

Campeonato Interdistrital Juvenis, Juniores, Seniores de Verão
Coimbra, 9 - 12/7/2026

Prova 22 Femin., 800m Livres 15 anos e mais velhos
 11/07/2026 - 16:25 **Resultados**

Rec Nac Open	8:29.33	Diana Margarida, DURAES	POR	Tarragona (ESP)	23/06/2018
Rec Nac SEN/OPEN	8:29.33	Diana Margarida, DURAES	POR	Tarragona (ESP)	23/06/2018
Rec Nac Jun A	8:38.40	Tamila Hryhorivna, HOLUB	SCB		31/03/2017
Rec Nac Jun B	8:36.21	Tamila Hryhorivna, HOLUB	SCB	Coimbra	28/05/2016
Rec Nac Juv A	8:45.53	Tamila Hryhorivna, HOLUB	SCB	Coimbra	30/05/2015
Rec Nac Juv B	8:50.68	Tamila Hryhorivna, HOLUB	SCB	Oeiras	27/07/2014
Rec Nac NA S1	59:00.00	start,			01/01/1800
Rec Nac NA S2	59:00.00	start,			01/01/1800
Rec Nac NA S3	59:00.00	,			01/01/1800
Rec Nac NA S4	59:00.00	,			01/01/1800
Rec Nac NA S5	59:00.00	,			01/01/1800
Rec Nac NA S6	59:00.00	,			01/01/1800
Rec Nac NA S7	59:00.00	,			01/01/1800
Rec Nac NA S8	59:00.00	,			01/01/1800
Rec Nac NA S9	10:50.45	Susana Pereira, VEIGA	CFB	Coimbra	19/01/2025
Rec Nac NA S10	59:00.00	,			01/01/1800
Rec Nac NA S11	59:00.00	,			01/01/1800
Rec Nac NA S12	59:00.00	,			01/01/1800
Rec Nac NA S13	59:00.00	,			01/01/1800
Rec Nac NA S14	13:19.38	Diana Vieira, SIMOES	SCA	Póvoa de Varzim	01/06/2024
Rec Nac NA S15	13:10.81	Susana Maria, LOURENCO	SFP	Loulé	28/06/2013
Rec Nac NA S16	59:00.00	,			01/01/1800
Rec Nac NA S17	10:59.66	Joana Lopes, SALGUEIRO	RIAACT	Loulé	04/07/2025
Rec Nac NA S21	14:14.44	Matilde Lucia, GASPAR	APCC	Porto	08/03/2025
Rec Nac NA M	14:25.43	Sofia Luz, FONSECA	CAFBDP	Vila Franca de Xira	14/03/2026

TA JUN-FEM Jun A/B: 10:59.71 / TA JUVA-FEM Juv A: 11:15.72 / TA JUVB-FEM Juv B: 11:31.74 / TA SEN-FEM SEN/
 OPEN: 10:43.70

