

XXV Trofeu Ciutat de Girona - VII Memorial Lluís Masberenguer
Girona, 6/6/2026

Prova 17

Masc., 400m Lliure

12 anys i majors

06/06/2026 - 12:30

Resultats

Rècord Circuit Girosona Open	3:55.40	PUEBLA MARTÍNEZ, Alejandro	ESP	Lloret de Mar	24/05/2025
Rècord Circuit Girosona 14 - 15	4:10.56	COMA PLANELLA, Roger	ESP	Girona	11/06/2016
Rècord Ciutat de Girona Open	4:03.85	FLORENCIO FERNÁNDEZ, Ian	ESP	Girona	10/06/2023
Rècord Ciutat de Girona 14 - 15	4:10.56	COMA PLANELLA, Roger	ESP	Girona	11/06/2016

Punts: AQUA 2026

Classificació	ANY		Temps	Pts	100m	200m	300m	400m	
Infantil									
1.	ZUAKI TOUIJAR, Rayan	11	C.N. VIC-Etb	4:30.66	536	1:03.79	1:10.00	1:10.79	1:06.08
	50m:		150m:	250m:	300m:	350m:			
	100m: 1:03.79		200m: 2:13.79	3:24.58	400m: 4:30.66				
2.	TERESHCHUK, Nazar	12	G.E. I.E.G.	4:30.71	536	1:03.89	1:10.34	1:11.52	1:04.96
	50m:		150m:	250m:	300m:	350m:			
	100m: 1:03.89		200m: 2:14.23	3:25.75	400m: 4:30.71				
3.	SANCHEZ CARMONA, B.	11	C.N. Calella	4:37.76	496	1:06.01	1:10.32	1:10.97	1:10.46
	50m:		150m:	250m:	300m:	350m:			
	100m: 1:06.01		200m: 2:16.33	3:27.30	400m: 4:37.76				
4.	MORENO EXPOSITO, P.	11	C.N. VIC-Etb	4:37.80	496	1:05.44	1:11.54	1:11.69	1:09.13
	50m:		150m:	250m:	300m:	350m:			
	100m: 1:05.44		200m: 2:16.98	3:28.67	400m: 4:37.80				
5.	VIDAL ASENCIO, Aniol	11	C.N. Olot	4:46.90	450	1:07.90	1:13.57	1:13.10	1:12.33
	50m:		150m:	250m:	300m:	350m:			
	100m: 1:07.90		200m: 2:21.47	3:34.57	400m: 4:46.90				
6.	MASANA CAMATS, Nil	12	C.E.N.Balaguer	4:50.82	432	1:07.79	1:15.84	1:14.45	1:12.74
	50m:		150m:	250m:	300m:	350m:			
	100m: 1:07.79		200m: 2:23.63	3:38.08	400m: 4:50.82				
7.	FALSETTA VALERO, Marc	12	G.E. I.E.G.	4:57.17	405	1:09.13	1:16.30	1:16.02	1:15.72
	50m:		150m:	250m:	300m:	350m:			
	100m: 1:09.13		200m: 2:25.43	3:41.45	400m: 4:57.17				

16 anys i majors

1.	MATEO ARTACHO, Alan	09	G.E. I.E.G.	4:00.80	762	59.68	1:01.62	1:01.53	57.97
	<i>Rècord Trofeu Ciutat de Girona</i>								
	50m:		150m:	250m:	300m:	350m:			
	100m: 59.68		200m: 2:01.30	3:02.83	400m: 4:00.80				
2.	PALAZON GALINDO, Grau	09	G.E. I.E.G.	4:01.92	751	59.33	1:01.40	1:01.58	59.61
	50m:		150m:	250m:	300m:	350m:			
	100m: 59.33		200m: 2:00.73	3:02.31	400m: 4:01.92				
3.	DE LA MORA AVENI, Marc	09	C.N. VIC-Etb	4:12.91	657	1:00.44	1:03.74	1:03.84	1:04.89
	50m:		150m:	250m:	300m:	350m:			
	100m: 1:00.44		200m: 2:04.18	3:08.02	400m: 4:12.91				
4.	ROURA CLEMENTE, Marc	07	G.E. I.E.G.	4:17.03	626	1:00.59	1:04.51	1:06.50	1:05.43
	50m:		150m:	250m:	300m:	350m:			
	100m: 1:00.59		200m: 2:05.10	3:11.60	400m: 4:17.03				
5.	CARDONA CODINA, Marc	07	C.N. Centelles	4:33.95	517	1:05.78	1:10.48	1:10.05	1:07.64
	50m:		150m:	250m:	300m:	350m:			
	100m: 1:05.78		200m: 2:16.26	3:26.31	400m: 4:33.95				
6.	MARTIN HUERTAS, Roger	10	C.N. Tarrega	4:33.97	517	1:04.03	1:09.73	1:11.79	1:08.42
	50m:		150m:	250m:	300m:	350m:			
	100m: 1:04.03		200m: 2:13.76	3:25.55	400m: 4:33.97				
7.	MORENO EXPOSITO, A.	09	C.N. VIC-Etb	4:44.74	460	1:07.42	1:12.96	1:14.00	1:10.36
	50m:		150m:	250m:	300m:	350m:			
	100m: 1:07.42		200m: 2:20.38	3:34.38	400m: 4:44.74				
8.	MARCET CRUZ, Joel	05	C.N. Tarrega	4:49.73	437	1:05.31	1:12.54	1:15.79	1:16.09
	50m:		150m:	250m:	300m:	350m:			
	100m: 1:05.31		200m: 2:17.85	3:33.64	400m: 4:49.73				