m:	17:00.94	1:26.28
1300m:				1300m:				18:27.88	1:26.94
1400m:				1400m:				19:51.88	1:24.00
1500m:				1500m:				21:14.04	1:22.16
3.	Lombart Laurianne		96	BEL	Aquabla			27:30.29	173
	100m:	1:37.33	1:37.33	500m:	8:58.88	1:50.48	900m:	16:28.52	1:51.64
	200m:	3:27.09	1:49.76	600m:	10:50.00	1:51.12	1000m:	18:18.18	1:49.66
	300m:	5:16.87	1:49.78	700m:	12:43.97	1:53.97	1100m:	20:12.20	1:54.02
	400m:	7:08.40	1:51.53	800m:	14:36.88	1:52.91	1200m:	22:06.86	1:54.66
1300m:				1300m:				23:58.46	1:51.60
1400m:				1400m:				25:47.31	1:48.85
1500m:				1500m:				27:30.29	1:42.98
35 - 39 years, Men									
1.	Mazure Benoit		87	FRA	EC			20:07.15	375
	100m:	1:14.27	1:14.27	500m:	6:38.56	1:21.63	900m:	12:04.27	1:21.18
	200m:	2:34.83	1:20.56	600m:	8:00.35	1:21.79	1000m:	13:25.12	1:20.85
	300m:	3:55.59	1:20.76	700m:	9:21.71	1:21.36	1100m:	14:46.99	1:21.87
	400m:	5:16.93	1:21.34	800m:	10:43.09	1:21.38	1200m:	16:07.95	1:20.96
1300m:				1300m:				17:28.94	1:20.99
1400m:				1400m:				18:49.30	1:20.36
1500m:				1500m:				20:07.15	1:17.85
35 - 39 years, Women									
1.	Burton Elizabeth		88	BEL	Helios			25:23.08	220
	100m:	1:30.38	1:30.38	500m:	8:16.75	1:42.81	900m:	15:07.58	1:42.80
	200m:	3:10.16	1:39.78	600m:	9:59.81	1:43.06	1000m:	16:50.20	1:42.62
	300m:	4:51.58	1:41.42	700m:	11:42.37	1:42.56	1100m:	18:33.13	1:42.93
	400m:	6:33.94	1:42.36	800m:	13:24.78	1:42.41	1200m:	20:16.04	1:42.91
1300m:				1300m:				21:58.80	1:42.76
1400m:				1400m:				23:40.85	1:42.05
1500m:				1500m:				25:23.08	1:42.23