Pontos: AQUA 2025

Lugar	Ano								Tempo final		Pts	
Juvenis A/B												
1.	Leonor Nunes, CARDEAL			10	Condeixa Clube				9:45.13	568		
	100m:	1:07.16	1:07.16	300m:	3:35.69	1:14.89	500m:	6:04.91	1:14.07	700m:	8:33.46	1:14.33
	200m:	2:20.80	1:13.64	400m:	4:50.84	1:15.15	600m:	7:19.13	1:14.22	800m:	9:45.13	1:11.67
2.	Alice Maria, RODRIGUES			11	Academico de Viseu				9:58.35	531		
	100m:	1:11.85	1:11.85	300m:	3:44.15	1:16.30	500m:	6:15.89	1:15.57	700m:	8:46.82	1:15.26
	200m:	2:27.85	1:16.00	400m:	5:00.32	1:16.17	600m:	7:31.56	1:15.67	800m:	9:58.35	1:11.53
3.	Eva Miranda, ALMEIDA			11	Columbofila Cantanhedense				10:00.20	526		
	100m:	1:12.22	1:12.22	300m:	3:44.16	1:15.73	500m:	6:14.54	1:14.79	700m:	8:46.04	1:15.94
	200m:	2:28.43	1:16.21	400m:	4:59.75	1:15.59	600m:	7:30.10	1:15.56	800m:	10:00.20	1:14.16
4.	Matilde Conde, FIGUEIREDO			11	Condeixa Clube				10:14.13	491		
	100m:	1:13.21	1:13.21	300m:	3:48.61	1:17.73	500m:	6:24.27	1:17.86	700m:	8:59.12	1:17.23
	200m:	2:30.88	1:17.67	400m:	5:06.41	1:17.80	600m:	7:41.89	1:17.62	800m:	10:14.13	1:15.01
5.	Maria Joao, VALA			11	Pimpoes/Cimai				10:23.01	471		
	100m:	1:13.40	1:13.40	300m:	3:49.99	1:18.48	500m:	6:28.15	1:19.17	700m:	9:05.68	1:18.84
	200m:	2:31.51	1:18.11	400m:	5:08.98	1:18.99	600m:	7:46.84	1:18.69	800m:	10:23.01	1:17.33
6.	Carlota Sa, SANTOS			11	Nucleo de Pombal				10:31.49	452		
	100m:	1:13.78	1:13.78	300m:	3:49.45	1:18.05	500m:	6:26.60	1:18.82	700m:	9:10.58	1:22.57
	200m:	2:31.40	1:17.62	400m:	5:07.78	1:18.33	600m:	7:48.01	1:21.41	800m:	10:31.49	1:20.91
7.	Mariana Bagagem, CARVALHO			10	Miranda do Corvo				10:33.56	448		
	100m:	1:13.37	1:13.37	300m:	3:51.06	1:18.98	500m:	6:32.08	1:21.11	700m:	9:14.41	1:20.88
	200m:	2:32.08	1:18.71	400m:	5:10.97	1:19.91	600m:	7:53.53	1:21.45	800m:	10:33.56	1:19.15
8.	Leonor Mosca, SILVA			10	Columbofila Cantanhedense				10:35.36	444		
	100m:	1:14.31	1:14.31	300m:	3:53.05	1:19.64	500m:	6:34.09	1:20.30	700m:	9:16.31	1:21.33
	200m:	2:33.41	1:19.10	400m:	5:13.79	1:20.74	600m:	7:54.98	1:20.89	800m:	10:35.36	1:19.05
9.	Constanca Rolim, PEDRO			10	Ba Leiria / Sk Coffee				10:41.12	432		
	100m:	1:14.33	1:14.33	300m:	3:54.46	1:21.12	500m:	6:38.56	1:22.32	700m:	9:22.55	1:21.78
	200m:	2:33.34	1:19.01	400m:	5:16.24	1:21.78	600m:	8:00.77	1:22.21	800m:	10:41.12	1:18.57

Campeonato Interdistrital Juvenis, Juniores, Seniores de Verão
Coimbra, 9 - 12/7/2026

Prova 22, Femin., 800m Livres, Juvenis A/B

Lugar	Ano								Tempo final	Pts		
10.	Francisca Coelho, LUCENA				11	O Crasto				10:41.80	430	
	100m:	1:13.65	1:13.65	300m:	3:54.86	1:21.15	500m:	6:37.10	1:21.59	700m:	9:22.02	1:22.42
	200m:	2:33.71	1:20.06	400m:	5:15.51	1:20.65	600m:	7:59.60	1:22.50	800m:	10:41.80	1:19.78
11.	Lia Tome, MATEUS				11	Natação de Vagos				10:46.12	422	
	100m:	1:14.17	1:14.17	300m:	3:55.10	1:20.84	500m:	6:39.18	1:22.41	700m:	9:25.36	1:22.79
	200m:	2:34.26	1:20.09	400m:	5:16.77	1:21.67	600m:	8:02.57	1:23.39	800m:	10:46.12	1:20.76
12.	Margarida Lopes, RODRIGUES				11	Uniao Juncalense				11:57.94	307	
	FTL											
	100m:	1:20.48	1:20.48	300m:	4:22.58	1:31.40	500m:	7:27.38	1:32.45	700m:	10:30.69	1:31.67
	200m:	2:51.18	1:30.70	400m:	5:54.93	1:32.35	600m:	8:59.02	1:31.64	800m:	11:57.94	1:27.25

