



Campeonatos Regionais de Verão da ARNN e Torregri III
Vinhais, 27 - 28/6/2026



Prova 59
28/06/2026 - 17:30

Femin., 800m Livres

Cadetes A
Resultados

Lugar	Nome	Licença	Idade	Clube	Tempo Final	Pts
1.	Marta Cabral Gomes	216958	12	Colegio Efanor	10:32.41	-
	50m: 34.81 34.81	250m:		450m:	650m:	
	100m: 1:13.98 39.17	300m: 3:53.94		500m: 6:35.23	700m: 9:15.76	
	150m:	350m:		550m:	750m:	
	200m: 2:33.16	400m: 5:14.59		600m: 7:55.31	800m: 10:32.41	
2.	Marta Neves Portela	216851	12	Colegio Efanor	10:57.87	-
	50m: 36.50 36.50	250m:		450m:	650m:	
	100m: 1:17.28 40.78	300m: 4:03.12		500m: 6:52.09	700m: 9:38.21	
	150m:	350m:		550m:	750m:	
	200m: 2:39.53	400m: 5:28.87		600m: 8:16.75	800m: 10:57.87	
3.	Luisa Joao Dias	218067	12	Colegio Efanor	11:16.00	-
	50m: 35.97 35.97	250m:		450m:	650m:	
	100m: 1:17.12 41.15	300m: 4:06.97		500m: 6:59.90	700m: 9:52.90	
	150m:	350m:		550m:	750m:	
	200m: 2:41.83	400m: 5:33.72		600m: 8:26.30	800m: 11:16.00	
4.	Ines Carnide Silva	217393	12	Gcvr	11:32.66	-
	50m: 41.16 41.16	250m:		450m:	650m:	
	100m: 1:25.26 44.10	300m: 4:22.91		500m: 7:17.98	700m: 10:10.05	
	150m:	350m:		550m:	750m:	
	200m: 2:54.02	400m: 5:51.66		600m: 8:44.65	800m: 11:32.66	
5.	Joana Pedro Costa	219994	12	Colegio Efanor	11:44.81	-
	50m: 39.53 39.53	250m:		450m:	650m:	
	100m: 1:23.53 44.00	300m: 4:22.00		500m: 7:19.56	700m: 10:18.06	
	150m:	350m:		550m:	750m:	
	200m: 2:52.56	400m: 5:50.64		600m: 8:48.56	800m: 11:44.81	
6.	Maria Inês Salgado	217400	12	Peso da Regua	11:53.71	-
	50m: 38.67 38.67	250m:		450m:	650m:	
	100m: 1:22.74 44.07	300m: 4:23.71		500m: 7:25.21	700m: 10:27.07	
	150m:	350m:		550m:	750m:	
	200m: 2:53.09	400m: 5:54.46		600m: 8:55.92	800m: 11:53.71	
7.	Matilde Vieira Carvalho	216141	12	Peso da Regua	11:59.39	-
	50m: 39.07 39.07	250m:		450m:	650m:	
	100m: 1:23.87 44.80	300m: 4:25.19		500m: 7:27.75	700m: 10:31.12	
	150m:	350m:		550m:	750m:	
	200m: 2:10.47	400m: 5:56.32		600m: 8:58.54	800m: 11:59.39	
8.	Clara Coelho Pereira	220127	12	Colegio Efanor	12:04.83	-
	50m: 41.93 41.93	250m:		450m:	650m:	
	100m: 1:28.25 46.32	300m: 4:31.68		500m: 7:34.78	700m: 10:38.25	
	150m:	350m:		550m:	750m:	
	200m: 3:00.18	400m: 6:03.50		600m: 9:06.16	800m: 12:04.83	
9.	Sofia Silva Nunes	218483	12	Colegio Efanor	12:36.75	-
	50m: 42.28 42.28	250m:		450m:	650m:	
	100m: 1:29.03 46.75	300m: 4:42.90		500m: 7:56.68	700m:	
	150m:	350m:		550m:	750m:	
	200m: 3:05.65	400m: 6:20.56		600m: 9:31.46	800m: 12:36.75	
10.	Carlota Nogueira Cigarro	223231	12	Peso da Regua	13:21.56	-
	50m: 41.44 41.44	250m:		450m:	650m:	
	100m: 1:29.94 48.50	300m: 4:57.94		500m: 8:21.56	700m: 11:45.16	
	150m:	350m:		550m:	750m:	
	200m: 3:13.34	400m: 6:40.16		600m: 10:03.23	800m: 13:21.56	