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Event 10, 1500m Freestyle

40 - 44 years, Men

1. Vaernewyck Jonathan	86	BEL	DZV	20:24.18	359
100m: 1:16.56 1:16.56	500m: 6:47.98 1:22.90	900m: 12:15.03 1:20.85	1300m: 17:43.72 1:22.36		
200m: 2:38.92 1:22.36	600m: 8:09.94 1:21.96	1000m: 13:36.97 1:21.94	1400m: 19:05.96 1:22.24		
300m: 4:02.14 1:23.22	700m: 9:32.41 1:22.47	1100m: 14:59.20 1:22.23	1500m: 20:24.18 1:18.22		
400m: 5:25.08 1:22.94	800m: 10:54.18 1:21.77	1200m: 16:21.36 1:22.16			
2. Gheis Nicolas	84	BEL	CNSW	21:33.15	305
100m: 1:20.89 1:20.89	500m: 7:05.06 1:27.13	900m: 12:52.60 1:26.82	1300m: 18:44.09 1:27.74		
200m:	600m: 8:31.56 1:26.50	1000m: 14:20.87 1:28.27	1400m: 20:11.12 1:27.03		
300m: 4:11.58	700m: 9:58.19 1:26.63	1100m: 15:48.50 1:27.63	1500m: 21:33.15 1:22.03		
400m: 5:37.93 1:26.35	800m: 11:25.78 1:27.59	1200m: 17:16.35 1:27.85			
3. Willems Ivan	83	BEL	BRABO	21:33.94	304
100m: 1:17.35 1:17.35	500m: 7:03.74 1:27.01	900m: 12:52.32 1:27.55	1300m: 18:46.23 1:28.68		
200m: 2:43.58 1:26.23	600m: 8:30.78 1:27.04	1000m: 14:20.54 1:28.22	1400m: 20:12.82 1:26.59		
300m: 4:09.46 1:25.88	700m: 9:57.90 1:27.12	1100m: 15:48.95 1:28.41	1500m: 21:33.94 1:21.12		
400m: 5:36.73 1:27.27	800m: 11:24.77 1:26.87	1200m: 17:17.55 1:28.60			
4. Matte Steven	85	BEL	ZNA	21:45.49	296
100m: 1:20.96 1:20.96	500m: 7:06.97 1:27.84	900m: 12:58.59 1:28.24	1300m: 18:53.62 1:28.97		
200m: 2:46.32 1:25.36	600m: 8:34.80 1:27.83	1000m: 14:27.12 1:28.53	1400m: 20:22.01 1:28.39		
300m: 4:12.03 1:25.71	700m: 10:02.14 1:27.34	1100m: 15:56.20 1:29.08	1500m: 21:45.49 1:23.48		
400m: 5:39.13 1:27.10	800m: 11:30.35 1:28.21	1200m: 17:24.65 1:28.45			
5. Anthonissen Tom	84	BEL	SWEM	27:14.24	151
100m: 1:41.91 1:41.91	500m: 8:58.25 1:51.24	900m: 16:17.57 1:50.44	1300m: 23:40.73 1:49.35		
200m: 3:29.68 1:47.77	600m: 10:48.25 1:50.00	1000m: 18:08.19 1:50.62	1400m: 25:32.34 1:51.61		
300m: 5:17.27 1:47.59	700m: 12:37.35 1:49.10	1100m: 20:01.19 1:53.00	1500m: 27:14.24 1:41.90		
400m: 7:07.01 1:49.74	800m: 14:27.13 1:49.78	1200m: 21:51.38 1:50.19			

45 - 49 years, Men

1. Kindt Maarten	80	BEL	BGS	20:35.49	349
100m: 1:16.34 1:16.34	500m: 6:48.02 1:23.17	900m: 12:18.90 1:22.84	1300m: 17:52.47 1:23.51		
200m: 2:38.70 1:22.36	600m: 8:10.69 1:22.67	1000m: 13:41.97 1:23.07	1400m: 19:16.08 1:23.61		
300m: 4:01.42 1:22.72	700m: 9:33.30 1:22.61	1100m: 15:05.21 1:23.24	1500m: 20:35.49 1:19.41		
400m: 5:24.85 1:23.43	800m: 10:56.06 1:22.76	1200m: 16:28.96 1:23.75			
2. De Pourcq Pieter	78	BEL	DZV	21:15.19	318
100m: 1:17.02 1:17.02	500m: 6:55.36 1:25.10	900m: 12:38.51 1:25.86	1300m: 18:23.61 1:26.25		
200m: 2:40.24 1:23.22	600m: 8:20.50 1:25.14	1000m: 14:04.69 1:26.18	1400m: 19:49.69 1:26.08		
300m: 4:05.26 1:25.02	700m: 9:46.26 1:25.76	1100m: 15:30.86 1:26.17	1500m: 21:15.19 1:25.50		
400m: 5:30.26 1:25.00	800m: 11:12.65 1:26.39	1200m: 16:57.36 1:26.50			
3. Flourakis Matthieu	81	FRA	CNSW	21:32.82	305
100m: 1:20.89 1:20.89	500m: 7:07.16 1:26.68	900m: 12:53.46 1:27.00	1300m: 18:43.40 1:27.35		
200m: 2:46.91 1:26.02	600m: 8:33.56 1:26.40	1000m: 14:21.45 1:27.99	1400m: 20:10.34 1:26.94		
300m: 4:13.47 1:26.56	700m: 9:59.36 1:25.80	1100m: 15:48.63 1:27.18	1500m: 21:32.82 1:22.48		
400m: 5:40.48 1:27.01	800m: 11:26.46 1:27.10	1200m: 17:16.05 1:27.42			
4. Van Nooten Stan	81	BEL	LAQUA	22:26.65	270
100m: 1:20.04 1:20.04	500m: 7:19.86 1:30.75	900m: 13:25.75 1:31.72	1300m: 19:30.29 1:31.49		
200m: 2:47.55 1:27.51	600m: 8:51.48 1:31.62	1000m: 14:58.05 1:32.30	1400m: 20:59.71 1:29.42		
300m: 4:18.72 1:31.17	700m: 10:23.16 1:31.68	1100m: 16:29.00 1:30.95	1500m: 22:26.65 1:26.94		
400m: 5:49.11 1:30.39	800m: 11:54.03 1:30.87	1200m: 17:58.80 1:29.80			
5. Somers Sven	78	BEL	KST	24:30.04	207
100m: 1:32.74 1:32.74	500m: 8:08.18 1:38.93	900m: 14:42.90 1:39.04	1300m: 21:21.80 1:40.01		
200m: 3:10.59 1:37.85	600m: 9:46.25 1:38.07	1000m: 16:21.94 1:39.04	1400m: 23:01.37 1:39.57		
300m: 4:49.91 1:39.32	700m: 11:24.92 1:38.67	1100m: 18:01.86 1:39.92	1500m: 24:30.04 1:28.67		
400m: 6:29.25 1:39.34	800m: 13:03.86 1:38.94	1200m: 19:41.79 1:39.93			