Juniores A/B

1.	Luana Ferreira, CRAVEIRO				09	Nautico Marinha Grande				9:45.03	569	
	100m:	1:09.14	1:09.14	300m:	3:38.05	1:14.24	500m:	6:04.92	1:13.16	700m:	8:32.60	1:13.23
	200m:	2:23.81	1:14.67	400m:	4:51.76	1:13.71	600m:	7:19.37	1:14.45	800m:	9:45.03	1:12.43
2.	Leonor Mercês, CAVALEIRO				09	Columbofila Cantanhedense				10:08.01	506	
	100m:	1:10.60	1:10.60	300m:	3:43.29	1:16.77	500m:	6:18.92	1:17.71	700m:	8:53.91	1:17.04
	200m:	2:26.52	1:15.92	400m:	5:01.21	1:17.92	600m:	7:36.87	1:17.95	800m:	10:08.01	1:14.10

SEN/OPEN

1.	Joana Nunes, CARDEAL				02	Condeixa Clube					9:01.30	718
	100m:	1:03.70	1:03.70	300m:	3:19.73	1:08.02	500m:	5:36.03	1:08.46	700m:	7:53.87	1:08.89
	200m:	2:11.71	1:08.01	400m:	4:27.57	1:07.84	600m:	6:44.98	1:08.95	800m:	9:01.30	1:07.43
2.	Ines Jacinto, HENRIQUES				00	Louzan Natacao/EFAPEL					9:14.06	669
	100m:	1:04.46	1:04.46	300m:	3:20.22	1:08.11	500m:	5:40.60	1:11.22	700m:	8:03.79	1:11.35
	200m:	2:12.11	1:07.65	400m:	4:29.38	1:09.16	600m:	6:52.44	1:11.84	800m:	9:14.06	1:10.27
3.	Beatriz Nunes, CARDEAL				04	Condeixa Clube					9:23.22	637
	100m:	1:06.38	1:06.38	300m:	3:26.44	1:10.27	500m:	5:49.47	1:11.48	700m:	8:12.29	1:11.66
	200m:	2:16.17	1:09.79	400m:	4:37.99	1:11.55	600m:	7:00.63	1:11.16	800m:	9:23.22	1:10.93
4.	Sara Calisto, PIMENTEL				05	Academica de Coimbra					9:54.47	542
	100m:	1:08.43	1:08.43	300m:	3:38.22	1:15.36	500m:	6:08.93	1:15.49	700m:	8:40.14	1:15.71
	200m:	2:22.86	1:14.43	400m:	4:53.44	1:15.22	600m:	7:24.43	1:15.50	800m:	9:54.47	1:14.33
5.	Susana Pereira, VEIGA					Belenenses					10:15.09	489
	100m:	1:11.86	1:11.86	300m:	3:45.84	1:17.01	500m:	6:21.59	1:17.72	700m:	8:58.70	1:18.66
	200m:	2:28.83	1:16.97	400m:	5:03.87	1:18.03	600m:	7:40.04	1:18.45	800m:	10:15.09	1:16.39

OPEN

1.	Joana Nunes, CARDEAL				02	Condeixa Clube					9:01.30	718
	100m:	1:03.70	1:03.70	300m:	3:19.73	1:08.02	500m:	5:36.03	1:08.46	700m:	7:53.87	1:08.89
	200m:	2:11.71	1:08.01	400m:	4:27.57	1:07.84	600m:	6:44.98	1:08.95	800m:	9:01.30	1:07.43
2.	Ines Jacinto, HENRIQUES				00	Louzan Natacao/EFAPEL					9:14.06	669
	100m:	1:04.46	1:04.46	300m:	3:20.22	1:08.11	500m:	5:40.60	1:11.22	700m:	8:03.79	1:11.35
	200m:	2:12.11	1:07.65	400m:	4:29.38	1:09.16	600m:	6:52.44	1:11.84	800m:	9:14.06	1:10.27
3.	Beatriz Nunes, CARDEAL				04	Condeixa Clube					9:23.22	637
	100m:	1:06.38	1:06.38	300m:	3:26.44	1:10.27	500m:	5:49.47	1:11.48	700m:	8:12.29	1:11.66
	200m:	2:16.17	1:09.79	400m:	4:37.99	1:11.55	600m:	7:00.63	1:11.16	800m:	9:23.22	1:10.93
4.	Luana Ferreira, CRAVEIRO				09	Nautico Marinha Grande					9:45.03	569
	100m:	1:09.14	1:09.14	300m:	3:38.05	1:14.24	500m:	6:04.92	1:13.16	700m:	8:32.60	1:13.23
	200m:	2:23.81	1:14.67	400m:	4:51.76	1:13.71	600m:	7:19.37	1:14.45	800m:	9:45.03	1:12.43
5.	Leonor Nunes, CARDEAL				10	Condeixa Clube					9:45.13	568
	100m:	1:07.16	1:07.16	300m:	3:35.69	1:14.89	500m:	6:04.91	1:14.07	700m:	8:33.46	1:14.33
	200m:	2:20.80	1:13.64	400m:	4:50.84	1:15.15	600m:	7:19.13	1:14.22	800m:	9:45.13	1:11.67

Campeonato Interdistrital Juvenis, Juniores, Seniores de Verão
Coimbra, 9 - 12/7/2026