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50 - 54 years, Men

1. Rutten Ben	76	BEL	OZEKA	18:50.59	456
100m: 1:10.50 1:10.50	500m: 6:09.12 1:15.52	900m: 11:12.25 1:16.34	1300m: 16:18.57 1:16.56		
200m: 2:24.52 1:14.02	600m: 7:24.60 1:15.48	1000m: 12:29.01 1:16.76	1400m: 17:35.24 1:16.67		
300m: 3:38.68 1:14.16	700m: 8:40.11 1:15.51	1100m: 13:45.75 1:16.74	1500m: 18:50.59 1:15.35		
400m: 4:53.60 1:14.92	800m: 9:55.91 1:15.80	1200m: 15:02.01 1:16.26			
2. Debeuf Christophe	75	BEL	EC	21:49.10	294
100m: 1:19.37 1:19.37	500m: 7:05.88 1:27.66	900m: 12:57.65 1:27.77	1300m: 18:50.27 1:29.19		
200m: 2:44.36 1:24.99	600m: 8:34.21 1:28.33	1000m: 14:25.63 1:27.98	1400m: 20:19.91 1:29.64		
300m: 4:10.99 1:26.63	700m: 10:02.36 1:28.15	1100m: 15:53.70 1:28.07	1500m: 21:49.10 1:29.19		
400m: 5:38.22 1:27.23	800m: 11:29.88 1:27.52	1200m: 17:21.08 1:27.38			
3. Goetry Frederic	74	BEL	SWEM	22:04.86	283
100m: 1:23.33 1:23.33	500m: 7:24.99 1:30.44	900m: 13:21.77 1:28.58	1300m: 19:14.14 1:26.79		
200m: 2:53.67 1:30.34	600m: 8:54.51 1:29.52	1000m: 14:50.54 1:28.77	1400m: 20:41.18 1:27.04		
300m: 4:23.88 1:30.21	700m: 10:24.15 1:29.64	1100m: 16:18.51 1:27.97	1500m: 22:04.86 1:23.68		
400m: 5:54.55 1:30.67	800m: 11:53.19 1:29.04	1200m: 17:47.35 1:28.84			
4. Joinneau Cedric	76	BEL	DM	24:02.53	219
100m: 1:26.13 1:26.13	500m: 7:49.78 1:36.63	900m: 14:16.20 1:37.21	1300m: 20:49.55 1:38.47		
200m: 2:59.76 1:33.63	600m: 9:25.87 1:36.09	1000m: 15:54.18 1:37.98	1400m: 22:28.32 1:38.77		
300m: 4:35.97 1:36.21	700m: 11:02.70 1:36.83	1100m: 17:32.94 1:38.76	1500m: 24:02.53 1:34.21		
400m: 6:13.15 1:37.18	800m: 12:38.99 1:36.29	1200m: 19:11.08 1:38.14			