Prova 22, Femin., 800m Livres, OPEN

Lugar	Ano								Tempo final		Pts	
6.	Sara Calisto, PIMENTEL			05	Academica de Coimbra				9:54.47		542	
	100m:	1:08.43	1:08.43	300m:	3:38.22	1:15.36	500m:	6:08.93	1:15.49	700m:	8:40.14	1:15.71
	200m:	2:22.86	1:14.43	400m:	4:53.44	1:15.22	600m:	7:24.43	1:15.50	800m:	9:54.47	1:14.33
7.	Alice Maria, RODRIGUES			11	Academico de Viseu				9:58.35		531	
	100m:	1:11.85	1:11.85	300m:	3:44.15	1:16.30	500m:	6:15.89	1:15.57	700m:	8:46.82	1:15.26
	200m:	2:27.85	1:16.00	400m:	5:00.32	1:16.17	600m:	7:31.56	1:15.67	800m:	9:58.35	1:11.53
8.	Eva Miranda, ALMEIDA			11	Columbofila Cantanhedense				10:00.20		526	
	100m:	1:12.22	1:12.22	300m:	3:44.16	1:15.73	500m:	6:14.54	1:14.79	700m:	8:46.04	1:15.94
	200m:	2:28.43	1:16.21	400m:	4:59.75	1:15.59	600m:	7:30.10	1:15.56	800m:	10:00.20	1:14.16
9.	Leonor Mercês, CAVALEIRO			09	Columbofila Cantanhedense				10:08.01		506	
	100m:	1:10.60	1:10.60	300m:	3:43.29	1:16.77	500m:	6:18.92	1:17.71	700m:	8:53.91	1:17.04
	200m:	2:26.52	1:15.92	400m:	5:01.21	1:17.92	600m:	7:36.87	1:17.95	800m:	10:08.01	1:14.10
10.	Matilde Conde, FIGUEIREDO			11	Condeixa Clube				10:14.13		491	
	100m:	1:13.21	1:13.21	300m:	3:48.61	1:17.73	500m:	6:24.27	1:17.86	700m:	8:59.12	1:17.23
	200m:	2:30.88	1:17.67	400m:	5:06.41	1:17.80	600m:	7:41.89	1:17.62	800m:	10:14.13	1:15.01
11.	Susana Pereira, VEIGA				Belenenses				10:15.09		489	
	100m:	1:11.86	1:11.86	300m:	3:45.84	1:17.01	500m:	6:21.59	1:17.72	700m:	8:58.70	1:18.66
	200m:	2:28.83	1:16.97	400m:	5:03.87	1:18.03	600m:	7:40.04	1:18.45	800m:	10:15.09	1:16.39
12.	Maria Joao, VALA			11	Pimpoes/Cimai				10:23.01		471	
	100m:	1:13.40	1:13.40	300m:	3:49.99	1:18.48	500m:	6:28.15	1:19.17	700m:	9:05.68	1:18.84
	200m:	2:31.51	1:18.11	400m:	5:08.98	1:18.99	600m:	7:46.84	1:18.69	800m:	10:23.01	1:17.33
13.	Carlota Sa, SANTOS			11	Nucleo de Pombal				10:31.49		452	
	100m:	1:13.78	1:13.78	300m:	3:49.45	1:18.05	500m:	6:26.60	1:18.82	700m:	9:10.58	1:22.57
	200m:	2:31.40	1:17.62	400m:	5:07.78	1:18.33	600m:	7:48.01	1:21.41	800m:	10:31.49	1:20.91
14.	Mariana Bagagem, CARVALHO			10	Miranda do Corvo				10:33.56		448	
	100m:	1:13.37	1:13.37	300m:	3:51.06	1:18.98	500m:	6:32.08	1:21.11	700m:	9:14.41	1:20.88
	200m:	2:32.08	1:18.71	400m:	5:10.97	1:19.91	600m:	7:53.53	1:21.45	800m:	10:33.56	1:19.15
15.	Leonor Mosca, SILVA			10	Columbofila Cantanhedense				10:35.36		444	
	100m:	1:14.31	1:14.31	300m:	3:53.05	1:19.64	500m:	6:34.09	1:20.30	700m:	9:16.31	1:21.33
	200m:	2:33.41	1:19.10	400m:	5:13.79	1:20.74	600m:	7:54.98	1:20.89	800m:	10:35.36	1:19.05
16.	Constanca Rolim, PEDRO			10	Ba Leiria / Sk Coffee				10:41.12		432	
	100m:	1:14.33	1:14.33	300m:	3:54.46	1:21.12	500m:	6:38.56	1:22.32	700m:	9:22.55	1:21.78
	200m:	2:33.34	1:19.01	400m:	5:16.24	1:21.78	600m:	8:00.77	1:22.21	800m:	10:41.12	1:18.57
17.	Francisca Coelho, LUCENA			11	O Crasto				10:41.80		430	
	100m:	1:13.65	1:13.65	300m:	3:54.86	1:21.15	500m:	6:37.10	1:21.59	700m:	9:22.02	1:22.42
	200m:	2:33.71	1:20.06	400m:	5:15.51	1:20.65	600m:	7:59.60	1:22.50	800m:	10:41.80	1:19.78
18.	Lia Tome, MATEUS			11	Natacao de Vagos				10:46.12		422	
	100m:	1:14.17	1:14.17	300m:	3:55.10	1:20.84	500m:	6:39.18	1:22.41	700m:	9:25.36	1:22.79
	200m:	2:34.26	1:20.09	400m:	5:16.77	1:21.67	600m:	8:02.57	1:23.39	800m:	10:46.12	1:20.76
19.	Margarida Lopes, RODRIGUES			11	Uniao Juncalense				11:57.94		307	
	FTL											
	100m:	1:20.48	1:20.48	300m:	4:22.58	1:31.40	500m:	7:27.38	1:32.45	700m:	10:30.69	1:31.67
	200m:	2:51.18	1:30.70	400m:	5:54.93	1:32.35	600m:	8:59.02	1:31.64	800m:	11:57.94	1:27.25