50 - 54 years, Women

1. Plaisier Adriana	74	NED	BRABO	25:11.12	226
100m: 1:34.40 1:34.40	500m: 8:19.61 1:41.78	900m: 15:05.08 1:41.01	1300m: 21:50.84 1:43.12		
200m: 3:15.12 1:40.72	600m: 10:00.83 1:41.22	1000m: 16:45.51 1:40.43	1400m: 23:32.09 1:41.25		
300m: 4:56.46 1:41.34	700m: 11:42.28 1:41.45	1100m: 18:26.41 1:40.90	1500m: 25:11.12 1:39.03		
400m: 6:37.83 1:41.37	800m: 13:24.07 1:41.79	1200m: 20:07.72 1:41.31			
2. Fadeeva Elena	74	SWE	SWE-SPIF	26:39.24	190
100m: 1:35.54 1:35.54	500m: 8:45.02 1:48.47	900m: 15:57.49 1:47.69	1300m: 23:10.51 1:48.37		
200m: 3:21.38 1:45.84	600m: 10:32.75 1:47.73	1000m: 17:45.94 1:48.45	1400m: 24:56.26 1:45.75		
300m: 5:08.54 1:47.16	700m: 12:21.31 1:48.56	1100m: 19:33.58 1:47.64	1500m: 26:39.24 1:42.98		
400m: 6:56.55 1:48.01	800m: 14:09.80 1:48.49	1200m: 21:22.14 1:48.56			

55 - 59 years, Men

1. Devoldere Kristof	69	BEL	DZV	25:30.59	184
100m: 1:30.34 1:30.34	500m: 8:22.91 1:42.81	900m: 15:12.60 1:42.03	1300m: 21:59.50 1:42.59		
200m: 3:13.61 1:43.27	600m: 10:06.25 1:43.34	1000m: 16:54.07 1:41.47	1400m: 23:41.93 1:42.43		
300m: 4:57.15 1:43.54	700m: 11:48.97 1:42.72	1100m: 18:35.63 1:41.56	1500m: 25:30.59 1:48.66		
400m: 6:40.10 1:42.95	800m: 13:30.57 1:41.60	1200m: 20:16.91 1:41.28			
2. Callens Jean-Claude	67	FRA	DM	28:02.20	138
100m: 1:40.53 1:40.53	500m:	900m:	1300m:		
200m: 3:33.65 1:53.12	600m:	1000m:	1400m:		
300m:	700m:	1100m:	1500m: 28:02.20		
400m: 7:20.66	800m: 14:54.14	1200m:			

55 - 59 years, Women

1. Delaere Sabine	69	BEL	DM	27:54.30	166
100m: 1:42.53 1:42.53	500m: 9:12.41 1:52.30	900m: 16:39.73 1:51.83	1300m: 24:12.48 1:53.16		
200m: 3:34.78 1:52.25	600m: 11:03.86 1:51.45	1000m: 18:33.04 1:53.31	1400m: 26:04.98 1:52.50		
300m: 5:27.77 1:52.99	700m: 12:55.83 1:51.97	1100m: 20:26.49 1:53.45	1500m: 27:54.30 1:49.32		
400m: 7:20.11 1:52.34	800m: 14:47.90 1:52.07	1200m: 22:19.32 1:52.83			

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60 - 64 years, Men

1. Picavet Michel	62	BEL	DM	28:09.76	136
100m: 1:42.90 1:42.90	500m: 9:11.35 1:52.83	900m: 16:48.03 1:53.44	1300m: 24:24.30 1:54.22		
200m: 3:32.45 1:49.55	600m: 11:04.68 1:53.33	1000m: 18:41.90 1:53.87	1400m: 26:19.75 1:55.45		
300m: 5:25.03 1:52.58	700m: 12:59.69 1:55.01	1100m: 20:36.62 1:54.72	1500m: 28:09.76 1:50.01		
400m: 7:18.52 1:53.49	800m: 14:54.59 1:54.90	1200m: 22:30.08 1:53.46			

60 - 64 years, Women

1. Delaender Katrien	66	BEL	DZV	20:00.06	451
100m: 1:14.69 1:14.69	500m: 6:36.42 1:20.82	900m: 11:58.87 1:20.72	1300m: 17:21.40 1:20.48		
200m: 2:34.54 1:19.85	600m: 7:57.30 1:20.88	1000m: 13:19.71 1:20.84	1400m: 18:42.20 1:20.80		
300m: 3:55.05 1:20.51	700m: 9:17.63 1:20.33	1100m: 14:40.24 1:20.53	1500m: 20:00.06 1:17.86		
400m: 5:15.60 1:20.55	800m: 10:38.15 1:20.52	1200m: 16:00.92 1:20.68			
2. Vandembrouck Ann	65	BEL	ROSC	35:31.70	80
100m: 2:13.18 2:13.18	500m: 11:37.76 2:22.50	900m: 21:12.11 2:22.82	1300m: 30:54.20 2:25.06		
200m: 4:33.71 2:20.53	600m: 14:01.79 2:24.03	1000m: 23:37.30 2:25.19	1400m: 33:16.14 2:21.94		
300m: 6:54.44 2:20.73	700m: 16:24.80 2:23.01	1100m: 26:03.64 2:26.34	1500m: 35:31.70 2:15.56		
400m: 9:15.26 2:20.82	800m: 18:49.29 2:24.49	1200m: 28:29.14 2:25.50			

65 - 69 years, Men

1. Mourmans Eddy	57	BEL	DM	26:43.14	160
100m: 1:38.50 1:38.50	500m: 8:48.33 1:46.11	900m: 15:56.91 1:46.65	1300m: 23:09.65 1:47.27		
200m: 3:27.92 1:49.42	600m: 10:35.96 1:47.63	1000m: 17:46.25 1:49.34	1400m: 24:58.39 1:48.74		
300m: 5:15.83 1:47.91	700m: 12:23.29 1:47.33	1100m: 19:34.13 1:47.88	1500m: 26:43.14 1:44.75		
400m: 7:02.22 1:46.39	800m: 14:10.26 1:46.97	1200m: 21:22.38 1:48.25			
2. Timmermans Filip	60	BEL	ZN	30:05.81	112
100m: 1:42.66 1:42.66	500m: 9:32.58 2:00.51	900m: 17:44.04 2:03.70	1300m: 26:01.72 2:05.49		
200m: 3:36.10 1:53.44	600m: 11:36.93 2:04.35	1000m: 19:47.30 2:03.26	1400m: 28:02.47 2:00.75		
300m: 5:31.58 1:55.48	700m: 13:38.06 2:01.13	1100m: 21:53.05 2:05.75	1500m: 30:05.81 2:03.34		
400m: 7:32.07 2:00.49	800m: 15:40.34 2:02.28	1200m: 23:56.23 2:03.18			

20 - 24 years, Men

1. Van genechten Sander	03	BEL	LAQUA	17:43.96	548
100m: 1:07.22 1:07.22	500m: 5:50.59 1:11.65	900m: 10:37.65 1:11.60	1300m: 15:24.03 1:11.91		
200m: 2:17.50 1:10.28	600m: 7:02.26 1:11.67	1000m: 11:49.39 1:11.74	1400m: 16:35.52 1:11.49		
300m: 3:27.97 1:10.47	700m: 8:14.18 1:11.92	1100m: 13:00.89 1:11.50	1500m: 17:43.96 1:08.44		
400m: 4:38.94 1:10.97	800m: 9:26.05 1:11.87	1200m: 14:12.12 1:11.23			

20 - 24 years, Women

1. Hermans Celia	04	BEL	BOUST	20:26.85	422
100m: 1:15.02 1:15.02	500m: 6:42.16 1:21.62	900m: 12:14.09 1:23.51	1300m: 17:45.82 1:23.52		
200m: 2:36.95 1:21.93	600m: 8:04.93 1:22.77	1000m: 13:36.80 1:22.71	1400m: 19:07.98 1:22.16		
300m: 3:58.58 1:21.63	700m: 9:27.89 1:22.96	1100m: 14:59.65 1:22.85	1500m: 20:26.85 1:18.87		
400m: 5:20.54 1:21.96	800m: 10:50.58 1:22.69	1200m: 16:22.30 1:22.65			
2. Vinck Lore	02	BEL	MEGA	20:34.51	414
100m: 1:17.57 1:17.57	500m: 6:47.45 1:22.50	900m: 12:19.59 1:23.27	1300m: 17:53.18 1:23.28		
200m: 2:39.85 1:22.28	600m: 8:10.03 1:22.58	1000m: 13:43.05 1:23.46	1400m: 19:15.81 1:22.63		
300m: 4:02.15 1:22.30	700m: 9:33.12 1:23.09	1100m: 15:06.36 1:23.31	1500m: 20:34.51 1:18.70		
400m: 5:24.95 1:22.80	800m: 10:56.32 1:23.20	1200m: 16:29.90 1:23.54			